

The Evening Times and Star

ST. JOHN, N. B., NOVEMBER 3, 1916

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THE COST OF LIVING.

In today's Times is given a comparison of the prices of thirty articles of food in August, 1914, when the war began, and the price at the present time. This list was prepared by a leading wholesale firm, from the price lists of August, 1914, and Nov. 1, 1916.

It will be seen that flour has advanced in that time from \$6.85 to \$11; sugar, from \$4.60 to \$8.10; beans, from \$2.40 to \$6; molasses, from 29 cents to 60 cents; cheese from 16 1/2 cents to 24 cents, and throughout the whole list there has been a very marked advance. We know also that there has been a great advance in potatoes, butter, and many lines of produce, all of which adds to the amount of the household's weekly bill for the bare necessities of life. Then there is the advance in coal, clothing, and boots and shoes. Altogether the living expenses of a family have enormously increased.

These figures present more effectively than it could be done in any other way the importance of practising economy, at a time when in addition to the household expenses there are demands on account of the war which no citizen feels free to ignore, when so many of our sons are offering their lives as a sacrifice for the triumph of righteousness and safety and welfare of Canada and the Empire.

The figures presented also suggest very forcibly the need of whatever action the government may be able to take to prevent speculators and profiteers from unduly raising the price of any article and thus grinding the face of the poor.

WHERE HALIFAX LEADS.

Halifax is far in advance of St. John in public school matters. Medical and dental inspection, school nurses, technical evening classes with large attendance, and a special class for mentally defective children are features of the Halifax educational system. The city is now erecting one new school building at a cost of \$107,887. St. John people should be interested in some extracts from the report of Chairman Charles D. Ackhurst of the school board. Of medical school inspection he says:

"In connection with the medical inspection a dental clinic has been furnished in a spare room in the Dispensary building and Dr. Ritchie engaged to attend the school children recommended by the teacher and nurse as fit patients for free attention. The board have arranged with Drs. Kirkpatrick, Doull, Mathers and Cunningham to treat school children recommended as above for eye trouble and provide glasses when necessary. Nothing interferes with a child's studies like tooth ache or sore eyes, and in providing for the attention of this form of illness we are doing a vast amount of good at a very small cost and keeping our educational system on the same footing as the most advanced cities in America. The cities of Rochester and Boston have school dental clinics costing over one million dollars each, both being the gifts of individual citizens."

Besides the doctors there are nurses, and the report goes on:

"The board, recognizing the value of the school nurse, decided to engage the second nurse and abolish the position of a class teacher. The discovery of physical defects by the properly trained teacher and by the medical inspector is only the first and easier step, almost useless unless followed up by competent nurses. Experience has proved that the employment of trained school nurses is one of the most necessary adjuncts of the most effective system of medical inspection. The trained nurse is necessary in order to make the work effective. She awakens thoughtful parents to the consequences of neglecting early treatment. She is the instructor of the parents, pupils and teachers in the principles and practice of hygiene. She is the effective link between the school and the home, without which the medical inspector's report would not be followed up and would be of little value."

But there are mental as well as physical defects, and so we read further:

"It has long been recognized that it is the duty of the schools to meet the needs of all the children of all the people, but only recently, and perhaps not yet adequately have the various needs been distinguished. The board decided to spend a small part of its appropriation this year as follows:—A special class for children who, being backward in their work, were a great hindrance to others, in other words, defectives. Mrs. Houston, of Ontario, a teacher specially trained for such work, was secured and a class opened in the new Acadia school, with good results; more classes will no doubt follow; the parents of the children attending being specially pleased that their children would get the attention they required."

The report also notes the fact that one of the schools entered two teams in an imperial rifle competition and won prizes, and that there was a great afternoon of school sports at the exhibition track in June. Of the display of work of evening technical classes the report says:

"It is safe to say that the Technical College is one of the best assets the people of this city enjoy."

When St. John people make comparisons with Halifax what do they find? We have no medical or dental inspection. We have not even one school nurse. We have no class for mental defectives. We have one small technical evening class. How much longer will St. John people be content with this comparison? One of the hopeful signs of the times is the growing interest of the women in these matters. The New Brunswick Women's Institute yesterday declared itself in favor of medical inspection, and evidently also favors more representation for women on school boards and others dealing with matters relating to social and child-welfare. St. John at present does not even enforce the school attendance of all its children of school age, and in the other important matters referred to is far behind the average modern city.

The Italians, after patient preparation, have again struck hard and gained a victory over the Austrians.

The Standard wants to know if Sir Wilfrid Laurier is loyal. Ask Borden's friend Blondin—or Bourassa.

By the capture of Fort Vaux by the French, the Germans have lost practically all they fought for so long and at such heavy cost before Verdun.

Apparently Greece is to have a little war of its own as the price of keeping King Constantine at the helm. Of all the nations outside the Central powers Greece has played the most unhappy and least noble part.

The Russians have been compelled to relinquish some ground to the enemy on the Stokhod River, but in Transylvania and Dobruja, the chief centres of interest, the Roumanians and Russians are holding their own. And winter is at hand.


Major-General Maurice declares that the Germans will be given no rest on the western front this winter, and will not be left free to dig themselves in, as they were able to do before last winter. The initiative is now with the British and French, who are continually if slowly making gains.

Germany has thrown out another peace feeler in the form of an article by Prof. Delbrueck, cabled to New York. Prof. Delbrueck declares that "Germany is ready to accept the pacific idea of a world court of arbitration, and that she should make known her willingness to co-operate with America and other nations in such a plan." Germany will accept what the Allies tell her to accept when the proper time comes. The learned professor may save his breath.

The Ottawa Free Press says:—"When we remember the very prominent part which Armand Lavergne played in the formation of the Borden cabinet, how he came down here and had conferences with the few premier in regard to Quebec representation in the government; and when we visualize one Blondin—a ferocious Nationalist when Nationalism paid—still sitting as a prominent member of the Borden cabinet, we cannot help exclaim with that British statesman (Disraeli) who had little to learn about party politics 'Organized hypocrisy.'"

The native princes of India are deeply loyal to the Empire. When the present King George and Queen Mary visited India some years ago the Gaekwar of Baroda, one of the richest of Indian princes, was charged with a lack of loyalty to his sovereign, and much was made of it in the foreign press. At Delhi the other day, following a speech by Lord Chelmsford, the viceroy, "the reply made by the Gaekwar of Baroda, on behalf of all the chiefs present, emphasized their desire to do everything possible for the great British Empire, with which their destinies are indissolubly linked, and expressing unflinching loyalty and deep attachment to the King-emperor." And thus another German dream is shattered.

In an article in the Moncton Transcript Mr. W. C. Milner quotes the following from the St. John Courier of sixty years ago:—"We are informed that an old soldier, named Huson, who died in England, in the year 1850, aged 100 years, was in the habit of relating many interesting reminiscences of New Brunswick. Among others, he was wont to state that in 1759 he belonged to a Highland regiment, and came through the woods from Quebec to Fredericton with a company of artillery. From Fredericton they came down the river and landed a little below the Falls, forming into a line in the woods near Carleton, probably on what is now the Provincial Lunatic Asylum grounds. After being fired at repeatedly by the French from Fort Frederic, Carleton, they marched down the old Manawagash road, and the artillery from the heights above, (where No. 7 Engine House now stands), fired on Fort Frederic, and drove out the French, who retreated across the river to Portland. He used to say that a fever afterwards broke out among the British troops, and a large number died and were buried on Navy Island."



The Reliable Salt Windsor Table Salt

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LIGHTER VEIN

Little Confusion Here

"Ah see yo' is housecleanin'!" said Mrs. Snow White.

"Yes," replied Mrs. Marsh Green, "dey is nothin' lak' movin' things 'round once in a while. Why, Ah des come across a pair ob slippers under de bed dat Ah hadn't seen foh five years."—Dallas News.

Started Something

Don had finished his first day at school, and was on his father's knee for their usual evening talk before being sent to bed.

"Well, how do you think you 'will like school?" his father inquired.

The little fellow became serious.

"I'm afraid, daddy, I've started something that I can't finish," he replied.

Moral Dejection

The expressman had bought a horse, but after closing the deal he was not exactly satisfied with his purchase.

"There is just one thing I don't like about this horse," he said. "She won't hold her head up."

"Oh, that is only her bloomin' pride," said the dealer. "She will when she is paid for."

Lucky

Briggs—It has been my experience that at every public dinner there's always one speaker who hores everybody.

Griggs—My! how lucky you've been!

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LaTour Flour

PURE MANITOBA AT MILL PRICES

\$10.50 per barrel

\$5.15 per 1-2 bbl. bag

\$1.45 per 24 lb. bag

Delivered to all parts of the city

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St. John Milling Company

THE HOME TOWN WORK-TO-GETHER POLICY

Means Quite a Lot if You Think it Out.

"Co-operation promotes independence, prevents pauperism, and helps people to rise above the demoralizing influence of charitable gifts. Its constant aim is to give hopefulness to working men, lessen the great inequalities that exist, and to diffuse more evenly and more humanely the luxuries and wealth of the world."

J. M. Humphrey & Co.

Mrs. of Good Shoes.



\$2.50

WOMEN'S DONGOLA KID BUTTON BOOTS

Patent Tip. Sizes 2 1/2-3, 3 1/2-4, 4 1/2-5, 5 1/2-6 1/2

\$2.50 A PAIR

These are good, serviceable boots, and a bargain at this price.

TRY A PAIR

McRobbie

Foot-Fitters - 50 King St.

Paint in the Fall



The Fall of the year is, by general consent, the most favorable time for painting the house. Owing to comparative dryness and the freedom from dust, on account of the stillness of the air, combined with the absence of small insects.

To insure satisfactory results use

"Hand and Ring" Pure Prepared Paints

They cover a lot of surface, wear well, work easy under the brush—and cost no more than good paint ought to cost.

T. McAVITY & SONS, LTD.

"Hustler" Ash Sifter



If you want to make a saving in your winter's coal bill, Buy the Hustler. It will save you coal, time and labor, as well as keep the dust down. It will save its cost in a single season.

PRICE \$5.75

Fits over top of ordinary barrel or galvanized ash can. No dust can escape.

SUCCESS ASH SIFTERS \$4.50 each

GALVANIZED ASH BARRELS \$3.00 each

Emerson & Fisher Ltd.

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Reasonable Prices for Reliable and Fresh Groceries and Fruit.

GAZELLE BRAND BAKED BEANS	
No 1 Size.....	10c. each
No 2 Size.....	15c. each
No 3 Size.....	25c. each
Shaker Salt.....	9c. pkge.
EAGLE BRAND BLUEBERRIES.....	2 lb. tins, 15c.
HEINTZ MINCEMEAT.....	Large size tins, 40c.
WETHEY'S MINCEMEAT, in pkgs.....	12c. pkge.
NEW CANNED SPINACH.....	18c.
NORMANA BRAND NORWEGIAN KIPPERED HERRING.....	15c. tin
NORMANA BRAND NORWEGIAN MACKEREL.....	15c. tin
NEW DROMEDARY DATES.....	15c. pkge.
NEW FIGS.....	30c. lb.
DRIED WHOLE PEAS for boiling—new stock, 10c. lb.	
POWDERED BORAX.....	Pkge., 5c.
Castle Soap.....	
6 cakes for 25c.	
PURE GOLD QUICK PUDDINGS, Custard and Arrowroot.....	
10c. pkge.	
FRESH FRUITS	
CALL SWEET AND JUICY ORANGES.....	50c. doz.
FLORIDA GRAPEFRUIT* New season's crop, juicy and of fine flavor.....	15c. and 20c. each
LARGE FLORIDA PINEAPPLES.....	35c. each
FRESH HOT-HOUSE TOMATOES.....	25c. lb.
BROCK'S BIRD SEED.....	15c. pkge.
BROCK'S BIRD GRAVEL.....	10c. pkge.
FRESH, THICK CREAM received daily and delivered in exclusive HYGIENIC containers.....	40c. quart
FINNAN HADDIE AND KIPPERED received fresh daily.....	

FRESH OYSTERS, arriving Saturday 60c quart

The PHILPS STORES - DOUGLAS AVE. AND MAIN - Phone 886

When Britain Befriended U. S.

Poulney Bigelow Recalls Crews in Which British Proved True Friends to U. S. Navy in Time of Need

New York, Nov. 3.—Poulney Bigelow, in a letter addressed to the editor of the New York Times writes as follows:—

It cannot be true that American naval officers assisted Prussian submarines in their dirty work outside of Newport. No doubt Washington will soon clear up this ambiguous affair. Meanwhile, pray permit me to add my mite of testimony regarding the attitude of Great Britain in 1898, when Imperial Germany sided with Spain and sought to bully our gallant Dewey in Manila.

The tale of how the British Captain Chichester stood up with our admiral against the German admiral has been told before—and finally by Admiral Dewey himself. This story I checked step by step in Manila by conversation, not merely with our own admiral and his British colleague, but by other participants in that memorable night. Moreover, the British authorities in Hong Kong, although legally neutral, interpreted their duties in the manner most favorable to the American ships, and Dewey found no difficulty in fitting out to the best advantage prior to steaming across to the enemy in the Philippines. And as the Yankee fleet steamed past that of England in Hong Kong, the British bluejackets manned the rigging and cheered us heartily—a most unneutral and yet most generous act.

After the war I found myself in Chee Foo, waiting an answer from the Russian commander at Port Arthur, in whom I had applied for permission to cross Siberia. The Palace revolution was in full swing at Peking, and the fleets of

The Scarcity of Dolls for Christmas

Will be more keenly felt this year because old stocks are sold out and the Canadian manufacturers are unable to meet the demand. We have a splendid variety and large stock at present, but we are not certain of securing more in time for Christmas buyers, so we advise an early selection.

J. M. ROCHE & CO., LTD. - 94-96 King Street

WEEK END SPECIALS AT CHEYNE'S

Sugar With Orders—	
11 1/2 lbs. Granulated Sugar.....	\$1.00
10 lb. bag Redpath Sugar.....	85c.
5 lb. pkge. Lantic Sugar.....	45c.
2 lb. bag Lantic Sugar.....	17c.
Stuffed Olives, 25c. size.....	21c.
Plain Olives, 25c. size.....	27c.
Blueberries "Perfect," quart jar.....	35c.
Pure Maple Syrup, per bottle.....	35c.
Lemon or Vanilla Extract 3 bot.....	25c.
New Walnuts, shelled.....	45c. lb.
"Jumbo" Salted Peanuts.....	35c. lb.
Holbrook's Worcestershire Sauce 22c.	
Honey in the comb.....	25c.
Furnival's Jam, reg. 30c.....	25c.
Choice Jamaica Oranges.....	25c.
Choice California Oranges.....	50c.
Choice No. 1 Grav. Apples, per peck.....	
Gravenstein Apples at.....	
25c., 30c., 35c. peck	
Our Special Fresh Ground Coffee, per lb.....	
Bulk O. Pekoe Tea, per lb.....	
35c. 38c. 40c.	
CLEANERS	
Old Dutch, 3 for.....	25c.
Lux, 3 for.....	25c.
Pearline, 3 for.....	25c.
6 cakes Comfort Soap.....	25c.
8 cakes Happy Home.....	25c.
10 cakes unwrapped Laundry Soap.....	25c.
Choice Quinces.....	\$1.00 peck
Moist Sultana and Plain Pound Cake.....	

CHEYNE & CO., 166 UNION STREET—Tel. M. 803

the great powers controlled every bucket of coal in the treaty ports.

Then it was that our Consul Fowler ran up and down the streets of Chee Foo, wringing his hands and begging for a few tons of coal—but not a lump could he buy. He showed me the cable in which he was ordered to coal his cruisers, expected every moment on a hurry call to protect American lives and property in Tien Tsin. He told me he could not do anything—money could not buy an ounce of coal. "Nonsense," said I, "the Brit-

ish admiral has plenty of coal."

"True," said Consul Fowler, "but what of that?"

Our consul, you see, was another of that strange species who think that good things can be bought by money only. Then I told him to state his case to Admiral Seymour at Wei Hai Wei, forty miles to the eastward. He sniffed suspiciously, but finally yielded, and together we concocted the cable to which in an hour came the joyful news: "Certainly, help yourself—as much as you wish," or words to that effect. I wonder if England has ever been paid for that coal, for I'm sure that no bill would ever be sent by John Bull.

This story is here printed for the first time—not because it is of importance by itself, but because it is typical of hundreds of cases familiar to many Americans.

Good News for Composers.

London, Nov. 2.—The Carnegie United Kingdom Trust has announced from its offices at Dunfermline an important scheme for the encouragement of British composers of music. The trust agrees to publish, at its own expense, six original works a year, including operas, concertos and symphonies, the author to receive all the royalties.

COAL and WOOD

Directory of The Leading Fuel Dealers in St. John.

COAL

Lyken's Valley Egg for Furnaces

An excellent substitute for Scotch Anthracite

All sizes American Hard Coal and best grades of Soft Coal always in stock

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WOMAN A PHYSICAL WRECK

Tells in Following Letter How She Was Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Milwaukee, Wis.—"Before taking Lydia E. Pinkham's Vegetable Compound I was a physical wreck. I had been going to a doctor for several years but he did me no good. A friend told me about Lydia E. Pinkham's Vegetable Compound, so I decided to give it a fair trial, and it gave me relief from bearing down pains which had been so bad that I would have to lie down. I also used the Sanative Wash and it has done me a great deal of good, and I am not troubled with a weakness any more."—Mrs. P. L. BRILL, 1286 Booth Street, Milwaukee, Wis.

The most successful remedy for woman's ills is Lydia E. Pinkham's Vegetable Compound. It has stood the test for forty years, which would be impossible if it did not have genuine merit. For special advice, free, write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.

Various Forms Of Headache

"It is necessary in order to treat headaches properly to understand the cause which produces the affection," says Dr. J. W. Ray, of Brockton, Ala. Continuing he says, "Physicians cannot even begin the treatment of a disease without knowing what causes give rise to it, and we must remember that headache is to be treated according to the same rule. We must not only be particular to give a remedy intended to counteract the cause which produces the headache, but we must also give a remedy to relieve the pain until the cause of the trouble has been removed. To answer this purpose, anti-kamnia tablets will be found a most convenient and satisfactory remedy. One tablet every one to three hours gives comfort and rest in the most severe cases of headache, neuralgia and particularly the headaches of women."

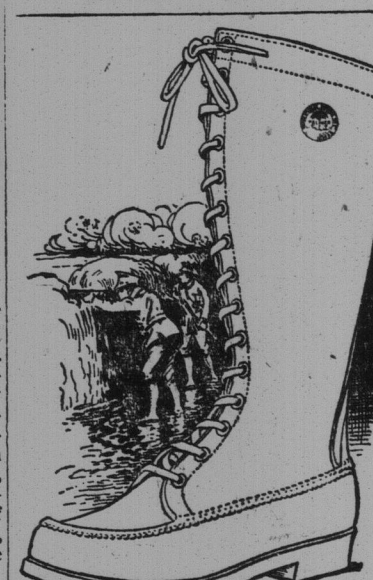
When we have a patient subject to regular attacks of sick headache, we should caution him to keep his bowels regular, for which nothing is better than "A-K Tablets," and when he feels the least sign of an oncoming attack, he should take two A-K Tablets. Such patients should always be instructed to carry a few anti-kamnia tablets, so as to have them ready for instant use. Headaches are prompt in action and can be depended on to produce relief in a very few minutes. Ask for A-K Tablets. Anti-kamnia tablets at all druggists.

For Good Looks

a woman must have good health. She can do her part by helping nature to keep the blood pure, the liver active and the bowels regular, with the aid of the mild, vegetable remedy—

BEECHAM'S PILLS

Directions with Every Box of Special Value to Women Sold everywhere. In boxes, 25 cents.



PALMER'S WATERPROOF TRENCH BOOTS

\$10.00 Per Pair. All Sizes.

The kind to send our Boys in France.

Regulation Leggings and Rubber Boots

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