

Rapid changes of temperature are hard on the toughest constitution.

The conductor passing from the heated, inside of a trolley car to the icy temperature of the platform—the canvasser spending an hour or so in a heated building and then walking against a biting wind-know the difficulty of avoiding cold.

Scott's Emulsion strengthens the body so that it can better withstand the danger of cold from changes of temperature.

It will help you to avoid taking cold.

ALL DRUGGISTS: 50c. AND \$1.00.

HOUSEHOLD.

reof gardens for our hospitals, in or before placing on the fire. der that pneumonia itself may be Has the during snow-storms, and recover in greasy rag. Rust is insidious. individual. These are extreme cases, it the celler.

water and egg. To be "almost good" knowing on a cold day. times, of propagating "colds" and

It is sometimes very difficult to in this manner. think of anything of a quiet nature. which is at the same time diverting Take a piece of board about nine by contrary to the spirit of the times. Take a piece of board about nine by cow's milk.

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It is quite practicable for individual farmers to test their own herds, and the ice meeded for any farmer's fammany half-yard strips of narrow rib-sprinkle on it a big spoonful or two many are doing so, but some form of ily.

Take a piece of board about nine by cow's milk.

It is quite practicable for individual farmers to test their own herds, and the ice meeded for any farmer's fammany dairymen object to the campaign for dien milk because JAPAN'S GRIEVANCE. choose a ribbon, according to his or store and the rotten store at a hard-white pasteboard cards, with a bow of will preserve the ical white pasteboard cards, with a bow of will preserve the ical will prese

A GOOD IDEA

In one large family is kept what is

sometimes tempt us to force the fires A SAFE MEDICINE FUR CHILDREN.

Shave some pure white soap into enother matter.

in itself is a positive danger, in these is ready for use. Put the glove on, stock must provide for a study and paste rub the soiled parts, then wipe dividual cow, as well as deal with the FOR A YOUNG PEOPLE'S PARTY. off with a clean cloth. The gloves may management of the herd, including its WHY DO WITHOUT ICE?

RUSTY FLATIRONS.

out. Let each one of the company place. You can get the oil at a drug. own.

caffed the "Solecism" box. This is a 'In putting cold raw or cooked meat small box in which a person may through a meat-chopper, if often hapwashed and put away. A couple of dry, hard crackers run through the machine immediately after the meat will serve to push all the bits of meat out of the openings and leave the machine perfectly clean. The powdered cracker may be run right into the individual factory washes securing an increased yield of milk from the herds already supply wide and three-eights of an inch deep. The roof boards should be dressed on their upper surface, and the kerts are cut, one-half inch milk from the herds already supply ing the factories, a more abiding and better general result would be obtained.

THINGS TO DO NOW. dered cracker may be run right into standpoint. Fill the lamp early before dark, for the chopped meat without harm. The masslate can then be taken apart, the season of long evenings with a washed in hot water, dried, the parties again and the machine put

The curfew hour means literally the banked for the night. The only safe plan for an open fire is to cover the logs with askes and use a screen. Bon't omit the screen.

Never economize the draft of the phan cloudy night, the absence of natural draft or an the experience of natural draft or an the croupy cough appears, will present the coups of the safe and the screen are some twenty of these associations already in existence in the provinces of Outario and Quebec, which have been organized by the is not danger from it, and relief is always sure to follow. It is intended aspecially for coughs, colds, croup and whooping cough, and there is no better medicine in the world for these diseases. It is not only a certain cure for croup, but when given as soon as the croupy cough appears, will present the course of the second the provinces of Outario and Quebec, which have been organized by the importance of the provinces of Outario and Quebec, which have been organized by the importance of the provinces of Outario and Quebec, which have been organized by the importance of the provinces of Outario and Quebec, which have been organized by the importance of the provinces of Outario and Quebec, which have been organized by the importance of the provinces of Outario and Quebec, which have been organized by the importance of the provinces of Outario and Quebec, which have been organized by the importance of the provinces of Outario and Quebec, which have been organized by the importance of the provinces of Outario and Quebec, which have been organized by the provinces of Outario and Quebec, which have been organized by the importance of the provinces of Outario and Quebec, which have been organized by the provinces of Outario and Quebec, which have been organized by the provinces of Outario and Quebec, which have been organized by the provinces of Outario and Quebec, which have been organized by the provinces of Outario and Quebec, which have been organized by the provinces of Outario and Quebec, which provinces of Outario an

Organization of Cow

Testing Associations

Dairy Commissioner's Office, Department of Agriculture, Quebec.

no other line of effort which offers the production of Canadian herds by at committee of marragement.

least 2,000 pounds of milk per cow per 7.—The milk will be preserved and a sible. Then we shaved over the upper cows. Don't, for the sake of methods. Such an increase in production with a Rabcock milk tester. ********************************** tion would mean an additional rev-

THE HOUSE HEALTHFUL.

The hygiene of the house, however, is as much a factor as the proper facing of the wind outdoors. It is the height of safety to take fresh air everywhere. One of the best proofs of its value is the earnest advocacy of roof gardens for our hospitals, in or
without increasing the number of cows kept.

The hyding the samples.

S. Members shall assume the responsibility of colding the samples.

S. Members shall assume the responsibility of delivering the samples to the place where the testing is to be done, on such days as may be directed by the person in charge of that with a small flame, for, if turned up at the start, it will surely smoke.

In burning sitted coal in the kitchen fire, sprinkle the siftings with water before placing on the fire.

Without increasing the number of cows kept.

The house height of samples.

S. Members shall assume the responsibility of delivering the samples to the place where the testing is to be done, on such days as may be directed by the person in charge of that work.

I am authorized by the Honourable which that will be samples.

I are to cement the layer solidity to second test. Old worn-out plank, bad.

S. Members shall assume the responsibility of delivering the samples.

S. Members shall assume the responsibility of delivering the samples to the place were the testing is to be done, on such days as may be directed by the person in charge of that work.

I am authorized by the Honourable which the title of the samples.

S. Members shall assume the responsibility of delivering the samples.

S. Members shall assume the responsibility of delivering the samples to the place to cement the layer solidity to second test. Old worn-out plank, bad.

S. Members as a much a factor as the proper is a sample samples.

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I are to cement the layer solidity to second test. Old worn-out plank, bad.

S. Members as a much a factor as the proper is a sample samples.

The plant he air passing through it is the sa refrigerator gone out of the mark; that there are "scrub" Even consumptives sleep on balconies place. Wipe over iron tools with a shown up in her true colors, but that the testing may be done. is what should be done. There is only A cheese factory or a creamery is a or less to allow free circulation of the face of inclemencies of weather Store the hammock and the piazza one true standard and the test must matural control for an association of air over the ice. Remember there will that would kill the ordinary indoor chairs in the attic-not in the barn or be production. This is not an argument against the thoroughbord and are available at any properly equipmonths, no matter bow much pains. Are not the products of our hands,

putty, with a few sheets of glass, may to place performance ahead of pedi-Warm air is not necessarily impure save a trip to the painter these snow- gree. Accestry is a most important wagons. save a trip to the parater these show gree. Asserting a broken window feature, and the man tooking for supurity and freshness as we are of our is a little accomplishment worth perior animals gets no information person interested in the formation of he sure to fully appreciate the heme-TO CLEAN WHITE KID GLOVES. He may have personal knowledge of authorized to say, that whenever it is

water, boil until dissolved, pour into Any scheme which has for its ob- zetion meeting.

J. A. RUDICK,

sprinkle on it a big spoonful or two many are doing so, but some form of bon (and as many colors, or shades of rotten stone. Then rub your flat. co-operation makes the work easier One farmer says:—"For several years they say it costs too much. Just you of color) as there are guests, with a small lead pencil attached to the end a polish on the bottom of them like the same time and cheaper and at the same time we used a small cheap ice house that what work and planning can do with the winer useful, inasmuch as each member kept the ice as well as a more costly the every distance of only a few dollars. of each. Place the ribbons in a deep sould be point on the bottom of them like a piece of glass. Wipe them dry, and of an association has the information building constructed over twenty years when not in use keep in a warm dry relating to other herds as well as his previously. Some have an idea they

shade of ribbon to match his own.

Shade of ribbon to match his own.

The lan will be in trying to see who ing decorum. Many persons have The fan will be in trying to see who ing decorum. Many persons have cows should not be done by the fac-The fan will be in trying to see who ing decorum. Many persons have will be the first to give a correct an abandoned the custom of wearing abandoned the custom of wearing mourning, and no one is singular who swer to the puzzle on his card, an mourning, and no one is singular who in the wear the factories have of 2x4 and 2x6 pieces were used for can have some new windows put in plates, nail ties, braces and rafters. mourning, and no one is singular who omits it altogether.

To management. Most factories have of 2x4 and 2x0 pieces were used for can have some new windows put in the necessary appliances (except the plates, nail ties, braces and rafters. sample bottles) and the manager is "A fair grade of pine stock boards, or should be, more competent to do the invite was mailed on the invite was mailed on the invite was mailed on the invite was possible on the invite was mailed on or should be, more competent to do the more of the work properly than the average farmer is. It needs no argument to of the poles, horizontally, the better will give nearly 500 cubic feet of air ed States. England had to have farmer is. It needs no argument to of the poles, horizontally, the better prove that if the patrons of a factory to resist lateral pressure from the increase the yield of milk from their packed ice and sawdust. A better number of coass, and instead of 500 ker loans, Japan has pledged to Eng. drop a paper recording an error of speech that comes under his notice. These notes are not made personal at all, although at the weekly opening of the box members of the family recognize and acknowledge washed and put away. A couple of their mistakes. Their fear of being through the small increase the yield of milk from their packed ice and sawdust. A better cows the factory will derive a corresponding benefit. If the efforts which are now made by the swaers of most factories, to increase the yield of milk from their packed ice and sawdust. A better cows the factory will derive a corresponding benefit. If the efforts which are now made by the swaers of most factories, to increase the yield of milk from their packed ice and sawdust. A better cows the factory will derive a corresponding or stock boards, one foot wide, ponding benefit. If the efforts which are now made by the swaers of most factories, to increase their milk supply at the expense of neighboring establishments, were to be directed to practically water tight.

tions. There are some twenty of these \$15 and will last as long as one cost-

3.—The officers shall be elected to hold office for one year or until their 4.—The annual meeting shall be beld at the call of the president.

good start was made in 1906 5.—Metings of the committee good start was made in 1996 the organization of Cow Testing of the secretary-treasurer. Three membut we hope to see a bers shall form a quorum. ing the coming year, because there is keep a record of individual cows dur-

no other line of effort which offers the profits of milk production. Judging by extent of weighing the morning's and same possibilities for increasing the evening's milk on at least three days every month, and also take a sample by the experiences of progressive far. for testing, will be admitted to memmers in this country, it would seem bership. The number of members may to be possible to increase the average be limited at the discretion of the

tion would mean at a state of some some some sweet into the crevises between the stable; one you can sweep clean. Canada of at least \$30,000,000 a year. vide themselves with scanes, supply cakes. When treezing cold a livite was sprinkled over the whole sur- Cement is best. Good sound plank, without increasing the number of for holding the samples.

formance at the milk pail is up to that the testing will be done free of will settle some. Be sure to keep the Illinois College of Agriculture. treated in the open even in mid-winter, commission? Look sharp inside. Ab- thoroughbreds as well as common regularly organized association; the sides frequently during the summer. A NEW YEAR'S RESOLUTION. What an argument is this against the solute clearliness is the price of safety. "scrubs." It will require some moral members of the association to provide and see that no arboles form. what an argument is this against a solute degrated solute communes is the price of salety.

Solute degrated and dusty Good time to look over the garden courage to descard the expensive thor their own outfits, and the association "When the ice is all packed in, close, stuffy, over-heated and dusty Good time to look over the garden courage to descard the expension of many of our apartments! tools. Clean and put away in a dry oughbred scrub after she has been to provide a suitable place in which cover with ten to fifteen inches of an And all takes on a festal air,

the strain in question, but that is possible to do so, a member of my staff will be sent to attend an organi. Did you whitewash the cow stables So let resolve of each one be

must forego the luxury of ice on ac-four square feet per cow, put in other day.

of an inch from each edge. The mill operator should set the buse sameout

COW. TESTING ASSOCIATIONS. of the compared age to bust supported age of the compared age of the compared age of the compared age of the compared age. try to fill a lighted lamp.

Look sharp for defects in the flues.

Look sharp for defects in the flues.

CHAMBERLAIN'S COUGH REMEDY

A SAFE MEDICINE FUR

A SAFE MEDICINE FUR

These early twilights and cold nights

A SAFE MEDICINE FUR

the absence of natural draft or an open window may set the current of sumburned gas in motion the wrong way.

When lighting a lamp turn the lamp down low. The perforated metal of the burner is cold. Soon it becomes hot diseases. It is not only a certain cure for croup, but when given as soon as the croupy cough appears, will prevent the attack, Whooping cough is not dangerous when this remedy is given as directed. It contains no opium or other harmful drugs, and may be given as confidently to a baby as to an adult. For sale by the color of the color of the croup, but when given as soon as the croupy cough appears, will prevent the attack. Whooping cough is not dangerous when this remedy is given as directed. It contains no opium or other harmful drugs, and may be given as confidently to a baby as to an adult. For sale by the color of the color of the croup, but when given as soon as the croupy cough appears, will prevent the attack, Whooping cough is a Cow Testing Association.

2.—The officers shall consist of a perfectly, no matter how expect the retary-treasurer. Three other members shall be appointed to act along with the cakes and as the break of the croupy cough appears, will prevent the attack. Whooping cough is a Cow Testing Association.

2.—The officers shall consist of a perfectly, no matter how expect the retary-treasurer. Three other members shall be appointed to act along with the cakes are as the break of the croupy cough appears, will prevent the attack, William as Cow Testing Association.

2.—The officers shall be known to the known of the croupy cough appears, will prevent the attack. The organization shall be known to the croup cough appears, will prevent the attack. The organization shall be known to the croup cough appears, will prevent the attack. The organization shall be known to the croup cough appears, will prevent the attack. The organization shall be known to the cough the cough the cough the cough the cough that the cough the cough that the cough the cough that the cough the cough tha

! said the physician; said

year, by applying the same rational composite sample tested once a month surface of all the cakes with a carpen animals as well as your pocket book, 8.—Members will be expected to pro-

charge for the season of 1907 for any sawdust tramped down around the

is true, but there is a happy medium A glazier's diamond and a pound of mal as such, but rather an attempt pad factory and the samples can be are taken, and this would be true in The gift and tinsel of below delivered easily on the regular wilk the most costly ice bouses. The farm- Nor yet some

CLEAN THE DAIRY BARN.

last summer? The dark days and long At this, the birth of a new year J. A. RUDICK, last summer? The dark days and long Dairy Commissioner. nights are here The cows need all Make smiling face replace the tear.

the light they can get. It is surprise.

A. R. F. and with a soft cloth dipped in the record, of the performance of the inpaste rub the soiled parts, then wipe dividual cow, as well as deal with the ing how much plainer dirt can be seen in a stable that has had the MINARD'S LINIMENT CO. LONITE be worn immediately after cleansing care and feeding, and the breeding of Thousands of farmers do without ice ceiling and sides whitewashed than in animals to replace those which are during the long, hot summers because one that has a tropical growth of cot- great benefit from the use of MINdiscarded in the "weeding" process they suppose it costs too much money and requires too much time to secure they suppose it costs too much money and requires too much time to secure and agreeable to entertain at an evenTake a piece of board about nine by by the weighing and testing of each and preserve it. But at a very little dirt. That is contrary to the spirit proved it to be very effective in case

Children will easch cold sall wolfie, nother chro cho takon.

Simson's Emulsion

A simple preparation with the most delicate stomach. Price 25c. All druggists.

THE NATIONAL DRUG & CHE

For that run-down condition-

Gentlemen,-Last winter I receive

JAPAN'S GRIEVANCE

try it and you will be surprised at "I do not think Japan wants wer. in Japan, who was in Washington the

white pasteboard cards, with a bow of aribbon tied in the top left hand corner of each card, and a puzzle, charade or conundrum, plainly written or printed card, may be passion the face of the card, may be passion the face of the card, may be passion the face of the card, may be passion to the face of the card, may be passion to the face of the card, may be passion to the face of the card, may be passion to the face of the card, may be passion to the face of the card, may be passion to the face of the card, may be passion to the face of the card, may be passion to the face of the card, may be passion to the face of the card, may be passion to the face of the card, may be passion to the face of the card, may be passion to the face of the card, may be passion to the face of the card, may be passion to the face of the card, and a puzzle, charade or tic in three days. A widow wears constructed to use a long constructed shed that took less than a day's work to build. The plan was very simple indeed, we used white oak the face of the card, may be passion to the face of the card, may be passion to the face of the card, may be passion to the face of the card, may be passion to the face of the card, may be passion to the face of the card, may be passion to the face of the card, may be passion to the face of the card, may be passion to the face of the card, may be passion to the face of the card, may be passion to the face of the card, and a puzzle, charade or tic in three days. A widow wears are to the face of the card, and a puzzle, charade or tic in three days. A widow wears a long to the face of the card, and a puzzle, charade or tic in three days. A widow wears are to the face of the card, and a puzzle, charade or tic in three days. A widow wears are to the face of the card, and a puzzle, charade or tic in three days. A widow wears a feet will accommodate 50 cows. Four square feet will acc land the revenues of the custom houses, of the government railroad, and government monopoly of tobacco, is why the war with Russia stopped when Japan was in the flush of tri

> "There is only one reason why Ja-pan might desire war with the United her own-Asia for the Asiatics. You are in Asia, in the Philippines, and she would motive sorry to see you spet out. The Asietic sentiment in rising in the Orient, and will have to be reckoned with But lapas has a more important object in view just now than the Philippines. She made, not peace, but simply a truce with Russia. She wants to strengthen berself on the Asiatic continent. She wants a larger Japanese population in Korga, and especially in Manchuria, and defires to push back the Russians as far as Lake Balkal, which she regards as the patural boundary of the two ma

Father Ferraud has been for sixteen years a missionary in Japan and ich the last seven years has conducted a college at Tokio. He will leave shortw for the Pacific coast, whence he will return to Japan.