l with good

own story.

STOCK ERYWARE

the city

UIRECIONY

RERS & DEALERS of goods. Besides be amercial guide to inburbs, the directory

Foreign Markets they

MSHIP LINES the Ports to which icating the approxi-TRADE NOTICES ufacturers, Merchants, cipal provincial towns centres of the United

e current edition will reight paid, on receipt for \$5. ing Agencies can adrade cards for \$5. or ments from \$15. Directory Co., Lid

Lane, London, E.C.

EAN AGENCY.

E buying agencies ten for all British and tal goods, including ationery. and Leather, d Druggists' Sundries. enware and Glassware,

enware and Glassware, Cars and Accessories, inerv and Piece Goods and Perfumery, achinery and metals, the and Watches. and Optical Goods, and Oilmen's Stores. tc., etc.

½ p.c. to 5 p.c.

its allowed.

flons on Demand.

from \$50 upwards

of Produce Sold on

ILSON & SONS,

Lane, London, E.C.
"Annuaire London" tle of Stafford's nigh Cure if you from a cough or ic.; postage 5c. exNew Zealand Butter. Finnan Haddies. Fresh Oysters.

Cal. Navel Oranges.

Wine Sapp Apples.

Val. Oranges, 15c., 20c.

Holyrood Green Cabbage.

Tangerines.

Bananas.

Lemons

Cauliflowers.

cases FRESH COUNTRY EGGS

MOLASSINE. BULLDOG TEA. The old standard brand, formerly 40c. lb. Selling now less duty,

33c. lb. 5 lbs., at 30c. lb. 20 brls.

No. 1 SALT HERRING \$4.00 brl: 10 brls. No. 1 WHOLE HERRING.

T. J. EDENS,

151 Duckworth Street, 112 Military Road.

'age for the Leisure Hour. POEMS.

How much I might have done, had I But used the hours as they passed by, But I have squandered every one. ded gives His days for us to use

"Not one good deed my hands have

For some good purpose. If we choose To scuander them, how great our shudder, when I think He keeps A record of them all, and weeps

To see the misspent ones therein.

Oh ye who give to dreams God's hours A serpent lurks beneath the flowers, Of idle moods and weak delay; Rouse! make to-morrow's record fair Be this the angel's entry there, "To-day atones for yesterday

SILENCE.

Inaudible move day and night And noiseless grows the flower; Silent are pulsing wings of light, And voiceless fleets the hour.

Some mountain peak of soul or mind, Above our veiled sight. The moon utters no word when she Walks through the heavens bare; The stars forever silent flee And songless gleam through air.

The deepest love is voiceless, too; Heart sorrow makes us moan; How still the zephyrs when they woo How calm the rose full blown!

Flies onward without song; The crowding years as they pass by Flow on in mutest throng.

The fishes glide through liquid deep And never speak a word; The angels round about us sweep, And yet no voice is heard.

The highest thoughts no utterance The holiest hope is dumb, In silence grows the immortal mind, And, speechless, deep joys come.

Rapt adoration has no tongue No words has holiest prayer, The loftiest mountain peaks among Is stillness everywhere.

-Bishop Spaulding.

With sweetest music silence blends And silent praise is best; In silence life begins and ends; God cannot be expressed.

What They Mean.

from the damp earth is quite soft and

a bark of a certain tree, igniting th

Oh foolish dreams, oh wasted day! This, and this only, can I say-

(Concluded.)

For May the accepted gem is the | sures long life, health and prosperity

emerald, of the same general com- conjugal felicity, is a cure for epilep

position as the aquamarine. The sy, and causes strife and melanchol

ieved to be a strengthener of the eye. sapphire. It has many virtues. I

Ancients never tired of looking at distinguishes fires, corrects bad man

their emerald rings. Nero had an ners of the wearer, insures freedom

eyeglass, the lens made of emerald, from evil passions, and sadness of the

combats of the gladiators. This gem | For () tober is the wondrous opa!

discovers felse friends, and insures This beautiful gem when extracted

For June is the pearl, the queen of destitute of life, but the air and su

all gems. It is composed of lime, give it various degrees of color an

From the most remote times, it was beauty. The opal, with fire-lik

accepted as the richest of gifts. The flames of sulphur, was more esteem

olden Chinese used them as medicine ed to the Romans, than all other

for diseases of the blood. Cleopatra, gems and Nonious, the Roman Ser

in order to show her contempt for ator, was sent into exile because h

money, and to outshine others in her refused to give up to Marcus Anton

avish wastefulness, for money in jus a ring containing an opal of great

off one of her magnificent large pearl | For November the single standard

errings, dissolved and swallowed it, is topaz, called in Aaron's breast

That pair of pearls was said to be plate Pitdah, and named from the Is

worth at that time \$800,000. Per- land of Topazian, supposed to be i

haps the present value would be the Red Sea. These stones are ofter

\$200,000. The Remans were pearls colored artificially by covering wit

For July is the glowing ruby or red bark, and allowing it to smoulder i

apphire. It denotes love or a loving a warm oven. The pink topaz is a'

disposition. An old belief was that most universally conceded to be col

this gem caused one to discover pre- ored artifically by heat. This gem i

sence of poisons, warned the wearer said to quench the thirst if held un

color, and when the evil presence had | For December is the heavenly blu

passed resumed its bright red color. | torquoise. Von Helmuth said, "Who

For August is Sardonyx, the 11th ever wears this gem so that its gold

stone on the breastplate of the high setting touches the skin will be pro-

priest. The man wearing this gem tected and saved from injury by fall-

will overcome all contentions. It in- ing from a great height." It is a

those days of Oriental splendour, tore size, valued at \$850,000.

impending danger by darkening its der the tongue.

through which he viewed the mortal mind. It also denotes repentance.

FRIENDSHIP. .

Everything upon earth To the sunlight is born;

Every thorn has its rose,

For the nest, the retreat.

Every tree has its green;

Every grave its bright sky.

To their mutual part, The flower is for the stem,

And the friend for the heart.

In this world, where things lean

-From the French by H. H. Pittman

THE UNATTAINED.

There is a flower we cannot find,

Whose home is on the height,

The yearning Fancy pictures it,

Our eyes the vision cannot hold,

The perfume heavenly sweet.

By dust of earth unstained,

Was born in some celestial hour And called The Unattained.

A LOST DAY.

low many tosks I planned at dawn!

said, "When this fair day has gone And I sit down at eventide

To count the work my hands have

And when I wove a web of dreams, And hours slipped by like sunny

innoted in their rapid flight.

and when I roused myself, at last,

Birth Stones and

best specimens are mined at Musco, to depart.

mbia, South America. It is be

n act I found the day was past,

And sunset fading into night.

Between the rise and set of sun

I shall be fully satisfied."

and thus we know the wondrou

William Hamilton Hayne.

And nourish it with light.

The petals of perpetual gold.

So beautiful and fleet,

In day dreams brief and bright,

Where countless rays of glory flit

Every bee its supply;

Every night its glad morn.

For the plain God made grass

For the field made He wheat;

A MILE of Eastern Roses scents ONE

A HUNDRED resolutions urge ONE

He who would here fulfil his daily task

On noblest thoughts must feed----Grow gardens for a seed.

cheerer of a depressed soul, and The "Hundred sures prosperity in love affairs. It was known for ages as the lucky Best Books." stone. It also produces health and

Lloyd-George's

it is gone, and an entirely different

ndividual seems to occupy his bones

slight stoop; a long frock coat sug-

road white forehead, long lines of

aughter, which play without re-

straint all over his face; mercurial

eyes, riotously twinkling, overflowing

vith humor and sentiment and sym

oathy; a mobile mouth, with a small

moustache sufficiently characteristi

He seems always on the watch, like

cat waiting to spring, and even in

epose he remains astonishingly alert.

ressure of a ton to every square

d to evaporate, there would be two

Waves are deceptive things. To

he motion goes on. In great storms

shore is seventeen tons to the square

Nature Notes.

The chiton, a mollusk, has 11,00

A bee visits 3,500,000 flowers in

The green finch is the first bird

get up in the morning. His hour is

The skin of the whalebone whale

boiled to a jelly, is a favorite dish of

The boa-constrictor, Buckland, the

naturalist, declares, tastes like veal

The highest leap ever made by

in 1792 in London by Black Bess, a

fish stupefied, at once came to the sur-

face, and are gathered in by hand

The flesh is quite as wholesome as hough they had been netted.

gathering one pound of honey.

Camels can not swim.

imes his own weight.

seperate eyes.

Danish epicures.

only finer and sweeter.

The spider eats daily

oottom upward.

eventy-five feet.

o tempt any caricaturist.

A slender man, with flowing hair and

gestive of the platform manner;

Personality.

For most English readers Lord Avebury's name will for ever remain The following are some good sentiassociated with the list of the "Hundred Best Books," which he drew up

decade or so ago. "See Naples and die." says the Italian proverb. Frivol-Mr. Lloyd-George's vivacity and ous Englishmen, who found the then ersatility render him very difficult Sir John Lubbock's taste too austere to portray with fidelity. No sooner for them, have said much the same of have you limned one phrase than lo! the famous list. But then there came another Rich

mond in the field. Lord Acton, the learned Roman Catholic historian and Gladstone's friend, not less severe and solid in his choice of five score books than Lord Avebury. Finally there comes Mr. Clement

Shorter, with criticisms of both and list of his own. He has "drawn" Lord Avebury in he Pall Mall Magazine to utter certain "last words on a famous controversy." And, in the journalistic

sense, he has made a yet greater "draw." For Lord Avebury has been His frail body dances on wires, and at pains to give a digested precis of his own, Lord Acton's and Mr. Shorte is easily excited; he is full of sener's lists which rung as follows:

iment, but quite capable of controll-	er's lists, which runs as follows:			
ng it; a man of ideals, yet in no		Lord	Lord	Mr.
ense a visionary; a practical man		Acton.	Avebury.	Short
nd something of a philosopher.	Theology	. 32	9	2
His charm is expressed in so many	Morals	. 5	9	2
'ifferent ways that it is difficult to	Law	. 10	3	-
ocate. Few other polite people are	Philosophy .	. 10	7	1
o convincingly earnest; few have	Sci€nce	. 5	5	1
ver contrived to combine deference	History	. 7	111	10
vith determination in so conspicuous	Poetry	2	24	25
v manner. He is the best of listen-	Political econ-) ## 13
ers, never interrupting, always ready	omy	. 11	3.	. —
o pause in an argument and consid-	Biography and	i		
r an objection.—Herbert Vivian.	letters	. 8	4	* 22
Compounded	Essays	. 2	9	6
Concerning	Fiction	. 3	11	25
the Ocean.	Miscellaneous	5	5	6

100 100 The oceans occupy three-fourths of Naturally enough Lord Avebury, he surface of the earth. A mile, while admitting that Lord Acton's 'own in the sea the water has a books, and-"with a few exceptions" those of Mr. Shorter, are "good books, and well worth reading," very con-If a box six feet deep were filled fidently submits that they are vith sea water, which was then allow- "the best worth reading":

Some of the omissions in Lord Ac nches of salt left in the bottom of the ton's list must surely have been acciox. Taking the average depth of the dental. Can he really have intended cean to be three miles, there would to exclude Homer, Shakespeare, Milte a layer of salt four hundred and on, Scott, Thackeray, Dickens, orty feet thick covering the bottom, Tennyson, Bacon, and in classical n case all the water should evapor- literature Seneca, Cicero, Plato (exte. In many places, especially in the | cept the "Laws"), Plutarch, Tacitus, ar north, the water freezes from the Livy, Xenophon or Thucydides?

Considering the number of foreign writers in his list. I am surprised that ook at them one would gather the im- it does not include Moliere, Descartes, ression that the whole water travelor Thomas a Kempis. Eastern literad. This, however, is not so. The ture he omits altogether. vater stays in the same place, but

Lord Avebury reiterates his former declaration concerning the compilavaves are sometimes forty feet high, tion of his list:

nd their crests travel fifty miles an "I attempted to pick out the books our. The base of a wave the dismost frequently mentioned with apance from valley to valley is usually proval by those who have referred onsidered as being fifteen times the directly or indirectly to the pleasure eight of the wave. Therefore a of reading, and have ventured to inrave twenty-five feet high would have clude some which, though less frebase extending three hundred and quently mentioned, are special favourites of my own." The force of waves breaking on the

The Uselessness of Lies.

Please get it right out of your minds at once that it is necessary to speak untruths to be tactful. A liar is never tactful. His or her methods are too crude, and generally pan out unsatisfactorily.

It is tactful to be pleasant. If a ustomer in a shop is rough or rude t is better to soothe them than to be rude in return. You are much more likely to effect a sale. In intercourse with the other girls, use tact. Office girls also need to cultivate

tact. I have known young lady clerks and typists greet the caller with an assurance that the principal will not see him, even before they have taken the trouble to find out horse was 7 feet 8 inches, a leap made | They hurl this information at the unlucky one's head in a snappy voice. It would be much better to be pleas-The South Sea Island fisherman ant and find out the business of the caller, and then tactfully suggest he tracted from a certain bark. The should call again if her employer be busy.-Nellie Glasco Wicks in "Chat."

MINARD'S LINIMENT CURES GAR-

GET IN COWS.

motto is a very old one, as is proved by many of the fireplaces found in Great Britain and which were built in the eighteenth century. They are full of suggested hospitality, which was very real in those days. Of late ments of all descriptions framed ready to be placed in the various water. Over the fireplace either above or below the mantel, is proper place for placing the motto

East or West, Home is Best. A man's home is his castle.

ments:

Home is the resort of Love, Jcy and Our house is ever at your service. You are very welcome. Take the goods the gods provide

May we never want a friend. O, ye fire and heat, praise ye the Lord. All mine is thing

try "Deus nobis hace otia fecit," sentiment-"Farewell goes out sighmeaning "God hath given this rest to ing; welcome ever smiles," and a hall

A library done in with wood panelplaced over the doors and windows. used. These lines are good for such

There is an art in reading. The monuments of vanished minds.

Infinite riches in a little room. Some books are to be tasted, others to be swallowed, and some few to be chewed and digested. Over the library at Thebes is the

inscription, "Medicine for the Soul." We are all familiar with the ever

Old wood to burn, Old friends to trust Old books to read.

Mark Twain had over the fireplace in his Hartford home these lines: "The ornament of a house is the ests who frequent it. seem especially fond of the hearth motto. We find William D. Howells has "Homekeeping hearts are the happiest," and Henry James has adopted the trite Japanese saying -

"Hear no evil, see no evil, speak no evil." What a splendid motto Dickens's words-"Reflect upon your present blessings, of which nan has many, not on your past misortunes, of which all men have some" - would make. Most of us could adopt that with profit.

In the nursery, whether there is ireplace or not (let us hope there is)

The custom of having a hearth we should find Robert Louis Steven son's

> The world is so full of a number of things. Also Pope's old couplet so familiar: Behold the child, by Nature's kindly law Pleased with a rattle, tickled with a

straw. Other suitable quotations for the children are "God rest ye, little childen," and "A child in the house is Ell-spring of pleasure."

Nearly every room may have its ndividuality emphasized by a motto, and in placing these pleasing inscriptions remember that it is not a new but a very old custom that we are reviving. Over a long buffet built in the side of a dining-room this line

would be good-"Now good digestion wait on appetite." For a music room try these-"Music is said to be the speech of the angels." "The hidden soul, of harmony." In many parts of Bavaria and Sax-

ony a French writer tells us that the brain behind them see through? welcoming motto is most popular, and cites the following as examples God bless thy coming in and thy

going out. Let the blessing of God rest upon this house, and upon all who enter

or leave it. In an English home at Winchester If one wants a Latin inscription we find above the door this charming panel has, "The Lord keep thee in thy going out and coming in." We are at a page of small print in our hand ing and fireplace is especially fitted all familiar with the word "salve," for a hearth motto, and mottoes meaning welcome, that is found quite our eyes, especially does it rest them often in the vestibules of hotels or large old English lettering being public houses where meals are served. It is not an advertisement for salve

> Speaking of the entrance motto re minds us of the Welsh door verse that reads:-

as a man told his wife.

Hail, guest. We ask not who thou art. If friend, we greet thee, hand and heart: If stranger, such no longer be;

If foe, our love shall conquer thee. To read at the house warming when the new house is all finished these lines, written some time ago by Jessie S. Ferie, called "The New Roof-Tree":

Beneath the friendly lintel of this door They pause, joy-mute—these two-and, hand in hand,

They dream of little cares that love has planned. And home-comings, when the day's work is o'er:

They see across the gleaming stairs Wee, winsome shapes that flit and

Almost their glad, expectant cheeks are fanned With baby breaths the rich years hold

And so love's long-expected heritage Is theirs at last; with eager, trem-They grasp its warmth and won

der; to their eyes
Life's glowing missal, opens page of The sacred book love only under The love of home, that only makes

How Highly do you **Value Your Eyes?**

calm, to the flowers, and I know not being exactly original. what beside. No poet but has had And there has never been any

More pretty things have been said | some praise for the eyes of his divinabout the eyes than any other feature ity and the lover, who is for the time of the loveliest face. They have been | being something akin to a poet, though called the windows of the soul, they he may not express himself in verse have been likened to the stars for is rarely at a loss for some comparibrightness, to a well for uniroubled son which is none the worse for no

Instant Postum—Small and Large Size.

Fresh Chilled Mackerel, Fresh Frozen

Herring. Fresh Rabbits. Smok'd Haddies, Smoked Kippers Fish Sounds.

California Lima Beans, Coffee,

If your morning cup doesn't taste right, don't blame the cof-fee. Sometimes it's the cook's fault, sometimes the coffee pot. If conditions are right you won't make poor coffee with our brands, viz: LOOSE 40c .lb.

CHASE & SANBORN'S "Seal" Brand 45c. lb. RED ROSE, Crushed, 1/2's & 1's. BARRY'S, 1 lb. tins, 30, 35 & 40c. "KIT" & "CAMP" COFFEE ES-SENCES.

SYMINGTON'S COFFEE ES-SENCE, rep. quarts, 75c. bot.

C.P. EAGAN, Duckworth St and Queen's Road

color which has the highest claim beauty. The Greeks sang impartial of Here the cow-eyed and Athe with eyes like the sea, so we n imagine that they admired both sof kep-brown and grey-blue Night harbors ever in her eyes. said an Elizabethan lover of his lads and Herrick pictures for us ver clearly a fair English girl in the ver that begins "Blue are her eyes summer skies." Even green which is not the popular choice, has foun at least one poet hardy enough to pr himself forward as its champion, as that among a dark-eyed race. It is the author of the "Spanish Student,

who speaks of "soft emerald eyes." But though there may be any num ber of different opinions as to the most beautiful color for eyes, there is none as to certain other characteristics. They must be bright and clear, and given these qualities all eyes may matter within the power of each or mete out to our eyes. Apart from the question of appearance, there is that of the sight itself, and unless we

keep the eves in good condition we shall certainly not get their best ser vice from them. In other words if these windows of the soul are no kept bright and shining, how can the

Have you ever thought what our eyes have to do all through our waking hours? How they are recording and passing to the brain the correct mage of everything that comes within their ken? To do this most delicate and complex system nerves and muscles which adapt every change of distance. We look write or sew for many hours at a time will do well to lose no oppor tunity of letting their eyes roam idly over open country. If there is no hance of this, cultivate the habit o not always observing every detail of the things which surround you. There is no danger in using the eve even to the point of fatigue provided it gets a period of rest in which to recuperate. (To be continued.)

A useful little case to lay doilies way in is made of two pieces of cardboard, round or square, and a little larger than the doilies. Cover neatly with linen and connect by means of elastic

Sunday Services.

Cathearal of St. John the Baptist .-Holy Communion every Sunday at 8 a.m.; also on the first Sunday of the month at 7 and 8 a.m.; and .2 noon.

Saints' Days- Holy Communion. 8 a.m.; Matins, 11 a.m.; Evensong, 5.30 Other Days-Matins, 8 a.m.; Evensong, 5.30 p.m.; (Fridays, 7.30 p.m.,

Public Catechizing-Every Sunday n the month at 3.30 p.m. St Michael's Mission Church, Casey Street.—Holy Communion at 8 and 12 on the 3rd Sunday of the month, and on other Sundays. Other service 11 a.m. and 6.30 p.m. Catechizing-Second Sunday of th

month. 3.30 p.m. Sunday Schools-Cathedral, at 2.45 m. Mission Church at 2.45 p.m. Cathedral Men's Bible Class, in Synod Building every Sunday at 3 p. m. All men invited to attend.
St. Mary's Church.—Matins at 11; Evensong at 6.30.

Brookfield School-Chapel — Even-

song at 3 p.m. Sunday School at 4 p

St. Thomas's-Holy Communion the third Sunday in each month, as aoon; every other Sunday at 8 a.m. Morning Prayer at 11 a.m. Evenin Morning Prayer at 8 a.m.; ever Friday evening at 7.30, prayer and sermon. Holy Baptism ever Sunday at 3.45 p.m. Public catechizing third Sunday in each month at 3.30 p.m. Christ Church (Quidi Vidi) — Holy Christ Church (Quidi Vidi) communion second Sunday, alternat months at 8 a.m. Evening Praye third Sunday in each month, at 7 p n.; other Sundays at 3.30 p.m. Virginia School-Chapel — Ever

prayer every Sunday at 3.30 p.m. Public Catechizing third Sunday in each Sunday Schools—At Parish Church at 2.45 p.m.; at Christ Church, Quid Vidi, at 2.30 p.m.; at Virginia School

Chapel. 2:30 p.m Gower St-11, Rev. F. R. Maithew George St. 11, Rev. C. A. Whitmarsh; 6.30, Rev. J. W. Bartlett.
Cochrane St. (Methodist College Hall)-11, Rev. J. W. Bartlett; 6. Rev. C. A. Whitemarsh.

Wesley — 11, Rev. Dr. Cowper vaite; 6.30, Rve. F. R. Matthews. Presbyterian—11 and 6.30, Rev. Sutherland, M.A. Congregational -11 and 6.30,

Salvation Army—S. A. Citadel, Ne Gower Street, 7 a.m., 11 a.m., 3 p.m and 7 p.m.; S. A. Hall, Livingstor Street—7 a.m., 11 a.m., 3 p.m., and p.m.; S. A. Hall, George St.—7 a.m.; a.m., 3 p.m., and 7 p.m.

Adventist Church, Cookstown Rd. Regular Service, 6.30 p.m., Sunday Saturday at 3 p.m.

Bethesda Mission— 193 New Go street., Sunday services at 3 1 and 7 p.m. Service every week avening excepting Saturday,

Irish Potatoes.