

# sports

## Men's basketball keep winning streak alive

by Joe O'Connor

In my years at Dalhousie, the memory of spirit inspiring athletic events reads like a composite list in the book of things quickly forgotten. Homecoming...painted black and gold ...football, mud, dirt, beer, burgers,...a university brought together through sport.

Oh yeah, we don't have a football team, right, and no school spirit either ( unless going out and getting blind drunk on Thursdays counts for something.) What's my point? Well, lost in the shadows of campus life, entrenched in a setting where being serious has become far too important, are our sports teams.

Life is serious, university is not. Here we are in an environment free

from adult supervision (unless of course you consider yourself an adult, I for one do not). To me the temptation to clown around is overwhelming. Just think of the platform, and the possibilities.

To this equation factor in men's basketball, or any sport you desire, and if you keep your head spinning quickly enough perhaps you will be able to keep up with all the Tiger victories being won these days. Think Dalhousie, if we pull together and manage to figure out the term home field advantage, well, our circus will have found a ringmaster in sport. Which leads us down the road (literally) to Wolfville.

Last Friday night at Acadia the Dal hoopsters continued on their winning ways by defeating the

Axemen 82-68. Jeff Mayo once again led the charge by scoring 28 points. Each game this team gains more and more confidence and finally they are getting the recognition they deserve. Shawn Plancke, Mayo, and Shawn Mantley were selected to sportswriter Steve Bezanson's informal AUSA all-star team.

Tuesday night in Antigonish, Plancke led the Tigers with 14 points in a 72-70 win over the X-Men.

Any sports writers, old and new, regular and irregular, please phone home Friday.  
494-2507  
422-4469

-love, Frank  
XOXO

Christian Currie also added 14 points for the Tigers. The win improves Dal's record to 8-5.

The future in basketball is now. There is no need to suppress your

latent clownish desires any longer, there's hoops to be watched.

The Tigers next see action when they host Saint Mary's next Wednesday at 8 pm.

## Women's b-ball

CONTINUED FROM PAGE 12

Tuesday night in Antigonish it was a different story however as the Tigers were handed only their fourth loss of the season, 73-62, in overtime. Lack of scoring in extra time was the downfall of Dalhousie as they were outscored 13-2 in the final five minutes. Wares once again led the Tiger attack shooting for 16 points. Jennifer Offman wasn't far

behind with 14 of her own.

The loss drops the women into third place in the AUSA, two points behind St. F.X. (11-4).

But the Tigers have a chance to win a pair at home this week. Friday they host Acadia at 7:00 and on Wednesday SMU comes to town for the first half of a women/men double header. The game starts at 6 p.m.

## Slam-dancing into shape

by Kristin Andrews and Liz Unna

MONTREAL (CUP) — Nancy Spungen didn't buy spandex leopard skin so she could dance in a Sid Vicious exercise video.

So granted, there's not much precedent for a happy marriage of punk rock and aerobics.

Tammy Forsythe, however, is reinventing punk at Arnold's gym in Montreal. Every Monday, Wednesday and Friday, Forsythe jams in her floppy pajamas to the hardcore grind, leading a pack of punk aerobicizers behind her.

"I'm not going to mystify it at all," Forsythe says. "I didn't like the kind of aerobics that was going on in the city, so I decided to do it myself and get paid."

Forsythe, who earned her degree in dance from Concordia two years ago, works as a choreographer and dancer in Montreal. She has been teaching punk aerobics to a small crowd of devotees in a warehouse studio since last July.

An hour in her class will vent your frustrations, make you sweat, and make your muscles ache the next day like only a night of slam dancing could.

"I tried [doing plain old aerobics] and I hated it, couldn't stand it," says Laura, a Concordia student who attends the classes three times a week. "It's very laid back here... and it's an amazing workout."

John, another punk aerobicizer, agrees. "I love it, it's great. It's pure torture."

John and Laura are two of a growing number of punk aerobics devotees, people who want to work out, but who hate the herd mentality and the top-40 moves of most aerobics classes.

Forsythe thinks she knows why people like her classes. "The movement is somehow down to earth, or pedestrian," she says. "It doesn't matter how uncoordinated you are, you can adjust your own particular coordination or your own particular movement style to what I'm doing... It's kind of quirky so you can't help laugh at yourself."

While the music and the moves are strictly thrash, the structure of the class is similar to that of other aerobics classes. The one-hour class follows the typical warm-up, cardiovascular, 'musculature' and cool-down routine. Forsythe roams around during her classes, adjusting and realigning bodies as they

grunt and groan.

After teaching aerobics at the YMCA for four years, Forsythe punked up her routine to teach to friends in her apartment.

"A lot of my friends wanted to get in shape but they didn't necessarily have the money to go to a health club and they didn't necessarily enjoy the aesthetic," Forsythe says.

Forsythe's moves are a draw, but most of the students who come to punk aerobics are drawn initially to the music.

"The music is great. Most aerobics classes play that repetitive stuff, so it's great to jump around to Fugazi," says Michelle, another devotee.

Forsythe's musical taste ranges from Fugazi to acid jazz, from Bliss to bolero, and includes basically anything not in the charts.

"My friend was teasing me in one of my classes, saying 'that's not punk rock!' to some of the music I was playing," Forsythe says. "I play everything. The punk part is mostly in the attitude, not necessarily the music."

Standings as of Monday, February 7

Hockey						
Kelly Division						
	W	L	T	F	A	PT
Acadia	17	4	3	160	92	37
Dalhousie	16	3	4	130	81	36
St. FX	13	10	2	120	102	28
Saint Mary's	12	10	3	116	131	27
Cape Breton	5	16	3	97	144	13

MacAdam Division						
	W	L	T	F	A	PT
UNB	15	9	0	123	82	30
St. Thomas	14	10	1	114	110	29
Moncton	9	11	3	112	112	21
UPEI	5	14	5	107	146	15
Mt. Allison	1	20	2	72	148	4

Basketball					
Men					
	W	L	F	A	P
UCCB	10	2	1004	872	28
Acadia	9	5	1020	990	26
UPEI	6	6	990	962	18
St. FX	5	7	936	907	18
Dalhousie	7	5	905	916	16
Saint Mary's	5	6	844	806	16
UNB	5	8	987	1056	14
Memorial	2	10	884	1061	4

Women					
	W	L	F	A	P
UNB	14	1	1065	864	36
St. FX	10	4	987	863	28
Dalhousie	10	3	958	779	26
Saint Mary's	8	5	772	752	24
Memorial	8	6	897	862	20
UPEI	4	10	885	956	12
UCCB	1	13	662	907	4
Acadia	1	14	766	1009	4

# J.J. Rossy's

## FREE RIDE

### UNIVERSITY STUDENTS



**FREE DOWNTOWN SHUTTLE SERVICE THURSDAY NIGHTS**

**SCHEDULE • THURSDAY ONLY**

LOCATION & PICKUP TIME	SCHEDULE
MSVU ASSISSI HALL RES	8:00 PM, THEN TO JJ'S
SMU HILTON HOTEL	8:30 PM, THEN TO JJ'S
DAL SHIRREFF HALL	9:00 PM
DAL HOWE HALL	9:05 PM
DAL GRAYWOOD	9:10 PM, THEN TO JJ'S
SMU HILTON	9:30 PM, THEN TO JJ'S
SMU GORSEBROOK	10:00 PM, THEN TO JJ'S
DAL SHIRREFF HALL	10:30 PM
DAL HOWE HALL	10:35 PM
DAL GRAYWOOD	10:40 PM, THEN TO JJ'S
SMU GORSEBROOK	11:00 PM, THEN TO JJ'S
MSVU ROSARIA CENTRE	11:30 PM, THEN TO JJ'S

Having a party or function and need a ride to J.J. Rossy's? Call us at 422-4411

**FREE PAINTBALL REFILL WITH THIS COUPON !!**  
Limit 1 per person per visit


**425 1010**

# SPLATSHOT



- ✓ Perfect as a Floor Activity!!
- ✓ Great as a Society Event!!
- ✓ Special Student Rates during Spring Break Week!!
- ✓ Special Student Rates as low as \$10 per person per hour!!
- ✓ Play FREE on your Birthday!!
- ✓ Group organizers play for FREE!!

# STOP TUITION INCREASES



**CONNOR** ✓

## Board of Governors

**FEB 15, 16, 17**