

IN RELIGION

punished his children with ill health, calamity, earthquake, bad weather, insect pests, defeat in war, and all misfortune. The relation to the god and the relation to the parent were almost equally fearful. Now this sort of fear is a vile depressant, and the tradition of fear of God and fear of the parent is the "bad tradition" which Doctor X deplures.

"We know," he says, "that the feelings of strength and pleasure in the body are maintained by certain fluids called the endocrine secretions, which are poured into the system by the effect of the emotions. The pain feelings or the weak feelings in the body result from the withholding of these secretions or from the release of a weakening secretion poured out in the same way. The elation of success produces strength and pleasure in the body by causing chemical changes in the bodily secretions. The despair of failure causes equally strong effects of the opposite kind. Hope of success and success itself cause strength. Anticipation of failure and failure itself cause weakness. I am not speaking now of conscious mental processes. I mean that, in response to instinctive symbols and independent of intelligence, the body is chemically strengthened or weakened in success or failure.