

APPENDIX B.

NOVA SCOTIA HOSPITAL FOR THE INSANE.
TRAINING SCHOOL FOR NURSES.

The authorities of the Nova Scotia Hospital for the Insane, having established a School for Nurses, offer to give men and women desirous of becoming professional nurses a two years' course of training in general nursing, with special reference to the care of cases of nervous and mental disease.

Those wishing to receive such a course of instruction must apply to the Superintendent of the Nova Scotia Hospital for the Insane, Halifax, N. S.

The most desirable age for candidates is from twenty-one to thirty-five years. *They must be in sound health, and must send in with their application a certificate from a physician certifying to the fact, also, one from some responsible person as to their good character.* Upon the recommendation of the Superintendent of the Hospital and the approval of the Honorable Commissioner of Public Works and Mines, they will be received for two months on probation, at the expiration of which time they will, if accepted, sign an agreement to complete the prescribed course of two years.

The Superintendent of Nurses has charge of the Training School, under the authority of the Superintendent of the Hospital and of the Honorable Commissioner of Public Works and Mines; and the Nurses are subject to the rules of the Hospital. Their fitness for the work and the propriety of retaining or dismissing them at the end of the two months of trial is determined by the authorities in charge of the School. They reside in the Hospital and serve as assistant nurses in the wards.

All nurses are required to be sober, honest, truthful, trustworthy, punctual, quiet, orderly, cleanly, neat, patient, kind and cheerful.

The instruction includes the general care of the sick; the managing of helpless patients in bed, in moving, in changing bed and body linen, making of beds, etc.; giving baths, keeping patients warm or cool, preventing and dressing bed sores; bandaging, applying of fomentations, poultices and minor dressings; the preparing and serving of food, the feeding of helpless patients and those who refuse food; the administering of enemas and use of the catheter; attendance upon