

**HINTS TO ASSISTANTS**

To a successful assistant it is necessary to possess the following qualities: integrity, energy, dignity, intelligence, and perseverance. It is also necessary to present a good appearance. An air of neatness and prosperity is always prepossessing.

The more genteel and prosperous an assistant looks, the better are his chances of success.

The ideal assistant is the man or woman who is uniformly polite; who shows proper interest in the purchase of the customer, and who is equally courteous to all, of whatever station.

An assistant should cultivate the powers of observation, imagination and invention.

An assistant is not only a seller of goods, but to his keeping is committed the honor, dignity and reputation of the house.

An assistant must not only know, in a general way, what the requirements of the different lines of business are, but must be familiar, to a certain extent, with the business requirements of each particular customer.

To be a good assistant is to be able not only to sell to a customer something he has started to get, but to sell him something he had no idea of buying when he came into the store.

The assistant completes the work of the printed advertisement. The advertisement brings the buyer to the store, and the assistant has it in his power to attract or repel.

The ideal assistant is a man who possesses the good qualities of all men.

—The American Stationer.

**A BICYCLE BARGAIN**

Nodd—I met your wife this morning.

Todd—Did you?

Nodd—Yes. Now I don't want to unnecessarily alarm you, old man, but she isn't looking as well as usual.

Todd—Didn't you think so?

Nodd—No. In fact, she looked miserable. Her face had an unnatural pallor. She looked worn and tired.

Todd—Great Scott! I hadn't noticed it.

Nodd—That's because you see her so constantly. I hesitated to speak to you about it at first, but thought I ought to do it as a friend.

Todd—Well, I'm glad you did. I'll send her around to the doctor.

Nodd—Don't you do anything of the sort.

Todd—Why not?

Nodd—What good will he do her? Give her a tonic, and in the end she'll be much worse off. No, sir, what she wants is good pure air and out-of-door exercise.

Todd—That's so. I suppose that's the best thing.

Nodd—Have you ever thought of getting her a bicycle?

Todd—Not seriously.

Nodd—Well, sir, that's what you want to do, and you don't want to waste any time about it.

Todd—Think so?

Nodd—I know it. I tell you her condition is serious. First thing you know you'll have an invalid on your hands.

Todd—I don't know but what you are right.

Nodd—I know I am. Now don't delay this, old fellow, will you? I think a great deal of you and your wife, and I should hate to see her have a fit of sickness just because a friend hesitated to speak.

Todd—By Jove! So would I. That's a good idea. I'll go at it right away. By the way, what kind of a wheel would you recommend?

Nodd—I'd recommend the one my wife has. Let you have it for one-half of what it cost me.—Harper's Bazaar.

**DON'TS FOR BICYCLISTS**

Don't expect to accomplish everything in a day.

Don't attempt to run down cable or trolley cars.

Don't be afraid to ride a diamond frame wheel.

Don't go into a century run without training for it.

Don't forget that the race is won in the last sprint.

Don't rush out on the road before you know how to ride properly.

Don't blame the fellow for every collision you happen to be in.

Don't forget that others have as much right on the road as yourself.

Don't ride more than a mile at a time if a greater distance tires you.

Don't try to do too much at the start, particularly if you are a woman.

Don't lack confidence in yourself when learning to ride.

Don't lose sight of the fact that you were once a novice.

Don't lose sight of the fact that you must pedal straight.

Don't race until you have prepared yourself for the strain.

Don't think of doing any road riding machines.

Don't pass a wheelman in distress without offering assistance.

**NEWS WANTED.**

READER.—Should an accident happen, or a fire break out, or a death occur, or a marriage take place, or a babe be born, or a heavy storm visit, or a public meeting be held, or any other thing of general interest take place in your district, write it up in an every day common sense way and send it to the Progress for publication. In forwarding news, write "Printers' Copy" on the upper left hand corner of envelope—use One Cent Stamp—do not seal envelope—address Progress Office, Lunenburg, Nova Scotia.

**FIELD'S LAST POEM**

One day I got a missive,  
Writ in a dainty hand,  
Which made my manly bosom  
With vanity expand.  
'Twas from a "young admirer"  
Who asked me would I mind  
Sending her "favorite poem"  
"In autograph and signed."

She craved the boom so sweetly  
That I had been a churl  
Had I repulsed the homage  
Of this gentle, timid girl;  
With bright illuminations  
I decked the manuscript,  
And in my choicest paints and inks  
My brush and pen I dipt.

Indeed, it had been tedious  
But that a flattered smile  
Played on my rugged features  
And eased my toil the while.  
I was assured my poem  
Would fill her with delight—  
I fancied she was pretty—  
I knew that she was bright!

And for a spell thereafter  
That unknown damsel's face  
With its worshipful expression  
Pursued me every place;  
Mesemed to hear her whisper—  
"Oh, thank you, gifted sir,  
For the overwhelming honor  
You so graciously confer!"

But a catalogue from Benjamin's  
Disproved what things mesemed—  
Dispels with savage certainty  
The flattering dreams I dreamed;  
For that poor "favorite poem,"  
Done and signed in autograph,  
Is listed in "Cheap Items"  
At a dollar and a half.

**A KING OF A KINGDOM**

There lives a king of wondrous fame,  
Whose throne is broader than the earth,  
None so unlearned but know his name,  
None are so wise that know his birth.

His kingdom limits may not bound,  
His form so mortal may behold,  
But in his service hath been found  
A greater recompense than gold.

None there so poor that may not feed  
Upon his bounty evermore;  
None there so rich that do not need  
Their daily living from his store.

Of those who live upon the earth,  
From kings to peasants lowly born,  
All, all his subjects are by birth,  
Though few have their allegiance sworn.

Within his kingdom none may find  
The sting of scorn, the want of ruth,  
Its loyalty is to be kind,  
Its watchword is the name of truth.

Its language all may understand,  
Whate'er his tongue, whate'er his state;  
Its lore the humblest may command,  
Its science all may demonstrate.

It age to endless age extends,  
Its riches fill an open purse,  
Its art all beauty comprehends,  
Its galleries the universe.

There justice every wrong unfolds,  
Nor spares the learned nor scorns the fool;  
Its only court man's conscience holds,  
Its only law the golden rule.

There wealth for favor finds no mart,  
Nor greed a place for avarice;  
Its temple is the gentle heart,  
Its ritual unselfishness.

There each the other's burden bears  
In one unbroken brotherhood,  
And pure desires count for prayers  
And creeds consists in doing good.

There friends no unkind judgment speak,  
Nor think with malice of a foe;  
Misunderstood, they turn the cheek  
Rather than answer blow with blow.

Not in some poet's painted rhyme,  
Nor in the vision of a seer,  
Is found his only place and time,  
His reign is now, his reign is here.

Not in some distant paradise  
Awaits the heaven we would share,  
For lo, his glory round us lies,  
Who serve him find him everywhere.

His kingdom, boundless to our ken,  
Is life, all selfishness above;  
His throne is in the hearts of men,  
His name, in heaven and earth; is Love.

SAM GREENWOOD.

**Flies!**

**Flies!**

"What a nuisance."  
Yes, and worse than that—  
a positive danger  
Modern Medical Science  
tells us that many mysterious

**CASES**

**OF**

**FEVER**

are caused by flies feeding on malarious pools or dead carcasses and then coming into your houses and alighting on your persons or your food.

Screen your doors and windows and keep out all you can. Then go to

**E. L. NASH.**

and get some of the catch 'em alive Stickey Fly paper and free your house of the dangerous pests.

**A**

**Grand**

**Opportunity**

To any one who needs anything in the line of furniture, I have, parlor suits of different kinds, ten different styles of chamber suits. A large assortment of side boards, ext. tables, lounges, couches, easy chairs, easy chairs on platform rockers, bamboo and oak easels, the latest secretary and book case combined, ladies secretaries, spring roller blinds and curtain poles, woven wire, wool top, excelsior, and flock mattresses, a fine line of rattan and other chairs, chandeliers, hall lamps; parlor lamps, and large brass store lamps, mantle mirrors, hall racks, feather, flock and excelsior pillows, bolsters, waggons, carts, wheel barrows and rocking horse for boys, iron and panel beds, wash stands, kitchen tables, dry sinks, toilet sets of different kinds, step ladders, camp stools, pictures and picture framing.

Now you see I have everything you need in the line of house furniture. These goods must be sold in order to make room for my fall stock. Repairing and cleaning furniture a speciality and now is the time to get it done before the fall trade sets in.

**J. S. Meisner**

241 BARRINGTON STREET, HALIFAX, N. S.

ENGLISH TILE HEARTHS AND TILE AND MARBLE FLOORS

W. A. Gaetz, Lunenburg; Mont Zwickler, Mahone Bay; Jas. H. Wentse, Silvey's Cove; A. G. Carder, New Germany.

**CANNED GOODS**

VEGETABLES.  
Corn, Peas, Beans and Tomatoes. Only 10cts a can.

**FRUIT**  
Peaches, Plums, Pears, Apples, Crabapples, Blueberries and Strawberries, best brands at lowest prices.

**Cooks Branch**

**KEPT IN STOCK**

AT

**ROUNSEFELL'S**

**DRUG STORE**

A fine assortment of hair, tooth, nail, and clothes brushes, combs, tooth powder, paste and lotions, perfumery, soaps, sponges, spices, essences etc.

Just received a beautiful and varied stock.

"Souvenirs of Lunenburg." Call and inspect.

**S A ROUNSEFELL**

**BICYCLES.**

The largest and finest stock in the province by the following great makers, viz.:

**THE REMINGTON**

Made by the Remington Arms Co., established over 50 years.

**THE LOVELL DIAMOND**

Established over 50 years

**THE MONARCH**

By the Monarch Cycle Co., makers of 40,000 wheels yearly. Some good second-hand wheels at bargains. Will sell on installment if required.

Repairs by First Class Mechanics. Bicycle Sundries Etc.

**THE W. H. JOHNSON CO., LTD.**

157 Granville St., Cor. Buckingham.

Opposite John Silver and Co's.

**TO WHOM It May Concern!**

People who are looking for cooking and room stoves would do well for themselves to examine my stock of

**"SOUVENIRS"**

The like of them have never been shown in this town. Buy a "SOUVENIR" and the pleasure and comforts of your house will be assured, and your

**FUEL BILL**

REDUCED TO A MINIMUM

**Frank Powers.**

**JOHN B. YOUNG**

COMMISSION MERCHANT

AND DEALER IN

Flour, meal, feed, etc.

Also a large stock of paints and oils, always on hand, and selling at prices remarkably low.

I will also have in stock and be prepared to supply to the public at lowest prices, the best qualities of soft coal.

Please reserve your orders

**J. B. YOUNG.**

**GRIFFIN & KELTIE,**

MONUMENTAL SCULPTORS

241 BARRINGTON STREET, HALIFAX, N. S.

AND IMPORTERS OF

ENGLISH TILE HEARTHS AND TILE AND MARBLE FLOORS

W. A. Gaetz, Lunenburg; Mont Zwickler, Mahone Bay; Jas. H. Wentse, Silvey's Cove; A. G. Carder, New Germany.

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Corn, Peas, Beans and Tomatoes. Only 10cts a can.

**FRUIT**

Peaches, Plums, Pears, Apples, Crabapples, Blueberries and Strawberries, best brands at lowest prices.

**Cooks Branch**

**CENTRAL RAILWAY.**

Time table No 4 (Subject to change without notice.) Commencing Monday Sept. 28th, 1896.

Trains going North—Read Down.

Trains going South—Read Up.

STATIONS

ACCOMMODATIONS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

HALIFAX

BRIDGEWATER

YARMOUTH

ST. JOHN'S

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

HALIFAX

BRIDGEWATER

YARMOUTH

ST. JOHN'S

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

HALIFAX

BRIDGEWATER

YARMOUTH

ST. JOHN'S

**DR. H. H. MACK, DENTIST**

Will be in Lunenburg during the months of March, April, June, August, October, November and December.

**RHODES, CURRY & CO.**

DOORS, SASHES, BLINDS, MOULDINGS and all kinds of BUILDING MATERIALS

**CHURCH WORK A SPECIALTY**

Write for prices to RHODES, CURRY & CO., Amherst, N. S.

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OFFICES: Corner of King and Montague Streets, Lunenburg, N. S. Agent of Imperial Fire Insurance.

**JAMES A. McLEAN, Q. C.**

(Late of Owen & McLean), JUMBO BUILDING, BRIDGEWATER, N. S.

Money to loan in large and small quantities. Fire and Life Insurance.

**DR. C. C. AITKEN, M. D. C. M.**

Physician and Surgeon, OFFICE: Residence of his father late Dr. Aitken.

PELHAM STREET, LUNENBURG, N. S.

**COFFINS AND CASKETS.**

DESIRE to inform the public that constantly keep in stock a full line of COFFINS, CASKETS, and SHROUDS and all other materials used in burying the dead.

EMBALMING and SHAVING executed short notice. Goods and prices to suit the circumstances and wants of all favoring me with orders.

ELI HOPPE, Undertaker.

12-12

**ALBION HOTEL**

22 Sackville St., - Halifax, N. S. James Grant, Proprietor.

The Albion is large and airy and the most central hotel in the city, near the Post Office, Custom House and principal banks.

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**OWEN & RUGGLES,**

BARRISTERS SOLICITORS, CONVEYANCERS ETC. REAL ESTATE AGENTS, UNITED STATES CONSULAR AGENCY, URUGUAYAN CONSULAR AGENCY.

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FIRE INSURANCE AGENTS, LIFE INSURANCE AGENTS, COLLECTIONS MADE THROUGHOUT CANADA AND U. S.

LUNENBURG, - NOVA SCOTIA

**JAS. H. BROWN.**

STONE MASON, PLASTERER, Bricklayer, Stucco Worker

LIME, PLASTER & CEMENT, always in stock at lowest market prices. Address JAMES H. BROWN, Lunenburg, N. S.

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TELEPHONE, No. 20.

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