

Relieve those Inflamed Eyes!

## Pond's Extract

Reduced one-half with pure soft water, applied frequently with dropper or eye cup, the congestion will be removed and the pain and inflammation instantly relieved.

**CAUTION!**—Avoid dangerous, irritating Witch Hazel preparations represented to be "the same as" Pond's Extract which easily auro and generally contain "wood alcohol," a deadly poison.

### The Need of Knowing the Chinese.

The task is hard, but is one well worth mastering. The better we know the people of the Flowery Kingdom the more highly shall we regard them.

Never has a great people been more flagrantly misunderstood than the Chinese. They are derided as stupid, because there is lacking to us a medium which should be transparent enough to disclose our thoughts to them or theirs to us. They are stigmatized as barbarians, because we find ourselves incapable of understanding a civilization which is so different from our own. They are set forth as slavish imitators, also they have borrowed less than any other people; all inventiveness is denied to them, also the world is indebted to them for a long series of the most useful inventions; they are supposed to adhere doggedly to their traditions, also in the course of their history they have passed through many profound mutations of belief.—Evangelical Missions Magazine.

**FITS** The Liebig's Pills cure for Epilepsy and kindred affections is the only successful remedy, and is now used by the best physicians and hospitals in Europe and America. It is confidentially recommended to the afflicted. If you suffer from

**EPILEPSY, FITS, ST. VITUS' DANCE,** or have children or relatives that do so, or know a friend that is afflicted, then send for a free trial bottle and try it. It will be sent by mail prepaid. It has cured thousands. If your child or else has failed.

When writing mention this paper, and give full address to

**THE LIEBIG CO., 179 King Street West, Toronto.**

**CURED**

### The Bible in India.

The Bible, in whole or in part, has already been translated into 59 different languages and dialects in India! At the exhibit of the local Bible Society's auxiliary in connection with the Calcutta Exhibition a few years ago, Dr. K. S. Macdonald, who had charge, displayed no fewer than 176 different translations of the Bible in languages used in India by natives of the country and foreign residents and visitors. Never before was the Bible more widely read in India than at the present time.

*"The D.D." Emulsion*

Trade-mark.

Extensively used in Hospitals  
The most palatable Emulsion made  
Very easy to digest  
Gives strength to the body  
Increases the weight largely  
The best Remedy for  
General Debility,  
La Grippe, Anaemia,  
Consumption.

## Health and Home Hints

Sick room temperature should not be above 65 degrees nor below 60. Place the thermometer beside the bed and out of a draught.

To distinguish mushrooms from poisonous fungi—sprinkle a little salt on the spongy part, or gills, to be tried. If they turn yellow, they are poisonous; if black, they are wholesome.

A remedy for creaking hinges is mutton tallow rubbed on the joints. A great many locks that refuse to do their work are simply rusted, and will be all right if carefully oiled.

To clear water pipes when frozen add plenty of salt to the hot water so commonly used. This when poured down will free the pipes more quickly than plain hot water.

If when frying fish of any kind a little salt is sprinkled on the bottom of the pan when it is hot and the fat boiling, the fish can be easily turned without breaking in the least.

**Cream Toast.**—Toast slices of bread and cover slightly with cheddar cheese. Make a cream for five slices out of half a pint of milk and one tablespoonful of flour. The milk should be boiling, and the flour mixed in a little cold water before stirring in. When the cream is nicely cooked, season with a small half teaspoonful of salt and one of butter; set the toast and cheese in the oven for four minutes, pour the cream over and serve.

**Ginger Pudding.**—Mix two pounds of bread crumbs with three quarters of a pound of finely chopped suet, half an ounce of ground ginger, quarter of a pound of coarse sugar, three eggs well beaten, one pound of New Orleans molasses and two teaspoons of baking powder. If the mixture seems a little stiff add a very little milk. Pour into buttered mold, giving plenty of room for it to swell; cover and steam 1½ hour. Fruit may be added if a richer pudding is desired.

For steamed rice, one cupful of rice, three cupfuls of boiling water, one teaspoonful of salt. Put the salt and water in the top of a double boiler, place on the stove, and add gradually the well-washed rice, stirring with a fork to prevent adhering to the boiler. Boil five minutes, cover, place over the under part of the double boiler, or over boiling water, and steam about forty-five minutes, or until the kernels are soft. Uncover to dry. When rice is steamed for a simple dessert, use half the quantity of water given in the recipe, steam until the rice has absorbed the water, then add an equal amount of milk. Rice steamed in tomato juice may be served as a vegetable. Served with beefsteak juice it constitutes an excellent food for growing children or for convalescents.

**Novel Rheumatic Cure.**—Dried eel skins are a familiar article for sale in Southern markets, and have been so for years. The ordinary eel skin measures about two feet long and one and one-half inches wide. These dried skins are purchased as a remedy for rheumatism, and it is said that reliable evidence is to be obtained as to the potency of the remedy. The eel is full of electricity, and, according to the fish dealers, the electricity is not lost in the preparation of the skin. If one of these skins is wrapped around the ankle, knee or other joint of a person afflicted with rheumatism, it is claimed that a cure is effected in short order.

## That Old Pain Again.

GNAWING, PIERCING PAINS THAT ALMOST MAKE YOU SCREAM.

It is your old enemy, rheumatism, comes again with the winter to torture you. These pains remember, are caused by bad blood, you may ease them by rubbing with liniments and outward lotions, but cannot get rid of them in that way. Rheumatism is caused by bad blood and the only certain way to drive it out of the system, is to enrich your blood by taking Dr. Williams' Pink Pills. There is no case of rheumatism Dr. Williams' Pink Pills will not cure if given a fair trial. By making new, rich blood and strengthening the nerves they strike at the very root of such diseases as rheumatism, sciatica and lumbago. We give one case out of thousands to prove the truth of this statement. Mr. A. G. Lacombe, Sorel, Que., says: "For five years I was a victim to the tortures of rheumatism. At times the pains in my knees, shoulders and hips were almost past endurance. Often I could not dress myself without assistance I tried many remedies but I never got more than temporary relief until I began the use of Dr. Williams' Pink Pills. I used altogether eight boxes, and since taking them I have not had a twinge of the trouble, and I feel better in every way than I did for years before. I would strongly advise every rheumatic sufferer to give Dr. Williams' Pink Pills a fair trial." Remember that only the genuine pills will cure—imitations can't cure, therefore see that the full name "Dr. Williams' Pink Pills for Pale People" is found on the wrapper around every box. Sold by all medicine dealers or sent post paid at 50c per box or six boxes for \$2.50 by writing direct to the Dr. Williams' Medicine Co., Brockville, Ont.

### Encompassed.

A half-unwilling sacrifice I made;  
Ten thousand blessings on my head were laid.  
I asked a comforting spirit to descend;  
God made Himself my comforter and friend.

I sought His mercy in a faltering prayer,  
And lo! His infinite tenderness and care,  
Like a great sea that hath no ebbing tide,  
Encompassed me with love on every side!  
—Phoebe Cary.

Little boy (who had been chased out of the farmyard by a turkey).—"All right I just wait till Christmas and I'll knock the stuffing out of you!"

"What does this nation need?" shouted the impassioned orator. "What does this nation require, if she steps proudly across the Pacific, if she strides boldly across the mighty ocean in her march of trade and freedom? I repeat, What does she need?" "Rubber boots," suggested the grossly materialistic person in a rear seat.

USE THE GENUINE

**MURRAY & LANMAN'S**

**FLORIDA WATER**

"THE UNIVERSAL PERFUME"

FOR THE  
**HANDKERCHIEF  
TOILET & BATH**  
REFUSE ALL SUBSTITUTES