

## Particular Practice for the Month of September.

Our Duties towards the Eucharist. Third Duty : To Bisit It.

To visit those we love is the first obligation friendship imposes, because it proves our love and at the same time entertains and strengthens it.

We should visit the Friend abiding in the Tabernacle to prove our love to Him, that love to which He has a supreme right under so many titles.

He expects this testimony of friendship because in the Blessed Eucharist He is as truly man as God, consequently He desires to receive the marks of human love, one of the most common and spontaneous of which is mutual visits among friends. Let us not refuse Jesus, Sacred Host, this evidence of our attachment. Let us come to the foot of the Tabernacle, in order that His Heart, the most fascinating and sensitive of human hearts may enjoy the happiness we ourselves taste when we receive the welcome visit of our dearly loved friends.

We need not pretend we love Jesus if we never visit Him. Love is, doubtless, a unitive power but it only acts on hearts coming into contact.

We should also visit Jesus in the Blessed Sacrament to

entertain our love for Him.

To entertain love is to maintain and nourish it, that is to say, to put it frequently in presence and in possession of the loved one. We will, then, often visit Jesus in the Eucharist, in order to entertain our love, frail little flower