



The Fly with spongy feet collects the invisible germs of disease—spreads them over our food and poisons us with typhoid.



The Mosquito with its bill injects into our veins MALARIA.

WE ARE all exposed to such dangers—our only armor is *good red blood!* Let your stomach be of good digestion, your liver active and your lungs full of good pure air and you don't succumb to any of the disease-bearing germs. The best known tonic and alterative, that corrects a torpid liver, and helps digestion so that good blood is manufactured and the system nourished, is

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Questions of Life are fully and properly answered in the People's Medical Adviser by R.V. Pierce, M.D. All the knowledge a young man or woman, wife or daughter should have, is contained in this big Home Doctor Book containing 1000 pages with engravings bound in cloth, sent free to anyone sending 50 one-cent stamps to prepay cost of wrapping and postage.

THE ALBANIAN PEASANT

HE IS PERHAPS THE FIERCEST INHABITANT OF EUROPE.

The Half Mohammedan and Half-Christian Mountaineer Who Lives In the Rocky Country on the Confines of Turkey in Asia Has a Passion For War and Will Fight on the Slightest Pretext.

Those familiar with conditions in the Ottoman Empire see tremendous danger in the recent outbreak in the Berana district of Albania where Christians were butchered by Mohammedan savages, aided by Turkish troops. Of all the peoples of the Moslem world the Albanians are the most fanatical followers of the Prophet and it is said by travelers in the south of Europe that if the worst came to the worst the Sultan could take refuge in Albania to-day and defy the world, says a recent writer.

All over southeastern Europe one hears of the strange customs among these Albanians. When we planned a tour into the province, it was to have embraced the Sea of Scutari. To go further, however, meant becoming involved in the most repellent custom ever met with in Europe. In the Canalese! That you have to drink hospitality with the peasant hosts, all from one and the same glass, and in Turkey one is frequently compelled to share the luncheon of some filthy individual; but in Albania, to credit those claiming to have ventured into its fastnesses, you drink blood with your host and in this wise:

You meet your host on the neutral boundary line. He is in the milky white suit of an Albanian lord, the tall white fez throwing in relief the long hair, straggling at each side of the brow, and the fierce fiery eyes that pierce one's soul with lustre. No pity, no sympathy, nothing but greed and fiery hate and bigotry can one read in those flashing pupils. The host takes his knife from his belt and cut a gash in his left hand, somewhere on the back. As the blood trickles he lets it flow into one of the small Albanian drinking cups, bought at Cattaro or in Montenegro, from the traders. Then you, too, must do the same, and to the mixed bloods in the cup, wine from the village casks is added. He takes a gulp, you take a gulp, and you are sworn "blood brothers" and are safe anywhere in the bounds of his clan.

Time and again, be this as it may, for there are some Albanians who deny it just as there are Sioux who would tell you they no longer hold the Sun Dance, on the railway trains in the Balkans an Albanian will be seen to dart and throw his arms about some other white-clad Albanian in the most affectionate of greetings. "That is my brother!" he will explain and the meaning is involved in the blood brotherhood. Unless one drinks the blood, it is stated, a Christian may bind the Albanian by the most solemn oath before taking him as guide at a fabulous sum and then, once the notions enters his head, the Albanian may deliberately shoot you down in some lone trail in the mountains, for if the Moslem deem the occasion good he has no hesitancy in breaking any oath made to the infidel.

Facts about the fanatic upland Albanian are hard to obtain.

Another custom laid to the door of the mountain Albanian is that which obtained among the early Goths and Vandals and this regards the children. When a babe is born in Albania, it is claimed and we heard these claims over and over in the Balkans, the father exercises the right to judge if it shall live or die; and since of the elect, exposure and hardship weed out the majority, there seems little likelihood of Albania becoming over-populated.

Some forgotten wave of emigration, in the centuries past, marooned a little band of Albanian on the Dalmatian coast, near the city of Zara and in the time when Volker Wanderungen were the order of the day and the coast of the Adriatic swarmed with pirates these folk withdrew a little ways into the interior where their town of Erizzi is now built.

Bit by bit civilization found its way down among the Dalmatian archipelagoes and to Zara, where the mar-

chino trade has brought wealth and opulence. But the Albanian profited only indirectly by this and as the Filipino for years had the Spaniard before him as example so here the Albanian, profiting by a milder rule, has wrought his destiny and not wholly without success.

These Albanians are of the Roman Catholic faith, splendid types of manhood, tall, erect and as haughty as an Iroquois and above all trustworthy. They are the brethren of the Albanian who has allied against his kin and aided the Turk and on whom Sultans have, at times, called for defence against invaders. Along the Montenegrin border, an officer at Cetinje tells me, frays between these two sects, developing into feuds of interminable length, are the order of the day and the very slightest error in judgment on the part of the border patrol may result in a dozen deaths.

Sportless white flannel short trousers, reaching to the knees, short-cut coat, open in the front and the tall white leather belt of bullets, not ornamental, as is the rifle of the Montenegrin but with long, brass-capped missiles, ever ready to do deadly work.

Couple this with the long rounded face, the high neck and the broad chest of the Albanian and you have a living impersonation of unknown, latent strength.

Authorities set the coast line of Albania at 280 miles in length, but not an acre of the almost 19,000 square miles of the province is over 100 miles from the sea.

For Tree Wounds.
In California the following mixture was used on trees three years ago and is still in good condition: One part of crude petroleum to three parts of rosin; warm in separate dishes mix and apply warm to cuts made by pruning or by cultivator injury. While this mixture is not better than grafting wax, it is much cheaper and is worthy of trial.

Those Peaky Weed Seeds.
If weeds are allowed to lie in the garden over the winter the seeds will be ready for business in the spring, long before it is time to plant vegetables.

Regularity

of the bowels is an absolute necessity for good health. Unless the waste matter from the food which collects there is got rid of at least once a day, it decays and poisons the whole body, causing biliousness, indigestion and sick headaches. Salts and other harsh mineral purgatives irritate the delicate lining of the bowels. Dr. Morse's Indian Root Pills—entirely vegetable—regulate the bowels effectively without weakening, sickening or griping. Use

Dr. Morse's Indian Root Pills

A Cask's Capacity.

Should you wish to get the capacity of a cask you can do so in the following manner: Take the measurements from the bunghole to the bottom of each end of the cask in inches. Average the two measurements. Multiply this figure by itself twice. Then multiply the product by .002266, and the remainder is the number of gallons. Example: 31 inches, 29 inches (average 30 inches). $30 \times 30 \times 30 = 27,000$, which multiplied by .002266 = 61.182. The contents, therefore, are sixty-one gallons and a fraction.

Extravagant.

Mrs. McTaggart—Hoos! Dinn' fash yerself, McTaggart! Twas a bad shillin' I gave him!

The McTaggart—a bad shillin'! Ma conscience—sic extravagance! Wuman, had ye no bad saxpence?—Sydney Bulletin.

A Natural Wonder.

Teacher—What are marsupials?

Boy—Animals which have pouches in their stomachs.

Teacher—What do they have pouches for?

Boy—to crawl into and conceal themselves in when they are pursued.

Hardly.

"Why do girls wear engagement rings?"

"On the same principle that a person ties a string around his finger so they won't forget they're engaged."

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Accommodation, 29 2 45 a.m.

Chicago Express, 5 9 27 p.m.

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Ontario Limited, 46 7 46 a.m.

Accommodation, 28 12 08 p.m.

New York Express, 2 3 00 p.m.

Accommodation, 30 5 16 p.m.

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WATFORD AND WARWICK STAGE LEAVES

Watford Village every morning except Sunday. Leaving Watford at 11:30 a.m. Returning leaves Watford at 5:45 p.m. Passengers and freight conveyed on reasonable terms. C. BARNES Prop.

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