

his forearm nearest to the patient's head under his back just below the shoulders, and, if possible, takes hold of his clothing. They slightly raise the patient's back, and then pass their other forearms under the middle of his thighs (Fig. 71), and clasp their hands by one of the



FIG. 72.



FIG. 73.

methods shown in Figs. 72 and 73. A handkerchief should be held in the hands if the first grip is used.

2. The bearers rise together and step off, the right-hand bearer with the right foot, and the left-hand bearer with the left foot (Fig. 74).

### THE THREE-HANDED SEAT.

This seat is useful for carrying a patient and supporting either of his lower limbs, when he is able to use his upper limbs.

1. Two bearers face each other behind the patient. For supporting the left limb the bearer to the patient's right grasps his own left wrist