#### Canadian News.

The total value of pulp and paper 1920 was as fol 000: Ontario, \$113,415,000; New Bruns wick, \$11,000,000; British Columbia, \$27,221,000. Quebec produced about 1,000,000 tons of the total woodpulp duction, Ontario coming next with 654,000, while British Columbia's production was 218,000. During the same duction was 218,000. During the same year, however, Ontario produced the most newsprint, or 381,000 tors, as compared with Quebec's 358,000, and British Columbia's 136,000. Since then wised to rub this liniment or that on the affected part, but after all the rub the affected part all the rub the affe Quebec's capacity for newsprint production has surpassed that of Ontario and is being still further increased through the opening of the new International Paper Company's mill at Three Rivers.

The sampon industry in British Company's mile at the pain remained. Rubbing did not cure it and can't cure it.

The sampon industry in British Company's mile at the blended in prove mattern is the blended in proven mattern is the proven mattern in the proven mattern is the proven mattern in the proven mattern is the proven mattern in the proven mattern in the proven mattern in the proven mattern is the proven mattern in the p

close to \$4,000,000. Cannery employees are paid over \$2,000,000 an making the blood rich and red can the number of persons employed in the industry exceeds 17,000. Is what is done in the treatment of Over \$300,000 is paid each year to rheumatism with Dr. Williams' Pink local merchants for supplies such as groceries, and the cans used for pack-show improvement as the thin blood is ing salmon cost \$2,000,000.

Manitoba during 1921, giving an aggregate value of \$125,499. Of this when I had taken them not only was quantity 15,280 cmt.; valued at \$86,244. the rheumatism gone, but'i was feelwere caught during the winter; 607 ing better in every way. If you suffer cwt. worth \$9.255, during the summer cwt., worth \$9.255, during the summer, and the remainder secured under sell-trial of Dr. Williams' Pink Pills.

These Pills are sold by all medicine dealers or will be sent by mall, post gill nets. Among the fish caught were paid, at 50c a box or six boxes for whitefish, pickerel, pike, trout, muller, \$2.56 from The Dr. Williams' Medicine suckers, ling sturgeon and tuttibee.

Tom rheumatism' I (trongly advise a trial of Dr. Williams' Pink Pills.

These Pills are sold by all medicine dealers or will be sent by mall, post of success.

Health is the foundation both of success.

The man who knows enough to keep suckers, ling sturgeon and stuffibee.

Farmers of Saskatchewan invested pproximately \$6,000,000 in new tracters in 1920, no less than 2,000 tractors being sold to purchasers during the year at a cost averaging \$3,000 each

The total value of all sea fish caught Canadian waters during 1921 was Variations-Capman, Kapman, Chap-\$18,867,062. British Columbia accounted for \$8,359,026 of this: Nova Scotia Racial Origin—English. Source—An occupation. Gorigin—Ang Quebec \$1,244.704; and Prince Edward From this listing of variations, ra-

ary organizer of the Overseas Educational League. A similar but smaller which these descriptive surnames are expedition was made last summer. found: "Le Chapeler," "Le Capplerre," don is "Na Gordanaich." edition was made last summer.
party will sail from Montreal for Harve, France, on July 1, where they will be joined by teachers from New

#### Famous Last Words.

"I've used kerosene to hurry up the kitchen fire for nearly twenty years."
"I'll keep chopping till the tree begins to fall."
"This is all foolishness about having to use a staff to lead a bull. Why, I've always used a rope."
"I just can't do any more repairing on this car till I light my pipe."
"Oh, I'll get across the track long before the train gets here. My car never staks."
"I'll stop here under this big tree till the thunder-storm passes."

"I'll stop here under this ", the thunder-storm passes."
"I don't very often get in front of the cutter-bar when the mower is in gear, but this team is gentle."
"What in the world did they put a danger sign on this bridge for?
Why, I crossed it with my tractor
less than a week ago."

# Lifeboats Equipped With Heated Cabins.

New Brighton, near Liverpool, is to have the first of a new type of 60-foot motor lifeboats designed by the Bri-tish Lifeboat Institution. The boats will be capable of carrying 150 passenzers, fifty of whom can find refuge in a heated cabin. New Brighton always has had the biggest and best lifeboats in the service on account of the dan-gerous sand banks running fully ten miles out to sea. The new boats are designed, above all, to combat rough seas. Their speed is ten knots in moderately bad weather.

There are now machines which re-cord emotions, and can show if the person under examination is tolking the truth or not.

## TRYING TO RUB OUT YOUR RHEUMATISM

Must be Treated Through the Blood.

The salmon industry in British Co-lumbia represents a capital invest-ment of \$16,000,000, and payments to the producers of the raw material runs the condition of the blood that is at built up, and when the blood has been Vancouver Island's population is restored to its normal condition the 116,730, which is 299 per cent. greater trouble vanishes. Tl.is is proved by than the population of the Island in the experience of Mr. John A. O'Neill, 1911, according to figures compiled on Port Hood, N.S., who says. "I was a 1911, according to figures compiled on the basis of the census figures announced by the Dominion Bureau of Statistics recently. The population of Greater Victoria, including the three adjacent municipalities and surrounding districts, is approximately 60,000, although details are yet lacking, for the district municipalities. the district municipalities.

Over 19,870 cwt. of fish were caught

by commercial fishermen in Northern

I had taken them I felt much better.

from rheumatism I strongly advise a

#### BITS OF HUMOR FROM HERE & THERE

Natural Mistake.

"William," said a teacher to one of

The prisoner was being cross-ex-amined for the prosecution, when the judge interrupted.

"You say that you dined at the Hotel fetro. What did you partake of?" The prisoner turned to reply. "Beef steak, my lord," he said. The judge looked stern. "On your oath?" he said.
"No, my lord," he said, "on a plate

In a Difficulty

Mike had saved up a little money and when Pat came over a few years later the two brothers went into the

One day Mike bought a roll-top desk of us. And here are two keys, one for you. Pat, and one for me. to be studying the desk. "That's all right, Mike," he said.

Wisps of Wisdom

To go forward is important. To go traight is more important.

Don't sit down and take what comes. Go after what you want.

# Surnames and Their Origin

CAPPER

da's assumption to second place among the countries of the world as a wheat producer, with a yield of 229, \$35,000 bushels from the 1921 crop. Canada was exceeded in wheat production last year by the United States alone, which had a yield of 794,893,000 bushels.

The total net debt of Canada on January 31st was \$2,372,572,984, as compared with \$2,366,861,252 at the end of December, 1921, an increase of end of December, 1921, an increase of course. But did they call them caps; 55,711,732. The total amount paid in interest on the public debt during the present fiscal year is \$114,579,577, as compared with \$120,042,240 during the present fiscal year is \$114,579,577, as compared with \$120,042,240 during the

tors, leaving only 160,000 horse-power form). And it is interesting to note appear to have been no exception. In developed by steam, gas or gasoline that our modern word "chapel" meant originally a little building that reminded a few generations the Gordons rose originally a little building that reminded men of the shape of the hood. The

Le Capier" and without the "the" as "Capman" and "Kapman."

GORDON

Racial Origin-Anglo-Norman.

Island \$451.408.

The latest figures of the Agricultural Institute at Rome confirm Canada's assumption to second place

From this listing of variations, ra

cial origin and source you can form a

The name of Gordon is irrevocably pretty good guess as to how these linked with Scotland, for it is the family names originated.

The first bearers of these surnames. But though the majority of the blood

compared with \$120,042,240 during the ten months of 1920-21.

Of the 616,000 horse-power actually used by the pulp and paper mills of Canada in 1920, no less than 455,000 horse-power was developed either by hydraulic turbines, or by electric months of 1920 and the pulp and paper mills of the modes. They came to be known as Canada in 1920, no less than 455,000 was the Norman-Frensh "chapel," and hydraulic turbines, or by electric months of 1920 and 1920, no less than 455,000 was the Norman-Frensh "chapel," and hydraulic turbines, or by electric months of 1920-21. dian school teachers will tour Europe word is derived, of course, from the during the coming summer, according Latin "caput" (head), through the onative inhabitants of their newly acquired

The Gaelic name of the Clan Gor-

A train in the Western States of America was held up by bandits, who ordered the passengers to give up all MISS ST. JEAN WISHES

from New York, and when his turn came, he reluctantly drew three hun dred dollars from his pocket, and, tak-ing six, put them in his pocket. 'What do you mean by that?" asked

the bandit. "Surely," answered the Jew, "you don't mind me taking a 2 per cent. dis count on a cash transaction?

The Belle of the Family.

tor. "I am proud of my girls and would every like to see them comfortably married, and as I have made a little money they will not go penniless to husbands.

"There is Mary, twenty-five years old, and a really good girl. I shall give her \$1,000 when she marries. Then comes Bet, who won't see thirtyive again. I shall give her \$3,000, and will have \$5,000 with her.

The young man reflected a moment and then asked, "You haven't one about fifty, have you?" -

#### CHILDHOOD CONSTIPATION

of the digestive tract which is nearly always caused by improper feedingcan be readily regulated by the use of Baby's Own Tablets. These Tablets are a mild but thorough laxative. They are easy to take and are absolutely free from injurious drugs. Concerning them Mrs. Joseph Dion, Ste Perpetue, Que., writes:-"I have nothing but praise for Baby's Own Tab-lets. When my baby was three months old he was terribly consti pated but the Tablets soon set him right and now at the age of fifteer months he is a big healthy boy and this good health I attribute entirely to the use of the Tablets." They are sol by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

#### Home and Love.

Because I like to sit at home And hear the robins call and sing, Or breathe the sweet the breeze

ve grown to pity those who roam And have no spot however prest, Where he can whisper, "Here I rest."

Because I like to hear the tone That says I love you, needs

No spoken word, to cheer and praise pity those with none their own Their very own to understand The language of the eye and hand.

God sends the humble home to bless nd loving hearts, His best bequest Not gold nor pleasure, pomp nor

But Love that makes Life not in

"Yes, I've got a comfortable, we'l-painted set of buildings," said the old citizen complacently, "and the best citizen complacently, "and the best part of it is that there ain't an hour's work in the whole job; just spare min-you visits?"

He (time 11.45 p.m.)—"I hope your father doesn't object to my paying you visits?"

The word "honeymoon" originated from Germany, where it was the custom to drink mead-a sweet liquid made from honey—for thirty days after the wedding, "moon," of course, meaning "month."

## his mouth shut generally draws LIKE NEW PERSON healthful breath as well as a good LIKE NEW PERSON FROM HEAD TO FOOT

**EVERY SICK PERSON** KNEW THE WONDERS OF TANLAC

grand Tanlac overcame all my troubles. I just feel like a new person in every way. I have a splendid appetite, my digestion is perfect, have a calm and restful sleep at night and wake up in the morning feeling bright and cheerful."

Tanlac is sold by all good druggists.

America's Pioneer Dog Remedies

DOG DISEASES and How to Feed Mailed Free to any Ad-dress by the Author. H. Clay Glover Co., Inc. 129 West 24th Street New York. U.S.A.

# Spanish Flu

# Minard's Liniment

Minard's Liniment Company, Limited. Yarmouth N.S. Mother! Open

#### Child's Bowels With California Fig Syrup

Your little one will love the "fruity" taste of "California Fig Syrup" even if constipated, billous, irritable, feverish, or full of cold. A teaspoonful never fails to cleanse the liver and bowels. In a few hours you can see for your self how thoroughly it works all the sour bile, and undigested food out of the bowels and you have a well, play ful child again.

Millions of mothers keep "California Fig Syrup" handy. They know a tea-spoonful to-day saves a sick child to-morrow. Ask your druggist for genuine "California Fig Syrup" which has directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup.

Instalment Plan

She-"No; but I think he would pre fer having you pay them

MONEY ORDERS. The safe way to send money by mais by Dominion Express Money Order

#### Colors That Stimulate.

Color schemes for factory workers with a view to increased production, are among the bright ideas of modern decoration specialists. In one case, at least, the idea has been adopted with the best results.

"We were asked to deccrate a facworkers" explained a member of a

The walls were done in daffedil yellow; the corners and the capitals of the pillars being picked cut with deep blue. The stimulating atmosphere created by that scheme was remarkable."

Do the colors and designs of our

wall coverings really make their "vic-tims" sad, mad, or sublimely happy? Several decorative artists think they several accordance arrives that all may, especially as regards emotional, highly sensitive natures.

Thus, the psycho-craze has penetrated not only the wall-paper and colored wall industry, but also has

must be the background of a room in which sufferers from neurasthenia are

ter into a contentious domestic discussion within red walls. Large patches of red in the home are admitted to be

Whenever you hear a man sticking to his own opinions with obstinacy and urging them with vehemence you may safely set him down as stupid.

Minard's Liniment prevents Spanish Flu

THIN, FLAT HAIR

**GROWS LONG, THICK** 

Suffered So After Every Meal
She Thought She Had
Heart Trouble.

"I just can't begin to express the gratitude and joy I feel over my restoration to health and I just wish devery sick person in this world knew what I know about Tanlac," said Miss Irene St. Jean, 298 Maison Neuve, ir Montreal, Que.

"For one whole year I didn't know what It was to eat anything without said suffering the greatest distress after wards. At times my heart pulpitated so that I would go almost distracted. It would go almost distracted and I thought I had heart trouble, but I would go almost distracted. It would go almost distracted in thought I had heart trouble, but I was to eat anything without will be after a few weeks use, when you see the sail suffering the growing all over the scalp. "Danderine" cos to only 35 cents a bottle. One application ends all dandriff, stops tiching and falling hair, and, in a few moments, you have doubled the beauty of your hair. It will appear a mass, o soft, lustrous, and easy lod up. But what will be after a few weeks use, when you see the scalp. "Danderine" cos to only 35 cents a bottle. One application ends all dandriff, stops tiching and falling hair, and, in a few moments, you have doubled the beauty of your hair. It will appear a mass, o soft, lustrous, and easy lod up. But what will be after a few weeks use, when you see the sail surface and down at first weeks use, when you see the sail surface and down at first weeks use, when you see the sail surface and down at first weeks use, when you see the scalp. "Danderine" cos to only 35 cents a bottle. One application ends all addraft, so the sail surface and surface and addraft stops and falling hair, and and falling hair, and and falling hair, and and surface a mass, so soft, lustrous, and easy lod up. But what will be after a few weeks use, when you see the scalp. "I would not so the sail surface and addraft stops and addra

stimulating tonic Leips tain, increase, faded hair to grow long, thick heavy

## RHEUMATIC ACHES **OUICKLY RELIEVED**

THE racking, agonizing rheumatic ache is quickly relieved by an application of Sloan's Liniment.
For forty years, folks all over the world have found Sloan's to be the natural enemy of pains and aches.
It penetrates without rubbing.
You can just tell by its healthy, stimulating odor that it is going to do you good.

you good.

Keep Sloan's handy for neuralgia, sciatica, lame back, stiff joints, sore muscles, strains and sprains.

At all druggists—35c, 70c, \$1.40.

S10an's Liniment (Pain

# **SCALE AND RASH** ON CHILD'S HEAD

Scalp Sore and Inflamed. Cross and Fretful. Lost Sleep Cuticura Heals.

"From early infancy my little girl had a scale and rash on her head and her scalp was sore and inflamed. She was cross and fretful was cross and fretful not grow, and her head was distigured.
"This trouble lasted for several months and I finally sent for a free sample of Cuticura Soap and Ointent. Then I purchased a cake of Cuticura Soap and a box of Cuticura Ointment and now she is healed." (Signed) Mrs. Lydia E. Kling, 760 Ashland Ave., Ocean Park, Calif. Use Cuticura for all toilet purposes.

Use Cuticura for all toilet purposes

#### Classified Advertisements

CANADIAN MATRIMONIAL PAPER.

S THERE A VULCANIZER IN YOUR town? You can earn \$25.00 daily. We leach you. Write Chief Instructor, Canada Vulcanizer, London, Ont.

ARTICLES FOR SALE

BEEKEEPERS' SUPPLIES—LANG-furnishings, honey extractors, pumps, engines and storage tanks; a complete stock of beekeeping requirements send for our catalogue. Ham Brothers Com-pany, Ltd., Manufacturers, Brantford.

BELTING FOR SALE ALL KINDS OF LEW AND USED belting pulleys, saws, cable, bose, packing, etc., shipped subject to approval at lower prices in Canada. YORK HELTING CO. 115 YORK, STREET, TORONTO.

A little fire is quickly trodden out, which, if suffered, rivers cannot

Minard's Liniment for Coughs and Colds

#### COARSE SALT LAND SALT

Bulk Carlots TORONTO SALT WORKS C. J. CLIFF - TORONTO

# "Faddy" Appetites

When the digestive organs are out of order you need the help of Mother Seigel's Syrup. The herbal medicinal extracts of which the Syrup is made restore tone and strength to jaded stomachs, make food yield nourishment and save from the many ills which indigestion brings. Mother Seigel's Syrup ion brings. Mother Seigel's Syrup is now sold in 50c. and \$1.00 bottles at drug stores.

# OF INTEREST

Nurse Recommended Use of Lydia E. Pinkham's Vegetable Compound



well. Outario.

The reason why Lydia E. Pinkham's Vegetable Compound is so successful in overcoming woman's ills is because it contains the tonic, strengthening properties of good old-fashioned roots and herbs, which act on the female organism. Women from all parts of the country are continually testifying to its strengthening, beneficial influence, and as it contains no narcotics nor harmful drugs it is a safe medicine for women.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent you free upon request. Write to The Lydia E. Pinkham Medicine Co., Lynn, Mass.

For Constipated Bowels-Bilious Liver

The nicest cathartic-laxative to physic your bowels when you have Headache Billousness Colds, Indigestion Dizziness Sour Stomach is candy-like Cascarets. One or two to-night will empty your bowels completely by morning and you will feel splendld. "They work while you sleep." Cascarets never stir you up or gripe like saits. Pills, Calomei, or Oil, and they cost only ten cents a box. Children love Cascarets too.



WARNING! Say "Bayer" when you buy Aspirin.

Unless you see the name "Bayer" on tablets, you are not getting Aspirin at all. Why take chances?

Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds Toothache Earache

Headache Neuralgia Lumbago

Rheumatism Neuritis Pain, Pain

Handy "Bayef" baxes of 15 sablets—Also bottles of 24 and 100—Drugg Aspirin is the trade mark (registered "Canada) of Bayer Manufacture of Maceticacidester of Salleylicacid. While it is "ell known that Aspirin means is manufacture, to assist the public against imitalio "Bayer Com will be stamped with their centeral trade mark. (the samped with their centeral trade mark.

firm of expert house decorators

crept into furnishing and furniture.
To dignity, beauty, and comfort house decorating modernists have added the mental and moral assets of

complete schemes.

For instance, soft, gentle yellows to find calm.

It would be unwise for a wife to en-

Welsh school children during the summer holidays have, in many parts of the Principality, helped to compile records of the districts in which they

# Wishing for sleep

A LITTLE wisdom in the daytime is a better assurance of rest than any amount of anxious wishing when

more influence on sleep than what you want and hope for, at midnight.

Tea and coffee's drug element, caffeine, whips up the nerves, and when its use is continued there's usually a penalty which no amount of mental

turbance to nerves or digestion. Even the little children can share in the enjoyment of Postum at any meal.

It's better to anticipate warnings than to be driven by them. It's better to encourage and preserve sound nerves and complete

health than to listen to the clock ticks at night and say, "I wish!" You can get Postum wherever good food or drink is sold and served. An order today may be the beginning, for you, of the great satisfaction and

comfort which so many others have found in Postum. Your grocer has both forms: Instant Postum (in tins) made instantly in the cup by the addition of boiling water. Postum Cereal (in packages of larger bulk, for those who prefer to make the drink while the meal is being pre-pared) made by boiling for 20 minutes.

Postum for Health-"There's a Reason" Made by Canadian Postum Cereal Co., Limited, Windsor, Ont.

# is a poor way to get it

nerves are a-jangle at night. What you do at noon often has

thousands have found, is to turn away from nervestimulation and adopt the mealtime drink. Postum delights the

The part of wisdom, as so many