SPECIALIST SAID IE MUST OPERATE

ie Took "FRUIT-A-TIVES" Instead. And Is Now in Perfect Health.

MME. F. GAREAU

153 Papineau Ave., Montreal.

'For three years, I suffered great n in the lower part of my body, h swelling or bloating. I saw a cialist, who carefully examined and gave me several tonics to e, which did not help me. Then told me I must undergo an oper- on. This, I refused to permit.

heard about '*Fruit-a-tives*' and wonderful results it was giving cause *this medicine is made from it juices*, so decided to try it.

The first box gave great relief; and continued the treatment, taking boxes more. Now, my health is ellent—I am free of pain and lling—and I give 'Fruit-a-tives' warmest thanks".

MME. F. GAREAU.

0c. a box, 6 for $2.50, trial size 25c. all dealers or sent by Fruit-a-tives ited, Ottawa.

Ed. Howe Wisdom

e age-long fight for the under dog ever helped him. It was never led to help him.

ould say youth is a thing not to be of, but rather a thing to be grate- r.

emble when anyone begins a state- by saying: "Candidly, I want to etc. It usually prefaces some- disagreeable.

e people always use the I-am-about- d-tears voice.

years we have been telling how on the trigger we are; and how ve really are!

policy of phrases, alas, is not ding in Russia, where it has been a complete trial.

know how unreliable you are; well word is as good as anybody's.

merly the American watchword was , now it is propaganda.

here is nothing creditable to be bout an American, he'll make up hing.

ve never seen a painting or statute npressed me as much as a wild ple tree in early bloom. Nature ys more interesting to me than art enting it.

ow a good fellow who is bright telligent, and whom I greatly re- but when I receive a letter from is bad spelling shocks me.

men love to put on their coats it, as protest against their treat- How men love to declare war! men love to raise the devil! And on they realize that once the devil , it is extremely difficult to get ck in chains again!

her Graves' Worm Exterminator ive worms from the system without to the child, because its action ully effective, is mild. m

frankness with which a seventeen- d girl refers to herself as an old certainly amusing.

THE DAYS OF MIRACLES OVER?

PERSTITION AND FALSE BE- TO OVERSHADOW FACTS ANY LONGER?

en a woman who has been sick ars becomes well after taking a scientific preparation—can you that the remedy must be good? these extracts taken from a written to us by Mrs. H. Cross, King Street West, Toronto:—

suffered for several years with matory Rheumatism and could get up or down stairs. My d bought me a box of Temple- Rheumatic Capsules, and almost iately I felt relief. The swell- arted to go down and the stiff- ft my knees. I might say that isly to using T.R.C.'s I had lmost everything under the sun t success. I am a happier and voman now, and I cannot thank ough for the aid T.R.C.'s have me."

the same story from hundreds er Rheumatic sufferers. They .R.C.'s and T.R.C.'s fixed them you suffer, try them.

gents for Watford, J. W. Mc- ruggist, the Rexall Store, or if out of town mail $1.04 to the dress or to Templetons Limited, street west, Toronto, and cap- l be sent postpaid.

BY-LAW NO. 4

A By-law to raise the sum of $52,000 to pay for a Water System for the Village of Watford.

WHEREAS it has become desirable to provide a Water System, including Wells, Pump House, Pumping Equipment, Stand Pipe and Distributive System, for the Village of Watford;

AND WHEREAS the Municipal Council of the Village of Watford have procured an estimate of the cost of the said work, including the cost of providing material therefor, which amounts to the sum of $52,000.00;

AND WHEREAS the proposed source of Water Supply and the works intended to be constructed have been submitted to the Provincial Board of Health for Ontario, and the same have been approved, and such approval has been certified under the hand of the Chairman and Secretary of the said Board;

AND WHEREAS for the payment of the said works the said Council requires to raise the sum of Fifty-two Thousand Dollars, and to do so intends by this By-Law to create a debt upon the said Corporation of Fifty-two Thousand Dollars, with interest at the rate of five and one-half per cent. per annum, payable in thirty equal annual instalments, by the issue of debentures to the extent of the said sum of Fifty-two Thousand Dollars;

AND WHEREAS it is desirable and the Municipal Council of the said Village have determined to issue the said debentures at one time and to make the principal of the said debt repayable by yearly sums during the period of thirty years being the currency of the said debentures, said yearly sums being of such respective amounts that the aggregate amount payable in each year for principal and interest computed on the unpaid principal at the rate of five and one-half per cent. per annum in respect of said debt shall be as nearly as possible equal to the amounts so payable in each of the twenty-nine other years of the said period as shown in the schedule hereinafter contained;

AND WHEREAS the whole rateable property of the Village of Watford according to the last revised assessment roll for said Village is the sum of $364,230.00;

AND WHEREAS the present existing debt of the said Village of Watford secured by debentures is the sum of $16,872.52 and no part of the said sum is in arrears;

AND WHEREAS for paying off the principal sum of Fifty-two Thousand Dollars and interest, it will be necessary to raise in the several years hereinafter mentioned the following sums—

Year	Interest	Principal	Total
1	2860 00	717 88	3577 88
2	2820 52	757 36	3577 88
3	2778 86	799 02	3577 88
4	2734 92	842 96	3577 88
5	2688 55	889 33	3577 88
6	2539 64	938 24	3577 88
7	2538 04	989 84	3577 88
8	2533 60	1044 28	3577 88
9	2476 16	1101 72	3577 88
10	2415 56	1162 32	3577 88
11	2351 64	1226 24	3577 88
12	2284 19	1293 69	3577 88
13	2213 04	1364 84	3577 88
14	2137 97	1439 91	3577 88
15	2058 78	1519 10	3577 88
16	1975 23	1602 65	3577 88
17	1887 08	1690 80	3577 88
18	1794 09	1783 79	3577 88
19	1695 98	1881 90	3577 88
20	1592 48	1985 40	3577 88
21	1483 28	2094 60	3577 88
22	1368 08	2209 80	3577 88
23	1346 54	2331 34	3577 88
24	1118 31	2459 57	3577 88
25	983·04	2594 84	3577 88
26	840 32	2737 56	3577 88
27	689 75	2888 13	3577 88
28	530 91	3046 97	3577 88
29	363 32	3214 56	3577 88
30	186 52	3391 36	3577 88
	$55336 40	$52000 00	$107336 40

being the aggregate amount for principal and interest to be paid in each and every year according to the statute in such case made and provided;

THEREFORE THE MUNICIPAL COUNCIL OF THE CORPORATION OF THE VILLAGE OF WATFORD ENACTS AS FOLLOWS:—

1. That the works referred to in the recitals hereto be undertaken and constructed.

2. That it shall be lawful for the Reeve of the said Municipality, for the purposes aforesaid, to borrow the said sum of Fifty-two Thousand Dollars, and to issue debentures of the said Municipality to that amount in sums of not less than One Hundred Dollars each, with coupons attached for the payment of interest.

3. The debentures shall all bear the same date and shall be issued within two years after the day on which this Bylaw is passed and may bear any date within such two years, and shall be payable in thirty annual instalments during the next thirty years after the time when the same are issued, and the respective amounts of principal and interest payable in each of such thirty years shall be as set forth in the recitals hereto.

4. It shall be lawful for the Mayor of the said Municipality and he is hereby authorized and instructed to sign and issue the debentures hereby authorized to be issued, and to cause the same to be signed by the Treasurer of the said Municipality, and the Clerk of the said Municipality is hereby authorized and directed to attach the seal of the said Municipality to the debentures. The interest coupons shall be signed by the Treasurer, and his signature may be printed, stamped, lithographed or engraved.

5. The said debentures shall be payable at the office of the Treasurer of the Village of Watford.

6. The said debentures shall bear interest at the rate of five and one-half per cent. per annum computed on the first day of January prior to the date of issue thereof.

7. The said debentures shall be payable on the Thirty-first day of December in each of the said thirty years.

8. There shall be raised and levied in each of the said thirty years, by special rate on all the rateable property in the said Municipality, a sum sufficient to discharge the several instalments of principal and interest accruing due on the said debentures as the same become respectively payable according to the provisions of this By-law.

9. The said sum of Fifty-two Thousand Dollars shall be expended when raised for the purposes set forth in the recitals hereto.

This By-law shall come into force and take effect immediately upon the final passing thereof.

Passed Provisionally and dated at the Village of Watford this second day of June, A.D. 1919.

Finally Passed this.....day of.....A.D. 1919.

.....Reeve.

.....Clerk.

NOTICE

TAKE NOTICE that the foregoing is a true copy of a proposed By-law of the Corporation of the Village of Watford, to be submitted to the votes of the electors entitled to vote on money bylaws on the Thirtieth day of June, A.D. 1919, at the places in the said Village, and by the Deputy Returning Officers below mentioned, viz:

Polling Division No. 1.—Library Basement; John Stanger, D.R.O.; Harry Pearce, poll clerk.

Polling Division No. 2—Fire Hall, Ontario St.; Jacob D. Brown, D.R.O; Frederick J. Hughes, Poll Clerk;

and a poll shall be open at each of the said places on said date at nine o'clock in the forenoon and shall continue open until five o'clock in the afternoon.

AND that the twenty-fifth day of June, A. D. 1919, at eleven o'clock in the forenoon, at the Council Chambers in the Library Basement, in the said Municipality, has been fixed for the appointment of persons to attend at the polling places and at the final summing up of the votes by the Clerk.

AND that if the assent of the electors is obtained to the said proposed by-law it will be taken into consideration by the Municipal Council of the said Corporation at a meeting thereof to be held after the expiration of one month from the date of the first publication of this notice, and that such first publication was made on the sixth day of June, A.D. 1919.

AND that any tenant entitled to vote under such bylaw and who desires to so vote must deliver to the Clerk of the Municipality not later than the tenth day before the day appointed for the taking of the vote, a declaration under the Canada Evidence Act, stating the facts required by subsection 3 of Section 265 of the Municipal Act to be stated in such declaration.

Dated at Watford this second day of June, A.D. 1919.

W. S. FULLER, Village Clerk.

"DONT'S" IN USE OF MACHINE

Don't forget to oil the sewing machine frequently. The treadle and pitman should be oiled in their bearings almost as often as the working parts above the table.

Don't allow the machine to stand uncovered when not in use, as it collects dust and lint. The working parts below the cloth plate should be dusted and lint removed frequently with a small camel's hair brush. The parts above the cloth plate should be wiped ften with cheesecloth.

Don't run the machine when the presser foot is down and there is no material in the machine, as this roughens the underside of the foot and blunts the feed.

Don't run the machine while it is threaded without a piece of material under the foot, as this causes the thread to knot around the bobbin and makes a big, ugly, bunch of thread on the underside of the work when stitching is begun. There is often a tendency on the part of the operator to stitch several inches after the end of the seam has been reached. This is a bad practice.

Don't pull the material while it is being stitched, as this causes a stretched, tight, ugly stitch and very often blunts or breaks the needle. The feed will take care of this unassisted and will push the material through as fast as the machine can take care of it.

PART CAPE AND PART COAT

A practical and graceful garment, part cape and part coat, is among the endless interpretations of the cape that have answered the demand for springtime wraps. It is in fact a short, full coat with flowing sleeves and a girdle, having a long cape lined with figured satin hanging from the shoulders. The full collar and bands on the sleeves are of satin.

Worms in children work havoc. These pests attack the tender lining of the intestines and, if left to pursue their ravages undisturbed, will ultimately perforate the wall, because these worms are of the hook variety that cling to and feed upon interior surfaces. Miller's Worm Powders will not only exterminate these worms, of whatever variety, but will serve to repair the injury they have done. m

LAWN SOCIALS require plenty of advertising. Keep your announcement constantly before the public. Get out your bills and place your ads. in THE GUIDE-ADVOCATE. 3

Read the Guide-Advocate Want Column on page 4.

ZAM-BUK

Purely Herbal—No poisonous coloring
Antiseptic—Stops blood-poison
Soothing—Ends pain and smarting, etc.
Pure—Best for baby's rashes.
Heals all sores.

50c. box. All Druggists and Stores

CHANTRY FARM

Do you want to increase your egg supply? Try a few utility Black Leghorn Eggs, only $1.50 per 15; special rates for 100 or more. Handsome, hardy and regular "egg machines." An ideal farm fowl. Or are you aiming at a good table fowl and winter layer? Try the Silver Grey Dorking. Cockerels 9 to 10 lbs. at 6 months. Can spare a few settings only.

ED de GEX, Kerwood P.O.

LATE FASHION FROM PARIS

This is a straw hat entirely covered with fimbriated satin ribbon, with black velvet ribbon around the crown, and is regarded as an exquisite creation.

APRON IS A BECOMING AFFAIR

Tricksy Thing of Pink Striped Gingham Donned by Many of the Happy Little Brides.

An apron is really a pretty and a charming thing when its artistic possibilities are considered, and it may be made a becoming affair. Usually it is the little bride who affects aprons that have charm; her morning aprons are tricksy affairs of pink striped gingham, with a smart flare in the skirt part and a coquettish little bib above the waist line—and very crisp strings that tie in a big bow behind. An elderly housekeeper would feel a bit foolish in such an apron—even though when she goes to a matinee she wears a dainty blouse quite as youthful as any the little bride would select.

The house apron of the average good housekeeper is made of checked gingham with a narrow belt band that pins at the back. This unbeautiful but extremely practical affair is donned when household labors demand protection of the gown—but you never catch the housekeeper at the front door in it, as sometimes you catch the little bride in her bewilderingly becoming pink print apron. There seems to be no good reason why every house apron should not have the qualities of grace and becomingness. Why wear checked brown gingham if pale blue chambray matches one's eyes; or blue checked gingham if something in pink print will set off one's complexion? And why a straight, shapeless apron when a really smart one with circular shaped skirt with a bib with extensions that button at the back of the neck can be obtained at modest price or manufactured in an hour or two in the home sewing room?

A Safe Pill for Suffering Women.—The secluded life of women which permits of little healthful exercise, is a fruitful cause of derangements of the stomach and liver and is accountable for the pains and lassitude that so many of them experience. Parmelee's Vegetable Pills will correct irregularities of the digestive organs and restore health and vigor. The most delicate woman can use them with safety because their action, while effective, is mild and soothing. m

RUFFLES ARE MUCH IN USE

Trimming Used to Edge Girdles, Collars, Sash Ends, to Trim Tunics and Other Ways.

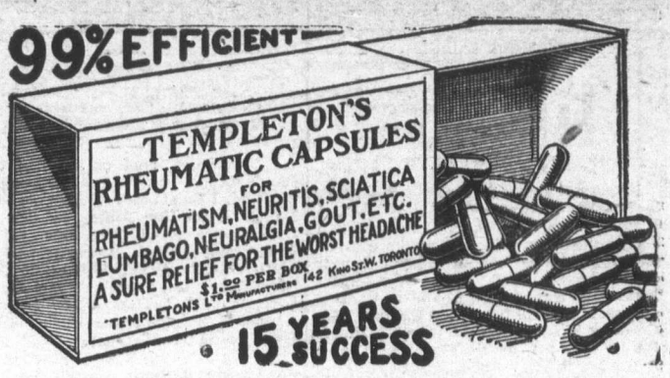
The extensive use of fine plaited ruffles, by the way, is an interesting feature of the new season. This trimming is from one-half inch wide to three inches and is used to edge girdles, fichu collars, sash ends and is applied in endless ways to trim apron tunics and overskirts.

An effective and extremely new trimming is colored organdy, which is much used on silks. A large figured foulard in navy blue and white has a soft shawl collar of dark blue organdy, and the flowing cuffs and sash are of it. Navy blue organdy is also attractively applied on oyster white crepe de chine in zigzag inch wide rows at the hips, and at the bottom of the skirt and is used for the vestee.

Chemisettes in white batiste, tucked and lace trimmed, are strongly in evidence on taffeta, satin and faille silk frocks. For the most part the chemisette is collarless and is fitted into the low round or oval neck of the frock. Sometimes the frock is slashed several inches in front where the chemisette shows through. Embroidered georgette and crepe de chine are also used for the chemisette.

The Oil for the Athlete.—In rubbing down, the athlete can find nothing finer than Dr. Thomas' Eclectric Oil. It renders the muscles and sinews pliable, takes the soreness out of them and strengthens them for strains that may be put upon them. It stands pre-eminent for this purpose, and athletes who for years have been using it can testify to its value as a lubricant. m

99% EFFICIENT



How old are YOU? "A woman is as old as she looks—a man as old as he feels."

Stay young! Pain wrecks you in the prime of life and wastes your best years. Fight Rheumatic pains with T. R. C.'s.

Sole Agents for Watford, J. W. McLaren, druggist, The Rexall Store, or if you live out of town mail $1.04 to the above address or to Templetons Limited, 142 King street west, Toronto, and capsules will be sent postpaid.

New Furniture

for the Bride

Mr. and Mrs. Newlywed are invited to come to our store and see the immense stock of Furniture and Home Fittings now on display. We can furnish your new home complete with any design you prefer. Call in and inspect our stock—we are sure that we can serve you better than elsewhere.

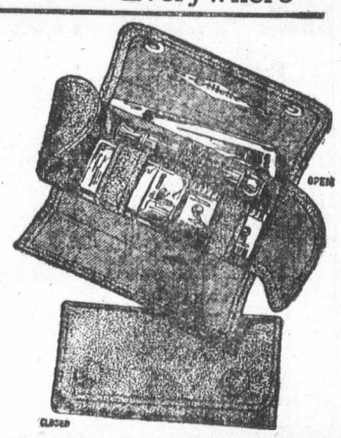
Harper Bros.

FURNITURE PIANOS VICTROLAS

Gillette
Safety Razor

The Shaving Service for Every Man —Everywhere

No Stropping —No Honing



The NEW KIT SET No. 20

A perfect shaving edge is the daily privilege of the Gillette Safety Razor owner.

Few men can hone or strop a razor sharp enough to stop it pulling on the neck and around the awkward places. With a Gillette you do not depend upon your own skill in stropping and honing.

The perfection of the edges of Gillette Blades is assured by our highly specialized machinery.

The new Kit Set shown above is most compact (especially convenient when you go away for a holiday or on business,) and enables you to enjoy the most comfortable shave in a few minutes every morning.

Your jeweler, druggist, or hardware dealer can show you a variety of Gillette Sets at

$5.00 the set

MADE IN CANADA — TRADE Gillette MARK — KNOWN THE WORLD OVER

The Gillette Safety Razor Co. of Canada, Limited, Montreal, Canada. 488

Counter Check Books at The Guide-Advocate.

The Guide-Advocate "Want Column"

is consulted by everyone. The cheapest form of advertising