Minister Speaks to Mothers

Tells His Wife's Experience for the Sake of Other Sufferers.

The following letter has been sent to Dr. T. A. Slocum, Ltd., for publication.

lication. Dr. T. A. Slocum, Limited :--Dear Sirs: Within the last two years my wife (who is of a delicate constitution) has had two severe attacks of la prippe, both of which have been speedily corrected by the use of Psychine. We have such faith in the efficiency of your remedies that as a family we we no other. For toning up a debilitated system, however run down, restoring to healthy action the heart and lungs, and as a specific for all wast-ing diseases, your system and Oxonulsion are simply peerloss. Yours sincerely, Rev. J. J. Rice, at walker Avenue, Toronto.

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PSYCHINE, Pronounced Si-keen, is a scientific preparation, having wonderful tonic properties acting directly upon the Stomach, Blood and weak organs of the body, quickly restoring them to strong and healthy action. It is especially adapted for people who are run down from any cause, especially Coughs, Colds, Catarrh, LaGrippe, Pneumonia, Consumption and stomach or organic troubles. It has no substitute.



is for sale at all dealers, at 50c and \$1.00 per bottle, or write direct to Dr. T. A. Slocum, Limited, 179 King St. W., Toronto.

There is no other remedy "Just as Good" as PSYCHINE.

Dr. Root's Kidney Pills are a sure and permanent cure for Rheumatism, Bright's Disease, Pain in the Back and all forms of Kidney Trouble. 25c per box, at all dealers.

Alberta

- Away out in Alberta, Where the land is not so dear ; And the wheat fields on the prairie
- And the wheat-helds on the prairie Are increasing every year. Where the workman can get wealth And the wealthy they can rest, In a land of peace and plenty In the great North-west,
- And in Sunny Alberta, That's famed for fertile lands. There near the town of Edmontor A little cottage stands.
- The cottage is intended, I hear the people say, Fer one who lives in Biddulph,
- Two thousand miles away
- Oh, these delightful prairies, Are beautiful to view, But if there is no woman there,
- What can a poor man do.

As every bachelor in the West, No matter where you find him, Is thinking of that well-known song "The girl he left behind him."

for the opening of the Jamestown Expos-tion on April 25th, remaining there until the British flest detailed for participation at the Exposition, is ready to return home. The Dreadnaught was only a short time aro put into comission after having been a remarkably short period in building. She is of 18,000 tone displacement and has an armoment of ten twelve inch guns, or near-ly three times the gun strength of any other battleship afloat. This yeased has a speed of more than twenty knots an hour and could therefore overtake any combination she can fight, or run away from any she cannot.

she can hint, or run away irom any sne cannot. Besides this visit of the Dreadnaught, England through the Admiralty's late de-cision, will send her first cruiser division to Hampton Roads for the opening celebration of the Jamestown Exposition. The vessels compraining this division are the Good Hope, Antrim, Argyle, Devonshire, Hampshire and Faxburgh. These ships will probably give England a stronger representation in the naval manceuvers in Hampton Roads than any of the other foreign powers that are to participate.

are to participate.

It Depends. A Scotch girl, rosy cheeked and demure

A Scotch girl, rosy cheeked and demure, was in one corner of a compartment in a Continental train. In the corner opposite sat a heavy German. The Scotch girl was reading in the Bible. The German noticed the fact. After looking the girl over ortically, he asked her whether she actual-ly believed all she found in the Bible. "Aye," she answered, naising her eyes to him from the page. "Aye." "And of Cain and Abel ?" "Aye."

"And of Cain and Abel ?" "Aye." "But certainly you don't believe the story of Jonah and the whale ?" The girl said that she believed that, too. The German was puzzled. "But how are you going to prove it ? Aak Jonah when you get to heaven ?" That idea struck the girl as a good one, and she said she could prove it that way. "Suppose he isn't there? What then ? How would you prove it ?" "Ah," said the demure maiden, f" "then you ask him."

Oil Springs Youth Shot by Companion Oil Springs, Feb. 15 .- A sad accident oc

curred here yesterday which terminated fat-ally. Two young buys, John Dean and Crosby, after school were in the stable of Crosby, after school were in the stable of the latter's family, when they got hold of an old revolver that had been left there for some time. Young Crosby got hold of the pistol, and, the boys evidently in playing with it caused its discharg, with the resu b that John Dean was shot through the head, causing instant death.

Jumping With Nerve Pain.

That's how you feel with neuralgia. That's how you feel with neuralgia. But why lie awake at night, grumble or complain-get busy with a bottle of Nervi-lue. It does act like, magic, seeks out the pain and destroys it. Harmless and cer-tain, instant in effect, nothing is so popular as Nerviline for aches and pains of all kinds. Try it for lumbago, test it in rheumatism, prove it in neuralgia, pleurisy or colds You'll soon acknowledge that Polson's Nerviline beats them all. Sold everywhere in large '50 bottles. ia large 25c bottles.

On February 5th a spotted butterfly flew in the window of the house of Mr. T. C. Allan, Oliphant. Ont. Campers, pack up, or you will be too late.

You cannot be nappy while you have corns. Then do not delay in getting a bottle of Holloway's Corn Cure. It removes all kiuds of corns without pain. Failure with it is unknown. COMPLAINTS have been made that certain

A TRULY IDEAL WIFE

HER HUSBAND'S BEST HELPER Vigorous Health is the Great Son of Power to Inspire and Encour —All Women Should Seek It.

One of the most noted, successful and richest men of this century, in a recent article, has said, "Whatever I am and whatever success I have attained in this world I owe all to my white. From the day I first knew her she has been an inspiration, and the greatest helpmate of my life."

square.

To be such a successful sful wife, to retain the love and ad

the love and admiration of her husband, to inspire him to make the most of him-self, should be a woman's constant study. If a woman finds that her energies are flagging, fhat she gets easily tired, dark shadows appear under hor eyes, she has backache, headaches, bearing-down pains, nervousness, irregularities or the blues, she should start at once to build up her system by a tople with greating money such as Ly. by a tonle with specific powers, such as Ly-dia E. Pinkham's Vegetable Compound. Following we publish by request a letter from a young wife:

Mrs. Bessie Ainsley

Ponowing we publish by request a letter from a young wife:
Dear Mrs. Pinkham:
"Ever since my child was born I have suffered, as I hope few women ever have, with inflammation, female weakness, bearing-down pains, backache and wretched head-aches. It affected my stomach so I could not enjoy my meals, and half my time was spent in bed.
"Lydia E. Pinkham's Vegetable Compound made me a well woman, and I feel so grateful that I am glad to write and tell you of my marvelous recovery. It brought me health, new life and vitality."—Mrs. Bessie Ainsley, 611 South 10th Street, Tacoma, Wash.
What Lydia E. Pinkham's Vegetable Compound did for Mrs. Ainsley it will do for every sick and ailing woman.
If you have symptoms you don't understand write to Mrs. Pinkham, the work of the street of the second street.

If you have symptoms you don't un-derstand write to Mrs. Pinkham, daughter-in-law of Lydia E. Pinkham, at Lynn, Mass. Her advice is free and always helpful.



Papyres. The papyrus used by the ancient Egyptians was made from the stems of a peculiar water resol growing in all parts of Egypt. The outside layer of the plant was removed, and beheath this there were found a number of lay-ers of a delicate, pithy membrane. These, being separated, were placed in layers. A second layer was laid at layers. A second layer was laid at right angles to and above the first and sometimes a third over the second. Heavy pressure was then applied, and the layers were firmly cemented into a fair article of paper. No gum other than what was contained in the plant itself was used in the process. The papyrus was very much stronger than the average paper made by the mod-ern machines. The sheets were com-

monly made from six to twelve inches

Two Monster Beetles. The largest bug known to the old world entomologists is the gigantic Goliath beetle, which is found along the Kongo river in Africa. Goliath is upward of six inches in length from the tip of his nose to the nether end of his hard shelled body and has a pair of gauzy wings folded up under his arms, either of which is as large as a lady's face veil. But Goliath is a pygmy when compared with the ele-phant beetle of Venezuela, an entomological giant which weighs nearly a pound and which has a wing sprend equal to that of a mailard duck. Both of these bugs are rare.

Kissing In Iceland.

When you visit a family in Iceland you must kiss each member according to his age or rank, beginning with the highest and descending to the lowest not even excepting the servants. On taking leave the order is reversed. You first kiss the servants, then the children and lastly the master and mistress. Both at meeting and parting an affectionate kiss on the mouth without distinction of rank, age or sex is the only mode of salutation known in Iceland.

The people of the different countries have their various traditions concerning the wood of which the cross was made. In England the peasants that it was of elderwood and that lightning never strikes that tree. Dean French in a note to his "Sacred Latin Poetry" declares that it was made of the wood of the aspen and⁴ that since the day of the crucifixion the leaves of that tree have never ceased to shudder.

One Exception. "Where there's a winner there's al-

ways a loser." "Not always."

"Well, name an instance to the contrary." "When you're playing cards with your girl for kisses.'

The Marvel of Notre Dame. Often as I have seen Notre Dame. the marvel of it never grows less. I go

to Paris with no thought or time for it,



that COD LIVER OIL and IRON are beyond question the greatest medi-cines known. Then why does not everybody take Cod Liver Oil and Iron? Simply because most people cannot take the Oil and few can digest the Iron in any ordinary form. These difficulties have been entirely removed by the introduction of FERROL, in which the Iron is scientifically com-bined with the Oil, rendering the Oil palatable and the Iron digestible. While

FERROL

is manufactured from the best quality of Cod Liver Oil (the whole of the Oil) and is richer in oil than any other emulsion, and while it contains just the right quantity of the best form of Iron and Phoenhorus it is so crientifically right quantity of the best form of from and Phosphorus, it is so scientifically prepared that not one person in a thou-sand finds any trouble in taking it and infants digest it without difficulty. Moreover the well-established value o the Oil and Iron is immensely enhanced by the process of manufac ture, and as the formula is freely ev cosed it is not to be wondered at tha posed it is not to be wondered at that physicians everywhere have fully endorsed FERROL and used it largely in their practice. FERROL is invalu-able for the treatment of any kind of Lung or Bronchial troubles, while for wasting diseases it has no equal, and

"You Know What You Take"

W. McLaren, Druggist, Watford, Ont.

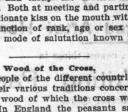
Constipation

Baked sweet apples, with some people, bring prompt relief for Constipation. With others, coarse all-wheat bread will have the same effect. Nature undoubtedly has a vegetable remety to relieve every ailment known to man, if physicia can but find Nature's way to health. A: this

can but mid Nature's way to health. At this is strikingly true with regard to Constitution. The bark of a certain tree in Californiu-Ods-cara Sagrada-offers most excellent uid to this end. But, combined with Exprisian Senna, Sip-pery Elm Bark, Solid Extract of Prunes, etc., this same Cascara bark is given its greatest possible power to correct constipation. A toothsome Candy Tablet, called Lax-ets, is now made at the Dr. Shoop Laboratories, from this ingenuous and most effective prescription. Its effect on Constipation, Biliousness, Sour Stomach, Bad Breath Sallow Complexion, etc., is indeed prompt and

satisfying. No griping, no unpleasant after effects are exlithographed metal boxes at 5 cents and 25 cents For something new, nice, economical and effective, try a box of





RE THROATS AND COUGHS age combine the germicidal value of Oresolene the soothing properties of slippery elm and lico-Your druggist or from us, 10c in stampa. uxa, Muks Co., Limited, Agents, Montreal, 40r SORE

CRESOLENE ANTISEPTIC TABLETS

-Largest Battleship in the World.

Norfolk, Va.-The monster battleship, "Dreadnaught," the largest Man of-War, in the world, Great Britain's latest acquis. in the world, Great Britain's latest acquis-ition will partncipate in the grand naval display on Hampton Roads, during the period of the Jamestown Ter-Centennial Ezposition. The famous sea fighter is now on her way to the West Indies, where she will be seen by Admiral Evan's fleet, which is carrying on winter manoeuvers in those waters. Is is the general opinion that the Dreadnaught will remain in the southera waters of the West Indies until the winter is over, arriving in Hampton Roads in time

"Adare."

parties not in the liquor trade are supplying liquor to persons on the prohibited list; the penalty for that offence is a heavy fine or imprisonment. The license inspector is loking into the matter and if a conviction is made the parties will get the foll penalty. ITCH, Mange, Prairie Scratches and every form of contagious Itch on human or animals cured in 30 minutes by Wolford's Sauitary Lotion. It never fails. Sold by T. B. Taylor & Sons, tf

"FEBRUARY is the dullest month of the ition will participate in the grand naval display on Hampton Roads, during the period of the Jamestown Ter-Centennial Ezposition. The famous sea fighter is now on her way to the West Indies, where she will be seen by Admiral Evan's fleet, which is carrying on winter manoeuvers in those waters. Is is the general opinion that the Dreadnaught will remain in the souther waters of the West Indies until the winter is over, arriving in Hampton Roads in time



WITH THE FORESIGHT OF A PROPHET, BY THE AID OF THAT GREATEST OF KNOWN TREATMENTS—"DR. AGNEW'S CURE FOR THE HEART"—IS LEADING THOUSANDS OUT OF "EGYPTIAN BONDAGE," OUT OF ILL-HEALTH AND UNTOLD SUFFERING TO THE "PROMISED LAND" OF PERFECT HEALTH

HEART **DOES YOUR** DR. AGNEW'S CURE FOR THE HEART WILL STOP THE PAIN

Is there palpitation — Is there fluttering — Is your breath short — Is it hard to find your pulse sometimes — Do you have smothering spells — Do your feet and ankles swell — Do you have fainting turns — Do you have nightmare — Do you have pain in the left side, shoulder or arm — Ever experience great hunger and exhaustion — Do you have chilly sensations? Dr. Agnew's Cure for the Heart has saved thousands of sufferers, and it can help and cure you; but you cannot afford to toy with heart troubles, so if you have any of the heart symptoms to day then to day is the day to put yourself in touch with a remedy — this great heart treatment that never fails.

"I was under treatment," says Mr. A. Lavers, of Collingwood, Ont., "with some of the "I was under treatment, says Mr. A. Lavers, or Collingwood, Ont., with some of the best physicians in London (England) for what they diagnosed as incurable heart trouble. I suffered agonies through pain about my heart, fainting spells, palpitation and exhaustion. As a drowning man grasps at a straw I tried Dr. Agnew's Cure for the Heart. The first bottle relieved me greatly; two bottles took away all traces of my located the strain of the strain

DR. AGNEW'S LITTLE LIVER PILLS cure all liver ills-10 cents, DR. AGNEW'S CATARRHAL POWDER a sure cure for catarrh. SOLD BY T. B. TAYLOR & SONS.

In spite of the important place given to the nose as an index of character, there is but little to be learned from it in estimating the causes of an innate bond between the mind and the features. Most of the correspondences which have been remarked appear to be of a radical order, but why a Roman nose first became associated with a warlike and domineering disposition or how a long and thin nose became linked with business prudence is more than I can say. If we omit the changes which take place in a nose during the lifetime of its possessor, there is scarcely a nasal peculiarity of value to the physiognomist which at the same time cosmopolitan. No Tartar or Hottentot, however warlike, could give proof of it in this way. Japan has shown that she possesses plenty of men with

military aptitude, but no Wellingtonian nose can be found within her borders. Again, no Chinese nose is long and thin, yet John is not without a certain aptitude at driving bargains.

Music and the Turtle

The Egyptians, according to the sage Apollodorus, credit their Hermes or Mercury with the invention of music the following circumstances: under The Nile, having overflowed its banks and inundated nearly all of Egypt, on its return to its banks left on its shores various dead animals and among the rest a tortoise, the flesh having dried and wasted in the sun until nothing remained in the shell but cartilages. These, being tightened by the drying heat, became sonorous Mercury, walking along the banks of the river, happened to strike his foot against this shell, was so pleased with the sound produced that the idea of the lyre suggested itself, and he constructed a lyre of the shell of a large tortoise, which he strung with the sinews of dead animals. Dryden wrote:

Less than a god they thought there could not dwell Within the hollow of that shell That spoke so sweetly,

busy about many other things, and then on my way over one of the bridges across the river perhaps I see it again on its island, the beautiful towers high above the high roofs of houses and palaces, and the view, now so familiar, strikes me afresh with all the wonder of my first impression. The wonder only seems greater if I turn, as I am always tempted to, and walk down the quays on the left bank, the towers before me and with every step coming more and more completely together, by the Pont Neuf, to the island and at last to the great square where Notre Dame fronts me in its superb calm .- Elizabeth Robins Pennell in Century.

Why He Quit the Game.

"Take a hand?" queried Smith as Jones stood watching the poker game at the club

"No. Quit."

"What's the matter-cold feet?" "No. I always come out loser." "I never saw you lose in my life." "I know you never saw me, but I lose. If I happen to win a little here, my wife smilingly insists on my divid-ing my winnngs when I go home. If If I lose, I get a lecture on the evils of gambling, and the next day, in order to get even, my wife runs bills down town to the amount I lost. If I tell her I came out just even, she takes half the money to prevent my losing all I have, so I am bound to lose."

The Dozen.

In all the civilized countries of the world thirteen is referred to as being somebody's "dozen." In America, Australia, Great Britain (present day) and several other lands that number is said to a "baker's dozen." In Italy it is referred to as the "cobbler's dozen," there being a tradition that there was formerly a law which compelled cobblers to put twelve tacks or nails round the edge of a boot heel. Finally, when the nails became cheap, a center nail was driven for luck.



Your Doctor

Can cure your Cough or Cold, no question about that, but-why go to all the trouble and inconvenience of looking him up, and then of having hisprescription filled, when you can step into any drug store in Canada and obtain a bottle of SHILOH'S CURE

for a quarter. Why pay two to five dollars when a twenty-five cent bottle of SHILOH will cure you

why not do as hundreds of thousands of Canadians have done for the past thirty-four years: let SHILOH be your doc-tor whenever a Cough or Cold appears.

appears. SHILOH will cure you, and all druggists back up this statement with a positive guarantee. The next time you have a Cough or Cold cure it with

