Pale Wan Cheeks And Dull Eyes

Is Proof That The Blood is Thin and Impure.

It is the blood that gives color to the cheeks and lips, as well as brightness to the eyes. If your blood gets thin the color will fade and the eyes grow dim. By the time this happens you will notice that you tire easily and are subject to headaches and backaches, for the blood goes everywhere and the entire system feels the effects when it becomes thin. Dr. Williams' Pink Pills contain the elements necessary to enrich the blood, and this better blood strengthens the nerves and all the organs of the body, brings a glow of health to the cheeks, brightness to the eyes and a general feeling of renewed health and strength. Miss Florence Johnson Stratford, Ont., who has proved the value of Dr. Williams' Pink Pills in cases of this kind, says:—"A few years ago I was greatly run down; my blood was very poor and my nervous system in bad shape. The doctor said my condition was due to improper diet and lack of fresh air. I then commenced eating the food he advised and went out daily for a walk. I did not improve, however, and was much discouraged. A friepd advised me to try Dr. Williams' Pink Pills. I lost no time in getting a supply and can truthfully say that when I had finished the first box I could note an improvement. From then on the progress was steady. My complexion, which had been pale and sallow, began to take on a healthy glow, I felt a great deal stronger and my appetite became mormal, and soon my health was fully restored. Before using Dr. Williams' Pink Pilks I idd not know anything about their wonderful qualities, but now I recommend-them to all suffering from similar allments."

You can get these pills from any medicine dealer or by mail at 50 cts. a box from The Dr. Williams' Medicine Co., Brockville, Out.

A Foe to Asthme. Give asthma half a chance and it gains ground rapidly. But give it repeated treaments of Dr. J. D. Kellogg's Asthma Remedy and it will fall back even faster. There is no half way measure about this remedy. It goes right to work and drives asthma out. It reaches the inmost breathing passages and leaves no place for the trouble to lurk. Have it by you for ready use.

ALVINSTON

This village celebrated the holiday in a very fitting manner and despite the very disagreeable weather it was very successful. The huge calathumpian parade which commenced the afternoons program contained a float of nearly every business man besides those of the high school and individuals. The program at the park included caledonion games in which there was keen competition especially the pole vault, running high jump, and shot put. There was a lively baseball game staged between Walkers and Inwood, Inwood winning by a small margin. There were foot races, relay teams and last but not least a chase after the greased pig the captor being George E. Whitton. Owing to the slippery track

winning by a small margin. There were foot races, relay teams and last but not least a chase after the greased pig the captor being George E. Whitton. Owing to the slippery track the motorcycle races were not held.

In the evening an interesting program was staged by The Wright Concert Co. of Strathroy and Mr. W. E. Edwards and Miss Jessie Mac. Gregor of Caledonia. Music for the day was furnished by the Petrolia Band.

Mrs. Clara Wall and son Charles

Mrs. Clara Wall and son Charles and children and Miss Annie Parley, of Thamesville spent the holiday in

Alvin Paper of Detroit, was a week-end visitor at his home here. Misses Jean and Eva McCallum of London visited at their home here. The death occurred in London on Friday of Nelson Lorne Gough, son of Nelson Gough, River St. Deceased who was in his twenty-ninth year had been in poor health for the past year having been gassed in the recent war. He is survived by his father and two brothers, Charles and

NAPIER

Miss Margaret Douglas of Vancouver is visiting her aunt and uncle, Rev. and Mrs. Mackintosh. Mrs. M. L. Woelard of Toronto,

Mrs. M. L. Woelard of Toronto, visited the Napier branch of the Women's Institute on Wednesday, May 21. and in her pleasing way delivered a most eloquent address. She spoke on canning also gave some sewing hints. A report of last year's work was given, showing over \$70 being made and over \$30 yet in the treasury. A community song was sung and a dainty lunch was served. Mr. and Mrs. John Field and Miss Enid Elwood of Strathroy spent the holiday at the home of Mr. and Mrs. Basil Smith.

Mr. and Mrs. Richard Searson and the Misses Mabel, Dorothy and Reatrice Clothier spent the 24th. with friends on the 10th line.

Note and Comment

The village of Chesley enjoys a unique position. All its taxes are

The tortoise went under the wire first. The hare, no doubt, was an efficiency expert and sat down to work out a time-saving method.

Burns Lodge A. F. & A. M., Wyoming is planning to attend the Anglican service in a body on June 8, Members of near-by lodges are in-

Blankets that have been washed and dried should be well beaten with an ordinary carpet-beater. This will make the wool light and soft, and freshen up the appearance of the blanket.

It was formerly said that the Chicago pork packers used every part of the pig except his squeal. This now seems to be used by broadcasting stations on nights when we have a few friends in to listen to our radio.

Inspector Morrison, who has charge of the looking after the proper grating of eggs, was in town Tuesday. He found that several merchants were not grading the eggs which are being purchased from farmers, and in each case gave a warning that this must be done, or a fine of \$200 would be imposed.—Forest Standard.

The backward and wet weather which has prevailed this spring is expected to bring compensation in the form of better pasture and hay crops this year, but because of the lateness of the season, it is anticipated that there will be a larger acreage than usual planted of the standard late sown crops such as corn, millet and buckwheat.

Mr. and Mrs. John MacRoble, of Petrolia have announced the enquement of their only daughter, Mardon Hilda, to Frederick Ardell Fitzgerald, son of A. E. and the late Mrs. Fitzgerald, of Detroit, Mich., the marriage to take place on June 8.

Parents of Ontario will undoubtedly enthuse when Hon. G. H. Ferguson, premier, announces details of his proposed revision of the school curriculum. It is already indicated that many of the fads and frills are to go, to make room for the return of the much more important three "R's."

Shingle, belles, shingle, belles,
Shingle while you may.
Can't you hear those shears snip,
belles?

The shingle's come to stay.
Shingle, belles, shingle, belles,
The barber has his day;
The shingle is in favor, belles,
And the woman has to pay!

A man's work is from sun to sun, but a woman's work is never done. So runs the old saying. New Hampshire checks up and discovers that the average woman on its farms works 4,000 hours a year. That is about eleven hours a day, Sundays included. Mother never gets a real vacation. Did it ever occur to you what would happen if she struck for an eight-hour day? — Vancouver Evening Sun.

As the result of a gasoline war in Strathroy the Imperial Oil Co. are placing a new filling station in that town and this week it is expected that gas will be selling around 20c per gallon. It has been selling at 24c all spring and the Imperial are determined they will run the opposition out of business or put a stop to the price cutting. The opposition is getting his gas from Oklahoma.

Young men who left Western Ontario for Detroit and other U. S. points are moving in the opposite direction. The reason why they left Ontario was that work was plentiful and wages good in United States. There are many plants there now where there is no work to be had. The magnet toward the republic has ceased to pull. There are cases not far from Strathroy where young men left the farm for Detroit. They could not be blamed because they were sure they could make more money. Today a number of them are back. They did work for a time and made good wages, but they had to part with a large percentage of them to pay living costs. Then the work ceased, and they once more made a wise move—they came back to Ontario and took the first work they found, on a farm. The tide has turned in the opposite direction. Canadians are coming home, and Oanada today is fundamentally in better shape than United States.

Amherstburg Echo:— "William Luckham, of Sarnia, father of Mrs. (Dr.) Maxwell, of Kingsville, made an interesting call at The Echo office Tuesday morning, having driven over from Kingsville with Dr. Maxwell. Mr. Luckham is just returning from Toronto, where he was attending the 91st anniversary of the Upper Canada Tract Society, the significance of this being that his life is concurrent with that of the Society, with which he has been associated for many years. Mr. Luckham was 91 on the 51st of October last. Despite his years he is erect as a soldier, clear of vision, hearing and mental functions, and takes an actice interest in public and family affairs. He is the youngest old man it is our pleasure to know."

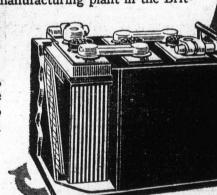
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Paroid Roofing has earned its enviable reputation during a quarter century of use because-

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- 3. It is extra heavy and pliable—will not crack in cold weather.
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Paroid Roofing is made by Bird & Son, Limited (Est. 1795), manufacturers of Neponset and Canadian Twin Shingles, Bird's Art Craft Roll Roofing, Neponset Black Building Paper and Combination Wall Board. There's a Bird product for every sort of building.

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Watford

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