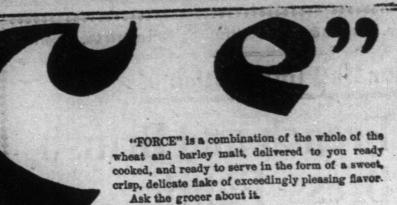


FIRST CHOICE of an article of diet should be one that not only is pleasing to the taste but also gives nourishment, strength and vigor. Each organ of the body thrives upon a different food element and in order that every organ shall have just the proper amount of work these elements must be furnished in certain proportions. Whole wheat, any good doctor will tell you, contains all the elements for building up the whole body and in just the correct proportions. Most of us already have abused our stomachs, and this organ has been overworked. It requires a tonic and assistance in



******* The Bell Telephone Co.,

Of Canada. A New Issue of the Subscribers' Directory

For the District of Western Ontario, in-cluding the chatham Exchange, will be issued early in September. Orders for new connections, changes of address, changes of names duplicate entry of changes of names, duplicate entry names, etc., should be placed at once ensure their appearance.

F. D. LAURIE, Local Manager **}**

Sewer Pipe Cements

> Lime At Lowest Prices.

J. & J. Oldershaw Opp. Piggott's Lumber Yard, Chatham

The Dr. Radley Preparations

Are better known to the majority Are better known to the majority of readers in Kent County than any We carry a full assortment are sold at lowest prices.

Radley's Drug King St., Chatham

Money to Loan on Mortgages at 41 and 5 per Cent.

FOR SALE-FARM AND CITY PRO-PERTY.

Brick house, two stories, 7 rooms, lot 40 feet front, by 208 feet deep, Frame house, 8 rooms, and summer kitchen, lot 60 ft. by 208 ft., good

stable, \$1100.00. House and lot, 9 rooms, \$1050,00. House and Lot, 5 rooms, \$400.00. Farm in Township of Raleigh, 50 acres. All cleared. Good house and barn, \$3,100.00.

Farm in Township of Harwich, 200 acres. Large house, barn and outbuildings, \$12,000.00. Farm in Township of Raleigh, 46 acres. Good house, new stable and

granary, \$2,250.00. Ten acres in suburbs of Chatham. **\$1.200.00.** Valuable suburban residence, 11 rooms with seven acres of land. Good

stable, \$3,000.00. Apply to W. F. SMITH,

Barrister. ******

Meet Me at Somerville's Ice Cream and Soda Water Known as the Best in

Town.

Pure, rich Ice Cream, made by the most Refreshing, foaming Soda Water with exquisite Fruit Flavors.

Somerville's

......... The Chatham Loan Savings Co

Capital \$1,000,000 Money to Lend on Mortgages. Borrow ers wishing to erect buildings, purchase property or pay off incumbrances, should apply personally and save expenses, secure best rates and other advantages.

Money advanced on day of application, all letters promptly answered. Telephone connection.

F. GARDINER Manager.

Minard's Liniment - Lumberman's

CANADA TO THE NIGHT WIND.

Breezes low, that softly steal across the sea, As from the east the sad night-shadow To that wide veldt where my dead here sleeps; O carry thou this gift to him from me! Go stealthily, lest thou disturb his rest; Breatbe low thy song of bitterness and

Breathe low agrief,
grief,
Take thou my gift, his loved maple leaf,
And leave it there upon my hero's breast.
Chatham, 1902.
A. P. McKishnie.

Mr. James Bain, of Toronto Public Library, On Who Discovered It.

Mr. James Bain, D.C.L., writes:-The discussion on this subject, which has been started by "Knoxonian" in The Westminster, revives early recollections. The lakes of the Muskoka district were a favorable hunting ground from the earliest times for the Indians, and for the white trapper from the middle of the eighteenth century until the influx of civilization destroyed the game within our own time. So abundant were Muskoka furs that Mr. Quetton St. George regularly visited Washago from 1800-1801 to purchase from the trappers. Mr. Bailey was agent for the Hudson's Bay Company for many years previous to 1860, at what is now Bracebridge, and the ruins of a trading post were visible on the banks of the Joseph River some 40 years ago. A rough outline of the lake appears in Mitchell's map of North America, published in 1760, but the division between Lakes Muskoka and Rousseau were not shown in any map till the publication of the S.P. V.K. atlas in 1835. In this map the whole route from the Ottawa to Penetanguishene is laid down from the descriptions of Alexander Sheriff, who crossed in either 1829 or 1830 by the Petewawa and Muskoka general appearance of the lakes and rivers and approximately giving distances. The first Government

to open up the free grant lands and was finished as far as Bracebridge in the winter of 1859-60. In July, 1860, Mr. Joan Campbell, now Professor Campbell, and the writer walked over this road and camped on the shore of the lake. Not a tree was cut along the shores, and the park from what is now Gravenhurst to the hay was one of Nature's own providing. Two Indian bark wigwams stood on the beach where now hold sway. The following year we returned with a party of five, bringing with us a boat which was car-ried across the Muskoka road by a yoke of oxen, who occupied nearly Lake Joseph and found so much to interest them that the trip became an annual eae, and the writer purchased on behalf of some of the members 300 acres of islands among which is the one now known as Yo

It is pleasant to see testimony borne to the energy and perseverance with which Mr. A. P. Cockburn devoted himself to opening up the lakes to the general visitor, though it interfered sadly with the unrestricted freedom which the few who visited Muskoka had heretofore enjoyed Mr. Cockburn's first visit was in 1865, and his first steamer was launched in 1866.

THE HERO OF KARS.

Brief Sketch of the Career of Sir William Fenwick Williams.

The career of a brilliant Canadian ended on July 26th, 1883, by the death of Sir William Fenwick Williams of Kars. He was born at Halifax, N.S., and is known familiarly as the hero of Kars. When a Colonel of engineers he was engaged in defining the Turco-Persian boundary, and was appointed British Military Commissioner with the Turkish army in Asia in 1854. He reached Kars, a town in Asiatic Territory, in September, and found the Turks wholly disorganized; but with indefatigable energy he corrected abuses, got rid of corrupt officials and endeared himself to the Turkish army. In June, 1855, the Russian General Mouravieff, with 40,000 infantry and 10,000 cavalry, besieged Kars, the garrison of which under General Wilhams, numbered 15,000 men, with are mere accidents of local conditions. three months' provisions and three days' ammunition The siege lasted until the end of November of the same year, when, after one of the heroic defences on record, ifi which his men suffered greatly from disease and lack of food, he was forced to capitulate. A grand assault of the Russians two months before resulted in a loss to them of 6,000 meh, and it was only through famine that the gallant garrison was overcome. Even General Mouravieff, the commander of the besieging army, generously expressed his appreciation of his opponent's defence by saying. "General Williams, you have made yourself a name in history; and posterity will stand amazed at the endurance, the courage and the discipline which this siege has called forth in the remains of the army. Let us arrange a capitulation that will satisfy the demands of war

without disgracing humanity." General Williams was detained in Russia as a prisoner until peace was declared when he was given a paronetcy and an annuity of £1,000.

A Naughty Boy. The other day, just as a train was about to go out of station, a boy ran up to the ticket inspector and whispered, "Sir, there's two men traveling in the train and neither one of them has got any tickets. Off went the inspector and searched all the carriages through, but without avail. All the passengers had proper tickets. Then, seeing his informer standing near the entrance to the station, he shouted, "Where are the two men without tickets?"

Gives Strength and Vigor. MALT BREAKFAST FOOD

the engine!" shouted the boy.

Builds up The System and Keeps You In Good Health.

The Right Food For Young and Old, For the Strong and Weak.

Malt Breakfast Food, a combination in proper proportions of the purest Malt and the choicest wheat, partially cooked and predigested, is the great health-giver for young and Rivers, describing in his paper the old. Mrs. S. Price, Random South, Trinity Bay, Nfld., says :-

"I consider it a pleasure to write of my experience with your splendid vey was made by I. Houghton Den- Malt Breakfast Food. It is, without nis, C.E., in 1859, who discovered doubt, the best of all grain foods for Lake Joseph and named it after his imparting strength to those who are weak and run down. It has quite met The Muskoka road was one of the my expectations in every particular earliest cut through the dense bush I may add that your food is relished by cers sell Malt Breakfast Food.

> It is ever true that he who does nothing for others does nothing for himself

Free medical advice. Men and women suffering from chronic diseases are invited to consult Dr. Pierce, Buffalo, N. Y., by letter, absolutely with-out fee er charge. For more than the railway station and lumber piles thirty years as chief consulting physician to the Invalids' Hotel and gical Institute of Buffalo, N. Y., Doctor Pierce has devoted himself to the treatment and cure of chronic forms of disease. Assisted by his staff of nearly a score of physicians, each man thirteen miles. The party reached a specialist, his success has been pheon this occasion the upper part of nomenal, ninety-eight persons in every hundred treated being absolutely and altogether cured. Women have men. Corporal "Canuck" made hisespecially availed themselves of Dr. tory when he said. "Yes, but we Pierce's offer of free consultation by letter, thereby avoiding the unpleasant questionings, the obnoxious examinations, and odious local treatments considered necessary by some practi-tioners. Over half a million women have been treated by Dr. Pierce and his staff for diseases peculiar to women, with unvarying success. Write without fear as without fee. Every letter is treated as strictly private and sacredly confidential, and all answers are sent in plain envelopes, bearing no printing upon them. Address Dr. R. V. Pierce, World's Dis-

> It is easy to find a man who can keep accounts, but hard to find one who can keep his own conscience.

Messrs. C. C. Richards & Co. Gentlemen,-In June, '98, I had my hand and wrist bitten and badly mangled by a vicious horse. I suffered greatly for several days and the tooth cuts refused to heal, until your agent gave me a bottle of MINARD'S LIN-IMENT, which I began using, and the effect was magical. In five hours the pain had ceased, and in two weeks the wounds had completely healed and my hand and arm were as well as ever. Yours truly, A. E. ROY.

Carriage Maker, St. Antoine, P. Q.

The universal mark of manhood i manliness. Possessions and positions

A. O. U. W.

Every United Workman should attend our meeting Friday evening, September 19, and hear the report regarding "Sick Benefit By-laws" which will be given by the committee appointed for this purpose. As it's inten-tion of Peninsular lodge to add sick benefits to our order, it is requested that you be present and lend us your assistance in carrying out this noble W. G. ARNOLD, JOHN R. SNELL,

Minard's Liniment Oures Dandruff, Old pipe or tea lead wanted at The

THE MOUNTED POLICE. a Appreciation of Their Work by E. Pauline Johnson-How Two of Them Astenished the America

E. Pauline Johnson, in a recent issue of The Globe, in describing the "tie up" of the C.P.R. by a recent

washout for a day, says:
"I suppose I ought to begin the
list with the English Lord and Lady aboard the Imperial Limited, but I won't. I head the list with a small "contingent" of our own gallant Northwest Mounted Police, eight of them, under command of Corporal Adams, of Regina, bound for the Yukon. What a "bully" lot of boys they were, and what a rare good fel-low was the corporal. When the American passengers learned we were "tied up" in the heart of the country of the Blackfoots they shuddered -but they do not know the meaning of the scarlet tunic of the N. W. M. Police. We had to tell them that old, old story we never tire of telling.
A Yankee, of the days subsequent to our 1885 rebellion, when six hundred Canadian Indians invited themselves to sojourn "across the border," and found scant welcome in a country that had, according to "the great white father at Washington," "quite enough Indians of their own." Ottawa and Washington held conclave, and arrived at the decision that 'Canada would care for her own Indians if Yankeeland would please es-cort them to the border." Yankee-land did—gladly. Six hundred not too friendly, discontented, quietly wild Indians were escorted to the boundary line by a "bunch" of American cavalry three hundred strong. At the boundary line were two British soldiers, astride two handsome horses, a corporal and a private of the Northwest Mounted Police. The American Colonel and the Canadian corporal held speech.

'Where,' demanded the American officer, "is your escort for these six hundred unruly redskins?" "We are here," replied Corporal

"Yes, yes, I see," was the answer, but where is your regiment?" 'We are the regiment," said Cor-

poral "Canuck." "But there are only two of you," 'Yes, but we wear the British scarlet," said Corporal "Canuck,"

It was enough. The six hundred unruly Indians marched silently across the border. The two Mounted Policemen fell quietly to the rear, and conducted the "hostiles" a hundred miles northward, where they would fret Uncle Sam no more. It is on record that the American officer command of the cavalry three hundred strong lifted his voice and swore. The incident was recorded and discussed at Washington, D. C. The cost of the affair to Uncle Sam was the pay and "living" of three hundred men and officers, The cost wear the British scarlet." And so our American fellow-passengers fell asleep like children, knowing well that Corporal Adams and his eight Yukon-bound men would

"Keep the peace of the people,

And the honor of British law. Canada's Polyglet Population. Canada is becoming a polyglot country as the streams of immigration pour into its western regions from other parts of the American continent, the United Kingdom and Europe. No less than forty nationalipensary, Medical Association, Buffalo, ties or countries are tabulated in a sample Government report showing the arrivals, and the mere alphabetical enumeration will best illustrate this racial diversity, viz: Austrian, Arab, Belgian, Bohemian, Chinese Canadians, Dutch, Doukhobors, Danish, English, French, Finnish, German, Greek, Hebrew, Hungarian, half-breeds, Hollander, Irish, Italian, Icelander, Moldavian, Norwegian, Newfoundlander, Polish, Portuguese, Russian, Ruthenian, Roumanian, Slovack, Swiss, Stundist, Swedish, Syrian, Spanish, Scotch, United States, Welsh, West Indies, and others! Truly a varied procession of hamanity! Ten years ago 86 per cent. of the population was Canadian-born, 10 per cent. born under the British flag, and only 3 per cent. foreign-born; but the recently-taken census, when analyzed, will no doubt show a decided increase in those of alien birth. Thus these widely-diversified peoples are finding in great Canadian West their Land of Liberty. Among the inflow have been 40,000 Slavs, 30,000 Galicians, and nearly 10,000 Doukhobors, Russian Quakers, who came to Canada in a body in 1899. Hundreds of viilages have sprung up over the prairies where these foreigners live their quaint communal life, and they are making good progress in farming and stock-raising. So are the Mennonites, whose farms in Southern Manitoba are among the best in that Province. The Icelanders and Scandinavians are no less prosperous. The exodus from the United States to the Canadian West is another markable feature of immigration, numbering thousands annually, and Minard's Liniment - Lumberman's these have included large numbers of Mormons, who, settling in Alberta, have literally made the desert blossom as the rose. Thus all over the fertile lands of the great Dominion, from Winnipeg to the Rockies,

men of many nationalities are gath-

der the union sack, in our Canadian colony, constituting as they do a grave problem of assimilation that will test the wisdom of the statesmen of the Dominion. -Frank Yeigh, in Leisure Hours.

A Ugafut Nama'ta A Canadian firm recently placed with the Montreal and Toronto newspapers an advertisement of a new nursing bottle it had patented and was about to plate on the market. After giving directions for use, the "ad" ended in this manner:

"When the baby is done drinking, it must be unscrewed and laid in a cool place under a tap. If the baby does not thrive on fresh milk, it should be boiled." - Philadelphia

A Reputation and Popularity that is Well Deserved.

Paine's Celery Compound The Great Life Saving Medi-

cine is Spoken of in Millions of Homes. In every city, town and village of his North American continent, you

will hear Paine's Celery Compound spoken of, and you will find men and women who, through the Compound's virtues, have found health and new life. People made well and strong delight in telling others what Paine's celery Compound has done for them. The friends who speak for and recommend nature's life-giver, do more to advance the reputation of earth's best medicine than all the newspaper notices that appear from time to time. The great majority bring misery and death can be quick ly and permanently cured by Paine's The wonderful Celery Compound. medicine has a noble and bright record. It makes the rheumatic, dyspeptic nervous sleepless, rundown, and those tormented with blood diseases, strong and well. you are weak, nervous, er suffering from some disease that baffles your physician, test the life-giving health-building powers of Paine's Celery Compound.

Jam For the British Army. A curious feature of the war has been the discovery of jam by the British soldier. To judge from Mr. Brodrick's printed reply to a question in the house of commons, jam has leaped from the rank of a household delicacy to the position of a military necessity, without which a campaign can hardly be conducted to success. Thirty-four miltion, five hundred and eighty-two thousand, seven hundred and sixtytwo pounds of jam were consumed during the war by the army, most of it manufactured in this country, the rest of it in the colonies. It is computed that in the year 1900 alone thirty train loads of jam, at 300 tons to a load, were sent to the front, and that the army consumed more than half its own weight of jam in that time,

We Wish to Convince You.

If you have doubts regarding our facilities for the conducting of a truly modern and first class drug business we solicit a call in order that we may have a chance to convince you that we are fully equipped for the accurate filling of physicians' prescriptions. Our drugs and medicines are imported from the most reliable manufacturers; everything fresh and pure.
THE MEDICINE THAT CURES.

Let us draw your attention to Paine's Celery Compound, the medicine that makes sick people well. If you are weak, rundown, dyspeptic, sleep-less, have neuralgia, or rheumatism, try Paine's Celery Compound. other medicine has such a world-wide reputation. Our stock is pure and

Turner & Platt, Druggists, Chatham,

There are times when we derive from communication strength thought; there are times when we receive it from silence.

LOSS OF APPETITE

Is commonly gradual; one dish after another is set aside till few remain. These are not eaten with much relsh, and are often so light as not to afford much nourishment. Loss of appetite is one of the first indications that the system is running down, and there is nothing else s good for it as Hood's Sarsaparilla the best of all tonics.

Accept no substitute for Hood's. Prudence yields to circumstance, folly quarrels with it, pride defies it, wisdom uses it, and genius controls MEDICAL.

DR. J. P. SIVEWRIGHT .- Office and residence, 117 King street, (over Backus' Harness Shop) telephone 236. Night bell.

DENTAL

A. A. HICKS, D. D. S.—Honor gradu-ate of Philadelphia Dental College and Hospital of Oral Surgery, Philadelphia, Pa., also honor graduate of Royal College of Dental Sur-geons, Toronto, Office over Turner's drug store, 26 Rutherford

LODGES.

WELLINGTON Lodge No. 46, A. F. & A M., G. R. C., meets on the first Monday of every month, in the Masonie Hall, Fifth St., at 7.30 p. m. Visiting breth heartily welcomed.

. S. BLACK, W. M. ALEX. GREGORY, Sec.

J. B. RANKIN, K. C. - Barrister, New

E. F. SMITH - Barrister, Solicitor eto. Office, King Street, west of the Market. Money to loan J. B. O'FLYNN-Barrister, Solicited

etc., Conveyancer, Notary Public Office, King Street, opposite Mem chant's Bank, Chatham, Ont. SMITH & GOSNELL-Barristers, So-

licitors, etc., Harrison Hall, Chatham; Herbert D. Smith, County, Crown Attorney; R. L. Gosnell. WILSON, PIKE & GUNDY-Barris-

ters, Solicitors of the Supreme Court, Notaries Public, etc. Money to loan on Mortgages, at lowest rates. Office, Fifth Street. Mat-thew Wilson, K. C., W. E. Gundy, J. M. Pike. HOUSTON, STONE & SCANE-Barris ters, Solicitors, Conveyancers, No

taries Public, etc. Private funds to loan at lowest current rates. Office, Scane's Block, King Street. M. HOUSTON, FRED. STONE, W. W. SCANE ****

Trust and Private Funds to Loan On farm and city property. Terms to suit borrowers. Apply or write to THOMAS SOULLARD Room 26, Victoria Block.

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pal points in Canada, U.S. and Great Britain. Drafts issued and notes discounted. Savings Bank Department deposits (which may be withdrawn without delay), received and interest allowed thereon at the highest ourrent rates. G. P. SCHOLFIELD,

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Finishes all his work on absolutely permanent paper which is of the highest Art value.

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We keep the best in stock at right

prices.

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