

## SCHOOL PRINCIPALS

"About this time," he might run the household almanac, "expect children to come from school with headaches." No weather predictions could prove more true than does such a prophecy in hundreds of families in our office. Notwithstanding all the discussions upon the subject, and in spite of all the discoveries of advanced science, school rooms, both public and private, are imperfectly ventilated and unhealthily heated; they are either too hot and close, or a draught of cold air pours down upon the pupils. In the exchange of all that common sense and physiology teach parents to continue to improve the health of their

as the ultimatum of education, and to urge on their sons and daughters to obtain it. "Only so many years on your school," says the parent if not the teacher, "and the spirit given by scores of parents, and you must go through all these studies. You have no time to waste." The teachers are often in combination with these parents to bring about the same end; the course is marked out with reward and punishment, with gifts and inducements of various kinds, in the form of marks, prizes, honor rolls, etc., are placed before the pupils to stimulate them. It is true there are some teachers who see the evils of our school system, and would modify it, but the parents interfere, with the remonstrance that they will "lose their standing school no longer," must be maintained.

at although as capable as the average ranks behind her class, she does

ke all the studies, and the fancied  
nor disturbs her mind. Stange, in

it is that in this age of progress the training and education of young girls and boys should not be better understood. The long confinement in close rooms, the short noon recess and hastily eaten lunch, the nervous restlessness for which they are so unjustly blamed, the pale or the unattractively flushed faces, long lessons to be learned out of school hours, weary headaches and disturbed sleep, the nervousness of the children, suffering from health is impeded, they are old before their time. When we see these worn and weary looking little men and women/Mrs. Browning's lines written in view of still sadder cases come to mind:

"For oh," say the children, "we are weary, and we can not run or leap—"  
If there be any more mowms, let us have mercy  
To drive down these mowms sleep."

It is a good time coming, when parents and teachers shall combine to educate children with as much regard to healthful physical as to high mental development; when plenty of fresh air and frequent intermissions shall be deemed essential during study hours; when it shall be considered as important to a child in happy healthful spirits during every day of the school term as to show each day a record of perfect lessons; when it shall be understood that healthy children, properly taught,

through these young men, animal women to see that their own natural eager desire to learn new things. There is too little child life in this age; too natural buoyancy of spirits among pale faced students; too long a list of deaths among the young each year; too many who expend all their energy and vitality before they reach adult age. Have not our educational systems something to do in this matter.

and of violence; railroad officials are slaughtering travellers by tens and scores; hundreds are sunk in the depths of the sea, through sheer carelessness or the want of suitable protection on the part of shipowners and masters; and when these who are responsible for this wholesale slaughter are brought into our courts the utmost that can be recovered for the destruction of a human life is \$5,000. This is a small sum compared with what a fast horse will bring in the market, or what may be recovered when he is killed through the negligence of a railroad conductor or a switchman; or with the price of a first rate cow. Last

tion Ducher (but only a cow) sold at auction for \$40,000, and although the purchase was repudiated she was sold again to an American purchaser for only \$10,000 less. But even this sinks in comparison below the price of dogs in England. A London paper just received states that at a recent dog show in England, A London paper just received states that at a recent dog show at Birmingham "the first prize was carried off by Dr. Stone, of Coleraine, Derry, with 'Dash,' aged two years and six months," aged two years and six months.

Horses, cattle and dogs are marketable commodities and men are not, at the present day, but very recently it was a favourable commentary upon our modern civilization that life of man, who was made in the image of God, should be held so cheap that those who are guilty in taking it away should so seldom be brought to account, when the beasts that perish are rated at such high figures. If there were any compensation in the value that is set upon the human soul, the comparison would not be so humiliating, but there is none. Neither those who commit violent murder nor those who

to lay their cares upon or duty, seem to have any other sense of the nature of lives that they take away, of the souls that they are sending into the eternal world. And this indifference is running throughout society. Without speaking too harshly of the standing convention that holds a dog as worth \$10,000, we need not speak too severely of the recklessness of human life which is becoming characteristic of the age. They have been times, perhaps, when life was greater, when they were the owners of sensitive beings, when they were the owners of human beings, but when life is so cheaply compared

I have been thinking about you  
 lately and wondering how you are.  
 I hope you are well and happy.  
 I am still here, but life has changed.  
 I miss our old times very much.  
 Please write back when you have time.  
 Your friend,  
 John Doe