

Rich Red Blood

means health—means mental vigor and physical strength.

What women in particular need to build up and invigorate the system, and clear the complexion—is

Dr. Wilson's ERLINE BITTERS

It is a true blood purifier—a blood food—made from Nature's healing herbs—and has given new health and happiness to thousands of women during the 50 years and more it has been before the public.

At most stores, 25c. a bottle. Family size, five times as large, 75c.

The Braxley Drug Company, Limited
St. John, N.B.

GIRLS! WHITEN YOUR SKIN WITH LEMON JUICE

Make a healthy lotion for a few cents to remove tan, freckles, sallowness.

Your grocer has the lemons and any drug store or toilet counter will supply you with three ounces of orchard white for a few cents. Squeeze the juice of two fresh lemons into a bottle, then put in the orchard white and shake well. This makes a quart of the very best lemon skin whiteners and complexion beautifiers known. Massage this fragrant, creamy lotion daily into the face, neck, arms and hands and just see how freckles, tan, sallowness, redness and roughness disappear and how smooth, soft and clear the skin becomes. You'll be in harmony, and the beautiful results will surprise you.

How to Purify the Blood

Fifteen to thirty drops of Extract of Roots, commonly called Mother Selig's Carrot Syrup, may be taken in water with meals and at bedtime, for the cure of indigestion, constipation and bad blood. Periodic use in this treatment will effect a cure in nearly every case. Get the genuine at drug stores.

TAROL CURES

COUGHS COLDS BRONCHITIS WHOOPING COUGH GRIPPE

ON SALE EVERYWHERE

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DALMER'S Summer Packs

for the **SOX**

The "Soldiers of the Soil" recruits need Dalmer's Summer Packs, or plough shoes as they are often called, to keep their feet in good condition while doing hard farm work which their feet are not accustomed to.

Boys' feet whose feet are hardened by farm labor find Dalmer's Summer Packs very restful to wear, saving, burning feet. They are light in weight, easy, comfortable, durable and give support.

Get a pair from your dealer. Look for the "Moose Head Brand"—marked on every pair—a warranty of satisfaction.

JOHN PALMER COMPANY, LIMITED
Fredericton, N.B., Canada

THAT CHANGE IN WOMAN'S LIFE

Mrs. Godden Tells How It May be Passed in Safety and Comfort.

Fremont, O.—"I was passing through the critical period of life, being forty-six years of age and had all the symptoms incident to that change—heat flashes, nervousness, headache, backache, irritability and 'the blues,' and it was hard for me to do my work. Lydia E. Pinkham's Vegetable Compound was recommended to me as the best remedy for my troubles, which it surely proved to be. I feel better and stronger in every way since taking it, and the annoying symptoms have disappeared."—Mrs. M. Godden, 925 Napoleon St., Fremont, Ohio.

Such annoying symptoms as heat flashes, nervousness, headache, backache, irritability and "the blues," may be speedily overcome and the system restored to normal conditions by the famous rest and health remedy Lydia E. Pinkham's Vegetable Compound. If any complications present themselves write the Pinkham Medicine Co., Lynn, Mass., for suggestions how to overcome them. The result of forty years' experience is at your service and your letter held in strict confidence.

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MOTHER SHIPTON'S PROPHECY.

(London, England, Year 1413)

A house of glass shall come to pass,
In England, but alas!
War will follow with the work
In the land of the Pagan and Turk;
And State and State in fierce strife
Will seek each other's life.
But when the North shall divide the South
An Eagle shall build in the Lion's Mouth.
Carriages without horses shall go,
And accidents fill the world with woe.
Primrose Hill in London shall be,
And in its center a Bishop's See;
Around the world thoughts shall fly
In the twinkling of an eye.
Water shall yet wonders do,
Now, strange, shall yet be true;
The world upside down shall be,
And gold found at the root of a tree;
Through hills men shall ride,
And no horse or ass be by their side;
Under water men shall walk,
Shall ride, shall sleep, shall talk;
In the air men shall be seen,
In white, in black, in green;
Iron in the water shall float,
As easy as a wooden boat.
Gold shall be found, and found
In a land that's not now known,
Fire and water shall more wonders do,
England shall at last admit a Jew;
The Jew that was held in scorn
Shall of a Christian be born.
Three times three will levy France
Be led to dance a bloody dance.
Before her people shall be free,
Three tyrant rulers shall she see,
Three times the people rule alone,
Three times the people's hope is gone,
Three rulers in succession seen,
Each springing from a different dynasty.
Then, shall the women fight be done,
England and France shall be as one.

HOW BRITISH NAVY WON 6 VICTORIA CROSSES IN 1 DAY

A Tramp Steamship Cast Ashore At Tip of Peninsula with 2000 Men—Enemy Had Been "Tipped Off" and Loss of Life Was Heavy

This story is taken from a large number of thrilling tales of valor, all of them authentic, contained in a work recently published by E. P. Dutton & Co., with the title, "Winning the V. C. in the Great War."

Few more desperate adventures are recorded in history than the beaching of the tramp steamer River Clyde—the "modern Horse of Troy"—at Seddul-Bahr during the first landing of the British expeditionary force on the Gallipoli peninsula. The whole operation called for the closest sympathy and co-operation between the navy and the army, and never have the two forces worked together in such perfect harmony. Unfortunately, the enemy had been warned of our intention so long in advance that his defenses were as nearly perfect as they could be, and where a foothold was obtained the loss of life was appalling.

The River Clyde was selected to be cast ashore on the extremity of the peninsula, a living freight of about 2,000 troops—an exploit without parallel in history. Under the guidance of Commander Edward Unwin, R. N., the vessel was prepared to Tenedos for her daring mission. Large holes were cut in the side, level with the decks, and oblique gangways by which the troops were to run out, so that the men could rush down them as soon as the ship touched the ground; while battlements of sandbags and steel plating were erected in the bows and on the bridge to shelter the machine-guns by which the landing was to be covered.

It was early on Sunday, April 25, 1915, a lovely spring morning, that the River Clyde left the covering squadron of warships and headed for the beach. The heavy guns of the battleships boomed out from behind, their great shells hurling over the steamer and crashing into the Turkish positions ashore; but not a gun was fired in reply. Barges had been moored fast to the sides of the steamer, so that a floating bridge might be formed from them, if she grounded too far from the beach, and alongside were five "tows" of five boats each, packed with men of the Dublin Fusiliers, who were to land first, and cover the embarkation of the troops from the River Clyde.

Unhappily, the scheme did not work as it was intended. As the steamer neared and nearer to the beach there was still no sign of opposition ashore, everyone had begun to think the land would be accomplished without opposition. Vain hope! The open boats and the River Clyde touched almost at the same moment, and no sooner had the first of them grated on the bottom than a terrific fire was opened from the whole of the surrounding hills that dominated the beach.

Barbed Wire Under Water.

The Turks had bided their time, and chosen the moment well. For a considerable distance to seaward the bottom had been strewn with barbed wire, and as the men who escaped the first tornado of fire leaped into the water to run ashore they found themselves entangled in the wire and were shot down as they stood. Only a handful of men succeeded in getting ashore, and gaining protection of a small ridge of sand on the beach. As for the boats, they were held fast, and their naval crews were wired in the pitiless hail of fire that was directed on them. There were some in which no soldier lived to reach the shore, and no sailor to get back to his ship.

"On board the River Clyde the machine-guns were busy, but the enemy's positions were so well concealed that they could do little, nor did the heavy guns from the fleet in the rear have much effect. As the vessel grounded, the lighters that were to form the bridge were run out ahead, and the men began to pour out of the holes in her side and down the gangways; but the lighters failed to reach their proper stations. A gap was left between the two of them which it was impossible for the men to cross, and scores were shot down as they stood helpless on the uncompleted bridge, or tried to scramble ashore through the unseen wire entanglements below.

At the time the steamer was the target of innumerable machine-guns and pom-poms. Fortunately, she had been so strengthened that these had little effect, but if the Turks had had a few heavier weapons available she would assuredly have been battered to pieces, and the whole of her crowded human freight sent to destruction. As it was, three howitzer shells fired from the Asiatic side of the Dardanelles crashed into her, but luckily failed to explode.

It was while the vessel lay thus helpless at the water's edge that the came gloriously to the front. Commander Unwin and Able Seaman William Williams made a line fast to one of the drifting lighters, and dropping over the side, waded through the water, and towed the barge towards a spit of rock that gave them a secure anchorage. Midshipman George Drewry of the Royal reserve was already in the water, wading ashore to make a land-landing for the towing tug, but he was a wounded soldier in the water, and with the assistance of another soldier, tried to carry him to land. The unfortunate man was shot dead in the arms of his would-be rescuers.

Men Were Slaughtered.

In the meantime Commander Unwin and Seaman Williams had nearly

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