

Refecation of holy souls,
 Viaticum of those who die in the
 Lord,
 Precious Pledge of future glory,
 Have mercy on us.
 Be merciful to us, O Lord, and pardon
 our sins.
 Be merciful to us, O Lord, and hear
 our prayers.
 From an unworthy communion,
 From concupiscence of the eyes,
 From the pride which reigns with-
 in us,
 From all occasions of sin,
 By the ardent desire which thou
 hadst of eating this Pasch with
 thy disciples,
 By the profound humility with
 which thou didst wash their feet,
 By the most ardent charity which
 moved thee to institute this di-
 vine Sacrament,
 By thy precious Blood, which thou hast
 left us on the altar.
 By the five wounds which thou didst
 receive and endure for us, Deliver us,
 O Lord.

We, sinners, beseech thee hear us.
 That thou wouldst vouchsafe to increase
 and preserve in us faith, reverence, and
 devotion, for this adorable Sacrament,
 we beseech thee hear us.
 That, by a true confession of our sins,
 we may frequently approach this holy
 Eucharist, we beseech thee hear us.
 That it may please thee to deliver us
 from all heresy, unbelief, and hardness
 of heart, we beseech thee hear us.
 That it may please thee to impart to us
 the precious and heavenly fruits of this
 most holy Sacrament, we beseech thee
 to hear us.
 That, at the hour of our death, thou
 mayest vouchsafe to comfort and
 strengthen us with this heavenly viat-
 icum, we beseech thee hear us.

Son of God ! we beseech thee hear us.
 Lamb of God, who takest away the sins
 of the world, hear us, O Lord,
 Lamb of God, who takest away the sins
 of the world, graciously hear us, O Lord.
 Lamb of God, who takest away the sins
 of the world, have mercy on us.
 Our Father, &c.

Let us Pray.

O God ! who, in this wonderful Sacra-
 ment, has left us a perpetual memorial
 of thy passion, grant us, we beseech
 thee, so to reverence the sacred myste-
 ries of thy body and blood, that we may
 always perceive in our souls the fruit
 of thy redemption, who livest.

Directions.

For applying the different parts of the
 Mass, by way of Meditation, to the
 principal circumstances of our Re-
 deemer's Birth, Life, Death, &c.

The following instructions have been
 collected from the most eminent authors
 who have treated of the holy Sacrifice
 of the Mass, and the mysteries repre-
 sented in its various ceremonies. They
 are appended here; in the humble hope
 that they may prove useful to those de-
 vout souls who have an inclination for
 mental prayer. By those who hear
 two Masses on Sundays, &c.; they
 could be used at either; and even occa-
 sionally on days of the week. They
 might also be used, with great fruit, dur-
 ing the Mass of Thanksgiving, which
 is frequently heard on the day of Com-
 munion. Our dear and blessed Lord
 bequeathed us this rich legacy of love,
 as a memorial of his sufferings; and, as
 he declared, that no man should have