

TIVE CURE  
EUMATISM!

if People Have  
it-a-tives" Their  
y Help

## HIS LETTER

f Sunday School in  
w He Cured Himself  
nism After Suffer-

LOAD, Oct., 1st, 1913.

e, I have thought of  
ding what I term a  
ure effected by your  
ves". I suffered from  
cially in my hands  
of money without  
I have taken "Fruit-  
paths now, and am  
u that I am cured.  
nt has not left my  
never will, but the  
e and I can do any  
ve gained 35 pounds.

R. A. WAUGH

longer the dreaded  
Rheumatism is  
f the "incurable  
-tives" has proved  
wers over Rheu-  
lumbago—in fact,  
s which arise from  
stomach, bowels,

sold by all dealers  
\$2.50, trial size,  
id on receipt of  
Limited, Ottawa.

## TIES.

## to 17 C.O.F.

regular meetings the  
nd and Fourth  
days of each  
th at 8 o'clock.  
urt Room over  
ford's store, Main  
t, Watford.

Smith, C. R. J.  
Collier, F. Sec.

Y FARM  
OOD

attle

ohn Sheep

Proprietor  
Ontario

## NG LIST

DATE AND

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RAILWAY  
SYSTEM

## BLE.

on s follows

.. 8 44 a.m.  
.. 2 55 p.m.  
.. 9 09 p.m.  
.. 7 43 a.m.  
.. 11 02 a.m.  
.. 3 00 p.m.  
.. 5 16 p.m.  
nt Watford

22.  
15.

6.

19.

**900 DROPS**

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**For Infants and Children.**

**The Kind You Have Always Bought Bears the Signature of**

*Chat. H. Fletcher*

**In Use For Over Thirty Years**

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**Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of Infants & Children**

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Pumpkin Seed—  
Aloes—  
Rhubarb—  
Sassafras—  
Peppermint—  
Pineapple—  
Cinnamon—  
Cloves—  
Wormwood—  
Mint—  
Licorice—  
Ginger—  
Sage—  
Thyme—  
Rosemary—  
Marjoram—  
Lavender—  
Sandalwood—  
Storax—  
Benzoin—  
Gamboge—  
Turpentine—  
Castor Oil—

Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and Loss of Sleep.

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*Chas. H. Fletcher*  
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## MUSIC AS A TONIC.

It is Good Not Only For the Body, but For the Soul as Well.

To what are the beneficent effects of music due? Darwin, who never rested until he could explain a thing, if it were explainable, could nevertheless no more explain why musical tones in a certain order and rhythm afford pleasure than we can account for the pleasantness of certain odors and tastes. "We know that sounds more or less melodious are produced during the season of courtship by many insects, spiders, fishes, amphibians and birds."

After all, says the Journal of the American Medical Association, we need go no deeper for an adequate explanation than that influences, such as music, which are agreeable are therefore salutary, and music is agreeable because its component tones are regular, periodic vibrations, even auditory waves, precisely so many to each note, being in this regard unlike noises, which are irregular, dissonant, conflicting vibrations. Sound waves impinge on the hearing sense, whence the perception is conveyed to the brain.

The benignant influence of music physically is by the transmission of its influence from the cerebrum through the sympathetic system, which directs the various organs. Thus not only is music physic for the soul, dissipating mental depression, soothing psychic perturbations, but this influence may also enhance nutrition, further digestion (as by the "liver music" of the French) and restore organic equilibrium. Indeed, the entire working of the human mechanism, physical and mental alike, may be lubricated by a stream of music, which art and science should therefore have a place in the medical armamentarium.

## BADGES OF BRAVERY.

Rewards of Some European States For Valor In Battle.

All the great powers of Europe have some reward for conspicuous valor and bravery on the field of battle, and, although the plain bronze Victoria cross is the youngest of such decorations, dating back only to the Crimean war in 1856, it is the most valued possession in many a home in England today. The Austrian cross, on the other hand, is the oldest.

A similar reward in Germany is the Iron Cross, instituted by King Frederick William III. of Prussia in the year 1813.

Russia gives as a decoration to its

heroic soldiers the cross of St. George, which was founded by the famous Empress Catherine II. in the year 1769, and, while the Victoria cross is of bronze and the Iron cross, as its name implies, of iron (which is edged with silver), the Russian order is of gold with a beautiful medallion of St. George killing the dragon.

In Austria the cross is of gold and was instituted in the year 1767 by the Empress Maria Theresa soon after her accession to the throne. It bears the same inscription as the British Victoria cross, the British having in English "For Valour" and the Austrian in Latin the word "Fortitudine."

The Order of the Legion of Honor, which is the reward in France, was instituted by the great Napoleon, and he decreed that every soldier who was decorated with that honor should have the additional distinction of being entitled to receive a military salute from officers, noncommissioned officers and private soldiers.—London Tit-Bits.

## A Prayer.

Purge out of every heart lurking grudge. Give us grace and strength to forbear and to persevere. Offenders, give us the grace to accept and to forgive offenders. Forgetful ourselves, help us to bear cheerfully the forgetfulness of others. Give us courage and gaiety and a quiet mind. Spare us to our friends, soften us to our enemies.

Bless us, if it may be, in all our innocent endeavors. If it may not, give us the strength to encounter that which is to come, that we be brave in peril, constant in tribulation, temperate in wrath and in all changes of fortune and down to the gates of death loyal and loving one to another.—Robert Louis Stevenson.

## The Sleeping Top.

A spinning top "sleeps" in obedience to a law of nature. The top at the period of its spinning called by boys "sleeping" has the centrifugal and gravitative forces acting upon it in a nearly balanced degree. Obeying chiefly the rotary force imparted to it by the player, the top seems for a little while, until that force is overcome by gravity, to be in a state of comparative rest.

## John's Chance.

Wife—Now, John, my sister Belle and her steady are coming to call on us tonight. So you must act the part of an ideally happy, married man. She's not quite sure of him yet. John (savagely)—Leave it to me! That lobster trunk med me in a horse trade once! Leave it to me!—Boston Globe.

## Cured Her.

"I cured my wife of quarrelling about wanting her own way in everything."  
"How?"  
"I let her have it."—Boston Transcript.

## Wrong System.

"Bliggins doesn't get on."  
"No. He insists on figuring on the high cost of living instead of on how to get the price."—Washington Star.

He that plants thorns must never expect to gather roses.—Pilpay.

It Will Cure a Cold.—Colds are the commonest ailments of mankind and if neglected may lead to serious conditions. Dr. Thomas' Electric Oil will relieve the bronchial passages of inflammation speedily and thoroughly and will strengthen them against subsequent attack. And as it eases the inflammation it will stop the cough because it allays all irritation in the throat. Try it and prove it.

## Drug Store Goods Now Subject to War Tax

A war tax has been imposed by the government on the following goods sold by druggists: All proprietary and patent medicine, all preparations used for the hair, mouth and skin, all essences and alcoholic preparations, all remedies of specific for any disease or affection whatever affecting the human or animal body. The tax is as follows:—

Retail price of article, 25c., or under, 1c.  
Retail price of article over 25c. and under 50c., 2c.  
Retail price of article over 50c. and up to 75c., 3c.  
Retail price of article over 75c. and up to \$1.00, 4c.

Larger purchases in proportion. A fine of from \$50 to \$250 can be collected for each and every case of neglect to put stamps on the above articles.

The Minister of Finance may fix and determine the retail price of a proprietary or patent medicine.

## ONE SPOONFUL GIVES ASTONISHING RESULTS

Watford residents are astonished at the QUICK results from the simple mixture of buckthorn bark, glycerine, etc., known as Adler-i-ka. This remedy acts on BOTH upper and lower bowel and is so THOROUGH a bowel cleanser that it is used successfully in appendicitis. ONE SPOONFUL of Adler-i-ka relieves almost ANY CASE of constipation, sour or grassy stomach. ONE MINUTE after you take it, the grasses rumble and pass out.—Taylor & Son, druggists.

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