

Spanish Influenza

The surest way to prevent it is to keep your bowels active by taking every morning a glassful of

"RIGAN"

PURGATIVE WATER.

It cleans out and keeps clean the digestive organs and wards off disease. At all drug stores—25¢ the bottle (except in far West). Distributors for Ontario: National Drug Co., Ltd.; Lyman Bros. Co., Ltd.; Drug Trading Co., Ltd.

Distributors for the West: The Martin Bole, Wynne Co., Ltd., who are also distributors for Dr. Gordon's Foot Soap, Powder and Shampoo Soap.

COAL IS SCARCE AT GODERICH

GODERICH, Oct. 30.—The coal question here is becoming serious, some persons not having any for the winter yet. Very little is coming in and quite a number are forced to burn soft coal. The town has fixed up a fine store on the square to sell all kinds of electrical supplies, and also for receiving payments of light and water rates. Quite a large quantity of grain, coming down the lakes now. A number of boats called here with grain last week.

FIRE DEVOURS TWO BARN AND CROPS

HYDE PARK, Oct. 30.—Two large barns, the property of Ernest Gray, were destroyed by fire about 5 o'clock this afternoon, about two miles north-west of Hyde Park. In addition he lost a poultry shed, 40 tons of hay, several hundred bushels of oats, and a number of pigs. The payments of light and water rates. Quite a large quantity of grain, coming down the lakes now. A number of boats called here with grain last week.

Victory Loan All information regarding the Victory Loan is readily available upon inquiry at any Office of the Home Bank. Requisite papers supplied and terms of purchase arranged. Secure your allotment early.

THE HOME BANK OF CANADA
BRANCHES AND CONNECTIONS THROUGHOUT CANADA
London Office: 394 RICHMOND STREET
SIX BRANCHES IN DISTRICT
DELAWARE, ILDERTON, KOKOMA
LAWRENCE STATION, MELBOURNE, THORNDALE.



300 Cups to the Pound

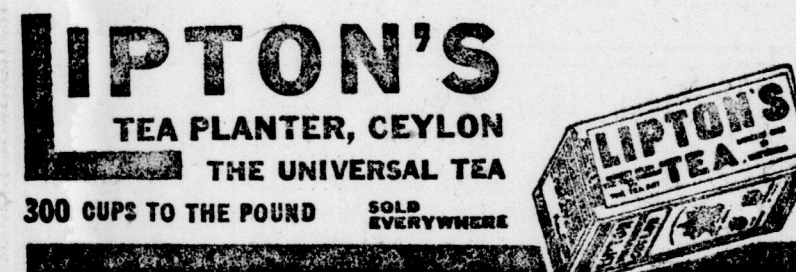
That's what you get when you buy Lipton's Tea.

Two teaspoonfuls are sufficient to make five delicious cups, and there are about 120 teaspoonfuls to a pound.

But what you will be MOST interested in is the QUALITY of Lipton's.

This quality is guaranteed because we grow it, blend it, pack it, and sell it ourselves. No other Canadian firm can give this guarantee.

Don't be put off with substitutes. Insist that your Grocer sells you



Physicians Explain Why Women Need More Iron In Their Blood Today Than 30 Years Ago

Say Anaemia—Lack of Iron is Greatest Curse to the Health, Strength, Vitality and Beauty of the Modern Woman.

Less than a quarter of a century ago, little or no effort was expected of the average woman and her quiet pursuits demanded far less strength, energy and endurance than now.

Dr. Ferdinand King, New York Physician and Medical Author, says physicians should prescribe more organic iron—Nuxated Iron—to supply the iron deficiency in your blood by using some form of organic iron, just as you would use salt when your food has not enough salt.

Dr. A. J. Newman, Former Police Surgeon of Chicago, and former House Surgeon, Jefferson Park Hospital, Chicago, says: "It has been my particular duty during the past six years to assist in keeping Chicago's five thousand blue coats in good health and perfect fighting trim, so that they would be physically equipped to withstand all manner of storms and ravages of nature's elements. Recently I was prompted to give Nuxated Iron a trial. This remedy has proven through my own tests of it to excel any preparation I have ever used for creating red blood, building up the nerves, strengthening the muscles and correcting digestive disorders."

Dr. Schuyler C. Jacques, formerly Visiting Surgeon of St. Elizabeth's Hospital, New York City, said: "I have never before given out any medical information or advice for publication, as it is ordinarily not believed in it. But in the case of Nuxated Iron I feel I would be remiss in my duty not to mention it. I have taken it myself and given it to my patients with most surprising and satisfactory results. Those who wish quickly to increase their strength, power and endurance will find it a most remarkable and wonderfully effective remedy."

Dr. James Francis Sullivan, formerly Physician of Bellevue Hospital (Out-door Dept.), New York, and Westchester Hospital, says: "Thousands of persons go on suffering year after year, doctoring themselves for all kinds of ills, when the real and true cause underlying their condition is simply a lack of sufficient iron in the red corpuscles to enable Nature to transform the food they eat into brain, muscle, tissue and bone. But beware of the old forms of metallic iron which frequently do more harm than good."

"Notwithstanding all that has been said and written on this subject by well-known physicians, thousands of people still insist in doing themselves with metallic iron simply, I suppose, because it costs a few cents less. I

ALLIED WAR COUNCIL BUSY ON TERMS FOR PRUSSIA'S ENTIRE AGREEMENT ASSURED

Differences of View Rapidly Disappearing at the Paris Meeting—Accord Is Certain—Some Points in Mr. Wilson's Declarations May Require More Complete Definition.

PARIS, Oct. 30.—The heads of the Allied Governments and Col. E. M. House, special representative of the United States Government, with the military and naval advisers of the respective countries, continued their informal meetings today.

Differences of views, natural to the immensity of the interests involved, have arisen, but under friendly examination they have largely disappeared.

Although some points in President Wilson's declarations may require more complete definition, an entire agreement is an immediate prospect.

The supreme war council will not meet formally until this full understanding has been reached.

WASHINGTON'S VIEW. WASHINGTON, Oct. 30.—The general opinion among officials and diplomats here is that the German proposal for an armistice and peace, while having its origin in a plan to gain time for

NOT A PARTICLE OF DANDRUFF OR A FALLING HAIR

Save your hair! Double its beauty in just a few moments.

"Danderine" makes your hair thick, glossy, wavy and beautiful.

Within ten minutes after an application of Danderine you can not find a single trace of dandruff or falling hair and your scalp will not itch, but what will please you most will be after a few weeks' use, when you see new hair, fine and downy at first—yes, but really new hair—growing all over the scalp.

Danderine is to the hair what fresh showers of rain and sunshine are to vegetation. It goes right to the roots, invigorates and strengthens them. Its exhilarating, stimulating and life-producing properties cause the hair to grow long, strong and beautiful.

A little Danderine immediately doubles the beauty of your hair. No difference how dull, faded, brittle and scraggy, just moisten a cloth with Danderine and carefully draw it through your hair, taking one small strand at a time. The effect is amazing—your hair will be light, fluffy and wavy, and have an appearance of abundance; an incomparable lustre, softness and luxuriance.

Get a small bottle of Knowlton's Danderine from any drug store or toilet counter for a few cents and prove that every hair is as pretty and soft as any that it has been neglected or injured by careless treatment—that's all—you surely can have beautiful hair and lots of it if you will just try a little Danderine.

CLEAR THE KAISER.

AMSTERDAM, Oct. 30.—Commenting on the present political situation in Germany, the important Frankfurt Zeitung says: "In broad circles of the German people it is made quite clear the people would have been thankful if the radical change in the home and foreign policy now begun, Emperor William had drawn personal consequences from those changes, especially for his own sake."

The newspaper considers Emperor William's strong religious nature is a guarantee of good intentions for the future past policy, and it acquires him of having planned the great war, but it adds that he has made himself a "symbol of the old regime."

APPEALS TO AMERICA ON BEHALF OF TWO MILLION PRISONERS

Russians Held in German and Austrian Camps Dying by Thousands.

Copenhagen, Monday, Oct. 28.—The Copenhagen office of the Moscow Press reports that the Associated Press to convey to America an appeal in behalf of more than 2,000,000 Russian prisoners in Germany and Austria, who appear to have been generally forgotten. At least 200,000 of the prisoners are ill, and death announcements reach the Copenhagen committee daily, literally in bundles.

Similar committees, formerly working in London, Paris, The Hague and Bern, have been forced to abandon their work owing to difficulties of obtaining food for the prisoners, thus placing everything upon the local committee.

The funds of the Copenhagen committee are nearing exhaustion and the committee cannot send more than 20,000 parcels monthly. The committee declares that unless funds are received, even this trifling relief must end.

6,000 SAMMIES AVOID "FLU" BY WEARING MASKS
Americans on Transport Combat Disease by Use of Strictest Measures.

LONDON, Oct. 31.—A transport carrying 6,000 American soldiers has arrived at a British port. During the trip there were only 50 cases of influenza recorded. One death was caused by the disease. The success achieved in combating the malady was due, in the opinion of physicians, to the fact that every man wore a cloth mask during the voyage.

There were several fatalities on the same ship during her previous voyage, and the army and navy officials here were face to face with what threatened to be a serious situation.

KAISER WILL NOT OBJECT TO CHANGE IN CONSTITUTION

Request Made by the Socialist Members in the German Reichstag.

Copenhagen, Oct. 31.—Request was made by the Socialist members of the Lower House of the German Reichstag on Tuesday that the ministry obtain the emperor's consent to a change in the article of the constitution which gives him the right to make war and peace.

One of the secretaries announced in the House on Wednesday that he had been authorized to declare that the emperor is in no wise opposed to the change.

2,713 DIE FROM INFLUENZA IN THE CITY OF MONTREAL
Total of 16,266 Cases Reported in Quebec Metropolis.

Montreal, Oct. 31.—Influenza cases yesterday were 151, and deaths 77; figures which confirm the opinion of the city medical health officer that the epidemic is subsiding.

Total cases to date are 16,266, and deaths, 2,713.

GERMANS SUSPEND FRENCH BUSINESSES IN ALSACE-LORRAINE

Amsterdam, Oct. 31.—The German Government has suspended all French-owned businesses in Alsace-Lorraine, according to a Berlin dispatch to the Frankfurt Zeitung.

RIDGETOWN BOY IS GIVEN VICTORIA CROSS
Corp. H. Bedford Miner Awarded Highest Honor in Empire.

London, Oct. 30.—The Canadians who were awarded the Victoria Cross as already called were: No. 43923 Corp. H. Bedford Miner, late of a Central Ontario regiment, born at Cedar Springs, and served two years in France. His father lives at Ridgeway, Ont.

ROYAL YEAST CAKES

Now that the new government standard flour is in general use, the quality of the yeast you use is more important than ever. Use Royal Yeast Cakes. Their quality is absolutely reliable. Bread made with Royal Yeast will keep fresh and moist longer than that made with any other.

Send name and address for copy Royal Yeast Cake Book.
E. W. GILLET CO. LTD.
TORONTO, CANADA
WINNIPEG MONTREAL

WILL FILL POST OF FOREIGN MINISTER FOR LIMITED TIME

Count Andrássy Will Then Retire in Favor of Karolyi.

Amsterdam, Oct. 30.—By mutual agreement between Count Michal Karolyi, the head of the Hungarian Government, and Count Andrássy, the latter fills the post of foreign minister for a limited period, sufficiently long to arrange for certain changes in the diplomatic situation.

According to a Budapest dispatch to the West Coast, Count Andrássy will then retire from Hungarian representation, Count Karolyi becoming Hungarian foreign minister, thus completing the separation of Austria and Hungary.

JOINT APPEAL

with the least disturbance, and the work of reconstruction must be broadly begun.

Republicans Better Qualified. "A Republican Congress will be much better qualified than one controlled by Democrats to aid the country in adopting the measures needed."

The new Senate must approve, by two-thirds vote, the terms of peace. Those terms should be settled not by one man only. It is one-man control we are fighting in this war to suppress. If the peace treaty is to be useful in the future it must be approved by the great body of the American people. The president has indicated a willingness to make a peace by negotiations. He has not demanded, as he might have demanded in three words, that which the American people demand, an unconditional surrender. His exchange of notes with Germany has caused a deep concern among our people, lest he may be bartering with her, concede her a peace around a council table instead of a sentence from a court. The fourteen points which the president and Germany assume they have already agreed upon, are so general and vague that such a peace would be no treaty at all, but only a protocol to an interminable discussion. The president is without power to bind the United States to those fourteen points, although his language does not suggest it. Still less has he power to bind our noble allies.

An Independent Senate. We do not know that these points include all that our allies may justly demand, or do not concede something they may justly withhold. For what they have done for us, we owe our allies the highest good faith. It is of capital importance, therefore, that we should now elect a Senate which shall be independent enough to interpret and enforce the will of the American people in the matter of this world peace and not merely submit to the uncontrolled will of Mr. Wilson.

Nor can the attitude of the House of Representatives be ignored in this peace. Every affirmative obligation binding the United States in that treaty must be performed by the House as part of Congress. The present Democratic majority in the House has been in the conduct of the war have been involved. The president has not hesitated publicly to discipline those of his party, who have disagreed with him, and the lesson has had its effect. A new Democratic Congress, with its old leaders thus chastened will offer no opposition to his will. They will not be consulted in the future more than in the past. In a Democratic Congress, the American people will not have the service of an independent, courageous, coordinate branch of the Government to moderate his uncontrolled will. It is not safe to intrust to one man such unlimited powers. It is not in accord with the traditions of the Republic."

RECIPE FOR HAPPINESS

- Buy all the Victory Bonds you can.
- Deposit them in your Bank and add the regular interest coupons.
- At the end of a short 14 years, draw DOUBLE your original investment.

NOTHING YOU CAN DO WILL GIVE YOU A GREATER SENSE OF SATISFACTION.

Donated to the Winning of the War by THE SALADA TEA CO. TORONTO

BEGIN HOT WATER DRINKING IF YOU DON'T FEEL RIGHT

Says glass of hot water with phosphate before breakfast washes out poisons.

If you wake up with a bad taste, bad breath and tongue is coated; if your head is dull or aching; if what you eat sours and forms gas and acid in stomach, or you are bilious, constipated, nervous, ailing and can't get feeling just right, begin inside bathing. Drink before breakfast, a glass of hot water with a teaspoonful of limestone phosphate in it. This will flush the poisons and toxins from stomach, liver, kidneys and bowels and cleanse, sweeten and purify the entire alimentary tract. To your inside bathing immediately upon arising in the morning to wash out of the system all the previous day's poisonous waste, gases and sour bile before putting more food into the stomach.

BISURATED MAGNESIA

For Dyspepsia, Indigestion. Heartburn, Belching, Sour, Acid Stomach, Gas in Stomach, etc., take a teaspoonful of Bisurated Magnesia in a half-glass of hot water after eating. It is safe, pleasant and harmless to use, and gives almost instant relief. It neutralizes stomach acidity and sweetens the food contents so that digestion is easy and painless. Sold by druggists everywhere.

Men and women who are usually constipated, bilious, headachy, or have any stomach disorder, should begin this inside bathing before breakfast.



If this boy were your boy

If you had a boy in France to-day, you would make your purchase of Victory Bonds large enough to represent a real personal sacrifice.

You would be thinking of that lad—out in the hell on earth that is No Man's Land—cheerfully offering his life for Freedom's cause. And you would do your best to save that life.

You would help—with all your might—to provide the money that will shorten the war and reduce the cost of Victory, in human lives.

You would buy all the Victory Bonds you could possibly find the money for—and you would find it by stinting yourself down to the barest necessities of life.

Come—share in the glory of those whose lads are in France to-day. Dig deep into your income—as the kin of soldiers dig into theirs—to buy the Victory Bonds that will carry our armies on to Victory, and give us back our boys.

Issued by Canada's Victory Loan Committee in co-operation with the Minister of Finance of the Dominion of Canada.