A player shall not:

- (1) Hold an opponent's lacrosse with his hands, arms or between his legs, nor hold, strike or trip him with his lacrosse; run in front of him or interfere in any way to keep him from the ball until another player reaches it
- (2) Hold, strike or trip an opponent, or push him with the hand.
- (3) Wrestle with legs entwined, so as to throw an opponent.
- (4) Touch the ball with his hands, save as in Rule IX, or excepting goal-keeper, as in Rule IX
- (5) Throw his lacrosse at a player or at the bad under any circumstances.
- (6) Move from his position when "time" is called until the ball is again faced.
- (7) Go within the opponents' goal crease, nor shall he check the goal-keeper within the crease.
- (8) Use the check commonly known as the "square" or "crosse" check, which consists of one player charging into another with both hands on the lacrosse, so as to make the stick meet the body of his opponent.
- (9) Jump at, or shoulder, an opponent from behind while running for or after reaching the ball.
- (10) Interfere in any way with another player who is in pursuit of an opponent.
- (11) Kneel, lie down, or drop in front of an opponent when both are in pursuit of the ball.
- (12) Attempt to influence the decision of the umpire.
- (13) Use threatening, profane or obscene language to any player, or to the referee, umpires or field captains, at any time during the match.
- " (14) Forcibly body check any opponent into a fence.