WAS VICTIM OF BIG EXPLOSION

Mrs. Chapman Says Nothing Restored Her Shattered Health Until She Got Tanlac

"I am so deeply grateful for the wonderful way Tanlac restored my health that I feel it is my duty to tell everybody about my experience with the medicine," said Mrs. Nora Chapman, of 26 Pleasant St. St. John's, N. F.

"We were living in Halifax at the time of the terrible explosion; my poor husband was killed and I was severely wounded in the hand, but was fortunate enough with my life. That awful ex erience shattered my nerves and my health was never the same afterwards. My digestion became so upset that I could scarcely eat any hing but what I would suffer from se ere pains in my stomach afterwards. It was difficult for me to get a good night's sleep, and nearly every day had nervous headaches that almost drove me wild. I got very depressed and discouraged, too, in spite of special treatment I didn't seem to get any better.

"After I was well enough to travel I came back here to St. John's where I was born, thinking that the change would do me more good, but it was not until I started taking Tanlac that I began to pull round. It has simply done me a world of good. It first of all gave me an appetite so that I could eat better than I had for a long time before. Now I can eat anything I wish without ever suffering from indigestion or pain afterwards. That tired, depressed feeling has left, and my nerves are quite steady and strong again. I am no longer bothered with headaches and feel stronger and better in every way. Tanlac is indeed a great blessing to suffering people, and I hope this statement may lead others who suffer as I did to try it"

Tanlac is sold in Newcastle by E. J. Morris, in Redbank by Wm. M. Sullivan and in Doaktown by O. Hilde brand.

FOR HEALING

Zam-Buk is the last word in healing. Its rare medicinal powers derived from certain valuable herbs here utilized by science for the cure of

WOUNDS & SORES

and other skin afflictions. Beyond its great soothing and healing power Zam-Buk is powerfully antiseptic—that is, it prevents a cut, burn, or scald from poisoning soon. Zam-Buk's wide range of usefulness, from simple injuries to obstinate skin troubles make it a real necessity in Canadian homes. 50c. all dealers or Zam-Buk Co., Toronto.

Zam-Buk

There's Nothing Like It

CHATHAM BEATS CAMPBELLTON

Twelve Hundred Noisy Fans See Home Team Win Three to Two

Chatham, Jan. 5—Before 1,200, yelling fans Chatham took the lead in the New Brunswick Hockey League here tonight when they beat out Fraser Campbellton competents by a score of three to two. The Campbellton team was far behind the locals, but the speed and combination of the latter brought home the long end of the score. Talk about Montreal's "little men of iron," had nothing on Chatham. Every man on the forward line went through the whole game without being replaced. Waiting at point played the first two periods and Tom Gilbert, a former St. John player, replaced him. Duncan at cover showed his old-time form and was one the ice for the whole game.

Just before the match started five of Chatham's players, including S. Veno, W. Veno and J. Currie, left the team because Carvell and Duncan were to go on the ice. When the game started it became known that there were no substitutes available. Spratt, Martin and Troy outskated and outplayed their opponents at all times. Campbellton used its weight and indulged in tripping and consequently kept the penalty box warm.

Time and again the three Chatham boys would carry the puck to the goal mouth only to lose it. Spratt was the fastest man on the ice and to him is due a large share of the credit of victory. He was ably supported by Troy and Martin. Carvell in the nets was showed that he should have represented Chatham last year. For Campbellton all their men played a good game and were dangerous at all times. Each team scored one goal in the first period and one in the second stanza. The winning score was made by Spratt after a fair raising rush about the middle of the final period. Frank Brown, of Moncton, handled the whistle and was master of the game at all times.

The line-up was as follows:

Campbellton		Chatham
	Goal	
Carvell		McKenzie
	Point	
Watling		Payne
	Coverpoint	
Duncan		McLean
	Centre	
Spratt		Starrack
	Right Wing	
Martin		Matthews
	Left Wing	
Troy		Laviole to Spares—Duncan, Gilbert, Wilkins.

Campbellton Beats Fredericton

Campbellton, Dec. 29—Tonight's game marked the opening of the New Brunswick Hockey League's season, when the home team took the visiting Fredericton team into camp to the score of 4—3.

The home team started off with all their old vigor and pep and at the end of the first period the score stood 3—0 for Campbellton, the first two the third by Payne. In the second goals bing shot by Matthews and period the visitors came back in fine form and kept the play in the vicinity of the Campbellton goal, the gong showing the play 3—4 and interest was at fever heat. In the third period no goals were scored. The game was impartially referred by Frank Brown of Moncton.

RETIRING FROM THE SERVICE

It has been the privilege of very few that entered the old I. C. R. service to round out forty-six years of continuous service, but such has been the experience of Mr. Edward Kane, of Millerton, foreman of Section No. 1, Newcastle, on the Fredericton Division C. N. R. Mr. Kane entered the track department of the government railway in 1874 and through his untiring vigilance never had a casualty.

It is the earnest wish of Mr. Kane's many friends that he may be spared many years of health and prosperity to enjoy a well earned rest.

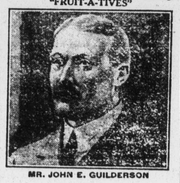
Restore Your Old Favorite

PURITY FLOUR

More Bread and Better Bread

HAD RHEUMATISM FOR FIVE YEARS

No Return of the Trouble Since Taking "FRUIT-A-TIVES"



MR. JOHN E. GULDERSON

P. O. Box 123, Parrsboro, N. S.

"I suffered with Rheumatism for five years, having it so badly at times I was unable to get up without assistance.

I tried different medicines I saw advertised and was treated by doctors in Amherst, also in my home town, but the Rheumatism came back.

In 1916, I saw in an advertisement that *"Fruit-a-tives" would stop Rheumatism,* and took one box and got relief; then I took them right along for about six months and the Rheumatism was all gone and *I have never felt it since.*

Anyone who would care to write me as regards "Fruit-a-tives" I would be glad to tell them what "Fruit-a-tives" did for me."

JOHN E. GULDERSON,
Contractor and Mason.

50c. a box, 6 for $2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa, Ont.

Lord Beaverbrook Fighting Against Cattle Embargo

London, Dec. 29—Lord Beaverbrook, writing in the Daily Express on the embargo against Canadian cattle, says:

"I feel it my duty to speak out, not to protect the material interests of Canada, but because I believe the British people do not in the least realize the moral damage being done the Imperial connection by the conduct of the British Government.

"The innovance in Canada is not caused so much by any actual damage that may be inflicted on an important Canadian industry, as by the feeling that the Imperial authorities are not treating Canada straightforwardly.

"I can assure the Canadian people that once the British public realizes the wrong being done in their name they will compel the Government to take prompt and satisfactory action."

Bathurst Pulp Plant Closed

Bathurst, Jan. 3—The big pulp mill of the Bathurst Lumber Company, employing hundreds of men when business is good, has shut down for an indefinite time, and many are out of employment, although some of those laid off have gone to the woods and others into the fishing industry. The reason given for the shutdown is the unprecedented lack of demand for the output of the mills, a condition due to slack business in various parts of the continent. The local mills did not close until practically every available space in and about the company's work had been piled high with the finished product and conditions did not seem to justify and expectation of improvement in the near future.

Angus McLean, general manager of the Bathurst Lumber Company, who has been on a trip in the west, says that it is not known hoy long the existing industrial situation throughout the country will last. He found conditions in the west much more serious than in this province. The Bathurst plant will resume operations as soon as the market for pulp warrants.

The Truce Of God

(Sonnet)

The Truce of God shall come again,
The truly great and wise and good
Shall shine to stem the fearful flood
And live as Christians and as men
God grant the day is dawning when
Shall cease the flow of human blood
Sweet Charity shall stem the flood
And Peace stand forth in human pen
God grant the day is dawning nigh
When haste and bitterness shall cease,
When men shall say: Praise God on high.
We hail the blessed dawn of Peace
When all our citizens shall sing,
God save our country and our King

MICHAEL WHELAN
Renous River, N. B.

The Tread of Pioneers

Animal Power on farm near Waterhole

One August morning ten years ago, a Dominion Cabinet Minister at Ottawa interrupted for best part of a day the normal course of business to unfold to me, a sympathetic, travelling Englishman, his vision of the New North West.

He had just returned from a long tour right through the Peace River district, up the Mackenzie Basin to Fort McPherson.

"We have no wish," said he with emphasis, "to induce settlers to enter as yet the new Promised Land,"—this, remember, was in 1910—"I speak of the future only. But I am satisfied that when the present prairie lands are all disposed of, then this back country will be taken up, because it will pay people better to secure land there than to pay the price that will be asked for the other.

"Much work has to be done first, however. Rivers have to be made navigable and the land has to be surveyed. My journey was made to ascertain if these undertakings would be justified. And my verdict is yes. Though this land lies north, it is not appreciably colder than the southern portions of the province. At Edmonton the climate is as favorable as at the international boundary, owing to the lower altitude, and for the same reason, together with other contributory conditions, a couple of hundred miles further up country makes little difference."

In 1914 came the railway gang, and in 1916, when its work was done, in pressed the pioneers. This year I have followed in their tracks and, reflecting on what I have seen, I endorse this wisdom.

First, the country is of uncommon charm—great tracts of prairie, with patches of light bush, set among low purple hills, and intersected by belts of timber and by fine rivers and streams. Park-like is the descriptive term that springs to one's pen. Roses flourish everywhere by millions, and scent the air. Lilies challenge them for grace and glow. A thousand tinted grasses add soft undertones, as they ripple in the breeze. Rarely have I been so moved with visions of a country's future as when our automobile pounded along the ninety-mile trail from Peace River Crossing to Spirit River. The naked prairies of the south have their charm—at least under summer skies; but here is a country where the eye is rested and the soul inspired, while still the pocket fills.

And the pocket does fill, sure! In some instances it puzzles one a little how. It is not to be explained on the theory of taking in each other's washing, though there is "taking in" of some sort, if the unwary stranger suffers it. But where the occupation is farming the mystery is explained. Nowhere south or east have I seen better crops, and last year this district prospered when others nearly failed. One man gleaned 120 bushels of oats to the acre, and 48 bushels of wheat. He is located about twelve miles above the Crossing and floats his grain down thereto in scows, freightage ten cents per bushel; and with a stream running nine miles an hour he doesn't lose much time.

Just north of Dunvegan, on the 14th July, I plucked oats, four feet high and upwards by my pocket-measure. And wheat, rye, timothy and indeed all kinds of hay, were luxuriant. A man may be no agriculturist or authority on soils, but even a fool can't mistake the evidence of growing crops.

The pioneers, I said, are pressing in; and more than pioneers. Wise men, not merely from the East, but also from the South and West, are nosing around to pick up the "snaps" and secure their stake in what will surely—given the subjoined conditions—be a rich country. At one hotel in Peace River, in one day, there were visitors registered from Brandon, Moose Jaw, Victoria, Sacramento, Los Angeles, San Francisco, New York and London. At Dunvegan Crossing I met camping, with pack-horse, knife and gun, a picturesque stranger who was beguiling his long evenings with Anatole France's "Les Dieux ont Soif." What was a man of such culture doing there? Prospecting and picking up good things, you bet your life.

And the people already settled are of the right stuff—downright, enterprising, sociable, "sports"; earnest in play as in work. Spirit River has just had a two days' sports meeting. The folk came in from as far afield as eighty miles—chiefly in autos. There wasn't a bed to be had. Men walked the street all night. Others slept in their cars, on the unhospitable floors of barns, offices and poolrooms. But nothing daunted their zeal. After a boxing contest in the late evening, a dance followed until the small hours. The sports events were numerous and dashing. Better racing was not to be seen at Edmonton. The boys' half-mile horseback spoke well for the rising generation. And ten years ago, recollect, this country was not surveyed, and a four-year world-war has intervened; yet today several towns of one thousand residents and upwards, with large contributory populations, one of them, at least, equipped with electric light plant and public waterworks, are making history.

Nevertheless, as my friend the Cabinet Minister said, there is yet much to do. Roads need to be graded, trails improved, river transport increased. Most urgent of all, an improved and progressive railway service is needed.

That, indeed, is vital; for otherwise many of the settlers will drift out again; the fight is too unfair. I hear that the Canadian Pacific Railway has at length taken over the operation of the line. This will prove the surest pledge of Peace River prosperity, for the unsullied prestige of this great transportation company, challenged as it now is by powerful rivals, will not allow of inefficiency.

But what I have seen makes me eager, and to public utility companies and intending settlers alike, I say—Make Haste!—D. C.

The Hand That Rocks the Cradle

Knows Whats Best

To say that she makes Good Bread is one of the highest compliments ever offered to the mistress of the house. If the Bread that Mother makes is better it is because she uses Flour that is better

Robin Hood

Guaranteed under penalty to give you better satisfaction than any other Flour milled in Canada.

We also carry other Hardwheat Brands. Blends and Soft Wheat Flours
Rolled Oats, Pork, Beans, Bacon, Lard, Shortening,
Apples, Sugar and Creamery Butter.

FEEDS for Horses and Cattle and Hogs

Middlings, Shorts, Bran, Corn Meal, Barley Meal, Monarch Hog Feed, Oats, No. I Quebec Hay, and Calf Meal (at Greatly Reduced Prices)

FOR HENS

Try some of *Laying Meal* for each morning's mash, as per directions on every parcel, then Cracked Corn, Whole Corn and Feed Wheat for other Meals. Make them lay while Eggs are in good demand.

Until Dec. 31st we will give a Discount on all Cash Purchases

The MARITIME PRODUCE Co.
JOHN RUSSELL—*Manager*

To Those Who Bake

EXPERIENCE has taught good cooks that there is no flour quite as good as Beaver Flour.

BEAVER FLOUR

is the ideal flour for all baking purposes. It is a blended flour, combining the richness and delicate qualities of the world-famed Ontario Winter Wheat with the strength and body of Western Hard Wheat.

Beaver Flour imparts to bakings the qualities which make your bread, pies, cakes and pastries real food treats.

Try it! Sold by your grocer.

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A Music Department

For the benefit of all Music Lovers

We have in stock a full line of

Mason & Risch Pianos
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Columbia Records always in stock

Come in and hear our latest Records

Ask for new monthly supplements

The Lounsbury Co. Ltd.
Open Nights

Preparing For Opening Session

Ottawa, Jan. 4th—The holiday season is now over and with a fairish amount of good cheer for most people—paradise as compared with those of many parts of war-worn Europe—we shall now settle down to the more stern realities. Business and politics in the very serious sense have had a brief rest and resume today as the old sands. Politicians, not to a sense of stateness, are human like the rest of us and seek during the Christmas holiday time some respite from official duties and as much diversion as possible from serious political cares during the few days by common consent allotted to them.

As a consequence we have had a period of political quiet here during which a number of Ministers have been absent, partly on politics but partly bent on pleasure with political business combined. Two have been at Geneva on affairs of national importance and are now on their way home. Most of them, however, with what sensible pleasure could be drawn in have been busy here and there. Today, the serious and strenuous business of the New Year begins for them. This week will see most of the Ministers back at their desks. In about six weeks time another session of Parliament will have been called. There is work of great responsibility to be performed and the members of the Government in the meantime will have their hands full in outlining their programmes.

The most important issue to be discussed during the session will of course, be the tariff. The Tariff Commission resumes its sittings today and should wind up the present investigation this week. For the two months following this Sir Henry Drayton will be busy preparing his tariff schedule. Private as this has since 1878 will so much interest be excited by those schedules. Premier Meighen has promised that when the next elections are held they will be upon a tariff in black and white without uncertainty of policy or indefiniteness of detail. Therefore, in revising the tariff t is time Sir Henry is issuing a fiscal system upon which the life or death of the Government depends. Every line in those schedules will be the ground for discussion and of possible attack.

Nevertheless, as my friend the Cabinet Minister said, there is yet much to do. Roads need to be graded, trails improved, river transport increased. Most urgent of all, an improved and progressive railway service is needed.

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JOYFUL EATING

Unless your food is digested without the aftermath of painful acidity, the joy is taken out of both eating and living.

KI-MOIDS

are wonderful in their help to the stomach troubled with over-acidity. Pleasant to take—relief prompt and definite.

MADE BY SCOTT & BOWNE
MAKERS OF SCOTT'S EMULSION

MACDONALD'S
"Pilot"
Smoking Tobacco
1/9 lb. Package 15¢

Surpassing

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Send us a post card for a free sample, stating the price you now pay and if you use Black, Green or Mixed Tea. Address Salada, Montreal. 6781

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Men's, Ladies' and Childrens'

Clothing and Footwear

We are selling out cheap—You will save money on every article you buy

	REGULAR PRICE	SALE PRICE
Men's Penman's Underwear per suit	$5.00	$3.00
" Stanfield's "	$7.00-- 8.00	6.00-- 7.00
" Fleecelined " per suit	2.75	2.25
" Hewson " " "	7.50	6.25
" Hewson " " "	8.00	6.75
" Sweaters	6.50-- 4.00	$5.50--$3.00-- 2.50
" A. P. H. Pants	9.50	8.25
" Overalls	3.50	2.50
Boy's Corduroy Pants	4.00	3.25
Men's Draw String, Palmer Brand Moccasins	9.35	7.25
Men's Palmer Brand Moccasins	6.50	5.50
Boys' Boots	5.50	4.50
Men's Working Boots	8.75	6.50
" Caps	2.75	2.25
" Caps	2.00	12.5
Ladies Sweaters	8.75	7.50
" "	7.50	6.25
" "	5.50	3.75-- 3.50
Misses' "	5.00	3.50
Ladies Slippers	2.75	2.00
" "	1.75-- 2.00	1.35-- 1.45
Boys' Sweaters	2.25	1.50
Boys Sweaters	2.00	1.50
Seeded Raisins		.32
Seedless Raisins		.28
Lard in 1 lb. print		.27
Lard in 3 lb. tins		.85
Surprise Soap		.10
Lenox Soap		.08

Numerous other articles not mentioned above will be sold very cheap—Call and see us and get your share of the Bargains

CHAS. ISAIAH
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AND COMPARE WITH ANY ON EARTH

Brick Lined QUEBEC HEATERS
Height 35 inches Diameter of Fire Pot 11 inches
$15.00 and $16.00.

CAST IRON GLOBE STOVE
Coal Stove for Small Rooms
$5.50 to $6.50

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18 inch wood	$ 6.00
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