

Professional Cards

J. M. OWEN
BARRISTER & NOTARY PUBLIC
Annapolis Royal
MIDDLETON EVERY THURSDAY.
Office in Butcher's Block
222 Agent of the Nova Scotia Building Society
Money in loan at 5 per cent. Real Estate

J. J. RITCHIE, K.C.

Keith Building, Halifax.
Mr. Ritchie will continue to attend the sittings of the Courts in the County. All communications from Annapolis clients addressed to him at Halifax will receive his personal attention.

Dr. F. S. Anderson

Graduate of the University of Maryland
PAINLESS EXTRACTION
By Gas and Local Anesthesia
Crown and Bridge Work a specialty
Office: Queen street, Bridgetown.
Hours: 9 to 5.

J. B. Whitman

Land Surveyor.
BRIDGETOWN, N. S.

Arthur Horsfall DDS. D.M.D.

Dentist
Annapolis Royal - Bridgetown.
At Bridgetown, Mondays and Tuesdays of each week. Office of the late Dr. Amrose. Hours 1 to 5.

Leslie R. Fair

ARCHITECT

Aylesford, N. S.

Undertaking

We do undertaking in all its branches
Nearness sent to any part of the County.

J. E. HICKS & SON

Queen St., Bridgetown. Telephone 46
J. M. FULMER, Manager

O. S. MILLER

BARRISTER,

Real Estate Agent, etc.

SHAFNER BUILDING.

BRIDGETOWN, N. S.

Prompt and satisfactory attention given to the collection of claims, and other professional business.

O. T. DANIELS

BARRISTER,

NOTARY PUBLIC, Etc.

UNION BANK BUILDING.

Head of Queen St., Bridgetown.

Money to loan on first-class Real Estate.

Will Arrive This Week

50 Cedar Shingles.
100 Casks "Morrison's Lime" in casks and bags.
300 Bags Coarse Salt.
25 Bags Best Portland Cement.
We also sell the Provincial Chemical Fertilizers, Bone meal and Potash etc. and other fertilizers of highest grade.
(Get our prices before buying elsewhere.)

J. H. LONGMIRE AND SONS.

Nova Scotia Fire

INSURANCE COMPANY.

LOWEST RATES consistent with safe-ty.

SECURITY FIRE POLICY HOLDERS \$450,000.00

STRONGLY REINSURED

HEAD OFFICE. HALIFAX

JOHN PAYZANT. ARTHUR SAILLIE. PRESIDENT. MANAGER.

F. L. Milner, Agent, Bridgetown

Marine Engines

One carload of Ferris Marine gasoline engines just arrived. These engines are manufactured by the largest Marine Gasoline engine factory in the world, and in sizes from 1 1/2 to 25 H.P. Immediate delivery if ordered at once. We also carry a full line of gasoline engine accessories and supplies, gasoline cylinder oil, batteries, magnets, spark coils, spark plugs, etc.

If you are interested write for descriptive literature and prices to, THE L. M. TRASK CO., 99 Dock St., St. John, N. B.

NOTICE.

Advertisers and Subscribers in arrears to the Bear River Telephone are requested to settle their accounts directly with the publisher at this office, or with our agent at Bear River, W. W. Wade, who will forward any remittances that may be handed to him.

THE HOME**WATER IS THE BEST MEDICINE.**

Drink a glass of water when you get out of bed in the morning. Never mind the size of the glass. Let the water be cold if you will. Some people prescribe hot water, but that is not necessary.

You may have washed your face already, and relished the experience. You may have taken a cold plunge in the tub, and delighted in the shock and its reaction. The brisk use of the toothbrush has left your mouth clean and the breath sweet.

All that is luxurious in the cold bath, cleansing the outside is artificial. That which should prompt the glass of water after sleeping is natural. As a test, tell the nine-year-old protestant against his morning scrub of cold water that he may escape it by drinking half a pint of the fluid.

He will jump at the opportunity. Sleep has drawn upon the water in the blood, and the instinct of the animal, under natural conditions, is to replenish the circulatory system and distend the blood vessels anew. The food in the stomach, which had so much to do toward inducing sleep, has disappeared, leaving a mucous substance in the alimentary canal.

Sleep has drawn upon the water in the blood, and the instinct of the animal, under natural conditions, is to replenish the circulatory system and distend the blood vessels anew. The food in the stomach, which had so much to do toward inducing sleep, has disappeared, leaving a mucous substance in the alimentary canal.

Drink a glass of cold water in the name of cleanliness. It becomes one of the shortest and easiest of toilet duties. It is swallowed in a second, and in five minutes it has passed from the stomach, taking with it the clogging secretions of the alimentary tracts. It has left behind the stimulus that goes with cold water, and, by filling the arterial system to the normal, it puts a spur to the circulation that has grown sluggish in the night. It is one of the greatest of awakers, and one of nature's own stimulants.

Drink a glass of water before breakfast, and another before luncheon, and another before dinner. Water is the best, cheapest, and pleasantest medicine.

A FIB PILLOW FOR BABY.

Probably many mothers have in their homes little pillows of fir-balsam. Let me suggest that baby may enjoy a part of these pillows, and that the mothers will find this a helpful and healthful way of inducing long, restful naps. When our little daughter was about six weeks old I noticed her one day sniffing all around me, as if to discover the source of the fragrant odor. Suddenly she buried her little nose in the fir pillow on which I was resting, sniffed contentedly for a few minutes, and then fell asleep. Several times after this I noticed her enjoying the odor; it brought comfort and sleepiness.

We made a little pillow for her, filling it with the tender tips of the fir-balsam, and now she rests in her bassinet on a mattress of pine, hemlock and fir, with the little pillow of balsam at her head. At night I take this same pillow to her crib, and she sleeps more sweetly than on her pillow of hair. She will go to sleep readily at her bed-time (six o'clock), and often does not waken till midnight. When restless in her sleep, a few sniffs of the pillow will often bring sound sleep again.—M. in Babyhood.

Because we love our dear ones 'tis not a good reason for wounding them freely. Yet we actually seem to make it so in much of our daily life. Some one has said keenly, 'Any one can be courteous to a stranger.' It is easy to be careful for the feelings of those about whom we care little. Should we not do as much for those who are dearest to us? There is no greater cruelty than to count upon our love's 'tiding over' the effect of impatience, discourtesy, harsh criticism, and all the unloving, stinging darts that most of us reserve for home use.

There is no better way of loving and proving our love than by using at home all the courtesies, attentions, cheerfulness, sunshine and 'better side' of our natures that most of us reserve for company use. For love that takes these things for granted is either counterfeited or perilously near death.—Sunday-School Times.

SUCCESS.

Hard hands they were, But strong and true, Doing with willing palm What they should do.

Hard hands they were— Across the breast Folded forever now, The weary rest.

Hard hands they were; Rough-mailed and brown, But not a stain on them To soil the Crown.

—William J. Lampton.

LEARN TO FORGIVE.

And in this do not fail—learn to forgive. What does it all amount to, anyway—this fighting and hating of one another?

If you cannot love your enemy you can at least leave him to wallow alone in the mire of his malice—if in the wrong; nobody knows it so well as he, while your conscience is clear. Don't be an Indian—whose gross instincts and cold-blooded brutality are characteristic of his class—they who never forget, because they will not forgive. It is as important to forget as to remember—no man who deems himself a nemesis, treasures up a wrong, nurses an injury and permits ignoble hatred to fester in his heart, can never experience true happiness, or attain wholesome success.

He is always a persecutor—a creature of prejudice and fanatical resentment—the which a good God never made. Let go of the depressing and weakening grievance—wipe the slate clean each day—see to it that no hatred poisons the mind or clouds the mirror of memory.

Forgive and forget—smile on!—and let yesterday alone.

COOKING TIME-TABLE.

Old potatoes require twenty-five minutes; new ones, fifteen.

Old carrots take an hour; young ones, thirty minutes.

Old cabbage takes twenty-five minutes; young takes fifteen.

Onions take forty minutes.

Potatoes, boiled, take twenty-five minutes; steamed, take thirty-five minutes.

Paranips take forty minutes.

Salsify take two hours.

French beans take thirty minutes.

Cauliflower takes twenty-five minutes.

Turnips take twenty minutes.

Lamb, fifteen minutes for each pound.

Pork, thirty minutes for each pound.

Chicken, weighing four pounds, one and one-quarter hours.

Fish, weighing five pounds, one hour.

Turkey, weighing ten pounds, three hours.

Veal, allow twenty minutes for each pound.

Mutton, thirteen minutes for each pound.

Sirloin of beef, rare, seven minutes for each pound; well done, allow eighteen minutes to each pound.

Beef fillet, twenty minutes for each pound.

Corn, young, twelve minutes.

Peas, eighteen to twenty minutes.—American Cultivator.

A battle cry at the mouth of the cannon is far easier than to cover the lips when silence is demanded.

Every trouble, doubt, discouragement, and fear will be forgotten if you throw yourself hard enough into work.

The habit of making the best of things, of looking on the brighter side of things is a fortune in itself.

Why does the law punish Smith who steals ten dollars and never lays hands on Jones who steals ten millions?

We need men who can discover those who can be helped to their feet again.

Only the hidden burdens tease and fret the river of life. Of these we will not speak lest we reveal their hidden places. But the worried waters that moan and sigh tell the story of our secret.

It is a question of price—their all things considered, "Salada" is the greatest tea value for the money paid, for experience has proven that "Salada" (packed in air-tight lead packets) is the excellence.

Guard against intolerance. It is a lesson we must all learn. Be broad-minded in your conceptions and criticisms of others. If you have no satisfactory conception, then do not dare to express a criticism. By being thus broad in our view and brotherly in our relations, we shall make our best contribution toward the destiny of the land in which we live.—Hamilton Spectator.

ROOSEVELT'S MAXIMS.

President Roosevelt's hitherto unpublished maxims have been recently given to the pupils of a girls' school in Philadelphia. They are:

"First—Fit yourself for the work God has for you to do in this world, and lose no time about it.

"Second—Have all the fun that is coming to you.

"Third—Go ahead, do something and be willing to take responsibility.

"Fourth—Learn by your mistakes."

To these, of course, must be added: "Don't flinch, don't foul, and hit the line hard."

A BABY'S DEATH.

The little feet that never trod Earth, never strayed in field or street, What hand leads upward back to God The little feet?

Their pilgrimage's period A few swift moons have seen complete Since mother's hands first clasped and shod The little feet.

The little hands that never sought Earth's prizes, worthless all as sands, What gift has death, God's servant, brought The little hands?

Ere this, perchance, though love knows naught, Flowers fill them, grown in lovelier lands, There hands of guiding angels caught The little hands.

The little eyes that never knew Light other than of dawning skies, What new life now lights up anew The little eyes?

No storm, we know, may change the line Soft heaven that happily death describes; No tears like these in ours, below The little eyes.

Horse owners are often compelled to tie their horses rather close in the stall, for fear of accident resulting in the animal's becoming entangled in a halter strap which is too long. A weighted hitching strap is now to be had, with which the animal may have a good deal of liberty without any danger of this trouble. It consists of a piece of pipe with means of securing it to the woodwork of the stall, and a roller at the top over which the strap passes. A long weight slides up and down inside the pipe, and the end of the hitching strap is secured to it. The weight takes up all slack, and the length of rope which it takes care of is sufficient to allow the animal considerably more freedom than if tied in the ordinary manner.

A GOOD REASON.

Lord Rosebery, who was sixty-one recently, is the principal figure in the following good story. It illustrates well His Lordship's justice.

On one occasion a young clergyman was a guest at a dinner at Mentmore, Lord Rosebery's seat in Buckinghamshire.

After the ladies had left the table Lord Rosebery turned to the cleric and said:

"I have often wondered, Mr., what is the use or purpose in our great cathedrals, magnificent though they are."

The clergyman thought a moment before he replied:

"Sometimes a stranger to your Lordship's mansion, and ask whose it is. When I tell them it is the home of one of the King's great nobles they are content. Yet it can be seldom that every room in this enormous building is occupied. We don't grumble at the size of the house. A dignified position requires dignified surroundings."

There was a short pause. The other guests feared that their host might be angered; but he presently remarked:

"That is a good answer, and I thank you for it."

A TRAVELING MAN'S EXPERIENCE.

"I must tell you my experience on an East bound O. R. & N. R. R. train from Pendleton to LeGrande, Ore.," writes Sam A. Garber, a well-known traveling man. "I was in the smoking department with some other traveling men when one of them went out into the coach and came back and said, 'There is a woman sick unto death in the car.' Let one get up and went out, found her very ill with cramp colic, her hands and arms were drawn up so you could not straighten them, and with a deathlike look on her face. Two or three ladies were working with her and giving her whiskey. I went to my seat and got my bottle of Chamberlain's Colic, Cholera and Diarrhoea Remedy (I never travel without it), ran to the water tank, put a goodly dose of the medicine in the glass, poured some water into it and stirred it with a pencil; then I had quite a time to get the ladies to let me give it to her, but I succeeded. I could at once see the effect and I worked with her, rubbing her hands, and in twenty minutes I saved her another dose. By this time we were almost into LeGrande, where I was to leave the train. I gave the bottle to the husband to be used in case another dose should be needed, but by the time the train ran into LeGrande she was all right, and I received the thanks of every passenger in the car." For sale by W. A. WARREN, BRIDGETOWN, A. B. ATLEE, ANNAPOLIS ROYAL, and BEAR RIVER DRUG STORE.

You'll never know how good bread can be until you try

RAINBOW FLOUR

Milled by the Tillsons at Tillsonburg

BRIDGETOWN BOOT AND SHOE STORE

JUST OPENED

Boys' Heavy School Boots

Girls' Heavy School Boots

Child's Heavy School Boots

Strong and Good to Wear

Mens Grain Bals

Men's Grain Bellis Tongue Bals

Men's Grain Harvest Bals

Amherst Make

E. A. COCHRANE.

Murdoch Block, Granville Street.

MORSE'S TEAS

MORSE'S TEAS are put up in 1/2 lb. and 1 lb. packages at Halifax by J. E. MORSE & Co. The selling prices are 30c., 35c., 40c., 45c., 50c. & 60c. per pound.

Many brands of Tea have come and gone and been forgotten, and the grocers who laboured hard to introduce them have lost their labour. MORSE'S TEAS have been on the market since the first of January, 1870, and each year has seen an increase in their sales.

Summer Goods AT RIGHT PRICES

LADIES' WEAR:— Blouse Waists, Skirts, Night Gowns, Corset Covers, Drawers, Aprons, Undervests, Silk and Lisle Gloves, Neckwear, Handkerchiefs, Belts, etc.

CHILDREN'S WEAR:— Dresses, Coats, Bonnets, Tires, Hosiery, etc.

MEN'S AND BOYS' WEAR:— Shirts, Underwear, Collars, Ties, Caps, etc.

Some Special Lines.

Cretonnes, Art Muslins, Lawns, Dress Muslins, etc., Boots and Shoes for Ladies and Children, Hosiery for Men Women and Children

Choice Groceries, Spices, Extracts, Canned Goods, Oranges, Lemons, Bananas, Caddies, Cigars, Ice Cold Drinks, etc.

SEE OUR NEW LINE OF JEWELRY.

W. W. WADE, BEAR RIVER, N.S.

A large poster, bearing the words "Is marriage a failure?—look inside" was attached to a carriage driven through Clapham High street, London. The newly-married couple in the carriage were surprised at the amount of attention bestowed on them.

Church envelopes plain or printed at MONITOR OFFICE.

MINARD'S LINIMENT FOR SALE EVERYWHERE.

BRIDGETOWN**BOOK STORE**

New Music, New Books, New Papeterie, New Post Cards, New Chocolates.

Our Stock of New and Popular Sheet Music and Choice Collections of Music is being renewed weekly. Patrons may leave orders for anything wanted in this line.

HARRY M. CHUTE

Our SEPTEMBER RUSH Has Begun.

Send for Catalogue.

S. KERR, Principia, Odd Fellows Hall

We Keep the Purest

Oils and Leads that are put on the market.

Dressing for Linoleum and Furniture Polish.

The latest patterns of American Wall Paper.

Paints for all inside and outside use mixed to order.

A. R. BISHOP

WANTED.

Will give \$10 to \$20 for old Carved Mahogany Lion's Foot Sofas same as cut. Address.

W. A. KAIN

Box 186, St. John, N. B.

WANTED.

A LARGE QUANTITY OF

HIDES, PELTS, CALF SKINS & TALLOW

Cash paid at the Highest Market Prices.

MCKENZIE CROWE & Co., Ltd.

Summer Clearance Sale

Hats, trimmed and untrimmed and Millinery of all kinds at largest discount, until stock is sold out at

Miss B. Lockett's

310 1/2 ADRI

I am prepared to move and raise all classes of buildings by land or water. Also

Raising and Moving Vessel, Hoisting Boilers and Engines Out of Steamers.

Have had forty years' experience in the business and am the only practical building mover in the lower provinces.

PRICES RIGHT.**W. A. CHUTE**

BEAR RIVER, ANNAPOLIS CO

P. O. Box 104. Telephone 12

Fishing and Bathing.

Parties trespassing on the Cross-kill Lake for the purpose of fishing or bathing will be prosecuted.

By order of the water committee of the Town of Bridgetown.

F. L. MILNER

TOWN CLERK