

Lifebuoy may be safely used on the tenderest skin. It is wonderfully cleansing for little hands, faces and bodies. Lifebuoy habits have beautiful healthy skins.

LIFEBUOY SOAP

Driving Away the Vultures.

"I can't serve God wholeheartedly unless I am sure, Miss Clemens," said Marion, "and I keep thinking that perhaps there is no God at all. There are moments when I feel almost sure there is not. How could any good God permit the terrible things to happen that do happen? On the other hand, I sometimes think that these dreadful things are our own fault. But if there is a loving God, Miss Clemens, I want to know it definitely!"

"And you may know," answered Miss Clemens. "Do you remember that the Lord promised Abraham that his seed should be as the stars of heaven in number? Abraham was like you; he wanted to be sure, and he said, 'Whereby shall I know?' God said he should prepare a sacrifice, just as if he were going to make a covenant with a friend.

"Abraham prepared the sacrifice and divided it into halves; according to the custom, the contracting parties would pass between the divided sacrifice in token of agreement. Abraham solemnly passed between, but God did not appear to seal the covenant on his side. Abraham waited all day, and as the vultures swooped down he patiently drove them away. It was not till evening that he saw the smoking furnace, the symbol of God's presence, passing between the sacrifices and heard a voice say, 'Know of a surety.'

"Human nature hasn't changed much since Abraham; we still want to know. But if we expect to get the assurance that Abraham got, we must do as he did, faithfully perform our part of the covenant and wait for God to perform his."

"It seems to me I have tried," said Marion.

"Yes, but remember that all day Abraham stood and drove away the vultures. It may seem to you a long, dreary time that you are forced to stand and drive away the mocking vultures of doubt, but that is your part of the covenant. And perhaps in the most unexpected manner and at the most unexpected time you will see God passing between the sacrifices. But be sure that He will! There can be no shadow of doubt about it. Too many earnest souls have proved Him; too many patient waiters have heard his voice out of the darkness saying, 'Know of a surety.'

"I knew you could help me," said Marion as she rose to go. "I'll keep driving away the vultures."

MONEY ORDERS.

Send a Dominion Express Money Order. They are payable everywhere.

In Foulness Island, off the marshy coast of Essex, fifty miles from London, strangers are regarded almost with suspicion, and the butcher only has meat once a week.

Ancient hieroglyphics discovered in a territory north of Matabeleland, Africa, are believed to point to a very old civilization which has been lost for centuries.

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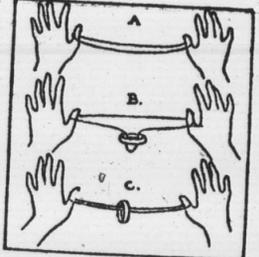
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EASY TRICKS

No. 38
A Ring Trick



Tie the ends of a piece of string, about two feet long, together and place them over a friend's thumbs as in the first illustration. Borrow a finger ring.

The trick is to get the ring on the string without taking the loop off either thumb. It is done in this manner:

Put the ring over a single loop of the string as in the second illustration. Put this loop over one of the thumbs. Take off the loop that was on that thumb at the beginning. Ask your friend to separate his thumbs as far as possible.

When he does this, place your hand over the ring and pretend to rub it vigorously. The more mysterious you can make this the less likely your audience is to see just how the trick was done. When you try the trick, however, you will see that the ring went on the string when you put one loop on the thumb and took another off.

(Clip this out and paste it, with other of the series, in a scrapbook.)

HEALTH FOR WEAK DESPONDENT PEOPLE

From End to End of Canada Dr. Williams' Pink Pills Doing Good Work.

There is not a nook or corner in Canada, in the cities, towns, villages and on the farms, where Dr. Williams' Pink Pills have not been used and from one end of the country to the other people sound their praise. You have only to ask your neighbors and they can tell you of some run down man, suffering woman, ailing youth or unhappy anemic girl who owes their present health and strength to Dr. Williams' Pink Pills. The success of this medicine is due to the fact that it acts directly upon the blood, making it rich and pure, and thus brings new strength to every organ and nerve in the body. Mr. Andrew F. Webb, Melançon, N.S., tells what Dr. Williams' Pink Pills have done for him as follows:—"I was in a run down condition from overwork and what the doctor called a nervous breakdown. My sister urged me to try Dr. Williams' Pink Pills. After taking several boxes I improved wonderfully and feel like a different person. I sleep well, eat well, and my nerves are stronger and with confidence I can recommend these pills to all weak, run down people."

If you are suffering from any condition due to poor, watery blood, or weak nerves, begin taking Dr. Williams' Pink Pills now, and note how your strength and health will improve. You can get these pills through any dealer in medicine, or they will be sent by mail, post paid, at 50 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

Tracing Life History of Fish by Marking.

A certain percentage of the output of the fish hatcheries of the Department of Marine and Fisheries, Canada, is marked each year for the purpose of gaining some definite information with regard to the life history of the fish and the number that come to maturity. This marking is principally confined to the anadromous species that is those that ascend rivers to spawn, such as the Atlantic salmon of the eastern provinces and the sockeye salmon of the Pacific.

Every year a proportion of the parent Atlantic salmon, from which the eggs are obtained for the hatcheries in the Maritime Provinces, is marked, after they are stripped of their eggs and milt and before they are liberated, by attaching a numbered silver tag to the dorsal fin. Salmon kept are also marked when they are on their way to sea in the spring of the year after they have deposited their eggs on the natural spawning grounds during the preceding autumn.

Sockeye and Atlantic salmon fingerlings that have been retained and fed in enclosures for several months are also marked each year by the removal of their adipose fin. A reward of \$1 is paid for the return of silver tags that are being attached to Atlantic salmon with some scales from the side of the fish and particulars regarding their length and weight, and the date and place of recapture. A great deal of information regarding the life history of salmon and other fish has been gathered in this way in this and other countries.

Poetry and Prose.

"What is so rare as a day in June?" quoted the emotional young girl.

"A ton of good anthracite when you need it," said the man who harbored winter memories. Thus poetic fancy and hard fact collided head-on.

Minard's Liniment used by Physicians.

HEALTH EDUCATION

BY DR. J. J. MIDDLETON
Provincial Board of Health, Ontario

Dr. Middleton will be glad to answer questions on Public Health matters through this column. Address him at Spadina House, Spadina Crescent, Toronto.

Country life has its advantages and disadvantages. The absence of the stress and strain associated with life in a busy city is one of the rich blessings that the country has to offer. Then again there are the natural healthy surroundings, the privilege of getting close to nature and forming associations with the woods, the meadows, the trees and the quiet river. These are all good associations. They tend to raise the thoughts above the sordid commonplace of the work-a-day world. They bring us into contact with things worth while and provide the occasion for retrospect. But life in the country is not wholly one of glad, sweet existence. It has its disadvantages. There may be monotony after a while, an uninteresting sameness from day to day, and perhaps even a tendency to drudgery. There may be the absence of attractions such as the city efforts. There may be no reading rooms, no community hall, no organized recreation centre, no place to go in short, country life may provide nothing that keeps one's thoughts occupied, and thus these thoughts are allowed to drift. Sometimes our thoughts drift along the proper channels and we take up some useful hobby, or pastime, sometimes we meet nice people whose friendship means much to us and does much in moulding our characters and our viewpoint on life.

But again the opposite may be true. The monotony of rural life may generate in us a craving for excitement, for some new thrill. In our loneliness we associate with whoever can provide some bit of bright color to the natural drabness of our everyday existence. It is here the trouble lies. For often the friendships we thus make are not the kind that will help us, not the kind that will do us any good at all. In fact we may start to drift, and may indulge in excesses of one kind or another. We may sink lower in the social scale without even realizing it. If excesses are allowed to develop, they may develop into debauchery, and disease will follow. In that condition we may become social outcasts and degenerates.

We need a helping hand. We need somebody who can warn us of the dangers of the drift, and who can help us to avoid them. There are many rural districts in Ontario that need such advice. Mrs. Emmeline Pankhurst, the well known English suffragist, who gave the greater part of her life to the cause of the political enfranchisement of women is now resident in Toronto and is an official of the Toronto Social Hygiene Council, an organization whose aim is to raise the moral tone of the community, and in every way work towards the building up of a better citizenship. Mrs. Pankhurst is going to visit rural Ontario and talk about those things that interest everybody so much. She is going to try and help everyone who needs help and friendly advice. Her meetings are to be public. She is an excellent platform speaker and can deliver her message with clearness and force. First of all, Mrs. Pankhurst is going to make a tour of the northern part of the province. She will visit many important centres and her work should bring valuable results. Detailed announcements of Mrs. Pankhurst's itinerary will no doubt be published at a later date.



He: No, I never could swim with my head under water.
She: It bobs up like a cork, I suppose.

Chinese Opium Crop.

Among the many woes of China is a revival of the opium evil. Great Britain agreed to prevent opium from being sent into China if China would suppress the culture of the poppy and desist from making opium at home. For a time China did discourage and greatly reduce the home production, but when Indian opium ceased to be a competitor and anarchy spread over the country the laws were relaxed, and many of the provincial governments actually encouraged, and in some provinces required, the cultivation of the poppy for the revenue they derived from it. Now, it is reported, the crop in China is nearly as large as it was before there were any restrictions, and because of the official indifference the use of the drug has increased to an alarming extent. The production is reported to be enormous and the demand "limitless."

Washing machines which can cleanse 350 shirts at once are now being made.

For turning leaves of sheet music quickly when on the stand, a device has been invented in England.

BABY'S GREAT DANGER DURING HOT WEATHER

More little ones die during the hot weather than at any other time of the year. Diarrhoea, dysentery, cholera infantum and stomach troubles come without warning, and when a medicine is not at hand to give promptly the short delay too frequently means that the child has passed beyond aid. Baby's Own Tablets should always be kept in the house where there are young children. An occasional dose of the Tablets will prevent stomach and bowel troubles, or if the trouble comes suddenly the prompt use of the Tablets will relieve the baby. The Tablets are sold by medicine dealers or by mail at 25¢ a box from The Dr. Williams' Medicine Co., Brockville, Ont.

The cake had been passed to everyone at the table but Bobbie, 3½ years old.

Bobbie—I'll take a piece of cake, please.

Mother—No, dear; banana cake is too heavy for little boys.

Bobbie (after several seconds of thought)—Well, I'll use both hands.

A Hickory Stick.

Teacher (to Tommy Smithson, who has just felt the ruler): "Now, Smithson, we have read of the principal reigning monarchs of the world. Which ruler inspires the most respect and fear?"

Smithson—"The one on your desk, sir."

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in ½ lb tins and 15¢ pkts.

OLD CHUM

The Tobacco of Quality

Seventeen-Year Locust.

The Cicada, or seventeen-year locust will appear this year in many of the states east of the Mississippi. For seventeen years it lives in the ground as a grub, then suddenly emerges, takes wing and begins to "sing" in the tree tops. The female lays eggs on a twig and leaf; new grubs hatch, fall to the ground and dig in at once. The insects cause no permanent damage to mature trees, but may seriously injure nursery stock. This year's swarm is one of the largest and most widely distributed of all.

Minard's Liniment for sale everywhere.

The Crow was Lucky Too.

A cattleman who was "riding range" near Roebourne, Australia, says Mr. W. D. Boyce in his book *Illustrated Australia and New Zealand*, picked up a stone to throw at a crow. At least he thought it was a stone, but the unusual weight of it made him stop and look; to his amazement the thing was a nugget of almost pure gold.

When he reported his discovery to an official the fellow, who was incredulous, merely asked, "And what became of the crow?"

Persons "stone deaf" may now hear through the bones of the wrists and knuckles by using a mechanical ear.



Back to Work

Kendall's Spavin Treatment will get that lame horse back on the job again. For more than forty years Kendall's Spavin Cure it has been removing spavins, splints, ringbones, thoroughpins and all kinds of bony growths.

Get it at your druggist's today; also the free book "A Treatise on the Horse and his Diseases", or write direct to

DR. E. J. KENDALL COMPANY,
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Kendall's Spavin Treatment



Fully Tipped.

Jones: That was an arrogant waiter you had yesterday—did you tip him before you left?

Brown (savagely): Yes—right off his feet.

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For promoting and maintaining beauty of skin and hair Cuticura Soap and Ointment are unexcelled. Cuticura Talcum is an ideal powder, refreshing and cooling to the most delicate skins.

Soap 25c, Ointment 25c and 50c, Talcum 25c. Sold throughout the Dominion. Canadian Depot: Leonard, Limited, 344 St. Paul St., W., Montreal.

Cuticura Soap shaves without mug.

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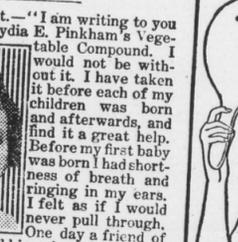
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Toothache	Neuralgia	Neuritis
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TO EXPECTANT MOTHERS

A Letter from Mrs. Smith Tells How Lydia E. Pinkham's Vegetable Compound Helped Her



Trenton, Ont.—"I am writing to you in regard to Lydia E. Pinkham's Vegetable Compound. I would not be without it. I have taken it before each of my children was born and afterwards, and find it a great help. Before my first baby was born I had shortness of breath and ringing in my ears. I felt as if I would never pull through. One day a friend of my husband told him what the Vegetable Compound had done for his wife and advised him to take a bottle home for me. After the fourth bottle I was a different woman. I have four children now, and I always find the Vegetable Compound a great help as it seems to make confinement easier. I recommend it to my friends."—Mrs. FRED' H. SMITH, John St., Trenton, Ont.

Lydia E. Pinkham's Vegetable Compound is an excellent medicine for expectant mothers, and should be taken during the entire period. It has a general effect to strengthen and tone up the entire system, so that it may work in every respect effectually as nature intended. Thousands of women testify to this fact.