

Never permit yourself to make any Never permit yourself to make any decision of importance while you are in a state of depression. Never com-mit the error of taking a serious step while you are measuring hile by standards set up in the darkmess of an unhappy mind. Such stand-ards are never true, never just. The setimate you make of yourself, of others, and of the world while you are blinded by despondency, is a false estimate always. The shapes you see are distorted shapes. Your false estimate always. The snapes you see are distorted shapes. Your vision is at fault. The only time you are capable of true judgment is when your sight becomes clear enough for you to really see that life is worth living and 'all's right with when your sight becomes clear enough for you to really see that life is worth living and 'all's right with the world. FASHIONABLE COLORS FOR THE COMING WINTER. (IDue with the intervention of the source this of Judge could constant-ly discern and understand his simple kindness, for kindness is the univer-

this Blue will be in high favor "Blue will be in high favor this fall and winter," writes Grace Mar-garet Gould, the Fashion Editor, in the August number of the Woman's Home Companion, "and that certain-ly is good news, because blue is pretty apt to be becoming to pretty nearly everybody. Navy and royal blue are both looked upon as fashion leaders. Copenhagen blue and Nat-tier blue, or old blue, are both high-style shades.

"Many brown shades will also be used-russet, Havana and the lea-ther shades. Browns showing a coppery tinge will be modish, as well deep mahogany tones. In greens we have the preference given to the forest green, which is a beautiful rich leaf tint, not so yellow as olive, and is much more becoming. It will be much seen in the plain fabrics. The bronze greens will also be worn. A beautiful deep American Beauty rose be stamped the mode, shade will and many Bordeaux reds will be favored. Two grays will be especial-ly fashionable—the gray we see in silver, and the darker mouse shade. The tendency, however, is toward dark shades. Fabrics show indeterdark shades. minate effects, and beautiful mingl-ings of soft, dull colors. Black will make itself conspicuous in both the new fabrics and the new trimmings."

HOW TO DRESS A WOUND ANTI-SEPTICALLY.

Apply peroxide of hydrogen to the wound until it ceases to fizz; mois-ten the bandage with the same. It is obtainable at all druggists, and is obtainable at all unserviced 10 cents' worth will last several monthis. The wound heals quickly when it is used, as it kills all germs. It is used in hospitals after opera-

-- -- --SOME HINTS FOR THE FRUIT-

CANNER. Before putting fruit in glass jars wash them in soap suds containing a little soda. Then rinse well with scalding water, and set in the sun

If you want the flavor of the fruit to come out well, do not use an ex-

cess of sugar. Never use p Cess of sugar. Never use poor fruit for canning The best is none too good. Let it b as fresh as possible, and not over

ipe. Handle it as little as possible.

Handle it as little as possible. Have everything in readiness be-fore you begin operations. The wo-man who has to run to the pantry or kitchen every time a thing is wanted makes herself double the work that is necessary. Use the best grade of sugar. It may cost a little more than the or-dinary, but it will make your fruit

dinary, but it will make your fruit enough better to pay the difference in Do' not stir your fruit when it is

ooking. If you want to know how wit is coming along, take out a piece of it without disturbing the rest. Give it a brisk boding. If allowed to stand and simmer it will not re-tain the there will not

to stand and simmer it will not re-tain its shape well. When the cans are ready for seal-ing, see that the covers fit perfectly Never use one that does not hug down tightly to the shoulder of the jar.-Eben Rexford, in the Outing Magazine for August.

HABITUAL KINDNESS. There is no gift of grace that goes further to making one belowed than the art of simple kindness, says a writer. Just to be kind, in smile and word and deed, is the shortest and word and deed, is the shortest, surest road to power over other lives. It is better to be kind than brilliant: one brings affection and loyalty; the other usually brings in its train only envy and bitterness. This adornment of simple kindness is within the reach of everybody. The grace is one that grows in any soil, and beneath clouds of sunshine, snow or rain. It has taken centuries for

sal language.

 this set innguage.
the Mar-titor, in stacks of Canadian cholera, dysentery or diarrhoea, and have to use great pretain-toyal
the market for all summer this be
the market for all summer com-the perienced.

WHITE SHOES.

Never wear a white shoe with anything but a white gown or one whose surface is white with a flow-er or line of color through it. A woman who puts on a dark foulard gown and adds a white hat with ubite shoes and ctockings is not white shoes and stockings is

not well dressed. Unless you have the time and the inclination to clean these white shoes every time a spot touches them don't buy them. There is nothing uglier than a dirty white shoe and nothing which makes the foot look large and awkward.

RELICS OF THE POET MOORE.

One of the rooms of the Royal Irish Academy, Dublin, is devoted almost exclusively to relice of Thomas Moore. The walls are lined with shelves filled with works belonging to Money's library Moore's library, and in this room is the piano on which Moore, who

is the piano on which Moore, who was a delightful musician, accom-panied himself when singing his own melodies. In the United States there are also cherished relics of Moore, and among them, in the pos-session of Mrs. E. B. Childs, of Philadelphia, the widow of George W. Childs, the former editor and proprietor of the Philadelphia Pub-lic Ledger, is a harp, small in size, which was presented to Moore by some of his admirers in the city of Limerick. and was frequently used by kim. After Moore's death, in 1852, his widow gave it to a ne-phew, Mr. Murray, by whom it was

phew, Mr. Murray, by whom it was presented to Mr. S. C. Hall, Moore's ographer. Mr. Hall left the harp by his will

to Mr. Childs, who placed it in his private office in the Public Ledger building. After Mr. Child's death private of the Arr Mr. Child's contain building. After Mr. Child's contain in 1894 the harp was for years in the museum of the Drexel Institute in Philadelphia, whence it was remov-ed by Mrs. Childs, in whose posses ed by Mrs. Childs, in whose posses sion it now is, to her private r dence. At this time, when the en Gence. At this time, when the en-thusiasm for Moore, which has never flagged, has been stimulated by the erection of a magnificent Celtic cross over his grave in Bromham church-yard, Wilts, this precious relic of the poet, which recalls so many thrilthe poet, which recalls so many thril-ling associations, might, perhaps, be placed for the benefit of Moore's countless admirers in some public museum where it could be seen by the people at large. Mr. S. C. Hall, who gave the harp by will to Mr. Childs, was himself very enthusiastic in endeavoring to keen the memory

in endeavoring to keep the memory of Moore fresh in the hearts of Irish men. He erected in Bromham Church at his own expense a magnificent "rose window," and also in 1879,

woolled goods, ribbons, etc. Piano keys can be cleaned, as can any old ivoty, by being rubbed with mushin dipped in alcohol. A little thin cold starch rubbed over wicdows and mirrors and them wiped off with a soft cloth is an easy way of producing most shining results.

THE TRUE WITNESS AND CATHOLIC CHRONICLE.

results. Hot milk is even better than boll-ing water to take out fruit stains. A strong solution of salt and wa-ter mixed with an equal quantity of camphor will often relieve a tooth-other

If suct which is to be chopped first sprinkled with ground ice will chop more easily.

DR. FOWLER'S EXTRACT OF WILD STRAWBERRY

OURES Summer Complaint, Diarrhoea,

Dysentery, Colic and Crampe,

Cholera Morbus,

Cholera Infantum AND

All Fluxes of the Bowels.

It is without doubt the safest and most reliable remedy in existence.

It has been a household remedy for sixty-two years.

Its effects are instantaneous and its does not leave the bowels in a constipated condition.

Do not be humbugged into taking something the unscrupulous druggist says is just as good.

Mrs. Ed. Stringer, Hemmingford, Que. says : "I have used Dr. FowLER'S EXTRACT OF WILD STRAWBERRY with excellent results. I always keep it in

the house as it is the best cure for Diarrhoes that can be had.

Nothing looks more ugly than to

see a person whose hands are cov-ered over with warts. Why have bhese disfigurements on your person when a sure remover of all warts, corns, can be found in Holle etc. way's Corn Cure

IGED BLUE RIBBON TEA

BREW IT THE SAME AS IF YOU WERE GOING TO SERVE HOT TEA, THEN POUR IT OFF THE LEAVES INTO A PITCHER WHOLESOME SUMMER BEVERAGE KNOWN

FUNNY SAYINGS.

A teacher had been telling her class boys recently that worms had be on boys recently that worms had be-come so numerous that they destroy-ed the crops, and it was necessary to import the sparrow to extermin-ate them. The sparrows multiplied very fast and were gradually driving away our native birds. Johnny was apparently very inattentive, and the teacher, thinking to catch him nap-ping, said:

THEY HADN'T GOT IT.

The visitor to London was seated at a table in one of the expensive restaurants in the West End think-ing of various things as he read over the bill of fare and observed the

"By thunder!" he exclaimed to the aiter, "haven't you got any con-tience at all in this place?" "Beg pardon?" returned the haugh-"Haven't you got any con "Haven't you got any con

conscience-conscience? Don't year understand?" The waiter picked up the bill of fare and began looking over it. "I don't know if we have or not," he said. "If we have it's on the bill, if we an't it's a extra. Them's the rules, sir."

MORE CONVENIENT FOR BOTH.

'A lady had engaged a Ohinese cook and at her first interview with him in the kitchen esked his name. "My name," said the Chinaman, "is

Wang Hang Ho," "Oh, I carnot remember all that," add his mistress, "I will call you 'Jokn.""

add his insures, 'John.'' 'Welly, well,'' agreed the China-man. 'What you' name?'' ''My name,'' said the lady, with some dignity, ''is Mrs. Melville Lang-"I no memble all that, Misseh Melv' ondon. I call you 'Tommy.'"

Mother's Anxiety.

The summer months are a time of anxiety for mothers because they are the most dangerous months. in the year for babies and young chilthe year for bables and young chil-drer. Stomach and bowel troubles come quickly during the hot weather and almost before the mother rea-lizes that there is danger the little one may be beyond aid. Baby's Own Tablets will prevent summer com-plaints if given occasionally because they keep the stomach and bowels free from offending mather. And the

free from offending matter. And the Tablets will cure these troubles if they come suddenly matter. Tablets will cure these troubles , if they come suddenly. The wise mo-ther should keep these Tablets al-ways at hand and give them occa-sionally to her children. The Tab-lets can be given with equal success to the new born babe or the well grown child. They always do good, --they cannot possibly do harm, and the mother has the guarantee of a Government analyst that this medi-cine does not contain one particle of

ine does not contain one particle of opiate or harmful drug. Sold by all medicine dealers or by mail at 25 cents a box from The Dr. Williams'

Medicine Co., Brockville, Ont.

Butterfly Suspenders. A Gentl man's Brace, "as easy as none man's Brace, 50c.



AND PLACE ON THE ICE. WHEN QUITE COLD SERVE WITH A SLICE OF LEMON (DO NOT USE MILK) AND ADD SUGAR ACCORDING TO TASTE. THE MOST REFRESHING AND

"WHAT IS DYSPEPSIA?

There is no form of disease valent than dyspepsia, and none so peculiar to the high living and rapid eating of the present day mode of life. Among the many symptoms are: Variable appetite, faint, gnawing feeling at the pit of the stomach, with unsatis-fied craving for food; heartburn, feeling of weight and wind in the stomach, bad breath, bad taste in the mouth, low spirits, headache and constipation.

ping, said: "Johnny, which is worse to have, worms or sparrows?" Johnny hesitated a moment and then replied: "Please, I never had the sparrows."-Young's (Magazine. ** **

NEEDED A CHISEL

THE POET'S CORNER A.2

THURSDAY, AUGUST 8, 1907.

----A PRIEST'S DAILY EXAMEN.

The day is o'er: "Was it well spent?" (The world replies, "Yes, yes!")! But, Lord! Thou dost reprove my

The world applauds and says "Well

(How insincere its cry!) But Thou, dear Lord, dost know Thy

Reproaches me: for I am not As Thou wouldst have me be; Thy glance discerns the leper-spot Which keeps me far from Thee!

The world commends my daily work

tasks r

And deems my lot too hard. But, Lord! how much Thy te

No ve

and

ahirk; vessel mine, but shard.

How scant of holy thought: How scant of holy thought: dy heart with worldliness und Is filled, and oft distraught.

When I, at meditation's hour,

Should scale Thy Holy Steep, Sloth lures me like a lotus-flower, And, traitor-like, I sleep.

The world proclaims: "A shepherd

this, "A shep this," A shep this, "A shep Who well his flock attends!" A hireling, Lord, am I, remiss, Who oft betrays Thy friends.

And thus my stewardship, dear Lord, Seems always unfulfilled; Thy heart and mine do not accord, With fear should mine be thrilled!

Have patience with me, déarest

Christ, My soul sustain anew; That I may keep with Thee my tryst, And merits thus ensue.

make Thy priest a Christ, indeed,

Whose zeal will not break the bruised

Nor quench the smoking flax."

O lead me to Gethsemane, That I may vigil keep; And all my guilt let me then see, That I may with Thee weep.

And for this grief grant amnesty;

And when from sleep I'll wake; To shores of dread Eternity, To Heaven, me, Christ, then take. -F. A. Gaffney, O.P.

essfully to prostitute your talents

And it cer-

to

for an unworthy cause. And it tainly makes every difference if,

obtain fame or happiness, you have sacrificed that which your forefathers have preserved inviolate, which they have guarded even with their lifes blood—your faith and the practice of your religious duties.

KIDNEY The kidneys form

AIDNEY are kidneys form a very important channel for the out-tations that COMPLAINTS blood

blood. The kidneys are often affected and cause serious disease when least sus-pected. When the back ashes, speck has before the eyes, the urine contains a brick-dust sediment, or is thick and stringy, scanty, highly colored, in fact when there is anything wrong with the small of the back or the uninary organs then the kidneys are affected. If you are troubled with your kidneys

KIDNEY

DOAN'S

reed.

My prayers, dear Lord, from hipe

bent For ease and idleness

son. And tearfully Thine eye

0155

BY

CUDDLE TIM

As the evening shadows Then 'tis cuddle time, When my baby, dressed land,

land, Comes and begs of me to On my knees and "root is the purpling sun sinko In the gleaning wester

And he cuddles to me n As the firelight softly And across the dusky py Ghostly flickering shad And two dimpled arms Are clasped tighter for Ah, was richer, rarer ne Placed about one's need

And I clasp and hold hin Little tousled head of a As he begs dad for a "" Which a hundred times Begs to have me "tell it Of the quaint Red Ridd

Or the bears-that happy Living in the deep, dar

Soon the drooping, droop

Soon the grouping, group Cover up two eyes of 1 And the tousled head so On my breast sinks low Lower yet, till, deep in s Cuddled close to me he With the glory of the sum In his sleeping, dreamin

In his eyes, in whose rare Shines the beauty of th Till I know that into Dr My wee golden-head has Ah! the sweetness of the Making life one golden t

With a dimpled babe to f When it comes to Cuddl

By the Author of "Dolly"

Miss Bush never knew he

Miss Bush never knew he loose from home, who sent how he got there; but he v ing defiance at the gipsie they closed in deadly battle Miss Bush's heart ache to poor creature's cries, as the worst even at the begi the hattle, but she may noo' him. "Terror once more les strength-surely she was em story-book heroine; by the fied, wee Olive now in 1 now in Bess's, for the girl forsake them. Ah! the sha things of the downs received them, or rather the hand, dence interposed between th the if thes, who can find! T crew of gipsies were beatin downs, but our three heroi aged; they were in the winc, leading to the shore and the to town, and there can the

caped; they were in the wird leading to the shore and the a town, and they could hal take breath, and think. T too was rising over the sea-ing moon that would shimm

ing moon that would shimm dawn. "Can't I live with you They'd have carried the litt off but for me. They hid h from the perlice, they did, i thought it best not to try again; they were off with 4 of the night. Ha! ha! the got her," laughed Bess. "But, my dear, who play and found the way into the lady's room, and so to not house?" said Miss Bush, staa her own doorstep. ringing i bell, and feeling something 1 self again.

"I did," was the candid but I didn't mean to. I d ell mother-leastways her as

did,"

CHAPTER X.-Contin

HER V

-Los Angeles Express.

These may dare to doubt who have Their loved ones here below: For me, I do not now believe, I do not hope-I know. -Katharine Pyle, in Harper's Ba-THE PASSING OF SUMMER. a your petals, sweet garde

rose, Hum softly, wind, through th num sortly, wind, through the reeds; Summer is tossing her gams away And droupping her amber beads; Adown the path to the western gate She walks with pensive grace, and over her glinting kair is bound A fillet of pearl-gray lace.

Bid her a rollicking "Au revoir," Sunflowers, cheery and bold, And solidago, hasten ye on, To make her a path of gold; Asters open your amethyst eyes And lend her their tender light; Show her the sign of your crimso truit

fruit, Wild plum tree, up on the height.

Cover her breasts with a toge

wrought Of sunshine and lilac shade; Of summaries and hiad some e; fring her a veil of vagrant mist Drom milk pods on the glade; umac and sassafras hang for her

Your lanterns along the lane. Silvery clouds, in a bay of blue Cool her with glistening rain. blue,

A bint and a whisper rustle up From weeds grown shaggy an tall; And out of the russet hollows sift

And out of the russet hollows sift The nut-rich scents of the fall Saucy, bright thistles have set their camps Where the dainty primrose grew-The latch of the Autumn's gate in loosed And Summer is passing through.

THE SORROWING MOTHER.

Last night I dreamed he came to me; I held him close and wept and said, 'My little child, where have you

I was afraid that you were dead.' Then I awoke; it almost seemed

As though my arms could feel him yet. I had been sobbing in my sleep; My tears had made the pillow v

cannot think of him at all As the bright angel he must be, But only as my little child Who may be needing me.

Do not make him grow too wise,

Angels-ye who know; I am dull and slow to learn, Toiling here below. Do not fill his heart too full

With your heavenly joy, lest the mother's place be lost With her little boy. Gentle

> Last night the air was mild; The moon rose clear, though late, And somehow then it did not seen So very hard to wait. So very hard to wait. There seemed so much to learn, So much for me to do, Before my lessons here were done And I was ready, too.

but to-day I am nothing; I have absolutely no dogmatical beliefs of temets. Unfortunately for the court enets. Unfortunately for the enets. Unfortunately for the cry, nine out of every ten profes al or business men outside the Church are in the same And this 0 C tholic Church are in the same posi-tion as I am to-day. And this is a bad thing for the country. We men who hold the public pulse, we feel a revolution must come must go back to positive belief. must go back to positive belief, to revealed truth, to obedience to au-thority; and there is no institution, no Church that can lead that revo-lution, that can bring about that change, but the Catholic Church." That is the question, gentlemen, will you be ready? It does not de-pend on the Church; she is always ready. It depends on men like you, graduates of our Catholic schools and colleges. Are you ready now to do your share, even in an humble way, by clean, honest Catholic lives and careers to help bring about graduaclean, honest Catholic lives careers to help bring about gradual ly this great change? Are you read to make use of your talents, to bas ter with them, to do as much fo your spiritual advancement. fo God's cause, for the spreading of His kingdom on act to account

SCIENCE AND THE SOUL. Transmarion, one of the world's preatest astronomers and scientists, writes in a French magazine: "It is my conviction that the soul of man exists as an entity, independent of his body, and that it survives the destruction of his physical being. It is certain that one soul can influence another soul at a distance and with out the aid of the senses. There is not the slightest doubt that the soul can act at a distance. Merital sur-gestion seems equally certain. Psy-chic communications between par-sons who are living is also proved by a large number of cases, observed without eyes and hear without ears, while the tody is is inaminate during is a great distance. We say and carefully investigated. We say while the tody is is inaminate during is exponent in the end my make is a great distance, but it may a large number of cases, observed without eyes and hear without ears, while the tody is is inaminate during is eap or in the future. These phonon oxists, and that it is endowed with is the logical basis of commencing a study which in the end may fleed us to as inderestant index one may fleed us to as inderestant index on the asses spots from doots. Sub which is the end may fleed us to as index is also cover in the end may fleed us to as index is also the asses with a street in to as index is a maximate on the and the street is a fleed these pre-study which in the end may fleed us to as index is and may fleed us to as index is and may fleed us to as investing of the asses of the street will give bitter results thano is the logical basis of commencing a to as investing of the asses of the street in the indicate flammel and the subscreating of the asses of the subscreat indicate its is asses flammel in a basis of the as indicate flammel and may fleed us to as investing of the asses of the to as investing of the asses is indicates flammel and the subscreating of the asses of the assest indicates flammel and flammel and flammel and flammel and the

Two potatoes grated in a basin of water will give better results there soap in washing delicate flammet and

The great answers and reputation that It has already obtained proves that Luby's, Parisian Hair Renswer restorm gray hairing its matural color, and, from its natural color, two, strongth-balanmic properties, strongth-ens the growth, removes all dandraf, and heaves the susje dandraf, and healthy. Oan be 102

The struggling author boldly en-tered the editorial sanctum. "I have come with my latest story," he announced. "That so?" ejaculated the busy edi-

There come with my latest story," he announced. "That so?" ejaculated the busy edi-tor. "Let us hear how it runs." "Well, this is from the first chap-ter: "Casper had been standing as motionless as a block of granite. Suddenly he dropped or his knees be-fore the beautiful girl with the ala-baster brow and boldly proposed. It, was then that she answered his stony stare and handed him the mar-ble heart, Then' — But the busy editor reached for the slipping sheers. "Young man," he thundered, "you have made a mistake. Take that story down to the nearest stone-yard. This is an editorial office."

HER LIMPTATIONS

Has LimitAtions. She was versed in Greek and Latin She was versed in German, too; She was versed in all the classics, And the poets old and new. She had studied art and music, And in culture she was graced; But I note her weary husband Had to button up her weast.

could talk of bygone heroes, he could tell offhand their names, could tell when Rome was found-

She could tell when a of And the date it tell in flames. She could tell of styles and fashior At a wile a minute rate; Put she had to ask her hashand but was pinned on straig

BITTERS

BLOOD

BURDOCK

will cure the worst case of dyspepsia, by regulating the bowels, and toning up the digestive organs. Mrs. Geo. H. Riley, West Liscombe, N.S., writes : "I suffered for years from dyspepsia and could get no relief until I started to use BURDOCK BLOOD BITTERS. After I had taken three bottles I was completely cured and can eat anything now.

Catholic Church.

not mean that you must accomplish what the world regards as great things. Your name need not be em-blazoned large on the pages of his-tory. It does not matter whether in the State, in your chosen profes-in the State, in your chosen profes-mean that what you have acquired, you have acquired honsetly. It does mean that money or the promise of advancement has not been used suc-

His kingdom on earth, as you would for your material interests? It does not many that you must accomplish

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tell mother—leastways her as mother; she air't no mother o though." quoth the child, wi sorrowful, ring in her voice—" promised my own mother to 1 ther to me when she was dy told what I, like a silly, dold about the young lady's pretty and—and they made me come show 'em, and they found s

and-and they made me come show 'em, and they found y trick of openin' the window, did, and they made me watch garden. You know what they and they took Miss Olive here, she woke, and they thought sh on them.'' This was Bess's story, told outside the house, partly with that aight when all was chiam her, and she gave up her v life, to cast in her lot with for whom she had played so r part. For Miss Bush took I but ere the police could swoop upon her friends, the next mo they had fled, and the downs them no more. Poor Rolf came home at day-like a wounded warrior from s

Poor Rolf came home at day-like a wounded warrior from a contected battle, so wounded he was pitiful to behold. "Will he die ?" sobbed Olive "Will he die ?" sobbed Olive "Barbard and sobbed Olive "and sobbed on the divan in drawing-room, where Miss Bust tending and feeding the poor ture, so terribly torn and me that no wonder anyone sobbed see him.

ee him. "I hope not, dear," said her f yery gently, "for your sake?" "Why for my sake?" faltered chie

"Why for my sake?" faltered child. "My little girl," said Miss sitting down and taking her in arns, "have you learnt your."

"What lesson?" asked the tearful voice.