

HOME CIRCLE COLUMN

Pleasant Evening Reveries dedicated to tired Mothers as they join the Home Circle at Evening Tide.

Now, Mother, if you have been worrying about your thirteen-year-old daughter and treating her as a harem-scum renegade instead of a human being, let me advise you to let this girl in and have her assist you in filling out a score card to determine your rank as a mother of such a daughter. Perhaps this will help you to be more patient with her and it may suggest ways whereby you might improve your record. Have her help you as follows:

1. Taking proper care of your own health.
2. Status as a home companion and guide for the children.
3. Attitude toward the school, the church, and the community.
4. Reasonableness in matters of dress and personal appearance.
5. Patience in dealing with the daughter's peculiar desires and tastes.
6. Motherly guidance in the performance of house work.
7. Informing the daughter as to the secrets of life.
8. Home instruction in regard to thrift and frugality.
9. Attitude toward daughter's future marriage and motherhood.
10. Womanly disposition toward society and the nation.

The idea of the first point is to emphasize the fact that the care of personal health is fundamental for motherhood. A sick mother is scarcely ever fair and just in her treatment of the young daughter.

Point two is intended to emphasize the need of furnishing home entertainment and sociability.

Number three indicates the need of connecting the home training with that of the great institutions co-ordinate with the home.

Some mothers dress too shabbily, others too gaudily to be helpful guides and companions to their daughters.

Every growing girl has a right to her own peculiar fads and fancies, her pastimes and her avocations. Not every mother recognizes this right.

Some mothers hold their girls over-much upon the humdrum of house work and make them sick of it all. Others cheat and spoil their daughters by teaching them none of it. Every girl has the right to be taught how to perform all the common duties of house-keeping.

Mothers should impart to their daughters the simple elements of personal hygiene and should tell enough about the origin of life to satisfy curiosity.

The best home instruction as to thrift and frugality for the daughter is that given by means of precept illustrated by concrete example in the management of the family budget. The housekeepers of America spend many millions of dollars per day. They need much early

instructions in order to become able to handle these vast sums economically. Score closely here.

The welfare of the nation depends upon the integrity of the common family, and this in turn is very closely related to the compatibility of the man and wife. The mother who is not prepared to teach her growing daughter how to know a good, marriageable man is lacking in her maternal equipment. Of course, much of this training is given in various indirect ways, and is to extend through the so-called teen years of the girl's life.

To mothers largely is due the formation of their children's character. If she is vain and frivolous, wanting in those strong qualities of heart and head, the children will likewise imbibe much of her nature; but so much has been written on a mother's great influence over her children that there is but one little thought left to be said. To the toiling and careworn mothers all over the land our heart goes out in deepest sympathy, and I would say where you have good comfortable homes consider yourselves happy, and hold yourselves up with as much dignity as the queens of the earth, for who has a fairer right to the good things of earth than you?

Our sense of the value of the family needs to be revived and roused. The family, the great institution of paradise the scene of purest love, the nursery of infancy, and the stimulant and shelter of all the virtues! Each man and woman has a duty to this end. A homeless civilization is sure to be a satanic one; the vices will flourish and the virtues be nipped by the untimely frost. Back of the good man must needs be the good household. Here and there may be a saint and an apostle won from the dens of vice; but, unless the den be reformed, a miracle only can insure the safety of the new convert. In the future, as in the past, the solid and reliable men, and women, the leaders in business and society, will be found in the quiet and holy homes of the land.

People who have warm friends are healthier and happier than those who have none. A single real friend is a treasure worth more than gold or precious stones.

All success is a series of efforts, in which, when closely viewed, are seen more or less failures. The mountain is apt to overthrow the hill, but a hill is really nevertheless. If you fail now and then don't be discouraged. Bear in mind it is only the part and experience of every successful man, and the most successful men often have the most failures.

Re-Invest War Bond Interest in War-Saving Stamps

Holders of Canadian War Bonds in Canada will draw nearly \$60,000,000 in interest this year. What will they do with it? If they are wise they will re-invest a large portion of it in War-Saving Stamps. It is of the utmost importance to the country that they should do so.

Of the more than 1,000,000 holders of Canadian War Bonds, probably not 10,000 were owners of Canadian government securities before the outbreak of war. Ninety-five per cent of them had never invested in securities of any kind. The great majority probably were not regular savers.

If they do not re-invest in War-Saving Stamps at least a portion of their War Bonds interest, there is grave danger that they may be lost to the large army of savers which it is desired to recruit in Canada. This would be a misfortune both to themselves and to the Dominion.

The burdens following the War are so heavy that no person can afford to waste money. Those who do so take a long chance. Not only should people save, but they should also put their savings into a security of unquestioned value that will pay well and they can get nothing better than War-Saving Stamps.

Wife Soon Followed Husband

The death occurred on Tuesday, March 18th, of Susannah Colbert, widow of the late Thomas Maguire of Siltville. She had been ill only a short time and her death coming so soon after that of her husband, which occurred only about five weeks previous, was a shock to her many friends and relatives throughout the country. Deceased is survived by two sons and two daughters namely, Mrs. W. J. Armstrong, of Kinburn; Mills of Ottawa; John and Florence at home.—Carp Review.

The Earning Power of Small Savings

If a person through the use of Thrift and War Savings Stamps saves 25 cents a day and allows this money to accumulate for 10 years, then, on the 1st of January, 1920, that person will be able to draw out \$1,152.62.

If this person continues to save in this manner for 20 years then in 1939 he or she may draw \$2,953.30.

If the process were continued for 30 years then on January 1, 1949, \$5,766.68 could be withdrawn.

For a good return over a long period it is difficult for the average person to get anything better than an investment in War Savings Stamps.

RICH STYLE OF OPERA CLOAK



This is a distinctly new and effective opera cloak of lustrous black satin, with bands of black velvet placed near the skirt edge and on the cuffs. The collar is a broad band of mink.

IF YOU WISH TO LOOK YOUNG

Careful Attention to the Hair is Decidedly Important, Advises an Authority.

If you expect your hair to be fair to you then pray be fair to your hair. If you expect your hair not to make you look any older than you are, and to lend itself to becoming arrangement, then remember that there are certain indulgences and attentions that you owe to your hair, writes an authority.

One thing American women don't do very often, and they really ought to, is to let their hair hang down loose. The English woman will take the pins out of her hair and let it ripple unconfined over her shoulders every chance she gets. If she takes a little mid-day nap she is not content unless her hair is down and she really enjoys giving her hair a sunbath when she finds a little leisure on a winter's day and a sunshiny window in which to do it.

On the other hand, American women are more fastidious about washing their hair than are any other women. They should remember that sometimes an air and sun bath is as beneficial as a water and soap bath.

Even oldish women's hair has a wonderful way of restoring itself to health if it only has a chance. Sometimes what it needs more than anything else is seeming neglect. For women had lustrous and luxurious tresses before there were any hair-tonics and restoratives and electric massage. And if you notice it is not always the woman who devotes the most time to hair treatment whose hair is thickest and in best condition.

One of the worst things that you can do for your hair is to keep it forever confined under a hat. That is the way the housewife so often has better hair than the woman whose duties keep her very much dressed for the street. Another very bad thing for the hair is to overdo the hair-curling process. Some women as soon as they take out the pins that confine their hair in one position all day, after a hurried brushing, twist it into kids or other curling devices that restrict just as much as does the day time position. There is hardly a time when the hairs are not being given more or less strain, hardly a time when they are allowed the free play of air and ventilation.

And of one thing beware—that is, the hair dresser and shampooer you cannot vouch for. In fact she must be more than superficially clean. She must practice as thorough sterilization of her implements and her hands as we expect from the dentist or surgeon.

COATS FOR LITTLE MISSES

Chinchilla Cloth, Cheviot Serge, and Fur Trimming are Favorites—Capes Not Practical.

Chinchilla cloth is always a favorite and the gray chinchilla coats have been fitted this year with small gray squirrel collars, making them extremely good looking. For general wear these heavy coats will be found smart and practical.

Cheviot serge is a new fabric this season. It is made up only in dark blue and has a rather wide, heavy stripe which will not always recommend it for a small child, though it is stylish. The dressier coats for little girls are made up in velvet, but the broadcloths in the soft, pretty baby shades are more favored.

A trimming of some sort of fur, in very narrow banding, dresses these cloth coats beautifully, the dark fur contrasting handsomely with the light colored material. A favorite color is rose, next in popularity being the lovely blue known as Belgian.

Military capes for little girls are seen, but as it is hard enough to keep small folks warm in the tightest fitting garments the capes are not practical. Heavy coats of fur are very smart, nutria especially and gray squirrel being most desirable.

Compensation

Norah and Pat were reading an article on the law of compensation. "Just fancy," exclaimed Norah, "according to this, Pat, when a man loses one of his senses another gets more stronger. A blind man gets more sense of hearing and touch—" "Shure and that's true," interrupted Pat. "O'fve noticed it myself. Now, Mick Sullivan has one leg shorter than the other, but shure the other's longer!" —Pearsons Weekly.

But it "Ain't"

A British committee was conducting an inquiry with a view to determining how extravagance in hotels and restaurants could be checked most advantageously. When the question of margarine came to be considered, a member of the committee inquired of the witness, a matter-of-fact waiter, whether that article of food was known in the restaurant business as "margarine" or as "marjorine." "We don't call it neither, sir," the waiter replied. "We calls it butter."

War Savings and Thrift Stamps are now issued in French.

Rheumatism, Kidney or Stomach Trouble and Asthma Promptly Cured

For Rheumatism, Kidney Trouble, Indigestion, Dyspepsia, Biliousness, Sick or Sour Stomach, Bitter taste in the mouth, Loss of Appetite, and Asthma, this medicine has no equal. Two to five doses will cure Sore Back or Sluggish Kidneys.

Corporal W. Lewis No. 305525, 1st D.A.C. at present residing in Eganville, Ont., writes:—"I was 18 months in France and went through the battles of the Somme, Vimy Ridge, Lens, Hill 70 and Passchendaele. On account of Kidney Trouble I was invalided to England. I was treated there for some months in the 5th and 11th Hospitals, and was finally invalided home to Ottawa, where I received treatment in the Convalescent Home. I was finally discharged as being medically unfit for further active service. Having heard of your Victory Rheumatic and Kidney Cure, I decided to try it, and after using four bottles I feel certain it has made me as well as ever, and I am gaining in weight every week. I can highly recommend it to any sufferer from Kidney Trouble as a sure and quick cure."

Mr. W. J. Payne, Renfrew, Ont., writes:—"I had Rheumatism in my arms, shoulders and legs for over four years. At times I was unable to get on my coat without assistance. My kidneys were also in bad shape. Three bottles of your Victory Rheumatic and Kidney Cure completely cured me."

For sale by W. P. Pattie, Carleton Place, M. R. McFarlane, Almonte; L. A. Wilson, Smiths Falls; J. L. Rochester Ltd., Rideau St., Ottawa; or direct from the manufacturer W. F. Ritchie, box 296, Renfrew, Ont.

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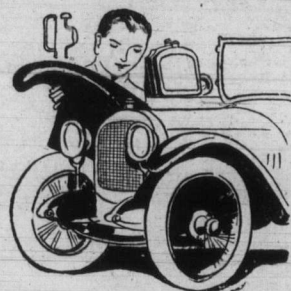
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