THE AYLMIR EXPRESS: THURSDAY, JAN. 80, 1908

proper remedies.



Christian Meekness Is Not a Sign of Weakness

Blessed are the meek, for they shall bears the brunt of battle really knows essents the land.—Matthew v. 4. the danger of the fight, so also it je The world does not esteem meekness.

This virtue is looked upon as imprac-ticable because it is held as a negative quality among the forces required of cal living. The error most persons make is in identifying meekness with weakness. But Jesus Carist would not have counness can come from flying from your fellow men or by living a life of do seled meekness as one of the finer qua-lities of life if it were a drawback to

truggles. H is not reasonable to sup-tose that He would have placed a heavy and deap on those who seek to follow struggles after Him. indeed. Christ left us in His own

No, indeed. Christ left us in His own life a beautiful example of what meek-ness may accomplish, and yet He was one of the bravest of men in that He laid down His life for His friends. The scriptures, too, tell us that "Moses was

WITH LOYNG ACTIVITY.
 If a be address of the parket of mean in that is not only useless—it is wrong.
 If a be address of the parket of mean in that is not equivalence on the submission, surrender nor submission, sur

THE SUNDAY SCHOOL

INTERNATIONAL LESSON, FEB. 2.

Lesson V. Jesus the Saviour of the World, Golden Text: John 3, 16, THE LESSON WORD STUDIES.

Based on the lext of the Revised Ver-

n. Festimony of Nicodemus.—The minisration of Jesus to the people at Jeru-salem on the occasion of the Passover season was accompanied by many mira-cles with the result that the beginnings of a deeper faith in him were manifested

in not a few of those who heard him speak and who beheld the miracles which he performed. It is John's purpose, Rowever, to show at this point in his

ring only here and in 1 John 1. 6. Here used in contrast with the expression "doeth evil" in the preceding verse. Wrought in God—There is a divine element in every right and holy human action.

GIRL LUNTS SWEETHEART.

Searching for Her Poor and Proud Lover Amid Mining Camps.

Among the hills of Northern Idaho.

searching the lumber and mining camps for her sweetheart, who has been missthe danger of the fight, so also it is only the man of strong impulses that knows the difficulty of conquering them. "Do thy work in meekness," says Ecclesiasticus, "and thou shalt be be

Ecclesiasticus, "and thou shalt be be-loved above the glory of men." It is, moreover, a mistake to fancy that meek-It is, Northwest. Miss Williams declines to give the

name of her fiance, nor will she divulge any information other than that her husband-lo-be was a farmer in Rhole Island until a little more than a year ago, when the mining fever touched him and he went to Mexico, sinking his earnings in a property which turned out a poor venture. Then he was forced

to toil at ordinary labor. Too proud to return to his old home

In the acquirement of meekness nei

nothing, for meekness is not to be found

WITH LOVING ACTIVITY.

roud to return home after having hade a poor investment in Mexico,' fiss Williams said a few days ago, cverthrow.—Youth's Companion. oncerning the kingdom of God, that led

kingdom of God.
6. Flesh-Signifying not merely the hedy, but its faculties, its appetites, and desires as well, "the whole equipment with which nature furnished man for life in this world."
8. The wind bloweth-A clause sometimes translated "the Snick Learning here the here." kingdom of God. An extraordinary story of a sequel to

Wigan the previous morning and setting me out for Bristol, where he was going to spend his honeymoon. On the way he missed his wife, though he was unable to remember how this happened. Finding himself in a strange place. times translated "the Spirit breatheth,' since the words for "wind" and "spirit"

PE-RU-NA PROMPTLY RELIEVES HEALTH A Case of Dreadful Suffering Which ***************** Had Continued For Months. THE BACKWARD CHILD. An Account of a Remarkable Recovery Given By Mr. Alfred Wood, Teacher of Do you number among your brood that most tragic of all created beings-a "backward" child? If you do, does that child seem, as backward children a Private School at Launceston, Tasmania. generally do, prompt to mischief but slow to all else? Is he, though appar

ently impervious to reproof, abnormally swift in resentment? You say that, although the other children could read before they had reached his age, he is still stumbling over his letters in a kindergarten; that he cannot lace his shoes or wash his hands or take a message; and finally, that you are in despair. But you need not despair unless you are certain that you have met this state of affairs with its Proper remedies. You have perhaps done what so many parents have done before you-be-scught, scolded, punished, or settled down to a sort of hopeless bickering. All this is not only useless—it is wrong. Modern science, with its great and ever-growing interest in infant psycho-logu and pedegreics has demonstrated

Mr. Alfred Wood, who has a private school at 22 Frederick street, Launceston, Tasmania (Australia), has been a teacher for 37 years under the Educational Department of Tasmania. He writes, concerning his wife's case, s follows:

"My wife was suffering for months from gastro-enteritiz, and was given "By good fortune I was induced to try Peruna in her case, and I can truth-

fully state that from the first dose her *dreadful suffering* ceased; and after taking five bottles she is *permanently cured*."

HOW does Peruna make such extra-ordinary cures as above recited? By simply arousing the forces of Nature to throw off the diseased action. A great many cases like that above re-ferred to have found Peruna of untold Peruna contains no magic and does not operate in any mysterious way, but value when no other help seemed of any it does help Nature to combat disease. avail. and thus many times comes to the res Pe-ru-na For Indigestion. cue of the patient in some important Mr. Donald Robb, Jr., 16 Wrights Ave., Halifax, Nova Scotia, member

crisis. There is always a time in the course Independent Order of Forresters, writes: of any disease when a little help goes : "While on a visit to Boston, I must great way. Just as the scales are beginning to dehave eaten something that did not agree

with my stomach, as a terrible case of indigestion followed. "Peruna was recommended to me and after using three bottles I was scend, when one ounce more would de-termine the fate of the patient, a little lift will turn the scales in favor of the

entirely cured. "I therefore recommend Peruna to any patient. Peruna is a handy medicine to have in the household.

one suffering with stomach trouble. Mr. Chas. Brown, Rogersville, Tenn.,

It helps many diseases by *imparting a* natural vigor to the whole system. As a tonic or catarrh remedy, its repu-

Fashion Hints.

In making garments of thin matchais, models, if the edges of the seams are laid even and run through a narrow henimer, a French seam is easily made with a flaction of the ordinary trouble and selves su

vrites: "A friend advised me to take Peruna tation is well established all over the for indigestion and it cured me in a short time." becoming to short figures; the trim, trig military coat and the smart, well-fitting culaway wraps, to say nothing of the modified prince chap, the three-quarter length, snug-looking, tight-fitting and buttoned the whole way, and the same model with the lengt west to choose model with the long vest, to choose from. The three first mentioned, how-ever, are those most in favor at the mo-

The striped is liked best made in the hip or half-length designs, semi-fitting, and suggesting jourtiness. There is something glriph and chie about such models, especially when beautifully

The military coat must be made from

the failure of the dri to get together. He disappointment is all nant as he knows the ing the third Doums eye. Instead of labor skepticism, he charge falling into disreput. sloth. In closing, h thoroughly pessimisti-to the Douma."

St. Petersburg, Jan demic of influenza ha Imperial family. Grand Duke Alexis the Emperor's only so sisters, all have been contribution of the heir a plicated by an inflam ear, and Prof. Simai cialist in aural disea summoned to Tsarskoe him.

Czar's Family Gr

TO KNOCK Virtual Emascu fect of Bill

Winnipeg, Jar lation of the fu peg Grain and the intent of a introduced in t

introduced in t ture as a Govern Hon. R. P. Robl It is stated th drafted to suit Manitoba Grain

Manitoba Grain who last year 1 tempt to prove of an illegal con of trade. Last s grain men and f der Government

some agreement at regarding ame ter of the exchan

ter of the exchan grain growers. I its pledge to care dations of this c ers being in the recommendations did not meet with grain men. The are now embodie Mr. Roblin is int The salient feat the abolition of mission rule 1 amendment of t eving any excelle

amendment of t giving any expelle to appeal to a 1 within twenty day and to retain his s till the judge har ion; any person or which is refused ground of not bein right of appeal to In addition to the

In addition to the ment contains seve able clauses, inclu-fact that the publi-trading-room and wheat at any time. gards this as princ owner of its own The exchange has agricultural commi-ture, but there is 1 protest being enter constitute the majo The members a close the wheat p business temporaril through, for the p to the farmers that ize the highest pri-ducts without the exchange.

Despairs of

St. Petersburg, Douma's slowness i duties as a Legislat ated a bad impressic country, particularly herents of moderate

The feeling has take usual chastisement c bers of the Douma by its president, in an

Vovee Vremva, in ient complains in a tones of his inabil Douma into any ser mentary efficiency. 1 indifferences shown

per of the members hardly ever cross the ride Palace. Although three mo

ed since the opening

the Douma has sca consideration of the

of local courts and while eleven minor h passed, have been h the failure of the dr

him to misunderstand the statement of Jesus concerning the necessity of being bern again. 5. Born of water—The outward sign of cleansing by which confession is made cf one's need of a similar inward grace. And the Spirit—The more important element in personal regeneration. Un-less a man's inner spiritual life wholly changed by a power from above, that of the Spirit of God, he cannot, even though he be a son of Abraham according to the flesh, enter into the kingdom of God. but in certain physical symptoms, and it is through ignorance of this fact that the health limit is so frequently

A Christmas Eve mariage came to light at Bristol, England, the other day. About 10 a.m. a man went into a Bris-tol postoffice and stated that he had not only lost his memory, but had lost his bride. He remembered being married at are warned by an unusual flushing of the temples. Strange sensations in the pit of the stomach—somewhat akin

<text>

divine authority. These signs—Referring not only to the authority Jesus had assumed in his act of cleansing the temple but to other acts of cleansing the temple but to other acts condensed form a very comprehensive of cleansing the temple but to other acts and miracles also not mentioned speci-fically but suggested in verse 23 of the preceding chapter. 3. Vertly, vertly—Lit, "amen, amen," ut expression used for solemn emphasis, and when preceding the clause or sen-tence it is intended to emphasize trans-intended as in our text. When following the lite correlation the model is and explanation to the sentile of the other transition to the sole of the other sole of the other divine purpose which provides salvation did eternal life for all who believe on the sole of the other sole of the other divine purpose which provides salvation the term of the provides salvation the sole of the other sole of the other sole of the other divine purpose which provides salvation the sole of the other sole of the other sole of the other divine purpose which provides salvation the sole.

Une Son. 18. Judged already—The life and ex lated as in our text. When following the thought emphasized the word in Eng-lish appears in its original form as "amen." Born anew—Or, "from above." The kingdom of God—Conceived of by

The kingdom of God—Conceived of by Nicodemus as an earthly kingdom, in which the future glory of the Jewish prople sho dd find ils culmination, whereas Jesus clearly had in mind the spiritual kingdom which he had come to establish in the hearts of believers. It was doubtless this wrong conception which Nicodemus, together with the vast majority of the people of his time, had

And Frith to This - Burn some paper flag of the mark for the source confession.
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And the source confession.<

The Grand Duchess na, daughter of Gran Alexandrovitch, and fiz Wilhelm of Sweden, als the disease.

the disease. It is thought the brought to the palace sion of the recent C celebration. At this t dren of the Empere Christmas gifts and r with the soldiers of the

Had Bombs and R

Lisbon, Jan. 27 .- The issued a statement Satur the conspirators in the overthrow the state had volvers, bombs and other had unsuccessfully tried the officers and soldiers the officers and soldiers so that they might bring tiny at the proper mom-ing, the statement says ment has taken all the

Alent has taken all the cessary to guarantee ord ty in the army. Advices received here that all Portugal is calr No further arrests have 1 Lisbon.

Russia Fears Ch St. Petersburg, Jan. 2 ister of War has ordered to of infantry, now statione to proceed to Trans-St. Pet to proceed to Trans-strengthen the garrison i borhood of the Russo-Chi This constitutes the large-troops in Russia since the Japan, and is a plain in the disquieting characte military activity on the p with reference to the Chi relations.

CASTOR sthe Clark Hall ears the