them. The general principles of freer movement of persons, ideas, culture and trade, which were accepted at Helsinki, should now be firmly established, and some means chosen -- the more obviously needed ones -to begin the process of practical implementation. Canadian Delegation at Geneva, in company with our friends, has emphasized some aspects of human contacts which will have the most obvious effect -- both psychologically and in a humanitarian sense. The first steps in human contacts can be accomplished by removing the irritants of divided families, spouses and engaged couples, and by improving and increasing the possibility of visits by individuals and groups between East and West.

Greater access to the publications of both

Eastern and Western Europe, coupled with a freer access
to each other's culture are also obvious first steps in

creating the basis for the degree of confidence that