

meditate it often, we must penetrate ourselves with the motives that induce us to approach the Holy Table : saying with great conviction : Verily and in truth, daily Communion is the dream of Jesus Christ, the wish of the Church, the supreme interest of our souls, and the ideal towards which our lives should tend.

Daily Communion is the dream of Jesus Christ : For He loves us. And if, as remarks St. Denis, " love tends towards union," necessarily infinite love exacts union surpassing the most intimate human relations. Behold why Jesus wished to unite Himself to us in the Eucharist, unto forming with us one, and a same body and a same blood." But this union that He desired so perfect does not His love evidently crave it as frequent as possible. Since He Himself tells us : His delights are to be with the children of men," I am sure to please Him by going to receive Him every day.



I AM THE BREAD OF LIFE.

It is the dream of Jesus Christ : For the supreme aim of all His mysteries is to communicate His divine life to us. He declares it Himself : " I am come to give you life and to give it more abundantly." It is by the Eucharist He imparts life to the world. He tells us " I am the Bread of Life. Whosoever eats of this Bread shall live forever." " Unless you eat My Flesh and drink My Blood you shall not have life in you." Assuredly Baptism and Penance have already imparted this divine life ; but God does not wish us to remain like new-born