THE WESTERN HOME MONTHLY

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"FRUIT-A-TIVES" Conquered Dyspepsia and Restored His Health.

MR. ROBERT NEWTON.

Little Bras d'Or, C. B. "I was a terrible sufferer from Dyspepsia and Constipation for years. I had pain after eating, belching gas, constant headaches, and did not sleep well at night. I lost so much weight -going from 185 pounds to 146 pounds-that I became alarmed and saw several doctors who, however, did me no good. Finally, a friend told me to try 'Fruit-a-tives'.

In a week, there was improvement. The constipation was corrected; and soon I was free of pain, headaches and that miserable feeling that accompanies Dyspepsia. I continued to take this splendid fruit medicine and now I am well, strong and ROBERT NEWTON. vigorous".

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

SICK WOMAN NOW WELL

is effected. There are two styles of measures 11% yard at the foot. This lines with plaits in back and front. The pattern is cut in three sizes: 16, 18 and 20 years. Size 16 requires 5³/₄ yards of 40-inch material. The skirt measures about 21/3 yards with plaits drawn out. A pattern of this illustration mailed to any address on receipt of 15 cents in

silver or stamps. A Smart Spring Suit. 2423-This excellent model has a blouse finished with surplice fronts. The skirt is a two-piece model. As here illustrated, white serge was used with trimming of black and white checked satin. Gingham, chambray, linen and shantung would also be nice for this style. Skirt and blouse may be used separately. The pattern is cut in seven sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. Size 38 the foot. A pattern of this illustration the same materials may be used. The

sleeve. The skirt has straight, graceful illustration calls for two separate patterns, which will be mailed to any address on receipt of 15 cents for each pattern in silver or stamps.

A Pretty and Practical Style. 2426-The guimpe could be of lawn, batiste or dimity, and the overdress of gingham, percale, challie, silk or other seasonable materials. This is a very desirable model, "especially nice for spring and summer. The pattern is cut in four sizes: 6, 8, 10 and 12 years. Size 8 requires 2 yards of 44-inch material for the dress and 15% yard for the guimpe. A pattern of this illustration mailed to any address on receipt of 15 cents in silver or stamps.

A Group of Smart Dress Decorations. 2440-You will find here a smart vest or "waist coat" for wear under your new tailored suit. A pretty plastron collar, requires $5\frac{1}{2}$ yards of 44-inch material. and a stylish girdle. For the vest, satin, The skirt measures about 1% yard at linen or silk are attractive, for the girdle





45

Doctors said chances were small because of Severe Stomach Trouble, but Dr. Cassell's Tablets cured her.

Took Lydia E. Pinkham's Vegetable Compound. Read Her Letter.

Potterville, Pa.-"For a long time I was bothered with pains in my side, and was so weak



from my trouble that I could not do any lifting or hard work of any kind. If I tried to straighten out when lying down it seemed as though something would tear loose. Lydia E. Pinkham's Vegetable Compound has restored

my health and I am

quite myself once more."-Miss HAZEL CHUBBUCK, Potterville, Penn.

Thousands of women drag along from day to day in just such a miserable con-dition as was Mrs. Chubbuck, or suffering from displacements, irregularities, inflammation, ulceration, backache, sideache, headache, nervousness, or "the blues.

Such women should profit by Mrs. Chubbuck's experience and try this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, and find relief from their sufferings as she dic

your ailment write Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of its long experience is at your service. The result yards of 36-inch material. The skirt A Practical S



cents in silver or stamps.

A Pleasing Frock for the Growing Girl. 2438—This would be pretty in flowered voile or organdy, and is also nice for batiste, satin, silk and combinations of material. The bertha may be omitted. The skirt is a two-piece model, gathered to the waist. The pattern is cut in four sizes: 10, 12, 14 and 16 years. Size 14 requires 31/2 yards of 44-inch material. A pattern of this illustration mailed to any address on receipt of 15 cents in

silver or stamps. A Smart Costume for Outing or Business. Waist 2425, skirt 2436-This comprises waist pattern 2425 and skirt 2436. Sports goods in satin or Jersey cloth, linen, gingham, serge or gabardine could be used. The waist is nice also for crepe, taffeta, lawn, batiste or madras. The pattern 2425 is cut in seven sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. Size 38 will require 27% yards of 36-inch material. The skirt 2436 is cut in seven

mailed to any address on receipt of 15 collar may be of organdy, lawn, batiste or crepe with lace or embroidery and ribbon for trimming. The pattern is cut in three sizes: Small, medium and large. No. 1 will require 11/8 yard of 36-inch material; No. 2, 1 yard of 36-inch material; No. 3, 17/8 yard of 22-inch material for a medium size. A pattern of this illustra-tion mailed to any address on receipt of 15 cents in silver or stamps.

A Serviceable Garment. 2421-How comfortable this dress will be when you know it is easily adjusted and that it is not cumbersome. You may slip it over your best dress when called to help in household duties, and be ready for service in a moment. The model is nice for that i matter given and the service that khaki, galatea, gingham, chambray, drill or linene. The closing is reversible. The belt ends hold the fulness over the sides and back, at the waistline. The pattern is cut in seven sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. Size 38 requires 6 yards of 36-inch material A pattern of this illustration mailed to any address on receipt of 15 cents in

A Practical Set for the Little One.

Mr. Corby, Harriston P.O., Ont., says:—"Our little girl was weak from birth, and though we tried doctors' medicine and other things she got no better. She just lay and cried, and neighbors all thought we could not save her. The doctors said she had stomach trouble, and that her chances were small. Yet Dr. Cassell's Tablets cured her. They have been worth their weight in gold to us. I don't think there is any medicine for children like Dr. Cassell's Tablets."

A free sample of Dr. Cassell's Tablets will be sent to you on receipt of 5 cents for mailing and packing. Address Harold F. Bitchie & Co., Ltd., 10 McCaul St., Toronto.

Dr. Cassell's Tablets are the supreme emedy for Dyspepsia, Kidney Troubles, Sleeplessness, Anaemia, Nervous ailments and Nerve paralysis, and for weakness in Children. Specially valuable for nursing mothers and during the critical periods of life. Price 50 cents per tube, six tubes for the price of five, from Druggists and Storekeepers throughout Canada. Don't waste your money on imitations; get the genuine Dr. Cassell's Tablets.

Proprietors, Dr. Cassell's Co., Ltd., Manchester, Eng.



Free Trial Treatment Sent on request. Ask for my "pay-when-reduced" offer. My treatment has reduced at the rate of a pound a day. No disting no exercise, abso-lutely safe and sure method. Let me send you proof at my expense. DR. R. NEWMAN, Licemsed Phy-sician. State New York, 286 Fifth Ave., New York, Desk K-332.