

the nurse steps into the bath and manipulates the patient, at the same time reassuring him.

DEMENTIA PRAECOX.

(a) *Hebephrenic Type*.—Some good has been obtained in these cases by the use of stimulating baths of various kinds. The patient should go to the bath daily, and the treatment should be the same as in neurasthenia and melancholia, and gradually be increased in strength. Circular, rain, jet and Scotch douches are indicated with lowering of minimum temperature, and increase of pressure each day until the highest point of efficiency is reached.

(b) *Catatonic Type*.—As above. Results not so encouraging.

MANIC DEPRESSIVE INSANITIES.

(a) *Manic Type*.—Control excitement by continuous bath, 100°—one-half to six hours, according to condition.

Hot or cold packs (cold preferred) continued until excitement subsides. If patient falls asleep, leave him in the pack until he awakens, in the meantime keep him well covered with additional blankets. On removing patient from the pack, a half bath, 80° or 85°, should be quickly given with active friction, to restore tone of dilated blood vessels, and then return patient to bed.

Pack repeated two or three times a day if necessary.

(b) *Depressive*, the same as melancholia.

Exhaustion Psychoses, or Exhaustion Following Acute Disease.—Half bath, or drip sheet, or affusions night and morning—temperature 80° to 85°, duration 3 to 5 minutes, followed by a vigorous towelling, and patient returned to bed, and in serious cases the temperature may be reduced to 70° or even 60°.

Baruch says, "Let not the fear of cold water deter anyone from resorting to cold affusions in these desperate cases. They are the hydiatic substitute for digitalis and alcohol." I can fully endorse this statement, as I have recently treated a serious case of exhaustion and collapse in this way, and I can assure you that the result has been most gratifying.

Alcoholism—Prescription (daily):—

Hot-air box, 140°—185°—10 minutes.

Circular rain douches—100°—60°—3 minutes—25 lbs.

Scotch douche—100°—60°—5 minutes—25 lbs.

Rain douche—60°—30 seconds.

Hot-air box may be omitted after first two weeks.