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TORTURED FOR **NEARLY TWO YEARS**

Mrs. Poulin Found Relief in Dodd's Kidney Pills.

Rheumatism, Backache and Headaches Were Her Portion, But Now She is a New Woman.

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The speaker is Mrs. Oliver Poulin, of this place, and her numerous friends here fully verify her statement.

"For nearly two years," Mrs. Poulin continues, "rheumatism tortured me. My back and head also ached. My eyes were puffed and swollen. I am sixtythree years of age, and you can see I was a pretty sick woman. But Dodd's Kidney Pills cured me."

Mrs. Poulin is only one of many who have had a similar experience. They were weak and run-down, and sick all over. Dodd's Kidney Pills cured them. How? Simply by curing the kidneys. The diseased kndneys were the cause of all the trouble. They were failing to strain the impurities out of the blood, and the result was disease all over the body. Dodd's Kidney Pills cured the kidneys, the impurities were strained out of the blood. The result was pure blood and good health all over. The cause of the disease had been removed.

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soul. We ourselves have much to do with determining what our future shall be. That pillar erected by Absalom in the flush of youthful pride might have turned out a fitting monument. It was his own perfidious ambition that spoiled the prospect, and exchanged the splendid cenotaph for a grave of shame. No doubt the actual self is prone to lag behind the ideal self. But if the finished picture in the inner room of consciousness is not reproduced, in strong outline at least, upon the wall of life, we shall feel some day a keen regret that we ever looked upon its reproachful beauty. Vision becomes embarrassing, and at times tragic if we persist in being disobedient to it.

A Domestic Scene: A Father Reading the Bible.

Mrs. Hemans.

Twas early day, and sunlight streamed Soft through a quiet room, That hushed, but not forsaken seemed, Still, but with nought of gloom. For there, serene in happy age, Whose hope is from above, A father communed with the page Of Heaven's recorded love.

Pure fell the beam, and meekly bright, On his grey, holy hair, And touched the page with tenderest light,

As if its shrine were there! But oh! that patriarch's aspect shone With something lovelier far—A radiance all the spirit's own, Caught not from sun or star.

Some word of life e'en then had met His calm, benignant eye; Some ancient promise, breathing yet

Of Immortality! Some martyr's prayer, wherein the glow Of quenchless faith survives: While every feature said—"I know That my Redeemer lives!"

And silent stood his children by, Hushing their very breath, Before the solemn sanctity Of thoughts o'ersweeping death. Silent—yet did not each young breast With love and reference melt? O! blest be these fair girls, and blest That home where God is felt!

In this poem we have a picture of a patriarch poring over the sacred page. It is early morning, and his snow-white hair is touched by a ray of the rising sun as it streams through the lattice. But as he reads the promises his face is radiant with another light—"the light that never was on sea or land." Under the spell of the Unseen he wist not that his face shone. He is nearing the end of the journey, and the light from the farther shore is reflected in his transfigured countenance. He has the assurance that one day he will see his Saviour and her whom he has "lost awhile." His children, witnesses unseen to him, feel that the place whereon they stand is holy ground.

Although not exactly similar, the student of these verses will find it profitable to read in connection with them Burns' "Cottar's Saturday Night," for the subject suggests the oft-quoted lines.

"From scenes like these old Scotia's grandeur springs, That makes her loved at home, revered

abroad."

To be brought up in the atmosphere of such a home "where God is felt" and where the Unseen is recognized as the real is a priceless heritage, for there is a spiritual heredity whereby blessing, not less than iniquity, is conveyed "to the third and fourth generation" of them that love Him and keep His commandments. There is no legacy to be compared with the dowry of the Spirit.

Spirituality and Culture.

We were discussing the condition of a mutual friend: "Doctor," I said, "that disease runs in the family; he has inherited it from his father,"

"A man cannot inherit a disease,"

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Do you have to spit often?

Are you worse in damp weather?

Do you blow your nose a good deal?

Are you losing your sense of smell?

Are you losing your sense of smell?

Does your mouth taste bad mornings?

Do you have a dull feeling in your head?

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Catarrh is more than an annoying trouble—more than an unclean disease—more than a brief ailment. Unchecked Catarrh too frequently destroys smell, taste and hearing, and may open the door to the most dreaded of diseases. Take it in hand now—before it's too late.

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