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ELLING and REPAIRING of WATCHES. WATCHES GOLD, SILVER NICKEL From \$1.25 upward.

## J. F, HERBIN

## what of the future?

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## WHAT OF THE FUTURE ?



Wolfville Coal \& Lumber Co.
Mard and Soft Coals, Kindling-Wood, Etc.




HONHST, TNDIIPHIN DHINT, FYHARLMESS
WOLFVILLE, KINGS CO., N. S. FRIDAY, SEPTEMBER 2, 1904.
NO. 49.

|  |  |  |  |
| :---: | :---: | :---: | :---: |
|  | Grand, Que., conside the following intervi whan. And sha h was badly run down a Each day brought it hold daties, but I w terrible condition. I and the least sound I tried several medic wines, but nose of th |  |  |
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|  |  |  |  |
| William " she asked after awhile, with a sudden assumption of interest. | ed in strengsth from day to day, my |  |  |
| Sautford did not at once reply: A queer littte suile developed about thecomers of his mouth as he looked at cornera of his monta as he looked at |  |  |  |
|  | after using about a half dozen boxes of the pills I was fully restored to my |  |  |
| corners of his mouth as he looked at her half averted profile. | old time health and cheerfulness, I now think Dr. Williams Pink Pills an |  |  |
| A long silence ensued, When Dolly looked at him again, there were traces of tears out her hand <br> out her hand. Let 'Le, congratulate yor' won't | ideal medicine tor weak woimen." Dr. Williams Pink Pills feed the |  |  |
|  | nerves with new, rich red blood, thus streengthening and soothing thew, | of their lives. | Well Balanced |
|  |  | the new cases of tuberculosis wo |  |
|  |  |  | your success in lafe depinids UPON THEII, |
|  |  | (ex |  |
|  |  | from our community. Io the incipi- |  |
|  |  |  |  |
|  |  |  | -IT HAS HELPED O:HERS-LET HRL.P YOU TOO. |
|  |  |  | Mappy is the man who can work |
|  |  | gyy nastie movements are. necessary |  |
|  |  |  |  |
|  |  | one simple breathing exercise would be sufficfent-the double breathing This exercise is taken as follows | importance. The strong zian is pushed over the heads of his weaker |
|  |  |  | - brothers by virtue of being ate to do |
|  | the Editor of the Scientific American: | This exercise is taken as tollows: Stand erect, with the hands at the side, in line with the legs; take one |  |
|  |  | long, full breath, hold it for'a second, then take another quick, and hold all | The weak, nervous man is dis- tonem belore the race starts. But he |
|  |  |  |  |
|  |  |  |  |
|  |  | inha through the nose and not by the | for building up people who are run down, tired and exhausted. |
|  |  | There are a number of breathing exercises which will develop the laugs but I mention this one as the best of | Ferrozone starts tight at the root of uble and drives all the impuri ties out of the blood. Then it gives the blood an additional supply of irou |
|  |  |  |  |
|  | thet one death in every, three beviuen |  |  |
|  |  |  | the blood an additioual supply of iren <br>  |
|  |  |  |  |
|  |  |  |  |
|  | many years made a close study of this | breath for some time-several days or weeks-betere attempting the double |  |
|  | many years made aclose stud oft |  |  |
|  |  |  | able of being rebuilt in the proper way, -Nerve tissue is formed, flabby |
|  |  |  |  |
|  |  |  |  |
|  |  | the agreable sensation of a "breathof fresh air." It is impossible for any of fresh air." one to contract consumption who will |  |
|  |  |  | halt-wrecked man glories in the new found vigor that Ferrozone has brought hifu. |
|  |  |  | You may have tried a hundred remedies; they may have failed. But this mustn't. influence |
|  |  | completely fill the air cells in his <br> lungs with fresh air several times a <br> day.-C. I. Toplif, New York City, <br> March Io, 1904. |  |
|  | a vegetable micro-organism which is motionless and helpless, but under |  |  |
|  | Lee proper conditions cap grow andreproduce iteli very rapidy.It hass |  |  |
|  |  | If YOM You have a Bad Cold | ally makes blood and makee the kind of blood that is valuable in maintain |
|  |  |  |  |
|  |  |  | gealth is valuable in maintain. wonderful action on food, converting it into nutriment, so that everything yoa eat is going to be useful to your |
|  | ation tron a single conse in the course of twent tion | and surest cure for eold it ithe head |  |
|  | hours. If slaces it afterward dries and |  |  |
|  |  | This great healing agent is carried by air you breathe all through the pass | building tonic for children, withen and men, the young and old, in tact |
|  | looiss, capets, clothing, or handker-:chies, these germs are libule to foat |  |  |
|  |  |  |  |
|  | in the air as an invisible dust, making it an easy matter for one to inhale | kills. catarrhal germs, instantly stops the cough and sneezing. It's the antiseptic vapor of Catarrhozone that does the curing. A trial proves that a cold can be killed in a few minutes by Catarrhozone. Money. back if it fails. Complete outfit $\$ 1.00$; small size 25 c . <br> A Good Rule of Lile. |  |
|  |  |  | Perivone, which tis specially reoom. |
|  | them into his lungs. Everyone does inhale them more or less often, but if |  |  |
|  |  |  |  |
|  |  |  | box or six boxes for $\$ 2.50$. Sold by all druggists and by mail from N, C, Polson \&c Co., Kingeton, Ont., and Hartford, Conn., U, S. A. <br> Death at 184 |
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|  |  | A man cannot afford to have an en- eniy, even a humbls enemy, The |  |
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|  |  | (nity next year. Therefore speal |  |
|  |  |  | subburb of Meadville, aged nearly 134 years. Mrs Murphy, when ed a few months ago, said |
|  | Ot the lugg becomes weak and un- |  | Ia few months ago, said : |
|  |  | ently for the day of great things. A A polite word costs nothing. It may thrse out to be a good investment. As a spark of fire may turn a city into ashes, so an mite kindle a Hatred great able word enought to destroy a career. <br> The Diciouany linbit. |  |
|  | development of this dangerous germ. For many years the medieal profes |  |  |
|  |  |  |  |
|  | sion of the entire world bave devoted their thoughts and energies to the dis- |  |  |
|  | covery of some cure for tubercuicsis;but all efforts to cure the disease by drugs lave utterly failed, and they now admit that the only thing thatcan be done is to sive the patient |  | son, Sept. 20, 1803.' <br> Mrs Murphy is sunvived by he second husband. |
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|  |  |  |  |
|  | strict sanitary measures as will pre. vent the spread of the disease to others. |  |  |
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|  | divelopuient of the lungs, why not make all children, and others, immune tonin the disense by teaching them how to breath property, turus dase, and suaking it imposibible for the tabercle |  |  |
|  |  |  |  |
|  |  |  |  |
| ver all muscular pain, has no |  |  |  |

