

BEAUTIFIES HAIR IMMEDIATELY
 7 Sutherland Sisters' Complete Treatment contains a bottle of Hairment at Siddall Drug Company, Watford.

"Eastlake"
 Galvanized Copper-bearing
"Metallic" Shingles
 Fire, Lightning, Rust and Storm Proof - Metallic Roofs shed clean Rain Water
 Send Postal Card for Folder "E"
The Metallic Roofing Co. Limited
 1194 King St. W., Toronto

GRAND TRUNK RAILWAY SYSTEM TIME TABLE

Trains leave Watford station as follows:
GOING WEST
 Accommodation, 111.....8.42 a.m.
 Chicago Express, 17.....12.40 p.m.
 Detroit Express, 83.....6.51 p.m.
 (a) Chicago Express.....9.11 p.m.
GOING EAST
 Ontario Limited, 80.....7.48 a.m.
 Chicago Express, 6.....11.22 a.m.
 Express.....2.50 p.m.
 Accommodation, 112.....5.38 p.m.
 (a) Stops to let off passengers from Hamilton and east thereof and to take on passengers for Chicago.
 C. W. VAIL, Agent, Watford.

LIFE BURDENED BY DYSPEPSIA
 Health and Happiness Came With "Fruit-a-tives"

Made From Fruit Juices and Tonics
 "Fruit-a-tives", the wonderful medicine made from the juices of apples, oranges, figs and prunes, is one of the greatest means of doing good that this country of ours has ever known.
 "Fruit-a-tives" is bringing health to hundreds and hundreds of people who suffer with chronic Constipation, Biliousness and Dyspepsia.
 Mr. Frank Hall of Wyevale, Ont., says, "I purchased a box of 'Fruit-a-tives' and began the treatment. My condition improved immediately. The dyspepsia ceased to be the burden of my life as it had been, and I was freed of Constipation."
 50c. a box, 6 for \$2.50, trial size 25c.
 At dealers or sent by Fruit-a-tives Limited, Ottawa, Ont.

Sores Flea Before It.—There are many who have been afflicted with sores and have driven them away with Dr. Thomas' Eclectic Oil. All similarly troubled should lose no time in applying this splendid remedy as there is nothing like it to be had. It's cheap, but its power is in no way expressed by its low price. m

UNEXCELLED IN THE DOMINION
ELLIOTT Business College
 Yonge and Charles sts., Toronto.
 It is noted for high grade preparation for choice business positions and for promptness in helping graduates to get employment. Open all year. Enter now.
 W. J. ELLIOTT, Principal.

Central Business College
 STRATFORD, ONTARIO
WINTER TERM FROM JAN. 2
 The leading practical training school of Western Ontario. The school where you get a thorough course under competent instructors in Commercial, Shorthand and Telegraphy Departments. We assist graduates to positions. Write for free catalogue.
 D. A. McLACHLAN, Principal.

A. D. Hone
 PAINTER AND DECORATOR
 PAPER HANGING
 WATFORD - ONTARIO
 GOOD WORK
 PROMPT ATTENTION
 REASONABLE PRICES
 ESTIMATES FURNISHED
 SATISFACTION GUARANTEED
 RESIDENCE--ST. CLAIR ST.

Read the Want Ads on Page Four.

ITEMS FROM FAR AND NEAR

Some Wise, Some Otherwise
 Some Newsworthy, All Readable.

Canada exports to 44 different countries and has stepped from ninth to fourth place among the great exporting countries of the world.

Hardware dealers have been notified by government officials that hereafter a record must be kept of all cartridges sold for 32 rifles and up, and also the names of those who purchased them.

Persons possessing radio apparatus in Canada are said to have heard a speech made at a banquet in Albany, in which Rear-Admiral Benson was eulogized as the man who saved Europe with 450 ships. However, you can always stop listening until the spasm is over.

A statement presented by Hon. Chas. Stewart, minister of Immigration shows that during the fiscal year ending March 31st, 1923, Canada rejected 14,519 persons, including 419 English, 24 Irish, 34 Scotch and 2 Welsh, at her ocean ports and along the international boundary.

Engineer Muir, of the highways department, has been instructed to prepare a report on the roads embraced in the proposed Blue Water Highway. His investigation will take several months. Mr. Muir will prepare full data on the character of all the links in the proposed Windsor-Owen Sound route.

Brig. Gen. King, officer commanding Military District No. 1, addressed the Collegiate Cadets, at Stratford one day last week, and expressed the hope that the boys would not have to engage in war, but voiced his opinion that due to unsettled conditions, to Turkey's efforts to play off the nations against one another, or to the actions of Russia in trying to force its form of government on the world, another war would have to be engaged in before the peace that was hoped for could be gained.

There will be no militia camps this year for units of the non-permanent militia in military district No. 1, Major D. J. Corrigall, G.S.O., M.D., No. 1 has announced. All training will be carried out at local headquarters except where, in a few cases, this may be impracticable, in which case local camps will be held.

John Peter McKinlay, a justice of the peace at Ridgetown for more than 30 years, and the father of Justice John F. McKinlay, of Detroit, died at the latter's home on Thursday. He would have been 100 years old had he lived until next New Year's day. Judge McKinlay's death was caused by a storm door blowing against him, knocking him down a step. He was born in Aldborough township and lived there until his early manhood. When he retired he was the oldest justice in the province of Ontario in years and in age, as he was past 90 when he completed his last term.

Inquiries are made as to the law regarding the placing of omitted names on voters' lists for the forthcoming provincial election. The new law provides that election boards shall be formed for each county. The boards will be composed of judges of the district court, local registrar, sheriff and clerk of the peace. These boards really run the election under the authority of the chief electoral officer, Allan M. Dymond of Toronto. Three members of any board form a quorum. The chief electoral officer is to advise the various county boards and supervise and instruct returning officers, poll clerks, and so on. As soon as convenient after the issue of the election writ these boards are to fix times and places in every municipality to hear complaints regarding voters' lists. Public notice must be given of such meetings. The last day for making complaints is two days before the date of the board's sittings. Any person entitled to vote can give notice of complaint, as to any other person whose name should be on the list. Evidence before these boards is all under oath.

Make it an every morning habit to shine with
2 IN 1 Shoe Polishes

Builders and Contractors increase business

by Long Distance

"95% of our lumber business is done by Long Distance."

"Bought all the material for a \$75,000 building by Long Distance—it is the best and cheapest way."

"Closed two orders for road-making material by Long Distance, one for \$40,000, one for \$72,000."

"Use Long Distance to get latest prices on materials before making estimates on contracts."

"In our Roofing Supply catalogue, we give directions for ordering by Long Distance."

"We are large users of Long Distance in buying and selling second-hand materials."

"Use Long Distance at every opportunity to keep in touch with prospects for brick."

May we tell you how Long Distance is being used to increase sales in your business.

THE BELL TELEPHONE CO. OF CANADA

 Every Bell Telephone is a Long Distance Station

KERWOOD

Don't forget Father's day on May 27th when they will have full charge of the service and choir.

Next Sabbath Rev. W. R. Vance of Ilderton will preach in the Methodist church. Mr. Vance is an old Stratford boy and his wife was formerly Miss Jessie Carrothers of Stratford.

The Sunday School convention is being held here on Thursday, the 17th inst., the Kerwood people are entertaining the delegates.

Mr. J. J. Foster is the delegate to the District meeting held in Appin on Thursday and Friday.

Mr. and Mrs. A. Blaine and family of Sarnia visited with Mr. and Mrs. James Galbraith over Sunday.

Mr. and Mrs. John Patterson of Thorndale were guests of Mr. and Mrs. M. C. Mongan over the week end.

Misses Eva and Ella Waddell of London were Sunday visitors.

Mr. and Mrs. H. Eastbrook spent the first of the week with friends in West Lorne.

SCHOOL REPORT

Report of S. S. No. 13, Brooke, for March and April. Sr. IV—Margaret Lucas (honors), Mary Lucas, John Griffith, Jr. IV—Hazel Griffith, Jr. III—Daniel Coates, Humina Lucas, Frederick Coates, Gerald Swan. II—Marjorie Rowland (honors), George Melton (honors), Merle Lucas, Maxwell Rowland, Clarence Johnston (absent from some exams). Sr. Pr.—Ronald Rowland, Jr. Pr.—Marian McEachern (honors), Elmer Swan, Clara Rhymes.

Report of Union S. S. Nos. 9 and 20, Enniskillen and Brooke. Sr. IV—Howard Pratt 70. Jr. IV—Elvis Brown 56, Clifford Armstrong 49. II—Hazel Shaw 72, Dora Armstrong 71, Arnold Armstrong 46. I—Geo. McIntosh 89, M. Lloyd 78, E. McNally 76. Pr.—M. Gentleman 81, R. Brown 77. Pr. B—Adaline McNally.—B. Tompkins, teacher.

Wedding Stationery
 ANNOUNCEMENTS
 INVITATIONS
 CAKE BOXES
 CARDS
 Newest Designs
 Finest Quality
The Guide-Advocate
 Pay Your Subscription in Advance

Slats' Diary

By Ross Farquhar

Friday—Pa was a telling I and ma about ole man James witch lives down on Main st. and is so awfully clost and stingy. They was a putting up skreen dorees and windows nex dore to him this morning and as pa past his house he sed Well Mr. Jas. arent you a going to put up yure skreens this yr. and he repiyed and says No I gess I won't put enny up this yr. Times is pritty hard and I think I can save a little by doing without skreens and just keeping a spider.

Saturday—Jakes pa is sore at there Dr. now. His ma had ben having trouble with her eyes and her nerves and the dr. xamined her the other day and he told her she shud oughten to read in the mornings enny more. So now she lays in bed till noon and Jakes pa has to get his own brekfast and Jakes.

Sunday—Pa's newew witch got married a cuple yrs. ago to a lady friend of hissen was nere today and from all we cud gether he is very unhappy in his life with her. He was asking pa for sum advise witch he new pa all ways has got plenty of and pa sed well what does she do and he sed Well she treats me like a dog and I don't no what to do. Then pa says Well why dont you bite her then.

Monday—Ma and pa went to a party tonite but they cum home early the reason was on acct. of they was a slite of hand man or a hipnotizer or sumthing there and he started out and sed Now I want you to tell me what you eat and I will tell you what you are. So pa beets it home because he had ben eating a lot of cheese.

Tuesday—Sum wimen belevs in getting reddy in plenty of time. As Jake and me past a house in the east End a woman cums to the frunt dore and calls her kid and sed Cum on Elmer & let me wash yure face so you can ride on the slop wagon with yure pa tomorrow.

Wednesday—Played ketch with a girl witch is visitting up to Blisteres house and she sure can throw the ball and ketch it. What I mean she aint no Sissy.

Thursday—Mr. Benson was a telling pa that he got sum strawberries witch cum from Georgie in a tin witch cum today. Pa sed thats nothing out of the extraordinary we are going to Tenesee in are ford this summer mebbey.

COUNTER CHECK BOOKS

The Guide-Advocate is agent for the Appleford line—a better grade book and at the lowest price. Before you give your order to any travelling agent phone 11w. There is a tendency among some of the check book firms towards higher prices in the near future; however, we have been instructed to accept orders at present prices for delivery any time in the next three months. Look up your supply and if you will require more in the next six months, give your local agent the order.

When a mother detects from the writhing and fretting of a child that worms are troubling it, she can procure a reliable remedy in Miller's Worm Powders which will expel all worms from the system. They may cause vomiting, but this need cause no anxiety, because it is but a manifestation of their thorough work. No worms can long exist where these Powders are used.

TWO THINGS THAT HURT THE EYES

"A person has been known to say, 'I have ruined my eyes by reading too much.' Not so—the eyes were made to use. One sure way to permanently injure the eyes is

READING BY INTENSE LIGHT
 The light should come through ground glass to soften it. Never use clear glass for either gas or electricity. Oil lamps give out a soft light, therefore clear glass chimneys.

READING BY DIM LIGHT
 Take our advice—do not read or sew by a dim light—it will be a direct strain upon the sight centres of the brain. On these two things hang the fundamental laws of sight economy. Never use cheap or pick-up glasses—come to us for advice about things optical.

Everything needful here.
 Take good care of your iiiiii's!
Carl A. Class
 Jeweler and Optician

WOMAN SUFFERED FOR MONTHS

Weak and Nervous. Made Well by Lydia E. Pinkham's Vegetable Compound

Webbwood, Ont.—"I was in a very weak and run-down nervous condition, always tired from the time I got up until I went to bed. Sleep did not rest me at all. My sister recommended Lydia E. Pinkham's Vegetable Compound to me and others told me about it, but it was from my sister's advice that I took it. It did not take long until I felt stronger, headaches left me and my appetite came back to me. I am a farmer's wife and have many things to do outside the house, such as milking, looking after the poultry, and other chores. I heartily recommend the Vegetable Compound to all who have the same trouble I had, for it is a fine medicine for women."—Mrs. L. M. ELIAS, Hillcrest Farm, Webbwood, Ont.

Another Nervous Woman Finds Relief
 Port Huron, Michigan.—"I suffered for two years with pains in my side, and if I worked very much I was nervous and just as tired in the morning as when I went to bed. I was sleepy all the day and didn't feel like doing anything, and was so nervous I would bite my finger nails. One of my friends told me about Lydia E. Pinkham's Vegetable Compound, and it helped me so much that I soon felt fine."—Mrs. CHARLES BEELER, 101-14th St., Port Huron, Mich.

Women who suffer from any feminine ailment should try Lydia E. Pinkham's Vegetable Compound.

Internal parasites in the shape of worms in the stomach and bowels of children sap their vitality and retard physical development. They keep the child in a constant state of unrest and if not attended to, endanger life. The child can be spared much suffering and the mother much anxiety by using a reliable worm remedy, such as Miller's Worm Powders, which are sure death to worms.

Everyone reads the "Guide-Advocate Want Column" on page 4.

MEDICAL

JAMES NEWELL, PH. B., M.D., L.R.C.P. & S., M.B.M.A., England, Coroner County of Lambton, Watford, Ont. Office—Corner Main and Front Sts. Residence—Front st., one block east of Main st.

C. W. SAWERS, M.D., Phone 13, Watford, Ontario. Office—Main st. Residence—Ontario st., east. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

W. G. SIDDALL, M.D., Watford, Ontario. Office—Next to Public Library. Day and Night calls phone 26. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

G. N. HOWDEN, D.D.S., L.D.S., Graduate of the Royal College of Dental Surgeons of Ontario, and the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge work. Office—Over Dr. Sawers', Main st., Watford, Ont.

J. F. ELLIOTT, Licensed Auctioneer, for the County of Lambton. Prompt attention to all orders, reasonable terms. Orders may be left at the Guide-Advocate office.

VETERINARY SURGEON
J. McGILLICUDDY, Veterinary Surgeon, Honor Graduate Ontario Veterinary College. Dentistry a specialty. All diseases of domestic animals treated on scientific principles. Office—Two doors south of the Guide-Advocate office. Residence—Main street, one door north of Dr. Siddall's office.

INSURANCE
THE LAMBTON FARMERS' MUTUAL FIRE INSURANCE COMPANY
 (Established in 1875)
 JOHN W. KINGSTON, President
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 JOHN PETER McVICAR, Director
 JOHN COWAN K.C., Solicitor
 J. F. ELLIOTT, Fire Inspectors
 ALEX. JAMIESON, Auditors
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 W. G. WILLOUGHBY, Manager and Sec. Treasurer
 PETER McPHEDRAN, Wanstead Agent for Warwick and Plympton

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