Deadline for stories Tuesday 5:00p.m. SportsLine 453-4983

Campus Recreation

The Campus Recreation Program SOFTBALL FIELD offers a variety of activities and services for students of the University of New Brunswick, St. Thomas University and Recreation Members. Following is a sample of some of the programs, facilities, and services available to you. For a complete listing, visit the recreation office for a brochure or use the INFO line through computer services terminals on campus.

RECREATION OFFICE

The Campus Recreation Office is located on the first floor of the Lady Beaverbrook Gymnasium, room A-121 (first door on your left once through the lobby). The counter window is open to serve the campus community Monday to Friday, 9:00am to 4:00pm Office phone: 453-4579

INFORMATION LINE 453-4578

Daily information on recreation schedules is provided 24 hours per day.

FACILITIES

A variety of facilities is available for students and recreation members to engage in physical activity at their leisure. Proper Identification is required for facility access.

LADY BEAVERBROOK GYM-

Located at the North end of the campus, bottom of the hill.

ATHLETIC SUPPLIES **EXERCISE BIKES** Monark 817s - located on the 2nd floor.

FITNESS AND APPRAISAL Registration: begins Sept. 20 at the CENTRE

GYMNASIAM - MAIN & WEST **OPEN GYM TIMES** Mondays: West gym, 6:30pm (Sept. 6 - Dec. 6) 8:30pm

LOCKERS

RACQUETBALL AND SQUASH COURTS (4)

SIR MAX AITKEN POOL casual swims scheduled daily

SPORTS EQUIPMENT

SPORTS INJURY CLINIC

WEIGHT TRAINING ROOM universal, nautilus, & free

ON CAMPUS

AITKEN UNIVERSITY CENTRE Located at the South end of the campus.

FIELDS

BUCHANAN FIELD Located beside L.B. Gym Located beside Heating Plant

COLLEGE FIELD Located beside Queen's Square

FITNESS TRAIL

JOGGING ROUTES

SOUTH GYM Located at the South end of campus (453-3528)

TENNIS COURTS 4 courts located above Tibbits Hall

EMPLOYMENT OPPORTUNI-

NON-CREDIT INSTRUCTION

TIES Instructors are needed to be able to

offer non-credit instruction classes. Applications are available at the Campus Recreation office. Aquatic instructors must have: Standard First Aid or Aquatic Emergency Care, CPR, and Water Safety Instructor II. Fitness Leaders must have Standard First Aid, CPR, and a "RFL" award or UNB Instructor Training experience.

FITNESS Registration: Sept. 22, 23, 24 (12-1:30pm, 4:30-6:30pm), L.B. Gym Recreation office, Room A-121

HAPPY HEARTS (Seniors activity)

TENNIS Registration: begins Sept. 9 at the **UNB Business Office** Registration deadline is Sept. 23

SQUASH UNB Business Office Registration deadline is Sept. 29

WEIGHT TRAINING Registration: begins Sept. 20 at the **UNB Business Office** Registration deadline is Sept. 29

AQUATIC COURSES

ADULT LEARN-TO-SWIM IN-STRUCTION Registration: Sept. 16, 7:00 -8:30pm Room A-116, L.B. Gym

NATIONAL LIFEGUARD SERVICE (POOL OPTION) Registration: September 16 7:00-8:30pm Room A-116 L.B. Gym.

CHILDREN'S LEARN-TO-SWIM INSTRUCTION SATURDAY MORNINGS Registration: SMA pool office, 9am to 12 noon Sept 11 for students & recreation members only

Sept 13 & 14 for non-members

AQUA-EXERCISE FOR **ADULTS**

Registration: begins Sept. 7, UNB **Business Office** Registration deadline is Sept. 16

ROYALLIFESAVINGSOCIETY CLASSES

BRONZE MEDALLION SENIOR RESUSCITATION

BRONZE CROSS

RED CROSS WATER SAFETY LEADERSHIP COURSES

RED CROSS WATER SAFETY INSTRUCTOR I

WATER SAFETY INSTRUCTOR II RECERTIFICATION CLINIC

INTRAMURAL SPORTS

The Intramural Sports program offers a wide variety of team leagues and tournaments for men, women and co-eds. All intramural sports aim to develop the individual through physical activity, healthy competition, and fair play. The program aims to serve all individuals and teams who wish to play. Each year, over 3,000 participants engage in Intramural Sports.

\$\$LEADERSHIP OPPORTU-NITY \$\$

The actual administration of intramural leagues and tournaments is handled by students as convenors, referees-in-chief, and officials. These individuals are responsible for promotion, scheduling, assigning officials, record keeping, supervision, discipline and evaluation. Over 130 students are needed each year to ensure program success. If you would like to develop leadership skills, gain practical experience in recreation administration, and earn some spending money, contact the Recreation Office, Soon.

CO-ED PROGRAM Tennis Softball Broomball **Curling Bonspiel** Innertube Waterpolo Bowling **Badminton** Volleyball Tourney Basketball Ice Hockey Volleyball League Ball Hockey **Pool Games**

Basketball

MEN'S PROGRAM Tennis Golf Soccer **Touch Football** Softball Ice Hockey Basketball Floor Hockey **Badminton** Innertube Waterpolo Indoor Soccer Volleyball continued on page 11

Traditionally this column has not dealt very closely with the issues of UNB athletics. It has instead dealt with issues affecting either the sports world in general or the respective worlds of major competitive sports. In other words, it attaches to the élite topics of sports like an engineer to a beer. However, since this is the Frosh Issue it means that this column is going to be not read by people who have not had the chance to not read the column before. Therefore, it behooves me to include a few words from our sponsor.

This esteemed institution of higher learning (that's UNB for you engineers) has many venues for the sporting enthusiast. Perhaps foremost of these is the College Hill Social Club, where nightly you can witness the near bloodcurdling competition of 12 oz. arm curls. However, the effects of alcohol on the sporting

world will be the topic of a later column. For the spectator UNB has a total of eleven varsity teams. Although these teams have garnered but one title at the CIAU level, at the AUAA level they have established a reputation of continued excellence. And the lack of championships at the national level does not indicate a complete lack of success. The Red Sticks (field hockey) finished second in the nation last year, thus effectively surprising all those who didn't show up at the airport to greet them upon their return to Fredericton. The Red Devils (hockey) were quite probably the second best team in the nation at the collegiate level last year. Unfortunately, as only one AUAA team goes to the final four tournament and as Acadia was the best hockey team in both the AUAA and the CIAU, the Red Devils were not given the opportunity to strut their stuff on TSN. The Red Harriers (men's cross country) performed admirably at the championship meet held in numbingly cold (I was there. Trust me!) conditions at Montréal, surprising a supposedly powerful squad from the University of Western Upper Canada. Last but not least, the Red Bombers (football) posted yet another undefeated season. Despite this, only UNB President Robin Armstrong has been issued an invitation to the Vanier Cup in

For those of you with a short attention span who find this plethora of names confusing: Take Heart! Starting with this academic year all varsity teams will be known by the moniker of UNB Varsity Reds. The sole exception is football, which team will continue to not be the Red Bombers. I can hear your parents asking you now, "What the hell (heck) is a Varsity Red"? The answer, dear Frosh, is this. "A Varsity Red is an incredibly stupid and boring nickname for a university's athletic program, presumably designed to further debilitate this institution's already torpid support for its teams." My apologies to the wonderful woman (my lawyer has advised me to not mention her by name) to whom credit for this travesty must be given. I am indebted to her for more than I am comfortable with, but the name sucks.

If your sporting interests include actually going out and participating yourself, then there are options available for you as well. The Physical Education department (Phys. Ed.) offers an exhaustive intramural program. Information on these programs may be found in all subsequent issues of The Brunswickan. An added bonus of the intramural program is that it offers in excess of 130 paid positions to students. The positions include league/ activity administration, officiating, etc. Details on this can be found elsewhere in this section.

One of the keys to a successful career at the university level is to ensure that you have productive free time. If all you do when you get time to relax is watch the tube and/or drink beer then you are setting yourself up for a fall. In the News section of this paper is an excellent article by Mark Minor entitled "Looking for a Home." Read it! Although it is intended for mature (i.e.: over 25) students, as opposed to those entering shortly after high school, the points it raises are relevant to all first year students (and second and above year students as well). Your time here will go much smoother if you become involved in the life of the university. One option is joining The Brunswickan as a sports writer. Joining our staff will, if nothing else, give you a place to hang your hat and store your books during the long days on campus.

Also, despite an all male Sports staff at present, The Brunswickan has had numerous female Sports Editors and sports writers in the past. It is important to keep a tradition of that nature alive, especially given that our women's teams are among our most successful, so don't be dissuaded from joining our staff because of the stereotypical myth of sports as a male bastion. In this department all are welcome. Period!

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