ceive the names of young men willing to help in carrying on this work. Some of the Districts will admit of additional labourers; and new Districts will be taken up as workers present themselves. Let us endeavour in the Lord's name to reach the young men of Toronto.

YOUNG MEN'S MEETING.

HIS meeting is well sustained, and we have reason to believe that it is taking hold of the The meeting young men. held last Saturday evening was one of much interest and spiritual power.

ITEMS OF INTEREST.

HE following extracts from letters recently received will tend to show the usefulness of Y. M. C. Associations:-

YONKERS, N. Y., May, 1st, 1882. "In the first place, however, I take this opportunity of thanking you very heartily for having given me that letter of introduction to the Y.M.C.A. people. It has been of the greatest possible service to me, for I found a wonderfully "live" Association here, although its existence only dates back eight months.

The Gen. Sec. received me very kindly, and has done everything in his power to promote my interests, in the way of making acquaintances, &c. am already on an excellent footing, socially speaking.

SAN FRANCISCO, CALIFORNIA.

DEAR BROTHER.-You can learn from Bro. Gordon how useful your letter of I was treated recommendation was. very kindly in Detroit, and very, very kindly here. I am a member, a gentleman (Mr. Angell) having presented me with a membership ticket, just what I was longing for very much. I can testify to Phil. 4: 19 needs, not mere wants, which often depends on how we I enjoy reading the Y.M.C.A. feel. Bulletin, but do not see it every week. If it does not cost any more trouble or expense to send two than one. I would like to receive it regularly.

About six months ago one of our members came into the room to ask some advice. He had been ill for some time. The nature of his disease was

such as to unfit him for work the greater part of the time. We suggested that the climate of Colorado might prove beneficial. He admitted this, but sorrowfully added: "I can't afford to go." That evening, at the Young Men's meeting, this incident was used to pre-A man apparently sent the gospel. dying, but could not afford to go to the place where health might be renewed ! What a contrast to the gospel, with its ever-present Physician! At the close of the meeting a young man came to the Secretary and offered to help in sending the sick brother away. Suffice it to say, that with the aid of that friend, the work was accomplished. Now read the following:-

"I write a few lines to you to let you know that I have not forgotten you or your kindness to me. You will be glad to know that I have not been troubled with the asthma since I have been here. I thank our Father for the measure of health he has given me. have been in work the most of the time, and lately have had an offer of steady work for a year, at \$2.75 a day. I expect my wife and mother here about the 1st of May. Now my dear sir. I will conclude with my best wishes for the success of your work in To-ronto. I have had a little opportunity of learning something of the importance of this work among young men, especially anong those away from home."

In a previous letter the young man speaks of the cordial greeting extended hin, by the General Secretary, and the valuable aid and counsel received.

N our circumstances there are few greater crimes than Let there be a inaction. crusade against Christian, or rather unchristian, idleness. Something more than moderation in Christian effort is demanded. We need an enthusiasm that shall overbear false shame, and make our testimony at once joyful and The world is no more to blame toreal, day for its indifference than it has been in former times. Instead of seeking for reasons to explain the increase of ungodliness outside the Church, let us rather seek them within. There we can both find them, and by God's grace deal with them.-Word and Work,