

Scott's Hymn

To The Virgin

(Words of Ellen Douglas in "The Lady of the Lake.")

Ave Maria! maiden mild! Listen to a maiden's prayer! Thou canst hear though from the wild, Thou canst save amidst despair. Safe may we sleep beneath thy care, Though banish'd o'er seas, and reviled; Maiden! hear a maiden's prayer; Mother, hear a suppliant child!

Going Home

'Tis worth the score of years to be returning Back o'er a smooth sea with a track of foam. There's a gray frost on the pane, and a turf-fire burning, And young eyes watching for the coming home. Ah, you'd be glad, too, to hear the engines puffing, And you going back where white fields are spread. Your heart would run before, so you'd soon be rounding The Moora hills, behind near Kerry Head.

Their Benjamin

Helen Moriarty in The Magnificent (Concluded.) "Pretty good old boat, wasn't she? Mr. Sheeran walked around the car, his hands in his pockets. "But she's wearing out. I think you'll have to get a new one this fall—for you and Martha," he hinted slyly, "and leave the old one under a heavier weight than that of sorrow, as with his son beside him he turned the corner and saw his wife sitting on the wide western porch, her sewing in her hands. She looked up as the two approached. "Benj's back early," was her first thought. "I hope," her heart leaped in fright, "he didn't have an accident. He looks kind o' pale." Then as she glanced from one to the other, intuitively her woman's heart grasped the truth. Every drop of color went out of her face, and she rose unsteadily from her chair, letting her sewing slip unheeded to the floor. "Benj!" she gasped. "O, Benj!"

Itching Skin

Distress by day and night—That's the complaint of those who are so unfortunate as to be afflicted with Eczema or Salt Rheum—and outward applications do not cure. They can't. The source of the trouble is in the blood—make that pure and this scaling, burning, itching skin disease will disappear. "I was taken with an itching on my arms which proved very disagreeable. I noticed it was salt rheum and bought a bottle of Hood's Sarsaparilla. In two days it began taking it. I felt better and it was not long before I was cured. Have ever had any skin disease since?" Mrs. J. S. Wash, Cove Point, Md.

Hood's Sarsaparilla

was drawn," he said. Both men were silent for a throbbing moment, the father stammered in the midst of his broken dreams. It was all so sudden—so shattering—so unexpected. Three sons were already gone—two to the officers' training camp and one to the navy—God knows he had not begrudged them!—and his little Jane, a trained nurse with one of the first medical units—

"It was hard for mother and me," he thought heavily, "that was Jim and Billy—and Paul. But they were married and gone away from us; and Janie—she'd been away so long, too. But Benj—he—I didn't think—" His tortured mind, circling about this new cruel, shrivelling misery that had him in its grip, took no note at first of the drooping attitude of his son, leaning dejectedly against the hotel of the bar. But gradually as he drew himself out of these troubled thoughts something relaxed, inert, about the boy's figure gave him a sudden uneasy twinge. The pain in his eyes gave place to keenness, and he opened his mouth to speak—then closed it quickly. He moistened his lips twice before he finally addressed his son.

"Well, son, it's all right," he said, with affected cheerfulness. "I—I was a little taken aback at first—I was thinking of mother, you know. It will go hard with her, right hard—but when your country calls—of course you have to go." Benjamin did not move. "Of course," he answered tonelessly. Silence fell between them again, a silence broken by the myriad sounds of country life—the alert call of Bob White, the piercing sweetness of the meadow lark now near, now far; the hens, sheltered singing, the twittering of the little chicks, the distant bark of a dog at the next farmhouse; all the familiar sounds of a summer day falling now on two pairs of ears opened anew to their sweetness and appeal. But for the father into the silence had come a new element, that of fear, a fear the like of which he had never experienced. "I wouldn't like that," he told himself, grimly; "I wouldn't like that at all. . . . That a son of mine should be afraid—" his lips shrank away from the dreadful word. Benjamin drew himself up wearily.

"I suppose," he said, turning to his father, and setting his lips sternly, "I suppose we'll have to go and tell mother?" "I suppose so. When do you have to leave?" "Right away. Tomorrow, I think." The older man checked a sigh at the sight of the boy's pallor and at the thought of this crushing blow about to be inflicted on the heart of the unsuspecting mother. And his own heart sunk under a heavier weight than that of sorrow, as with his son beside him he turned the corner and saw his wife sitting on the wide western porch, her sewing in her hands. She looked up as the two approached. "Benj's back early," was her first thought. "I hope," her heart leaped in fright, "he didn't have an accident. He looks kind o' pale." Then as she glanced from one to the other, intuitively her woman's heart grasped the truth. Every drop of color went out of her face, and she rose unsteadily from her chair, letting her sewing slip unheeded to the floor. "Benj!" she gasped. "O, Benj!"

BUILD UP In spring and summer, it's the natural time to store up health and vitality for the year. Scott's Emulsion is Nature's best and quickest help. All Druggists.

CAUGHT COLD

NEGLECTED IT WAS SICK FOR MONTHS.

You should never neglect a cold, however slight. If you do not treat it in time it will, in all probability, develop into bronchitis, pneumonia, asthma, or some other serious throat or lung trouble. On the first sign of a cold or cough it is advisable to cure it at once, and not let it run on for an indefinite period. For this purpose there is nothing so equal Dr. Wood's Norway Pine Syrup, a remedy that has been universally used by thousands for over twenty-five years.

You do not experiment when you buy it. Mrs. W. G. Paquet, Smith's Falls, Ont., writes: "I was troubled with bronchitis. I caught cold, and neglected it, and was sick for several months. I took three bottles of Dr. Wood's Norway Pine Syrup, and before I finished the last one I was entirely cured. I would not have any other cough medicine in the house. It also cured my baby, who was very sick with bronchitis. She had the doctor's remedies, and neglected it, and Dr. Wood's. I highly recommend it to those who need a quick cure."

See that you get Dr. Wood's Norway Pine Syrup when you ask for it. Do not accept a substitute. It is put up in a yellow wrapper; three pine trees the trade mark; price 50c. and 1.00; manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

gates is locked." "Bother!" the child drummed with her boots upon the barrier. "If nurse were only here, she'd get in somehow. She'd put me over the top, and let me play about among those pretty daisies for a little while." "Very likely; Nurse does things I wouldn't dare to do; there may be a dog about which would come and bite you."

"Only a very bad dog would bite a nice little girl like me," objected the sage dolly, whereat her mother laughed. The lady's laughter was as melodious as was her voice—soft, and yet ringing. So, at least, thought Sister Sacristan, who, at that moment appeared in the chapel doorway bearing a broom and duster. Her white habit was tucked up over a dark petticoat; the starched wimple enclosed rosy cheeks, and bright brown, birdlike eyes. Her face appealed to Dolly, and the nun smiled at the little girl: child-hearts and child-souls greeted one another. (To be continued.)

BEWARE OF WORMS.

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Mary Ovington, Jasper, Ont. writes: "My mother had a badly sprained arm. Nothing we used did her any good. Then father got Hagyard's Yellow Oil and it cured mother's arm in a few days. Price 25 cents."

HEART WAS BAD

WOULD WAKEN UP IN DISTRESS.

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Milburn's Heart and Nerve Pills strengthen and invigorate the heart, so that it beats strong and regular, and tone up the nervous system so that the cause of so much anxiety becomes a thing of the past. Mr. Archie Beaumont, Edgett's Landing, N.B., writes: "Have been bothered with my heart and nerves for about six years, caused by overwork and worry. My heart was so bad I would waken up several times during the night in great distress, and my heart thumping. About a year ago I took three boxes of Milburn's Heart and Nerve Pills, and they helped me a great deal."

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