

accessible by steam ferry-boats, which run regularly every fifteen minutes, until eleven o'clock at night. There are several fine private residences belonging to Halifax merchants, and about half a mile from the town is the Mount Hope Insane Asylum, a long granite building, from which a grand view of the harbor can be obtained. Visitors are shown through the institution on Tuesdays. Dartmouth has 4300 inhabitants, and has several factories and foundries. The Skate and Cordage factories give employment to a large number of operatives. A large Sugar Refinery was built some years ago, but not proving profitable, has ceased operations. Cow Bay, one of the finest natural watering places in America, is about ten miles from Dartmouth. The Atlantic rolls in on its long stretch of hard sandy shores, affording excellent facilities for surf bathing. All visitors to Halifax should visit this delightful summer resort.

On the ramparts of the Citadel there are signal staffs, and when a vessel is made out at Sambro, information respecting her is telegraphed to the Citadel, and repeated to the citizens by a series of signals. From the Citadel a ponderous cannon keeps us up to time by belching forth at noon and half-past nine at night, which is a warning to "our brave defenders" that they must get home to barracks.

The view from here is varied and interesting. The island from which Meagher's Beach juts out is McNab's, on which is the military range. It is a popular resort for picnic parties. Back of McNab's is Lawlor's Island, on which is the Quarantine Hospital. George's Island, about 1800 feet from the shore, is quite pretty. It was named as a compliment to George III. There is a powerful modern fortress containing heavy guns. This position is a key to the harbor, and with Fort Clarence, could successfully prevent any foe from entering the harbor. Looking down the western side of the harbor are seen the Wellington