

SPORT YORK RESULTS

January 1-7

Friday, January 5

HOCKEY: Duracell University Hockey Challenge

Tournament Standings

1. Manitoba
 2. Sherbrooke
 3. Waterloo
 4. Dalhousie
 5. Loyola
 6. Toronto
 7. YORK
 8. Western
- Yeomen defeated by Dalhousie 15-12, 16, 14, 15-10, 15-13; defeated by Loyola 15-8, 16-14, 15-6; defeated Western 15-8, 10-15, 15-7, 10-15, 15-12.

BASKETBALL: P.E.I. Exhibition

Yeomen defeated by UPEI in two games 140-69 and 114-75. Mark Bellai scored a high of 23 and 21 points.

Saturday, January 6

WRESTLING: Montreal Invitational

Yeomen finished 5th out of 22 teams. Ari Taub 1st place, Courtney Lewis 2nd, Roy Sue Wah Sing 4th, John Cho 6th.

December 27-30 "Holiday Results"

Wednesday, December 27

BASKETBALL: McMaster Invitational

Yeowomen defeated by McMaster 61-57; defeated by Toronto 55-50; defeated Dalhousie 47-43. Tammy Naughton was York's high scorer.

Thursday, December 28

HOCKEY: Diachem Hockey Classic

Tournament Standings

1. University of Manitoba
 2. University of British Columbia
 3. University of Toronto
 4. YORK UNIVERSITY
- Yeomen defeated by U of M 5-3; defeated by UBC 5-1; defeated by U of T 8-5. Luciano Fagioli was York's top goal scorer with 3 goals.

Yeomen Iced



Jennifer Crane

Stop, thief: Yeomen forward Pat Howie is stopped from close in by a sharp UofT goaltender.

by Josh Rubin

It was a tough weekend for York's hockey Yeomen.

Playing in the eight team Duracell University Hockey Challenge, the York team didn't even make it to the consolation final.

In the process, the Yeomen (ranked sixth by the CIAU) lost twice to teams below them in the OUAA standings. On Friday night, the Yeomen took on their arch-rivals, the UofT Varsity Blues.

The game was a chippy affair, with the Blues and the Yeomen combining for 62 minutes in penalties. The Blues capitalized on the power play, notching four goals while the Yeomen were a man down.

UofT took a 5-4 lead into the

final period. They outscored the Yeomen 3-1 in the third, to hold on for the 8-5 win.

Saturday afternoon saw the Yeomen drop a 4-2 decision to an inspired squad from Windsor.

In this game, the Yeomen started out sluggishly, and had to rely on netminder Willie Popp to keep them in the game during the early going.

Windsor's John Urbanic broke the ice at 6:57 of the opening frame. Some sloppy play in their own end by the Yeomen resulted in a turnover, which Urbanic quickly put by a stunned Popp. The Yeomen tied the game up late in the first, and it looked as though they had a chance to win the game, despite being outplayed.

Both teams started the second period skating strongly, but once again, it was the Windsor side that scored first, at 2:47. Sixty-six seconds later, however, York's Neven Karden tied the score at two. The Yeomen's sloppy play in their own end caught up with them, though, and Windsor scored twice more in the second to round out the scoring.

In the third period, both teams were sluggish, showing the effects of playing over their Christmas break. The Yeomen were kept from an even greater defeat by Popp, who made several good glovehand stops throughout the game.

The Yeomen's next game is this Friday at the Ice Palace, with a starting time of 7:30 p.m.

NEW REVISED DROP-IN FITNESS CLASS SCHEDULE

All classes operate on the concept of an 'OPEN FITNESS PASS'. With this pass (SHOETAG) you may participate in any of the scheduled classes as often as you would like! Classes are scheduled throughout the week, Monday — Friday at 9:15 a.m., 10:15 a.m., 11:15 a.m., 3:15 p.m., 4:15 p.m. All classes are 1/2 hour long only.

Classes begin January 15, 1990 — April 6, 1990 (198 Sessions)

Fee: Student/Members \$53.00 Non-member \$63.00

Group Rate (must have six people register)
Members \$45.00 Non-members \$55.00

The following courses will be offered again in the Winter Term. All interested participants are to enquire at Recreation York for details (Ext. 55184) on course dates, times, course description and fees.

SCUBA

This course will prepare you to become PADI certified.

PRE-POST NATAL

This class will improve the level of fitness of the new mother and mother-to-be with a series of well selected exercises and relaxation routines.

MAINTAINING A WELL BACK

This class will emphasize controlled body movement which will improve posture, strengthen back muscles, shoulders, gluteals, abdominals, chest and legs.

SINK OR SWIM

This learn to swim program is designed for those wishing to learn to swim as well as those wishing stroke improvement.

BASIC RESCUER (C.P.R)

Session: Monday, January 22 and Wednesday January 24, 1990
Time: 6:00 - 10:00 p.m.
Place: To be arranged
Member: \$40.00
Non-Member: \$50.00

C.P.R. RECERTIFICATION

Session: Tuesday, January 23, 1990
Time: 5:00 - 10:00 p.m.
Place: To be arranged
Member: \$30.00
Non-Member: \$40.00

WEEKEND AEROBICS HI/LOW IMPACT (ALL LEVELS)

Start your weekend off the right way with an energy inspired fitness class. The focus of this class will be to increase the intensity and duration of the muscular endurance and aerobic component.

Session: Saturday January 27 - Saturday March 31, 1990
Time: 9:45 a.m. - 11:00 a.m.
Place: Judo Room Tait McKenzie
Student/Member: \$27.00
Non-Member: \$37.00

FITNESS INSTRUCTORS TRAINING COURSE

This course is designed to provide an opportunity for participants to combine theoretical and practical knowledge that will qualify individuals to instruct fitness classes in the community or as Recreation York instructors.

Session: Monday, January 22 to March 12, 1990
Time: 6:00 - 10:00 p.m.
Place: Tait McKenzie Psy. Lab
Fee: \$90.00

REGISTRATION DEADLINE IS JANUARY 19, 1990.

** For Fitness Classes at Founders refer to the Recreation York handbook.

* Register with Recreation York
211 Tait McKenzie Building (736-5184)