

* * * The matter which this fully selected from various sources

"A." The matter which this
fully selected from various sources
we think, to any intelligent foreigner,
contents of this single page, frugally
the year, will be worth a
scription price of the paper.

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**羅便舒與伊蓮**

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Dearly we loved in the olden time
O Reuben and I, Reuben and I
To-day we are walking up
Reuben and I
Reuben is walking the heath
Reuben, son I! Reuben, son I!
I tread the earth with weariness
Glad that 'tis
When two on earth such
Ah! Reuben and I! How
Could one be happy alone
Reuben or I?
Daily before His throne we
Reuben and I, Reuben and I
Craving, each for each, a
Reuben and I
We shall walk together again
Reuben and I, Reuben and I
Singing together love's dearest
Reuben and I
And we'll make the years
Reuben and I, Reuben and I
With our rapturous anthems
Reuben and I
—IDA M. GARDNER

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**THE HOME**

**A Good Book**

The components of  
considered by Dr. E.  
*Healthy Home*. He

is a strong temptation  
cotton comfortable. co

Five times as much, yet far cleaner, lighter (same weight), and better standpoint in every way to add that the good holds to it, that bedding and daily airing sufficient to keep the bed pleasantly hangs around a bed a presence of an indefinite (Mavis. Clean shine work wonders who are compelled to use a bed, be sure it has a ventilation, and that in the morning until sun worked their miracle of

**Water as Health**

Everyone appreciates comes of water in its beautifying properties. known, however, in its properties. It is well in this respect. The body constantly undergoing. Worn-out particles are new ones are continuing. Water has the power to cleanse change, and to remove waste products, but it is renewed by its rise to renewed appetite provides fresh nourishment water drinking will prove in the process of purifying this way helping it to natural laws. If you languid in the morning tumbler of water before if there will not come better feeling with the day. The reason for this is made fresher and at bath, and are thus better with the active work of four hours.

The hot water cure many is indeed a powerful diaphoretic and pain eliminator on going to bed, even is a better remedy for insomniacs. Inflamed parts under applications of very hot water proves a relief to bleeding. No matter in order the stomach generally receive and of very hot water. Whether externally or internally, usually whose efficacy proven after an honest

**Gossips Are**

A young woman from a "gossip," and that she the force of circumstance that parents are greatly much of the gossip drive daughters. Here is a

On being questioned he

she promptly said: "To not think I was born average share of curiosity when I was about fifteen member being sent on neighbor's house, and of mother and a friend, whether, plied me with questions that was said and done house. I remember of 'stupid' and 'ignorant' me when I said I hadn't was going on, and from my ears and eyes to admitted all I heard and I reached home. My happenings were not attempting to elicit expression and surprise from had no scruples in imparting the truth in order to be more spicy. I verily gossips are made, not am certain that I can never have been prone to practice if it hadn't been when I was a child."

As we heard these verities, the picture came of little folks stopping to listen to the talk of many homes in which the entirely upon the doing we did not wonder at full-fledged gossips who world, bringing worry their wake wherever they

**TOMATOES BAKED WITH**  
a dish and strew light crumbs; alternate with cold mutton (or lamb) peeled and sliced, or may be substituted with salt, pepper, and butter. Spread the top should be tomatoes, with slightly moistened. Bake. Serve hot.