

mares and colts should have regular exercise. Experience shows that farm or working horses require a mixed diet, and their food should contain substances rich in albuminoids, in order to supply the waste of muscle and cartilages, and to build this up in young animals; and sufficient in carbohydrates to make up the carbon given off in breathing, and to keep up the heat in the animal. There should also be some fat, salt, earthy phosphates and other substances that are needed in the animal's system. Their food should contain some of each of these in proper proportions, in order to be a well-balanced ration. It is generally admitted that, for a well-balanced ration, there should be between 2½ and 3½ lbs. of albuminoids, between 12 and 16 lbs. of carbo-hydrates, and between ½ and 1 lb. of fat, with smaller amounts of other substances.

(To be Continued.)

The additional recommendation of scent has been added to the popular Chrysanthemum. A new seedling, the *Nymphæa*, exhibited by H. W. Hales, Ridgewood, N. J., at a recent N. Y. Chrysanthemum show, having a perfume like that of the water-lily.

The average price of best export Danish butter last year was twenty-three cents per pound, against twenty-seven cents as the average price for the past sixteen years. Our farmers have not, it would seem, much to complain of as to price.

### OUR COSY CORNER.

It is said that long hair and more elaborate coiffures than have been in vogue for a long time are fast coming into fashion again. The following article, taken from a New York journal and from good authority, explains the situation and gives a good idea of how to dress the hair:—

Unfortunately of late years the fashions have been so simplified that however abundant and beautiful the hair, its owner could not, without rendering herself conspicuous, display in a manner consistent with its beauty or her own good taste—a deficiency which, it is to be hoped, the regime in hair-dressing will speedily remedy.

The heavy plaits, puffs, and flowing curls in vogue many years ago embraced some varieties which gave ample scope to feminine taste, and ladies were thus enabled to arrange their hair in accordance with the shape of their heads and the cast of their features. But these styles gradually decreased, each succeeding year bringing in simpler ideas, until nothing remained beyond the plain black knot—or, as some wretch has unfeelingly dubbed it, the "door knob twist," and a shingled bang adorning the forehead.

This simple knot, popularly called "Psyche," originated with the sculptors, who have largely adopted the Greek form in the arrangement of the hair, but it should be remembered that they also observed the Greek cast of features, and the two assimilate well, particularly in marble. On the human head, however, the effect is less pleasing, and is a fashion which should never have been accepted by American ladies. Their features are not cast in the Greek mold, nor do they possess the repose of expression and beautiful rigidity the sculptor's chisel gives to the marble heads so much admired.

The readiness, too, with which so many young ladies accepted the freak of tutting the back hair, a short time ago, is something of a wonder and a sad mistake, utterly at variance with good taste, and should never have been done.

This most deplorable style has not only detracted from the good looks of all who have adopted it, but has precluded the possibility of appearing in complete full dress.

The elegant and elaborate toilets, with their accompanying flash of jewels, which all full dress occasions demand, call for a correspondingly elegant and ornate coiffure, a fact which requires no great stretch of reason to comprehend, nor is it difficult to imagine how much of the effect of even Worth's most perfect creations must be lost in the absence of a coiffure becoming to the wearer, and in keeping with her costume. And certainly neither the simple Grecian knot nor the "close cut" hair lately favored have met—or ever can meet—the requirements of a perfect full dress toilet.

Happily, fashion, who so often dictates the fantastic and strange, relentlessly overruling good taste, has ruled out short hair and decreed that long hair, a coiffure more elaborate and better suited to the beautiful costumes of the day, shall be worn, and it is to be hoped the abbreviated and inartistic styles of the past few years will fall into the utter oblivion they deserve.

To ladies wishing to dress their hair in this style the subjoined directions will be found useful:—

First—Twist all the hair at the top of the head almost close to the forehead, place a good sized "front piece" dressed in loose, fluffy rings, pointed at the forehead, over the twist, so as to raise it high toward the crown. Second—The back coiffure is dressed with the three strands, viz.: take one of the strands, make a plain knot and place in centre, so that the curly ends just reach the neck; the two other strands are twisted loosely in the shape of a "rope twist" and placed around the knot in the centre, just above the curls, near the neck; shape them so as to give a long and narrow effect to the coiffure; the ends, which are curled, are divided in loose rings, and mingled with the curls of the front piece.

ADVICE TO MOTHERS.—Are you disturbed at night and broken of your rest by a sick child suffering and crying with pain of Cutting Teeth? If so, send at once and get a bottle of "Mrs. Winslow's Soothing Syrup," for Children Teething. Its value is incalculable. It will relieve the poor little sufferer immediately. Depend upon it, mothers: there is no mistake about it. It cures Dysentery and Diarrhea, regulates the Stomach and Bowels, cures Wind Colic, softens the Gums, reduces Inflammation, and gives tone and energy to the whole system. "Mrs. Winslow's Soothing Syrup" for children teething is pleasant to the taste, and is the prescription of one of the oldest and best female physicians and nurses in the United States, and is for sale by all druggists throughout the world. Price, 25 cents a bottle.

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