



Electoral District of St. John's, Western Division.

To Wit:

PUBLIC NOTICE is hereby given to the electors of the electoral district aforesaid, that in obedience to His Majesty's Writ to me directed and bearing date the third day of January, 1920, I require the presence of the said electors at the Industrial Twine Factory, off Hamilton Street, in the District of St. John's, Western Division, on the twelfth day of January, from ten a.m. until two of the clock in the afternoon for the purpose of nominating two persons to represent them in the General Assembly of Newfoundland; and that in case a poll be demanded and allowed in the manner by law prescribed, such poll will be opened on the twenty-second day of January in the year 1920, from the hour of eight in the morning till eight of the clock in the afternoon, in each of the polling stations fixed by the proclamation of His Excellency, dated twenty-ninth day of December, 1919.

And further, that at the above named factory I shall open the ballot boxes, count the votes given for the several candidates and return as elected the two having the majority of votes, of which all persons are hereby to take notice and govern themselves accordingly.

Given under my hand at St. John's, this seventh day of January, in the year 1920.

F. J. DOYLE,
Returning Officer.

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M. S. POWER, D.D.S.

(Graduate of Philadelphia Dental College, Georgetown Hospital of Oral Surgery, and Philadelphia General Hospital.)

176 WATER STREET.

(Opp. M. Chaplin's.)

dec31.91

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The Real Thing. Have you tried our delectable Kippers? If not, you have never tasted a real kipper, for their equal has never been sold on this side of the Atlantic. We have had twenty years' experience in the kipper trade in Scotland and ours is the real kipper—the most delicious and appetizing of all foods—try them, friend, for breakfast or tea. Only one dollar per dozen. Cash with order. Try a dozen. After that your family will see that you order more. A. FLETT & COMPANY, Herring Curers, Curling, Newfoundland. nov7.17

Price Couldn't Work for Two Years, He States

Eight Months of Time Was Helpless—Gains Eleven Pounds and Works Hard Every Day Since Taking Tanlac.

"For the first time in two years I am in a condition to do a day's work," said Chesley Price, a fisherman, who resides at Hant's Harbor, while telling of the great benefits he had received from Tanlac, recently in Connors' drug store in St. John's, Nfld. Continuing, he said:

"For two years I suffered something awful with rheumatism in my arms, back and shoulders, and the pains I had were almost unbearable. I was in such bad condition I could not work, and at one time was laid up for eight months absolutely helpless, and had to be waited upon just as if I was a child. I had such a poor appetite I had to force down every mouthful of food, and what I did manage to eat did not seem to do me any good and I lost a great deal in weight. I was very nervous and on account of this and the pain I suffered all the time I could get but little sleep. I had splitting headaches nearly all the time and some times they were so bad it felt like my head was bursting open and I would nearly go wild. I was so weak and run down I did not feel like I could stand the pain much longer, and had become almost desperate.

"I had tried many different medicines, but as none of them had done me any good I was very much discouraged, but when there was so much talk and so much in the newspapers about the good Tanlac was doing so many people in Halifax and St. John's, my folks sent to Connors' drug store and bought me four bottles, and while I have only taken two of them so far, my improvement is simply remarkable. I have gained eleven pounds in weight, the rheumatism has left me entirely and I never have an ache or pain of any kind and can do as much work as anybody. I have such a good appetite I am hungry all the time and eat three hearty meals a day, and my nerves are in such good condition I sleep from nine o'clock at night until 7 o'clock in the morning without ever waking up once, and I go to sleep almost as soon as my head touches the pillow. I just feel great every morning and go to work with my old-time energy. Tanlac has done me a world of good, and I am glad to pass the word along."

Tanlac is sold in St. John's by M. Connors, under the personal direction of a special Tanlac representative; in Harbor Buffett, by Thomas Wakely & Sons; in Placentia, by James Murphy & Son, and in Topsail by J. K. Bursell.—adv.

Sweet Reward.

A pound of sugar was offered to every regular member or visitor attending the meeting of the Men's Bible Class in Holy Trinity Presbyterian Church in Philadelphia, some weeks ago. This new incentive to worship brought out a record-breaking attendance of 177 men, among whom were 74 visitors. The sugar was dealt out with larger quantities given as prizes to those bringing the most guests. More than 200 pounds were distributed.

"Syrup of Figs" Child's Laxative

LOOK AT TONGUE! REMOVE POISONS FROM STOMACH, LIVER AND BOWELS.



Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious fruity taste. Full directions for child's dose on each bottle. Give it without fear. Mother! You must say "California."

Patronage Dies a Hard Death—If It Dies.

When the new Farmers' Government in Ontario announced that patronage would be abolished, there was general and generous applause—although experienced and cynical politicians who had heard such promises many times before were known to wink an eye and smile silently. There did seem ground for hope that something might be accomplished to rid the public service system of the Province of this malignant cancer. A new Government, like a new broom, might reasonably be expected to sweep clean; and then it was a post-election assurance rather than a pre-election promise.

A vacant registrarship in North Middlesex has already proved an opportunity for the Government to adopt its new principles. To give full credit those principles were lived up to. The assistant registrar, who had long been discharging the bulk of the duties of the office, was promoted. But instead of meeting with expressed approval, this action has given rise to a story of protest on the part of the Farmers' Club of the riding. Which only goes to show how deep-seated are the roots of the patronage disease. The talk of "direct responsibility" and the other aliases of patronage.

The United Farmers have registered their objection to a Government appointment without endorsement of the local organization, just as under a Liberal or Conservative Government the party followers would demand the right to fill the office with the nominee of the district caucus. The patronage of the Grit and Tory administrations cannot be called by any gentler term under the regime of the U. F. O. If the public services are to be conducted on the basis of efficiency rendered rather than political reward earned, the Drury Government will have to take a firm stand and find courage in the silent endorsement of the majority to offset the noisy agitations started by local small-calibre politicians.—The Financial Post.

The New Humor.

When a schoolboy, in answer to an examination question, wrote, "The press is the mouth-organ of the people," he might not have said what he meant, or known exactly what he did mean, but he furnished a good text for an article on modern journalism. However, our present theme is not modern journalism, but schoolboy howlers, products of such confusion (or collision) of ideas as the quotation exemplifies, says Raymond G. Fuller in the American Child.

Look over the papers of the class in general history:

"There were no Christians among the early Gauls; they were mostly lawyers."

"Louis XVI. was gelatined during the French Revolution."

"Edward the Third would have been a King of France if his mother had been a man."

"The king was not to order taxis without the consent of Parliament."

"The cause of the Revolution was that the colonists wanted room to pasture their cattle."

"Georgia was settled by people who had been executed."

"In 1620 the Pilgrims crossed the ocean and this is known as Pilgrim's Progress."

"Elizabeth ascended the throne in 1568 and died in 1560. She did not have a long reign."

"Benjamin Franklin produced electricity by rubbing cats backward."

Preparing.

Submarine S-16, the largest in the United States Navy, was launched from the yard of the Lake Torpedo Boat Company at Bridgeport, Conn., recently. The sponsor was Mrs. Archibald McNeil, Jr., who broke a bottle of champagne on the nose of the craft as it slipped down the ways. The S-16 has a cruising radius of 12,000 miles, is 220 feet long, with a speed of 12 knots an hour submerged, and 15 knots on the surface. A crew of 50 men will man it.

Bronze as an evening color is gaining ground. Gold and silver cloth are favored for dancing frocks.

Is Your Child Under Weight?

These Tables Will Show You What Your Child Should Weigh to Be in Proper Proportion to Height—If the Child is Below the "Danger Point" it is Time to Act.

Boys		
Weight	Average weight for height	Height
Inches	Pounds	
35	32.0	
36	33.5	
37	34.5	
38	36.0	
39	37.5	
40	39.0	
41	40.5	
42	42.0	
43	43.5	
44	45.0	
45	47.5	
46	49.5	
47	51.5	
48	53.5	
49	55.5	
50	57.5	
51	59.5	
52	61.0	
53	62.0	
54	63.5	
55	65.0	
56	67.5	
57	69.5	
58	71.5	
59	73.5	
60	75.0	
61	77.5	
62	79.5	
63	81.5	
64	83.5	
65	85.5	
66	87.5	
67	89.5	
68	91.5	



Girls		
Weight	Average weight for height	Height
Inches	Pounds	
35	31.0	
36	32.5	
37	33.5	
38	35.0	
39	36.5	
40	38.0	
41	39.5	
42	41.0	
43	43.0	
44	44.5	
45	46.5	
46	48.5	
47	51.0	
48	53.5	
49	55.5	
50	57.5	
51	59.5	
52	61.0	
53	62.5	
54	64.0	
55	65.5	
56	67.5	
57	69.5	
58	71.0	
59	73.0	
60	75.0	
61	77.5	
62	79.5	
63	81.5	
64	83.5	
65	85.5	
66	87.5	
67	89.5	
68	91.5	

Note: the weight same time each week. Cut out this chart for reference.

CAREFUL investigation shows that one child in every three is under weight as the result of malnutrition.

The chances are one in three that your child is in this class. The tables presented here will enable you to find out.

In the Students' Army Training Corps one in five was unfit because of being under weight, while in the adult army the proportion was about the same.

This condition could have been prevented by proper attention during school life, so that these young men would have developed normal, healthy bodies.

By neglect in childhood they have been sentenced to see their healthy comrades pass them in the race for success.

It is not necessarily the children of poverty that suffer from malnutrition. Your boy or your girl may look well and still be under weight. The regular use of the scales is the only sure test.

Other indications of malnutrition you may note are—easily tired—nervous—restless—finicky appetite—irritability—difficult to manage—talk in sleep—lack of happiness and spirits of a normal child.

These symptoms tell of the exhausted condition of the nervous system. They tell you that the blood is thin and watery and wholly unsuited to nourish the starved body.

It will take a little time to restore the wasted tissues, but the use of Dr. Chase's Nerve Food will very materially aid.

Digestion is weak, appetite is fickle, but in the meantime Dr. Chase's Nerve Food supplies in condensed and easily assimilated form the elements which go to make up rich, red blood.

Careful attention should be given to the eating habits of the child. Good, wholesome, nourishing food must have the preference. Exercise should be limited and daily rest is required in cases of extreme exhaustion.

By sharpening the appetite and strengthening the nerves of the digestive system, Dr. Chase's Nerve Food soon removes the chief causes of malnutrition and builds up the system generally.

Improvement will soon be noticed, not only in the way of increased weight, but the eyes will be brighter, the cheeks a better color and the spirits and happiness of healthful youth will again express themselves.

For your protection the portrait and signature of A. W. Chase, M.D., the famous Receipt Book author, are on every box of the genuine Dr. Chase's Nerve Food. 50c a box, 6 for \$2.75, all dealers, or Edmanston, Bates & Co., Ltd., Toronto.

At all Druggists and Dealers, GERALD S. DOYLE, St. John's, Sole Agent.

A New Eden Loses Its Adam.

The new Eden on the island of Tahiti in the South Sea has lost its Adam. And with his death the attempt to start the human race back again at its traditional beginning probably will end.

The worldly name of the Twentieth Century Adam was Charles Dowling, and a quarter of a century ago he was a moderately well-to-do Californian, college educated and with a promising professional future before him. Dowling had peculiar ideas; he believed that somewhere back in the dim past mankind had taken the wrong fork of the road. He believed the race should start back at its beginning and thus try to find the right trail. So he founded a society known as the Adamites in San Francisco.

Right at the start the strange beliefs of the Adamites got them into trouble with established society. They advocated discarding all clothing and living on a vegetarian diet. The San Francisco authorities did not care particularly what the Adamites ate, but did insist that members of the cult don some covering. So the Adamites sailed away to Hawaii, hoping there to find life less conventional. But the old Hawaii had passed; the people in Uluale Land had adopted the white man's clothing, and looked askance at the nude Adamites. Disappointed again, the Adamites departed to a little island named Rarotonga, but there, too, the conventions of the modern world prevailed. Finally at Tahiti, a French possession, the Adamites found a site for the clotheless Eden. The French permitted them to take up lands and live as they wished, stipulating only that the Adamites put on clothes

when they visited Papeete, the island capital. Two hours' climb up the side of a mountain and one might come upon the new Eden. Tropical fruit trees and beautiful gardens flourished there, for Tahiti is a kindly land. A rambling mountain stream had been dammed to provide a great bathing place. About this spot the dozen or so members of the colony lived a life of monastic piety. Dowling was a sort of patriarch, and he had countenance like one of the old Jewish leaders—a big face and head with long, curling beard.

Infant was swept the island of Tahiti recently and the patriarch of the Adamites were among the victims.

Piles Cured in 6 to 14 Days. Druggists refund money if PAZO OINTMENT fails to cure Itching, Blind, Bleeding or Protruding Piles. Stops Irritation; Soothes and Heals. You can get restful sleep after the first application. Price 60c.—oct24

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"Reg'lar Fellers"

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By Gene Byrnes

NOW I THINK I'VE GOT SOME SPELLING—JIMMIE DUGAN—STAND UP

SPELL FAIL

NO! THAT'S WRONG

OH I KNOW NOW TEACHER! YOU CAN'T FOOL ME—YOU TOLD ME THERE WAS NO SUCH WORD AS FAIL

Do not miss this comic strip. It is a masterpiece of humor and is sure to bring a smile to your face. It is a series of four panels showing a boy named Jimmie Dugan in a classroom. In the first panel, Jimmie is sitting at his desk, looking at a book. In the second panel, he is standing up and holding a book. In the third panel, he is sitting at his desk, looking at a book. In the fourth panel, he is standing up and holding a book.