OUESTION OF NEXT THE STARTING POINT WINTER'S FUEL

COAL SHORTAGE PROMISES TO BE MORE ACUTE.

tion of labor for cutting on a large doors and to help in the housework, scale. The Provincial Forester, or and from that time on my progress some one working under his direction, was rapid, and in the end I was enjoyabled to the control of the c some one working under his direction, should take the whole matter up vigorously with the respective city and
municipal governments, and assist in
determining the needs of the local situation in each case, and how best to
meet them. A beginning in this direction has already been made in Quebec,
Vou can get these pills through any
Vou can get the pill wang
Vou can get the pill wang
Vou can get the pill wang
Vou can ge medicine if I did not make these facts medicine if I did not make these facts and it is reported that Ontario is offering wood in Algonquin Park free to municipalities and is co-operating with them in organizing production.

The Dr. Williams' Medicine Co., Brockville, Ont.

Brockville, Ont.

Some Suggestions. Experience has shown it is ouite

wood in the following directions:

1. By farmers and rural communities generally, within easy reach of

in stoves or grates to keep and dining rooms comfortable.

6. Using wood much more generally fighters.

But now

OF CONSUMPTION

Lies in Weak, Watery Blood-

Suggestions Given by Commission of Conservation for Relief of Fuel Situation.

The fuel situation is Eastern Can and will be fully as had if not worse next winter, and it is imperative that stays be taken at once to provide substitutes for coal. With an increasing labor shortage in the United States, after the Blood Rich, Red and Pure.

Mean way week and were blood is the starting ploint of consumption. When you who health declines. Your face becomes pastitutes for coal. With an increasing next winter, and it is imperative that stays week and were then do you may settly substitutes for coal. With an increasing next winter will always weak and were then do you may easily step into that hopeless coal for demestic and export purposes and the placing of Canada on 'war-zation's will be fortunate if Canada will be fully as a large supplies of coal as his has a large supplies of coal as his has gray supplied to the supplied of the supplied the new, rich red blood Dr. Williams and his larger supplies of coal as his has large supplies of coal as his has a large supplies of coal as his has little prefent value except which has little prefent value except for fuel purposes. A cord of seasoned which has little prefent value except proposes. A cord of seasoned been characted which has little prefent value except proposes. A cord of seasoned been characted which has little prefent value except proposes. A cord of seasoned early the provide his with the experience of Mrs. T. Brennen, Charl-to-keep little proposes. A cord of seasoned early the provide his with the experience of Mrs. T. Brennen, Charl-to-keep little p prices, the difference in cost is not very great. What is needed now is immediate action on the part of municipal authorities to lay in an emergency stock of wood fuel, both on acade steadily for a lay in a state of the blood fuel, both on acade steadily for a lay in the state of the state mediate action on the part of municipal authorities to lay in an emergency stock of wood fuel, both on account of the shortage of labor for cutting and hauling, and the necessity for having the wood cut to dry during the summer. The city of Winnipeg laid in a reserve supply of 14,000 cords of wood this season, and the mayor results as a spale as a better that operations alto what turned water; I was as pale as a secure the results they do?

We are not doing justice to the rising generation. At the close of the war, Canada will no doubt see an influx of immigrants from the European countries. Their system of industrial training has put them in a position to understand the theoretical side of their thority to know conditions fully, but, we want to secure the results they do?

We are not doing justice to the rising generation. At the close of the war, Canada will no doubt see an influx of immigrants from the European countries. Their system of industrial training has put them in a position to understand the theoretical side of the war, Canada will no doubt see an influx of immigrants from the European countries. Their system of industrial training has put them in a position to understand the theoretical side of their thanks and the secure the results they do?

We are not doing justice to the rising generation. At the close of the war, Canada will no doubt see an influx of immigrants from the European countries. Their system of industrial training has put them in a position to understand the theoretical side of the war. wood this season, and the mayor re-ports this was an important factor in my way did not think I would reach ports this was an important factor in averting a fuel crisis. Ottawa also has decided to establish a civic fuel yard.

Co-operation Needed.

To supplement the efforts of city and municipal governments, co-operation of the provincial governments is, in many cases, essential. Where timber on Crown lands is sufficiently accessible, a special organization is needed to facilitate the completion of arrangements, including the organization of labor for cutting on a large

Brockville, Ont.

shortage by a more extensive use of The Canadians Are Generally Admit-

ted to Carry the Palm. ties generally, within easy reach of wood supplies, making as general use of this fuel as possible, to relieve the demands for coal and freight cars battlefield on account of its conspicubattlefield on account of its conspicuous colors affording too distinct a
target for the enemy. An order was
issued requiring the "Kilties" to wear
a kilt made exclusively of khaki. To
this the Highland regiments, with
their devotion to the tartan, objected,
and substituted for the all-khaki kilt
a khaki apron which hid the conspicuous tartan colors in front.

4. The ekeing out of limited stores ous tartan colors in front.

In stores or grates to keep the living and diling rooms confortable.

In cooling, a superful and state of the formal and believe and pilits with a great as a substitute for a linguisting formation of the formal and believe and pilits of the formal and the formal and believe and pilits of the formal and believe to previously and the formal an



TRAINING CANADIAN YOUTH.

Workers is Imperative.

Probably 100,000 boys and girls

to meet these European countries competition for trade, and, to do so successfully, her manufacturing and other lines of activity must utilize all the conjude to secure this. trained help available; to secure this result it will be necessary to give the most important positions to our for- LEMONS WHITEN AND eigh-born residents. We may then realize, too late, that we have fair to our own children. I training schools with night classes should be a part, and an important part, of all educational work, and attendance of pupils, up to at least 18 years of age, should be compulsory.

breast, A soldier, through and through.

materially relieve the coal WHO ARE THE BEST FIGHTERS? Ye trumpets sound a requiem, Ye red, red waters, cry Your lamentations, coast to coast, And darkness hide the sky;

> Kneel, kneel, ye slaves of high estate, O blue-flower bow your head! A dog that shames an emperor.

WINTER HARD ON BABY

on the baby. He is more or less II host commander into the belief that confined to stuffy, badly ventilated he was attacking an unarmed mer rooms. It is so often stormy that the 4. The ekeing out of limited stores of coal by burfing wood in the day-time, reserving coal for holding the fire overnight.

5. Running furnaces low to keep the house in general only warm enough to prevent water pipes from freezing, and supplementing this by using wood in stoves or grates to keep the living and dining rooms comfortable.

6. Using wood much more generally than at present as a substitute for the war Department again compliance of the war Department again complained that their orders were not being complied with, and to this the fresh air as often as she should. He here catches colds which rack his little system; his stomach and bowels get out of order and he becomes peevish and cross. To guard against this the store and he becomes peevish and cross. To guard against this the become generally accepted that the lighland regiments were the best fighters.

6. Using wood much more generally than at present as a substitute for the merchant vessel and caused him to manocute the mother does not get him out in the fresh air as often as she should. He work his little system; his stomach and bowels get out of order and he becomes peevish and cross. To guard against this the store were not being complied with, and to this the fresh air as often as she should. He herechant vessel were able to send the merchant vessel were able to send the

OLD GENERAL HUNGER.

The Demand for Technically Trained Allied Europe Needs 290,000,000 Bushels of Wheat,

The Food Controller says Allied Eu Lies in Weak, Watery Blood—

Dr. Williams' Pink Pills Make
the Blood Rich, Red and Pure.

Weak, watery blood is the starting point of consumption when your sufficiently for these young needle, watery blood is the starting sufficiently for these young needle, bushel, although Mr. Hoover thinks

the difference between their ordinary, exploses in our ceramic and other industries know why they perform certain operations and why they they do not the vessels they do?

position to understand the theoretical shade of their as well as the practical side of their means of livelihood. Canada will have to meet these European countries in as they are, the food situation is the countries of the coun most serious we have yet had to face. It is only when the ordinary citizen

BEAUTIFY THE SKIN

ary cold cream one can prepare a full quarter pint of the most wonderful lemon skin softener and complexion Yours truly, beautifier, by squeezing the juice of two fresh lemons into a bottle con-taining three ounces of orchard white. Care should be taken to strain the juice through a fine cloth so no lemon pulp gets in, then this lotion will keep

beautifier.

Just try it! Get three ounces of orchard white at any drug store and two lemons from the grocer and make up a quarter pint of this sweely fragrant lemon lotion and massage it deally into the fees need to the sweet and two lemons from the grocer and make up a quarter pint of this sweely fragrant lemon lotion and massage it deally into the fees need to the sweet and two lemons from the grocer and make up a quarter pint of this sweely fragrant lemon lotion and massage it deally into the fees need to the sweet and times ten thousand steeples what soreness at once and soon the corn or hardened callus loosens so it can be lifted off, root and all, without pain.

A small bottle of freezone costs very little at any drug store, but will positively take off every hard or soft corn or hardened callus loosens so it can be man things, their wild delight at the long hoped-for event! Never in the history of the world will there have been such a day of universal joy.

Minard's Liniment Cures Distemper. daily into the face, neck, arms and hands. It is marvelous to smoothen rough, red hands.

CAMOUFLAGE TRAPS U-BOAT.

Trick by Which British Seamen Destroyed a Submarine.

ACID STOMACH IS DANGEROUS Camouflage by the gun crew of The winter season is a hard one British steamer tricked a German

The Doctor Did Not Do Her Lasting Good

So Mrs. Jos. Roger Used Dodd's Kidney Pills.

Use For Old Sheets.

Being of an economical turn of mind, t has always bothered me to know what to do with the sides of worn-ou sheets which are many times per fectly good when the center will thoroughly worn. This summer I con-ceived the idea of making them into pillow cases and, as I always make the two hems in my sheets the same width, it was a very simple thing to

Minard's Liniment Co., Limited. may then be been unIndustrial Make this beauty lotion cheaply for LINIMENT a very superior article, your face, neck, arms and hands.
At the cost of a small jar of ordiniry cold cream one can prepare a full would not be without it if the price

CHAS. F. TILTON.

The Perfect Day.

Drying Sweaters.

steam radiator or in an open oven, so from his wholesale drug house that the $_{\S}$ weight does not pull them fine stuff and acts like a charm every out of shape.

MOST FREQUENT CAUSE OF

CHRONIC DYSPEPSIA.

You must neutralize the acid in your stomach, says Doctor,

or give up eating sweets, meats, potatoes and salads

and quit drinking tea, coffee or liquor.

Tank Possibilities.

Tanks (says a correspondent of the Evening Standard) are the popular subject of the moment, and every kind of rumor is abroad regarding their development. It can be no secret that the type goes on improving. Colonel Stern, who has been responsible for the production of the Tank, has always been most insistent in their has always been most insistent in their possibilities. It will be remembered that he recently changed his job from Director of Tanks Production for similar work in the Overseas and Allied Department. It is understood that the United States has been greatly im-pressed with Tank possibilities. A pressed with Tank possibilities. A concerted movement of production by England and America might have

Minard's Liniment Cures Colds, Etc.

Fresh Air Without Draught. As storm windows interfere with entilation in sleeping-rooms tack the cheapest grade of unbleached muelin protects the wire from the weath

MONEY ORDERS It is always safe to send a Don Express Money Order. Five dollars costs three cents.

out a suggestion of cold draught.

Rabbit hair is supplanting wool in the felt hat making industry of Australia, where there are thirty factories n operation at present making of rabbit fur for this purpose. I said to be superior to the finest mer-ino, and millions of rabbit skins are made use of annually.

Sore Eyes, Eyes Infamed by Sun, Durk and Wind quickly relieved by Murine. Thy it in YOUR EYES Mosarting, Just Eye Sun, Sure Eyes and in Baby's Eyes. Murine Eye Remedy At Your Druggiet's, or by Murine Eye Remedy At Your Druggiet's, or by Babyes, in Tubes Sto. For Book of the Sys - Free. Ask Murine Eye Remedy Co., Chicago 2

The demand for fruit will be great or greater than ever because prosper ity will prevail and that means that Good things to eat means fruit.

YES! LIFT A CORN OFF WITHOUT PAIN

Cincinnati man tells how to dry up a corn or callus so it lifts off with fingers.

You corn-pestered men and women juice through a fine cloth so no lemon pulp gets in, then this lotion will keep fresh for months. Every woman knows that lemon juice is used to bleach and remove such blemishes as freekles, sallowness and tan and is the ideal skin softener, whitener and bells will ring out, as if they were husbard states that the corn or callus, stops soreness at once and soon the corn or bells will ring out, as if they were husbarded eslives been dead are the state of the

is inexpensive and is said not to irri-

After washing sweaters do not hang them up to dry, but place them on a tell him to get a small bottle for you

and Healed by Cuticura Trial Free Bathe freely with Cuticura

ment. Use night and morning. For pimples, redness, roughness itching and irritation, dandruff, itchin scalp and falling hair, red, rough hands and baby rashes, itchings and chafings, these fragrant, super-creamy emo are wonderfully effective

Sample Each Free by Mail. post-card: "Cuticura, Dept.N, Boston, U. S. A." Sold throughout the world.

TO ALL WOMEN WHU AKE ILL

This Woman Recommends Lydia E. Pinkham's Vegetable Compound—Her Personal Experience.

McLean, Neb.—"I want to recommend Lydia E. Pinkham's Vegetable Compound to a l1 women who suffer from any functional distributions.



disturbance, as it has done me more good than all the doctor's medicine. Since taking it I have a fine healthy haby girl and have baby girl and have gained in health and strength. My husband and I both praise your medicine to all suffering women."—Mrs. John Koppelmann, R. No. I, McLean, Nebraska.

No. 1, McLean, Nebraska.

This famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, has been restoring women of America to health for more than forty years and it will well pay any woman who suffers from displacements, inflammation, ulceration, irregularities, backache, headaches, nervousness or "the blues" to give this successful remedy a trial.

For special suggestions in regard to your ailment write Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of its long experience is at your service.

ard's Liniment Oures Garget in Cows Quebec's forest lands cover an area of over 100 million acres. FOR SALE WEEKLY NEWSPAPER IN WEST-ern Ontario. Doing a good busi-ness. Death of owner places it on the market. A great chance for a man with eash. Apply Box 82, Wilson Publishing Co., Limited, Toronto.

CANCER, TUMORS, LUMPS, ETC., out pain by our home treatment. Write us before too late. Dr. Beliman Medical Co., Limited. Collingwood. Ont. WELL EQUIPPED NEWSPAPER and job printing plant in Eastern Ontario. Insurance carried \$1,500. Will go for \$1,200 on quick sale. Box 69, Wilson Publishing Co., Ltd. Toronto.

MISCELLANEOUS

The Soul of a Piano is the Action. Insist on the "OTTO HIGEL!" PIANO ACTION

Doctors Recommend Bon-Opto fer the Eyes Physicians and eye specialists scribe Bon-Opto as a safe home re-in the treatment of eye troubles at strengthen eyestight. Sold under m refund guaranty by all druggists.

Rheumatic Pains

Are relieved in a few days by taking 30 drops of Mother Seigel's Syrup after meals and on retiring. It dissolves the lime and acid accumulation in the muscles and joints so these deposits can be expelled, thus relieving pain and soreness. Seigel's Syrup, also known as "Extract of Roots," contains no dope nor other strong contains no dope nor other strong
drugs to kill or mask the pain of
rheumatism or lumbago, it removes the cause. 50c. a bottle
at druggists.

