

A. No; it is a gift of God, which we must humbly ask of him, and which can come from no other source.

Q. Would that Contrition be sufficient which comes from sorrow for having offended God, on account of the dishonour, or temporal loss which ensues?

A. No; this would be altogether worldly sorrow; on the contrary, the Contrition which procures the pardon of sin, ought to be *supernatural*.

Q. Upon what motives ought our Contrition to be founded?

A. The following: 1st. The infinite goodness of God, which we have offended. 2d. The benefits of God, and our ingratitude. 3d. The passion and death of Jesus Christ, of which our sins are the cause. 4th. Hell, that we have merited, and Heaven that we have lost.

Q. Ought our sorrow to be great for having offended God?

A. Sin being the greatest of all evils, our sorrow for having committed it should be the greatest of all sorrows, and this is the reason why Contrition should be *sovereign*.