

HEALTH OF SCHOOL GIRLS

"Parents little imagine how great and prevalent is the injury done to girls between the ages of ten and sixteen by over-application to study," said a prominent New York physician when addressing the School Board recently.

For reasons connected with the physiological structure of woman it is of the utmost importance that at this period, when the peculiarly feminine organs are beginning to assume their functions, the nervous system should not be exhausted by over-exertion and anxiety caused by school work and examinations.

Hosts of Pale, weak, poorly developed girls have been restored to health and strength by the use of

Dr. Chase's Nerve Food

the great restorative, in pill form. In all the year there is no season so well suited to building up the system. In the whole range of remedies there is no preparation to be compared to Dr. Chase's Nerve Food, 50 cts. a box, at all dealers, or Edmanson, Bates & Co., Toronto.

