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PREEHOLD LOAN AND SAVINGS COMPANY

DIVIDEND No. 60.

Notice is hereby given that a dividend of 4 per cent. on the capital stock of the company has been declared for the current half year, payable on and after the first day of June next at the office of the company, corner of Victoria and Adelaide streets, Toronto.

The transfer books will be closed from the 17th to the 31st May, inclusive.

Notice is also given that the general annual meeting of the company will be held at 2 o'clock p.m. Tuesday, June the 5th, at the office of the company, for the purpose of receiving the annual report, the election of directors, etc.

By the order of the board.

S. C. WOOD, Managing Director.

Toronto, 19th April, 1894.

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HEALTH AND HOUSEHOLD HINTS.

Steamed Batter Pudding .- Make a light dough, rather stiff, as for biscuits. Stir cranberries into the batter and steam two hours. Serve with liquid or hard sauce.

Pickle for Ham.—Six gallons of water, nine pounds of salt, two pounds of sugar, one fourth pound of pepper, one half ounce of saltpetre. Pack hams tightly in a cask without salt, press down with a heavy stone that the boiling hot brine when it is poured over them shall not displace more than is necessary. After lying in the brine six weeks, it is ready for smoking.

Sponge Cake.—Use the weight of two eggs in fine sugar and half the quantity of flour; separate the yolks and whites, whisking the latter to a froth; beat up the yolks, add very gradually the sugar, flour, a teaspoonful of baking powder, a dessertspoonful of strained lemon juice and the whites of the eggs. Pour the mixture into a well buttered pan and put it at once into a brisk oven.

A German Dish .- A German dish is called Pflaumen Mus, and is made from various fruits than the one given. Rub plums with a cloth; stone them. Stew slowly till tender in a little water; rub them through a sieve; stew this with sugar and cinnamon to taste, and a little orange or lemon peel; throw in at the last moment either small squares of bread fried in butter, or grate the same over the ' mus.'

Sardines on Toast.-Select good sized firm sardines, arrange them in a double broiler and broil two minutes on each side over a brisk fire. Toast long narrow slices of bread from which the crust has been removed, and place the sardines on them, taking care that they do not creak. Pour them over a butter sauce made as follows: One-half curful of melted butter, into which stir one table spoonful of pepper and the joice of one lemon.

Fig Paste.—A dainty inexpensive candy is made thus: Chop into bits and boil a pound of figs; when soft strain and press through a sieve; return to the water in which they were boiled and which should be reduced to one cupful; stir in three pounds of granulated sugar, cook down slowly until a thick paste is formed. Pour in pans lined with paper; let cool; take out on the paper and cut into sections. Dust with powdered sugar.

Horse-radish is a somewhat vulgar and despised root, yet it possesses valuable qualities as a purifier of the blood as well as a stimulator of the appetite. For hygienic as well as gastronomic reasons it should be put upon the table in the spring. A beefsteak served with polonaise sauce, or what is more often known now as a Russian sauce, introduces horse-radish in the bill of fare in an appetizing manradish in the bill of fare in an appetizing manner. To make this sauce melt two even table-spoonfuls of butter with two teaspoonfuls of flour. When well mixed stir in a pint of rich white stock. Beat the mixture continually while it is cooking for 10 or 15 minutes. As this simple foundation is generally made, it is cooked but four or five minutes, but his time does not give the graine of flour but this time does not give the grains of flour time to swell, and it is better as well as more wholesome if it is cooked longer. Add the juice of half a lemon and a tablespoonful of butter, with four tablespoonfuls of grated horse-radish which has been soaked in vinegar over night, but is drained from it. Season the sauce carefully with a little salt and a mere pinch of cayenne pepper. Two tablespoonfuls of cream are sometimes added to the genuine Russian sauce, but this is not necessary, and to our American tastes it seems

somewhat incongruous. Slices of tenderloin, daintily broiled and rare, may be served with this sauce, which should be poured into a hot platter and the tenderloins laid over it. A Hamburg steak is very nice with this sauce. As every good housekeeper should know, a Hamburg steak is not a steak at all, but a mince of beef moulded in flat balls, which are either fried or broiled, but must in any case be kept rare. It is an acceptable way in which to dispose of the tough end of a porter-house steak, which should never be allowed to come on the table with the rest of the steak, but should be either minced for Hamburg balls or used in a stew. To season a pound and a half of Hamburg steak add a teaspoonful of onion juice, a liberal teaspoonful of salt and a saltspoonful of pepper. The meat must be mixced as fine as sausage meat, and there should be neither fat nor sinews with it. A chopped onion minced very fine or a good-sized shallot may take the place of the onion juice. The minced beef may now be moulded into little cakes and broiled, or, if you prefer, dipped into the yolk of egg and bread crumbs, and fried brown. This will keep it rare in the centre, as it shoul be. Indeed, a Hamburg steak is sometimes served at gentlemen's suppers without cooking. It must then be made of the tenderest meat and garnished with anchovies, capers and parsley, and highly seasoned. This practice of eating raw beef, however, is not commended now by physicians as it formesty was, when mothers often gave little children well-seasoned, scraped beef as a tonic.—New York Tribune.

York Tribune.

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Department of Militia and Defence, 1894.

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