##  <br> \section*{RELIABLE RECIPES．}

Fruit Cookies，One cup of butler，one
nd one－half cups sugar，three egge ne－half cup molasses，one cup chop innamon，spice to taste，one teaspoon－ utter with little change in results．Al
iost any kind of molasses may - be sugar．This is an exrup made roum ron
sual
recipe han most ，ookies．
Grandma＇s Spice Cake．－Two cups lown sugar，scant half cup of butter，
foge（save two whiles for icing），
no cup seeded raisins，one．oup cur－ ants，one－half teaspoonful ground
innammon；favor with vanilla，one－hall
allspe one－hald tea－ pognful of cloves，one－half teasppoon
 spoonful of milk in a cup；two cups of
lour；dissolve onehalf teaspoonful of
looda in milk previously saved；add oda last．
Fudge Nougat．－This is a delicious
udge that is a welcome relief from the udge that is a welcome relief fram the
usual choociate．Boil two cupfuls of rranulated suggar，one cup of milk
butter the sizz of a walnut．and a pinch hen drapped in cold water．Then add a juice of half an orange．Take from
he stove，and after beating a minute， stir in one cup of chopped nuts，rai－
sins，and figs．Pour into a buttered
pan，and when cool Prune whip．－Take thirteen pruanes． chip meat from seed，whites of three the eggs five heaping tablespoons o
granulated sugar，then stir in prunes
Bake in slow oven cue to a boil；stir in in yolks of three ggs，two tablespoons of sugar，one
tabteespoon of orn starch，and half a
leaspon of vanila．Serve over pud－
 quor．Butter a baking dish，cover bot－
lcm with coarse bread crumbs．then
dd a layer of oysters，season with add a layer of oysters，season with
salt，pepper．and a lilte minced parsley．Sprinkle lightly with
minced ham，then add amother layer
of oysters and bread crumbs；continue of oysters and bread crumbs；continue
till oysters are used；have top layer bits of butter，pour over halt the oy－
ster liquor and enough cream or milk 1 to moisten；bake in a moderate oven Accessory Toast．－Have a pan of boil－
ing water salled to toste，a teaspoon slice of toast quickly inue．this；；it each
nust be wet，but onty moitsted．But－
ter and pile ou eggs and minces are served on this
form of toast which is also nice with Fish Cakes with Beets．－
One cup of cod，well picked and fine
totato twice as much，be thine． Fotato twice as much，be thine．
Died raw and measured，and，perforce
Put on and boiled till done，of cours Put on and boiled till done，of course．
Drain well，then mash and stir till Add sall and pepper，and not quite
A teaspoonful oo butier add， Chop two small beets，an egg beal Then mold and fry，and－ring the bell．
$11-2-4.4$ Cake．－One cup butter．two
cups sugar three and one－half flour， one cup milk，four eggs，one heaping
iteaspon baking powder．Put together
according to general directions；bake in two brick loaves or on large one．
Using but halfacup buther and a scant
measure of sugar makes a plain cup． cake that is useful．A A heapiang tabpe－
spoon of yellow ginger for rayer makes
this cake a most delicious gingerbread．
Omit the milk and add
to roll out and augh flour

## bles，or with hait the milk and fou to roll oul，as cookies． AROUND THE KITCHEN <br> Fumnel to Stuft Turkey．－Insert trin can filier，in turkey．You will n waste the dessing，or have any tro ble filling the turkey． waste the dressing，or have any trot ble filling the turkey． Prevent Many Backaches．－Saw th handie fram a brom，and insert th the in handle from o broom，and insert th end in the hoolow tin hande of th dust pan，atter bending it perpendicu lar to the pan．This enablos one t lone <br>  Druscovitch，the famous detective，once declared that while it was wonderful how

 use the dust pan without stooping．Cookss Shout Take tit Easy
bousehola tasks，such os picking ove fruit，beating bread or cake，or usin
the chopping bowl，can be accomplis ed as quitckly and much more edsil
whilie one s seated in the easy chai
which should always be found in then which
kitchen
onio
only only one secret about soup．Titing broth
soup clear without letting it get co
arst and settle． frst an
gredien
boullion boullion
put in
large
like m large one and anion or a a pecce of
likg mane broth will ole
like magic Way to．Use Soge．－When preparing
Wressing for fowl sago is dressing for fowl sago is fenerally
used and the stems and leaves are
tound so disagrecable in the dressing． A good way of preventing this is
sleop a tablespoonful of sloep a tablespoonful of sage in hal
aeup of boiling water．Then this kan
be strained right into the dressing Egg Test．－Take a flat bottiomed dish－ pan，put at roast the egg in the of water
in it and droter
II fresh it will He perfectly level，if
rises at the thick end in the least
rises at the thick end in the leást
in not fresh．The older the egg th
more it rises at the thick more it rises at the thick end．If it
should leave the botlom and swim il
is not fit for anything． Tie Holcer to Your Waist．－The mos
onvenient thing about the kitchen is a holder on a slring．＂Make holde
of some thick wwashable material．T one corner，fasten a white tape abou
one yard long．Tie or pin the othe end of tape to your apron belt，and
is always there ready to use．This will Useful Tea Leaves many uses and should not be careless are useful to strew over a carpet o while sweeping a room．They are risin
ho clean glass water bottles it iols good to leave fish knives andd forks
in the wet leaves to remove the dis Coak＇s Hints，－Egg stains on silver
ware can be removed by rubbing them cinnamon in a cup of chocolate after
it is poured，adds a nice flavor． of boiling water finto the oven；that stean will keep the crust smooth an
tender．A litilo cream of tartar im－
proves frosting and flour dusted the top of a cale will prevent frosting
nom running． Cooks Calend
Monday wash
ols to be done as you may suppose
uesday Tuestay iron and put away，
That takes a body the livelong day．
Wednesday dann fix and mend Plenty of sewing，you may depend．
Thursday，if shining，we visiting go，
Then we are dressed in our best you know．
Friday，then we go out to shop．
Once you get slarted Saturday polish，scrub，and bake，
Tried out－hardy can keep awake． unday，o that day of all is is best；
Giad it is here；now we can rest Rumles for Pantry Shelves．－Buy
yards of common white lawn at
cents a yard．Take the len at cents a yard．Take the length of
yards oof it and make rumbe five
onehalf inches wide，including a one inch，then measure the length
of your shelves and out of the other he rumese in．Tarrow binding to sew the edge of the
shelf with brass headed tacks and antry will always look inviting．This hount of goods will do for four
helves two and a hall yaris long．It
vill cost only 25 cents，and can be tal品 off，washed and ironed，saving the Which makes a pantry look disagree－
able．In appearance it is far better
than shelf oilcloth eclare t that while it was wonder iul how ured had become criminals，there were
others who appeared os if they ould
never have been anything else．The frst
亚 the in crime was made by persons of
hn irst class under the most varicus cir－
cumstances passion，temptation，de．
opir but by the persons of the second
olass，through what seemed sheer crimi－ pass，thro
cial instinc
Many of the most notorious wrong
Merss have，tf their own impressions are
be relied on，been templed to launch
um
real
nai ..... eat
usti
co
en easual accuaintance whom hemet in
cndon restaurant where he was dining

            HIS FIRST FORGERY
    The stranger chanced to allude to a
    orgery that had been committed, and
cemarked how clever a penman must


nd pen, ink and paper were brought for
im to try his hand at imititaing the
tion
ranger's signature. The r sult was so
onderut that the stranger remarked
"You possess a dangerous pift, sir.
"You possess a dangerour pift, sir. A
an might be ternpted with it to do
much, at a pinch." "Sim the Penman"-
Till that moment "thes
hen James Saward, the barrister, des-
erately in want of money-declared the
ad never thought of forgery as a means
livelihood.
ars as a revelation of how ho he might
hin thousands. He becme
ain thousands. He became the clever-
it forger of modern times.
A man does not become a coiner all
A man doess not become a coiner all
once. It requires long, laborious, , and
constant practice to acquire the pron
ciency to turn out base money whic
ill pass undetected from hand to hand
it the most casual chance has led men
adopt coining
on their fello $\mathbf{s}$.
A WOMAN'S SaKE
Woodstock, the coiner, samples
hose marvellous work are to to be se
Nose marvellous work are lo be seen
the Black Museum at Soctiand Yard
ass, as a y cung felloov, a tailor's ossis
ass, as a ycung fellow, \& tailor's assis.
ant. one Saurday afternoon he was in
publichouse in the South of London,
public-house in the South of London
ith the girl to whom he was engaged
on
with the girl to whom he was engaged.
ipon her leaving, a stranger remarked
ip
Wingly asked when the wedding was to
kingly asked when the wedding was
Woodstock lamented that there wa
long lime. His meagre wages forbad
long lime. His meagre wages forbac
he hope. The stranger was Draker, th
iner, and ho hinted that if Woodsto
iner, and ho hinted that if Woodsto
such a nice--acea, respectable young
low- was poor it was his own faut.
Draker had heaps of bad money
mpted, and, affer a struggle with win
elf, consented to take some of the coins
to found them so defective, however
that they were dificuicuit to pass, and he
braker invited him to "see if he coul
araker invited him to "see if he coul
do betler himsell," and he would teact
him all he knew." Wocdstock easily sur
him, all he knew. Wocdstock easily su
passed his master. He had a wonderfu
gits for delicate manual work, and
brain, to discover new methods. H
aten, when he was at last run down by
Inspector Fox, was found fitted with a
thie latest scientific machines thal
be applied to counterteft coining.
In the famous case of Martin
In appled to counterteft coining.
tamous case co Martin Guerre
the launching on A criminal courso wa
the result of an extraordinary chanc
and a sudden resolve. Martin Guerr


EASMY mixed necipe for weak
KIDNEYS AND BLADDER.
eils Readers How to Prepare This
Home-Made. Mixture. to Cure the
eils Readers How to Prepare This
Home-Made Mixture. to Cure the
Home-Made .Mixture.
Kidneys and Bladder.
Get trom any prescription pharma-
ist the following: Dandelion, one-half
Fluid Extract
Fuid Extract Dandelion, one-half
ounce, Compound Kargon, one ounco
cmpound Syrup Sarsaparilla, three
Shake will in a botlle end take a
caspoonful dose atter each meal and
bedtime dose aller each meal and
The above is consldered by an emin-
authority, who writes in To
nt autherity who writes in whop-
unto daily paper, as the finest prescrip-
unto daily paper, as the finest prescrip-
ion ever written to relieve Backacho,
tion ever written to relieve Backacho,
Kidney Trouble, Weak Bladder and ail
forms of Urinary dificulties. This mix-
orms of Urinary diminculties. This mix-
lire acts promptly on the eliminintive
ssues of the Kidneys, enabling them

hhich catses Rheumatism, the with the
which causes Rheumatism. sutter with the
Some persons who
ofictions may not heel inclined to place
fictions may not teel inclined to place
uch confldence in this simple mixture
uch confidence in this simple mixture:
eet thoso who have triei it say the ro:
ouls are simply surprising, the relied
ults are simply surprising, the reliee
eing effected without the slighlest in-
jury to the slomach or other organs.

hority, whose entire reput
aid, was established by it.
It has been noticed that the most no-
Lorious criminnals in varicus spheres of
crime are recruited from the ranks of of
crime are recruited from the ranks
persons

IRONY ON COINS.
Maybe Unconscious, but otten Apt-As
conscious, but Otten
Italian's Cotection.
In view of the discusslon over the
notto, "In God We Trust." on United
notho, "In God We Trust," on United
Sates coins, a collection of such met
Slates coins, a collection of such mot
loes made by an Italian student, Ame
igo Scarlatit, and recently published
Minerva, an Italian periodical, is in-
in Minerva, an ralian periodical, is in-
terasting. Scarlatil is of opinion that

to be cynical, too often admit of
such an interpretation through the irir.
resistibie habit of tha public of ignor-
ins
ng the intention of the designer and
applying the motlo to the coin itself.
plying the mototo to the ooin itselt.
Thus. when Charles In. King of tho
wo Sicilies, had engraved on his sil.
wo sicilies, had engraved on his sil-
dur ducat the Latin words "Unus non
mict" - meaning "One is not enough,"
Suffert"-meaning "One is not enough,",
-ilt the world insisted on forgelting

that the King reterred to a single scep.
rec and entusiasticlly agreed with
rim that onnu ducat wasn't enough tor
tim that one ducat wasnt enough ior
any one.
One contrary, a storm of ironical
appositton was aroused when Louis do

appositon was aroused when Louis do
Beorly
Barron, King of Errura, in the erry
part of the last century inscribed "Vi-

part of the last century inscribed "vi-
deeent Pauperes. Lactentur on his
cons. The words mean "Let the poor
cots. The words mean "LLet the poor
sen and refoice. And o ocourse very
ene wanted to know why a poor man
ene wanted to know why a poor man
should rejoice at merely seeing a piece
of money
of money.
On the Papal coinage of 1573 bearin



meant the words $t o$ refef to the Pa
pacy, but the evil minded applied the
pacy, but the evil minded applied them
so maliciously to the coin ilself that the
so maliciously to the coin ilselt that the
issue was speedily slopped. A/S.niy
isu
lar opportunity for evil tongues was
afforded when the Knights of Malla,
coined an issue of dollars with vie
affirded when the Knights of Malta,
coined an issue of dollars with vhe
sign of their : order, the Mallese cross

mus" (In this sign we combat). The
ribald affected to take it as a confos,
sion that with them money was truly
the sinew of war.
A venetian lira dated $147 /$ has the
somewhat ambiguous moto. "Im Thibi
Solo Gloria' (To Thee alone the glory).
Solo Gloria' (To Thee alone the glory).
A sequin coined by Cardinat Rezgon
sequin coined by Cardinat Rezgon
co in 1774 bears the words "Veni Lu
men Cordium," or "Come thou light of
hararts." Clement XI. issued
hadirs. Clement XI. issued a ooil
with an image of the Madonna wilt
with an image of the Madonna wilt
the legend "Causa Nosira Lextitie"
Thense
the legend "Causa Nosire Lextitie
CCause of our joy.) and a Venetian
cicce with an allegorical Agure of Jus
(Cause of our joy.) and a Venetian
ricee with an anlegorical ftgure of Jus.
rice with the words .Nostra in hac ell

citas" (Our happiness in this). All of
1hese inscriptions were irrverently di-
verted by contemporaries from their
true objects to the money iself.
Them in the Temperate Zone.
Ot the $100,000,000$ horses known to
exist in the world, $80,000.00$ or four-
fitths of he entire number are found
in the temperate zone and nearly all
TOITURED DAY AND NIGIT.
Zam-Buk Cures Piles.
there is no end to the hen
That there is no end to the healing
powers of Zam-Buk is beeng demon-
strated every day. Mr. Julius Glacier,
The statement might be regarded with
a good deal of susption if his caree
$\mathrm{d}: 1$ not disclose the fact that while Red

di not disclose the fact that while Red
path was commilting thet most cratty
and walculated trads, ho was at the
same cime ceatlerring the money he ob
toined among various charities, and

tained among various charities, an
privately assisting socres of people i
distressed circumstances. When he wa
sentenced at the Centrai Criminal Cour
sentenced at the Centrai Criminal Cour
ther wers pensons in court who burss
into lears. They were people whom h
렬
into lears. They were people whom he
had berriended.
H Herry, Benson, the instigator of the
Geeal Turf Frauds. and oo numberless
cther swindles; the Bidwells, the greal
Greal Turf Frauds, and of numberles
cther swindles: the Bidwells, the greal
cirgers and ternoy, the murderer al
Mr. Gold on the Brighton line, are type
Mr. Cold on the Brighton line, are types
of criminals who seem to have been
sbor by some queer moral perversiy
born ty them. In each of them there
of criminals. who seem to have been
sch by some queer moral perversity
born th them Un
wach of ther there
was a gradual development of the ter.
rille "criminal instinct," showing itself
was a gradual development of the ter
rible "criminal instint." show ing itself
rin their eariliest mingling with others-
in their earliest mingling with others
in the schaco and palayround, in theeir
very frrst oompanionships. No No one car
a the schcol and playground, in their
very frrst oompanionships. No one can
point to ony particular event in their
lives as the arrst introduction to crimina
liurses tit semet ind
ives as the arst introduction to crimina
curses. It seemed innete. and showed
tself in the prettiest trickery in childis.

"SEaled lips
and professions, The locksmith, sale
maktng and carpentering trades. have
supplied the mest accomplished
makring and carpentering trades, hav
supplied the most accomplished
bur-
glars; engraving has been responsible
supphed ine most accomplished bur
liars; engraving has been responisibe
lir most of the great banknote manu
tor

and the professional murderers have
generally had some medisal tranining.
But the professional poisoner is
accustomed to carrying the burden cf
ghastly secreis, and rarely does he do
more than contess the justice of
mhastly secrets, and rarely does he
morntence, contess the justice of hit
stanowledge the last crim
sortence and acknowledge the last crime
sfntence sends him to the gallows His
which sen
which sends him to the gallows. His
lips are sealed as to previous orfences
and no one knows how the awwul firs
and no one kn
tep was taken.
A priscn chaplatin in one of our larges
onvict establishments once remer
convict estabisishments one one remarke
that ho was appatled ty the continua
chat he was appalled by the continual
that
liment of the criminais he found in thai
per

thing." The "litule thing. was the frrs
step which had launched them on the
step which had launched them
career of wrongodoing which had
them there.-London Answers.
strated every day., Mr. Jelius Gemon, Glacier,
of Denbigh, Ont., was tortured day
of Denbigh, Ont." was tortured day
and night wilh. blind bleeding piles,
sc bad that he says: "I could find no

comfort standing, sitting or lying down,
and was unable to do any work. One
day my eyes rested upon $\mathbf{a}$. little
day my eyes rested upon a little
sample box of Zam in ip picked it up
sample box of Zam-Buk. I picked it up
and read the words. CURES PIES. I
started using Zam-Buk that night. and
作
started using zam-Buk that night. and
before I could purchase a large box I
was already cured and HAVE NOT
was already cured, and HAVE NOT
BEEN TROUBLED SICE. You may
BEEN TROUBLED SINCE. You may
publish this if you wish for the benefit
of on
pubish his if you wish for the benefit
o! other sufferers." This is only one
of the many cases where Zam-Buk has
of the many cases where Zam-Buk has
healed piles when all else failed. Why
do you go on suffering when such
healed piles when alt else failed. Why
do you go on suffering when such a
splendid remedy is near at hand?
splendid remedy is near at hand?
Zame-Buk heals sores, cures eczema,
Zam-Buk heals sores, cures eczema,
skin eruptions, ulcers, ringworm. itch,
barber's rash, blood poison, bad leg,
sall rheum, abrasions, abscesses, culs,
barber's rash, blood, poison, bad leg,
sall rheum, abrasions, abseesses, cuts.
burns, scolds and
sall rheur, abrasions, abscesses, culs,
burns. scalds and all skin injuries and
diseases. of all slores and druggists
diseases. Of al slores and druggist
dis 50 cents, or from Zam-Buk Co., To-
it
lon
100 MLLLON HORSES.
That is the yyorld's Supply-Most o
Them in the Temperate Zone. fiths of the entire number are found
in the temperate zone and nearly all
among occiental people． among Occitental people．nearly all
According to the National Geographic
Magazine，the remaining 20，000，000 scat－Magazine，the remaining 20，000，000 scat－
tered through the tropics are largely
employed in the servie of temperate
zone visiors or residents and ane
zone visilors or residents and are but
feeble representatives of that animal
as he is known to the poople of Europehard luck honesty．
＂Honesty is the best policy＂is a time－
honored maxim，but numerous case＂Honesty is the best policy＂is a time－
honored maxim，but numerous cases
have come to light recenty which go a
or America．
In The United States and Canada we
tave． 1 horsse for every 372 persons；in
couth America 1 for every
7；in Mexi－
Two Sicilies, had engraved on his sil.
ver tucat the Latin words
Un Uns nonmeant the words 1 retefo to the pa－
pacy，but the evil minded applied themSolo Gloria＇（To Thee alone the glory）．
a sequin coined by Cardinat Reezgoni

Y MIEE RECIPE FOR WEAR

## Is your baby thin，weak，fretful ？ <br> Make him a Scott＇s Emulsion baby． <br> Scott＇s Emulsion is Cod Liver Oil and Hypophosphites prepared so that it is easily digested by little folks． <br> Consequently the baby that is fed on Scott＇s Emzelsion is a sturdy，rosy－ cheeked little fellow full of health and vigor． <br>  <br> 80000000000000000000000000008 

