

A FOUNDATION TO BUILD-ON.

Fifty Things that Every Practical Catholic Should Know.

- One of the best summaries of the primary knowledge of his faith which every Catholic worthy of the name should possess... 1. The chief truths of our holy religion. 2. The chief truths of our holy religion. 3. How to bless himself properly and reverently. 4. That the beginning of wisdom is the fear of the Lord. 5. That God will render to every man according to his works. 6. That the influence of good example is far-reaching. 7. That the theological virtues are Faith, Hope and Charity. 8. That the Eminent Good Works are: Alms-deeds, Prayer and Fasting. 9. That the Evangelical Counsels are: Voluntary Poverty, Perpetual Chastity and Obedience. 10. That the four Cardinal virtues are: Prudence, Justice, Fortitude and Temperance. 11. That it is improper to gaze about in church while the sacred mysteries are being celebrated. 12. That, if late at Mass, he should enter the church and take his seat as quietly as possible. 13. That it is proper to rent a sitting in the church and pay for it regularly. 14. That to absent oneself from the Holy Sacrifice of the Mass on Sundays or Holy days of obligation without sufficient reason, is a grievous sin; and that grievous or mortal sin makes the soul an enemy of God. 15. That the Sacraments are channels of divine grace instituted by our Lord Jesus Christ, and are seven in number, viz.: Baptism, Confirmation, Penance, Holy Eucharist, Extreme Unction, Holy Orders and Matrimony. 16. That the seven Deadly or Capital Sins are: Pride, Covetousness, Lust, Anger, Gluttony, Envy and Sloth. 17. That the virtues contrary to these are: Humility, Liberality, Chastity, Meekness, Temperance, Brotherly Love and Diligence. 18. The Ten Commandments of God and the six Precepts of the Church. 19. Some pious aspirations and ejaculations to utter from time to time, especially in moments of temptation. 20. "The Angelus," a beautiful prayer recited three daily in honor of our Immaculate Mother. 21. Some prayers to be said before and after meals; that gratitude for benefits received should prompt him to be faithful to this exercise. 22. The Lord's Prayer, the Angelical Salutation, or "Hail Mary," the Apostles' Creed, the Acts of Faith, Hope and Charity and Contrition and the Confiteor. 23. That the Four Last Things to be remembered are: Death, Judgment, Heaven and Hell. "In all thy works remember thy last end, and thou shalt never sin." 24. That the Seven Gifts of the Holy Ghost are: Wisdom, Understanding, Counsel, Fortitude, Knowledge, Piety and Fear of the Lord. 25. That the Sins which cry to heaven for vengeance are: Willful Murder, the Sins of Sodom, Oppression of the Poor and Defrauding Laborers of their Wages. 26. That the Sacred Scriptures are the inspired Word of God and are worthy of our profound respect and reverence. 27. That honesty is the best "policy" in spiritual as in temporal matters; but that "policy" should be synonymous with conviction, enlightenment and strengthened by conscience. 28. That the Ten Commandments are reducible to two and that upon these depend the whole law and the prophets. 29. That marriages are not solemnized from the first Sunday of Advent until the Epiphany, and from Ash Wednesday until Low Sunday; that Low Sunday is the first Sunday after Easter. 30. How to say "No" with emphasis when asked to transgress the laws of God, or of the church, or of the land. 31. How to say "Yes" promptly and cheerfully when invited to assist in any good work, as the bestowal of alms, visiting the sick, teaching in Sunday School, etc. 32. The duties of this state of life; that, if a superior, he should be just and merciful to those under him. If a subordinate, that he should faithfully discharge his allotted duties; that diligence, honesty, sobriety and veracity should be his chief traits. 33. That the twelve fruits of the Holy Ghost are: Charity, Joy, Peace, Patience, Benignity, Goodness, Longanimity, Mildness, Faith, Modesty, Continence and Chastity. 34. That the secret organization most hostile to the Catholic Church in the United States is composed principally of un-American Americans and Orangemen. 35. That the corporal works of mercy are: Seven: To feed the hungry, to give drink to the thirsty, to clothe the naked, to harbor travelers, to ransom prisoners, to visit the sick and bury the dead. 36. That the seven spiritual works of mercy are: To give good counsel, to instruct the ignorant, to admonish sinners, to comfort the afflicted, to pardon injuries, to bear wrongs patiently, to pray for the living and the dead. 37. That there are nine ways of becoming accessory to another's sin: By counsel; by command; by consent; by provocation; by praise and flattery; by concealment; by partaking; by silence; by defence of ill done. 38. That the six sins against the Holy Ghost are: Despair of salvation; presumption of God's mercy without amendment of life; to impugn the known truths in matters of faith and religion; envy at another's spiritual good; obstinacy in sin; final impenitence. 39. That any person, man, woman or child, not only may, but should, baptize an infant in danger of death, when a priest cannot be summoned in time;

that in such cases a certain order of precedence should be observed, namely, a woman must not baptize if a man be present. The person who best understands how to perform the ceremony should be chosen. Fathers and mothers should not baptize their own children, if it can be avoided. 40. That in order that baptism may be valid, the ceremony must be performed as follows: While pouring common water on the head or face of the infant, pronounce the words: "I baptize thee in the name of the Father and of the Son and of the Holy Ghost." 41. That there are six week days in the year when he is obliged to assist at the Holy Sacrifice of the Mass, unless legitimately prevented: New Year's day, the Feast of the Circumcision of our Lord; Ascension day, or the Thursday 40 days after Easter; the Assumption of the Blessed Virgin, August 15; All Saints' day, November 1; the Immaculate Conception of the Blessed Virgin, December 8; the Nativity of our Lord, or Christmas, December 25. 42. That good books and papers are necessary adjuncts to every Catholic home. 43. That, save in cases of necessity, he should not leave the church before the sermon, or after the Communion; but that he should remain until the priest has left the sanctuary. 44. That in those days it is necessary to be equipped with the weapons that always successfully repel the attacks of Ignorance, Infidelity and Indifferentism, namely, firm faith, knowledge of the Church's history and doctrines and holiness of life. 45. That we Catholics have behind us nearly 2,000 years of glorious history; that the history of the Church is the history of the world from the beginning of the Christian era. 46. That the Catholic name is inseparably connected with the early, intermediate and present history of this Republic. 47. That the loyalty of Catholics to the institutions of this land is questioned only by those who are themselves disloyal. 48. That the footprints of Catholic discoverers and explorers, many of whom were priests, are clearly visible everywhere on this continent. 49. That the Catholic Church is the greatest moral force in the world to-day, the uncompromising foe of anarchy, the unflinching champion of the oppressed. 50. That the above 49 "things" do not constitute the sum of what every Catholic should know.—Catholic Mirror.



People Who Weigh and Compare Know and get the best. Cottolene, the new vegetable shortening, has won a wide and wonderful popularity. At its introduction it was submitted to expert chemists, prominent physicians and famous cooks. All of these pronounced

Cottolene a natural, healthful and acceptable food-product, better than lard for every cooking purpose. The success of Cottolene is now a matter of history. Will you share in the better food and better health for which it stands, by using it in your home? Cottolene is sold in 5 and 5 pound pails by all grocers. Made only by The N. K. Fairbank Company, Wellington and Ann Sts., MONTREAL.

T. D'ARCY TANSEY, L.D.S., Dental Surgeon, 176 BLEURY STREET, Corner of St. Catherine Street. CONTINUOUS GUM WORK A SPECIALTY. Telephone 783.

J. T. McPHERSON, DENTIST, No. 44 BEAVER HALL HILL. Modern Dentistry in all its Branches. TELEPHONE 3447.

W. H. D. YOUNG, L.D.S., D.D.S., SURGEON DENTIST, Telephone 2515, 1694 NOTRE DAME ST. Printers' Extraction by Nitrous Oxide Gas, Vegetable Vapor, Electricity, and also by Improved Methods, Preservation of Natural Teeth, Artificial Work at Reasonable Prices. Consultations Free.

T. FITZPATRICK, L.D.S., DENTIST, Teeth without Plates a Specialty, No. 54 BEAVER HALL HILL, MONTREAL.

J. K. MACDONALD, Practical HOUSE and STEAMBOAT Bell-hanger, general Mechanic, Blacksmith, Locksmith, etc., Electric Lighting, Bells, Warehouse Telephone, etc. Carpenters and Builders' Work to order, 702 and 704 Craig Street, west of Victoria Square, MONTREAL. Bell Telephone 222.

IRISH NEWS ITEMS.

John Keenan, J.P. for Derry County, was sworn in a justice of the peace for County Antrim, on June 4. Venerable Archdeacon Reynolds, V.G., died at St. Brigid's, Ardagh, Edgeworthstown, Co. Longford, on Sunday, June 9. John Daly, of Drogheda, has been appointed clerk for Dunleer Petty Sessions District, in succession to the late Mr. Reilly. P. Delaney, Controller of the Dublin Sorting Office, has been appointed Postmaster and Surveyor of Belfast. The post is worth £750 a year. At a special meeting of the Clonmel Corporation, it was decided to present an address to Archbishop Croke, of Cashel, on the occasion of his silver jubilee. At the opening of the Ennis Quarter Sessions, on June 10, County Court Judge Kelly congratulated the grand jury on the peaceable condition of the county. Thomas Conran, a salesman, aged fifty-two, of North Circular Road, Dublin, died suddenly in the Turkish baths attached to the Hamman Hotel, on June 13th. Alderman Alexander Nelson, J.P., of Waterford, has been appointed a Deputy Lieutenant for the County of the City of Waterford, in room of Joseph Strangeman, deceased. It is proposed to open works in Mullranny, Loughborough, and Kilmecna, in the Westport union, toward the end of June, and increased numbers of persons will be employed on the works already existing in the union. James Mathews, of Colleen, County Louth; Mathew Downey, of Grangegeeth; Patrick Tieran, of Hurdle, and Patrick Lawless of Starinagh, County Meath, were summoned on June 5 to appear at the Court House, Drogheda, for boycotting. Henry McKendry, of Hillhead, Castle-dawson, was, on June 4, sworn in a justice of the peace for County Derry. The appointment has given the greatest satisfaction to local Nationalists. The National cause has had in him a most consistent and devoted follower. Acting Sergeant Hogan, of Kerry, who has acted as clerk in the district Inspector's office for a considerable period, has been promoted to the rank of sergeant. Constable Brennan, of Tralee, and Constable Restrick, of Listowel, have been promoted to the rank of acting sergeant. From thirty to forty ejection processes will be applied for on behalf of the Marquis of Clanricarde at the Quarter Sessions for the Gort division. These cases vary from the generality of those in which so many ejection campaigns have already been evicted, inasmuch as the law is to be struck at the larger farms. At a general meeting of the Colbridge Dispensary Committee, on June 14, on the motion of Lord Cloncurry, seconded by A. O'Connor, Dr. C. O'Connor, medical officer of the Colbridge Workhouse, was unanimously elected dispensary medical officer for the Colbridge district of the Union. Dr. Sheehy, of Dublin, was also a candidate for the position. At the Killarney Quarter Sessions, on June 5, County Court Judge J. J. Shaw was presented with white gloves, as there were no criminal cases listed for hearing. Mr. Huggard, in presenting the gloves, said it was unprecedented in the history of Quarter Sessions Courts held in Kerry that at two successive sessions his Honor was presented with white gloves. The reception of two young ladies into the Order of the Sisters of Mercy took place at the Mercy Convent, Callon, on June 6. They were Miss Nora Flynn (in religion Sister Mary Aquin), daughter of the late Mr. Flynn, of Riverstown, County Sligo; and Miss Annie Hughes (in religion Sister Mary Claver), second daughter of Mr. F. Hughes, of Dublin. At the Carrick-on-Shannon Quarter Sessions on June 6, George Waters, County Court Judge, congratulated the grand jury on the peaceful state of the county. He said there was only one case at the present sessions, and that was of a charge preferred against a man for a transaction that occurred so far back as April 24, 1903, and, therefore, if they were talking of crime in the county this should not be classed or reckoned as an offence of the present day. A meeting was held at Tullysarran on June 9 for the purpose of enrolling members in the local branch of the Federation. The Rev. Michael Quinn, of Armagh, presided, and in a practical speech encouraged the farmers of the neighborhood to join the organization, as they could never hope to gain their just rights unless they were united and organized. A considerable number of those present gave in their names to the secretaries, H. J. McKee and Thomas Allen, and had themselves enrolled as members of the Federation. Three ejections took place on the Ely estate, which lies in the Hook peninsula, Co. Wicklow, on June 13. The victims are John Grace, of Broomhill (nine in family), who owed three years on a holding of thirty acres of tillands at a yearly rent of £25; Widow Foley, of Great Graigue (eight children in family), who owed three years on a holding of twenty-three acres, also bordering on the sea, at an annual rent of £30 odd; and Mary Brien (two in family), who was two and a half years in arrears on a holding of eight acres, held yearly at £7 10s. Mrs. Foley and her children are living in an open ear shed, Grace is sheltered under a canvas sheet hoist by the side of a ditch, and Mary Brien and family are domiciled in the roofless ruins of a once happy homestead. In heaven blessing God will be our constant employment; and if we would have a portion of the happiness of heaven upon earth, in the enjoyment of Divine peace, whilst seeking to be free from all undue care, whilst committing all anxieties to Him in prayer and supplication, we must also cultivate the important grace of continual thanksgiving.

BEST FOR WASH DAY USE SURPRISE SOAP BEST FOR EVERY DAY.

PROSPECTUS - OF - The Dominion Cold Storage Co., LIMITED. AUTHORIZED CAPITAL, \$300,000.00. BANKERS: BANK OF TORONTO, Montreal. SOLICITORS: GIROUARD, FOSTER, MARTIN & GIROUARD. PROVISIONAL DIRECTORS: D. A. McCASKILL, Esq., Montreal (of Messrs. McCaskill, Dougall & Co., Varnish Mfrs.); COLIN McARTHUR, Esq., Montreal (of Messrs. Colin McArthur & Co., Wall Paper Mfrs.); WM. JOHNSON, Esq., Montreal (Manufacturer.); G. P. SYLVESTER, Esq., M.D., Toronto; W. M. BURDEN, Esq., Toronto (of the E. Harris Co., Limited.); P. J. McNALLY, Esq., Toronto (Merchant.); JAS. MCGREGOR, Esq., Chicago (Produce Cold Storage Exchange.). Application has been made to incorporate under the Dominion Joint Stock Companies Act, a company, with the object of acquiring the necessary property and buildings for the establishment in Montreal of a Cold Storage business to be constructed and operated on the latest and most improved methods of mechanical refrigeration. To establish this business on a sound basis 3000 shares of the capital stock at the par value of \$100 per share will be issued. Terms of payment, 10 per cent. on allotment, 20 per cent. on Aug. 1st, and the balance by calls of 10 per cent. each, at intervals of 30 days. One thousand shares of this stock have already been subscribed and the balance is offered to the public. The net profits are estimated to enable a dividend to be paid of, probably, 16 per cent. so the stock will rapidly go to a considerable premium. The business offering, and certain to be controlled when first-class facilities for storing all kinds of perishable goods and keeping them in prime condition are provided, is a guarantee of the enterprise being a pronounced success. The property selected and acquired by the Company for this Enterprise is situated on Mill street, between the Lachine Canal and the River St. Lawrence. It possesses ample water power, rail and water connections, with unexcelled facilities for loading cars and vessels direct from or into the warehouse. Application forms for stock, and all other information, can be obtained at the office of the Company. 218 ST. JAMES STREET, MONTREAL.

COFFEES! COFFEES! If you want to Drink the best COFFEE possible BUY ONLY J. J. DUFFY & CO.'S Canada Coffee and Spice Steam Mills. MONTREAL. - ALSO, THEIR - BAKING POWDER, "The Cook's Favorite," Use no other, ladies, and be happy NEVER BUY FURNITURE From a poor Establishment. The largest dealers have the best stock. DON'T FAIL TO SEE OUR GOODS. RENAUD, KING & PATTERSON, 650-652 CRAIG STREET.

The Canadian Artistic Society. OFFICE: -210 St. Lawrence Street, National Monument Building. Founded for the purpose of developing the taste of Music and encouraging the Artists. Incorporated by Letters Patent on the 24th December, 1894. Capital - \$50,000. 2,851 PRIZES of a total value of \$5,008.00 are distributed every Wednesday. 1 CAPITAL PRIZE OF \$1,000. 1 CAPITAL PRIZE OF \$500. 1 CAPITAL PRIZE OF \$100. And a number of other Prizes varying from \$1.00 to \$50.00. TICKETS. 10 Cents. Tickets sent by mail to any address on receipt of the price and 3-cent stamp for mailing.

Horseshoer. C. McKIERNAN, HORSESHOER, (15 years' experience in Montreal.) No. 5 HERMINE ST., Montreal. All horses personally attended to. Interfering and Trotting Horses made a specialty. 2-62

Veterinary Surgeons. M. KANNON, Veterinary: Surgeon, LATE ASSISTANT WITH WM. PATTERSON, M. D. M. R. C. V. S. OFFICE: 106 Colborne Street, MONTREAL. Bell Telephone No. 2687. 21-6

Bell Telephone 6720. WALTER RYAN, PRACTICAL Plumber, Gas, Steam and Hot Water Fitter 263 ST. URBAIN STREET. All jobs promptly attended to at a low price.

GEO. R. HEASLEY, PICTURE FRAMER, &c., Pictures, Photo Albums, Baby Carriages, Lamps, Clothes, Wringers, &c. Cheap for Cash, or Weekly and Monthly Plan. 207 ST. CATHERINE ST. 2 doors East of Bleury.

J. P. MONCEL, Gold Stamping, Society Badges made up on short notice. Hat Tips of all kinds. 210 St. James Street, Room 6.

Established in 1890. Telephone 1914. HOUSEFURNISHINGS AND SHIF HARDWARE. LARGEST and Best Assorted Stock in the City. CURTAIN STRETCHERS & CARPET SWEEPERS A Specialty at L. J. A. SURVEYOR, 6 St. Lawrence St.

J. J. KEATING & SON, TEMPERANCE - GROCERS, 257 BLEURY STREET, Lowest Prices for Best Goods

LOGE & CO., HATTERS AND FURRIER, 31 ST. LAWRENCE STREET, MONTREAL.

GALLERY BROTHERS, BAKERS AND CONFECTIONERS, Bread delivered to all parts of the city. CORNER YOUNG AND WILLIAM STREETS. TELEPHONE 2895.

DOYLE & ANDERSON, WHOLESALE TEA MERCHANTS DIRECT IMPORTERS, 564 ST. PAUL STREET, MONTREAL. P. S. DOYLE. R. J. ANDERSON.

G. H. PEARSON & CO., FINE TAILORING 22 CHABOLLEZ SQUARE. G. H. PEARSON. J. P. CLARKE.

DANIEL FURLONG, WHOLESALE AND RETAIL DEALER IN CHOICE BEEF, VEAL, MUTTON & PORK. Special rates for charitable institutions. Cor. Prince Arthur and St. Dominique Streets. TELEPHONE 674.

G. A. McDONNELL, ACCOUNTANT AND TRUSTEE, 186 ST. JAMES STREET. Telephone 1182. MONTREAL. Personal supervision given to all business. Rents Collected, Estates administered and Books audited.

GALLERY BROTHERS, MERCHANT TAILORS, 31 CHABOLLEZ SQUARE, (Next door to Bow's Brewery.) SHIRTS AND UNDERWEAR a specialty.

E. HAULEY, GENERAL CONTRACTOR & PLASTERER 126 PARK AVENUE, MONTREAL. JOBBING A SPECIALTY.

WM. EVANS SEEDSMAN SEEDS. The old reliable Seed House. This is the place to get the best and Genuine good Seeds and Now is the time. Order early. WM. EVANS, Cor. McGill & Foundling Streets

Are You Nervous? Horsford's Acid Phosphate. Quiets the nerves and induces sleep.

THE BEST is what the People buy the most of. That's Why Hood's Sarsaparilla has the largest sale OF ALL MEDICINES.