

FARMING AND DEMOCRACY

Importance of Basic Industry For Canada Emphasized

An interesting essay on farming and national life was given by W. C. Good, B.A., of Paris, Ont. He said in part that agriculture as an industry must be called domestic—the entire family co-operating in carrying on the work. Little children having opportunity to assist parents, and through these conditions learning how to do things and how to think. Thus establishing family habits. These respects farming contrasts sharply with city life. Again farm work is seasonal, and the farmer must work with nature, and be governed largely by other conditions, hence his work is very varied, and calls for an unusual degree of adaptability, initiative and resourcefulness. It thus contrasts with routine work in the city. Country life is also quiet, and promotes continuity of thought and strength of character. Lastly, the continuance of democracy is largely dependent on agriculture. The perpetuation of a sturdy and independent citizenry is one of the best guarantees we have for the perpetuation of democracy, which is the only thing that is destined to last; it may have its faults, but it is the only system of government which contains within itself a continuity of life. From that point of view, the maintenance of an independent and intelligent class in the rural districts is of vital importance to any country.

Canada especially needs strong agricultural interests in order to maintain its financial credit and progress. Mr. Good quoted from Sir George Paish, the financial expert, showing that the burden of interest on the enormous cost of railways in Canada, which are sufficient to deal with at least twice, if not three times, the present output—will be enormous until the productive power of the country is greatly increased. The welfare of the Canadian people, individually and collectively, depends absolutely on the rapid increase of the agricultural and mineral output, hence land must be filled to capacity.

PROFESSOR WAS CUNNING

Philosopher Cheated Slot-machine and Then Philosophized

Professor Charles Gray Shaw, instructor of philosophy at New York University, in one of his lectures to a class described how philosophy fell before the will of a penny-in-the-slot machine, and how he hopes to get even before he dies. Professor Shaw, who possesses an unlimited fund of humor, said: "The chief difference between ourselves and insane people is that we restrain ourselves, while they do not. If an insane person feels like killing a man he immediately proceeds to kill him. We doubtless know many people who would be more than glad to kill, but we do not do it." "Just once before I die I propose to be insane. I intend to wreck a slot machine—the kind whose chin you strike after inserting a cent—but to not get the chocolate or gum. But sometimes the machine compensates you for the disadvantage of the loser. Once I not only actually got the chocolate, but my penny also was returned. To get even for many disappointments I again inserted, and again got inserted that penny, getting a bar of chocolate each time, until the box was empty. And I still had the cent. What I got did not make up for all my losses, but it helped."

ECCENTRIC EGG-EATERS

Spaniards Will Not Eat Them With Spoons

Is there any corner of the earth where the homely egg has not found its way? It forms a substantial food to all nations, and it is not curious to find that different nationalities have different ways of demolishing this article. Eating an egg with a spoon would be sacrilege to a Spaniard. He boils his egg just one minute, then breaks the contents into a glass, and drinks it as if it were wine. The Spaniards place their egg in cold water and remove it just as the water boils. When they break it on a plate and eat it with bread.

English cooking prevails in France in regard to the egg. Three minutes of boiling water is the rule. It is then broken into a glass and mixed together with salt, pepper, and butter. Hard boiled eggs, plentifully mixed with pepper, butter, and salt are beloved of the Americans.

CANDID ABOUT ONTARIO

Westerners Think Easterners Love to Exploit Them

An Ontario writer, discussing the views of Hon. George Brown of Saskatchewan, says: You should hear a Westerner enlarge on the attributes of Ontario. He is somewhat like George Bell, lately retired from the secretaryship of the Winnipeg Grain Exchange. Bell is an old Ontario man who inveighs against the Ontario man on forty years' Western experience pretty much in the same way as the Ontario man has discussed the average Englishman who used to come to Ontario in the "We own 'em" spirit. The Ontario fellow imagines that over the plainsman he has cast his shoe, that the Saskatchewan is his washpot, that there is none like unto Ontario, no, not one; Governor Brown is an old Ontario, but he knows us for what we are capable of doing to the West.

London's "Big Ben" Apocryph of Britain's efforts to save daylight and the consequent putting on of all clocks one hour, does anyone realize what the speeding up of "Big Ben," the great clock in the tower of the House of Parliament, by a single hour really means? The minute hand of this enormous time-piece is no less than 14 feet in length and weighs a couple of hundred-weight. The minute spaces on the dial are each 1 foot in length, so that the big hand will have to be pushed forward a distance of 5 feet.

FOR SLEEPLESSNESS

Treat sleeplessness calmly; recognize that it means nothing to the man who is sound. Also, return to simple meals. For breakfast, at eight, and supper, two small rice apples, grated with the skins and mixed with oatmeal, a dessert spoonful of sweet condensed milk, and a little ground nut to form a substantial plate of porridge. In addition, wholemeal bread and butter, or fat bacon, and a cup of milk coffee free from caffeine. Oranges, bananas, plums, and other fruits can be substituted for apples. For dinner, at one o'clock, daintily-cooked vegetables, two or more kinds, or a savory made of vegetables and cereals; fruit, milk, or any nourishing and agreeable pudding, followed by lettuce (always lettuce) and salad oil, fresh fruit, and nuts. No alcohol, no tea. This diet—no further drink will be needed—will mean health, sleep, and something to live for.—T.B.B.



BARON SHAUGHNESSY President of the C.P.R., wearing his Peer's robes. From a photograph taken in England.

PARKER A CANADIAN

Novelist and Politician Enjoyed Chequered Early Career

Gilbert Parker, who attained prominence in British politics as well as widespread fame as a writer of fiction, was born in 1862 in Camden East, Ont. The gifted knight of the pen is the son of Joseph Parker, a non-commissioned officer of the British army who settled in Canada. After completing his education at the Ottawa Normal School and Trinity College, Toronto, he emigrated to Australia for the benefit of his health. It was many years ago that he landed in Sydney and found his first profitable employment for his pen as a member of the editorial staff of the Sydney Morning Herald. While "down under" he wrote a play or two for the Australian stage, and an acting version of "Faust," but his efforts toward the elevation of the drama were not brilliantly successful. He travelled extensively among the South Sea Islands and published a volume of travels.

It was upon his return to his native Canada that the young author discovered the human material which inspired his first important work of fiction. The Metis and half-breeds of the Northwest, among whom he spent some time, were incorporated in his first novel, "Pierre and His People," which was published in Toronto in 1893. Several other works of fiction dealing with French-Canadian life followed and achieved for the novelist an international reputation. In 1895 he married Miss Amy Vanne, a New York heiress, and subsequently settled in London, becoming a Unionist member of Parliament in 1900, and a knight in 1902.

HONOR GOOD ROADS HEAD

Sam R. Henderson of Manitoba Was Seven Years President

Three hundred lusty male voices were lifted in cheering, 800 hands gave one lengthy burst of concentrated applause, and 300 Manitoba men stood on their feet and almost raised the roof of Manitoba Hall in singing "For He's a Jolly Good Fellow," when Sam R. Henderson, for seven years president of the Manitoba Good Roads Association, formed the embarrassed central figure of one of the most pleasing events in the history of the Association. President Henderson was presented with a costly, heavily jeweled and suitably engraved gold watch in recognition of his record of valuable service as the chief executive officer of the Association, being taken completely by surprise at the annual banquet of that body.

Fisheries Unrivaled

Canada's fisheries have three features in which no other fisheries can equal them. (1) The purity and coolness of our waters, all being north of the 45th parallel, in which the best food and game fishes, the very aristocracy of the fish world, are native. (2) The cold winter conditions provide nature's own refrigeration, and facilitate transportation. (3) Fish are everywhere; fishing can be carried on by those with the least capital, merely by a boat, a net and baited hooks. The silvery legions of the sea and finny armies in lakes and rivers are amongst the most available, reliable and lasting of our natural resources.

New Idea in Aerostatics

A French aviator has placed a pneumatic buffer in front of the seat of his aeroplane to lessen the shock should he strike the ground heavily.

An adjustable rest for the legs below the knees and the feet, which can be attached to any chair, has been invented by a German. It is not over-inflation but under-inflation of tires that should be guarded against by the automobilist.

WHY WE ARE NERVOUS

In perfect health we hardly realize that we have a network of nerves, but when strength is declining the same nervous system gives the alarm in headaches, tiredness, dreamful sleep, irritability, and unless corrected, leads straight to a breakdown. Scott's Emulsion is exactly what you should take; its rich nutrient gets into the blood and so feeds the tiny nerve-cells while the whole system responds to its refreshing tonic force. Scott & Bowne, Toronto, Ont.

Armand News

Murray London who has been in Toronto during the past 15 months has returned home suffering from an injury to his knee which threatens to lay him up for the rest of the year. While sorry for his misfortune his friends welcome his return.

Hilton and Allie Robinson have been visiting their grandparents, Mr. and Mrs. A. W. Clark at Hartland.

On Wednesday of this week there was a big party of young people at the residence of Wilmot Kimball in honor of his daughter, Agnes, who on Friday will return to Lowell, Mass.

Ivan London who has been working at Tungsten Mines, York county, has been home for a fortnight, having come to see his brother Murray.

Robert Henderson is in very poor health at the home of his son, Armand, whose wife is also in very poor health.

Mr. and Mrs. Edmund Robinson spent the week-end with friends in Fort Fairfield, making the trip by automobile.

George Brewster who enlisted some eight months ago, was home on short leave, and left again for Montreal where he will be located for some time.

Misses Stella and Victoria Spinney of South Knowlsville have been visiting their aunts, Mrs. Edmund Robinson and Mrs. Henry London.

Mr. and Mrs. Wilmot Kimball, Miles and Agnes Kimball made an auto trip to Andover and Fort Fairfield, going on Saturday and returning on Sunday.

Potatoes, hay, wheat, and all crops excepting oats are looking promising in this section. There is some rust among the potatoes, but not so severe as in Aroostook county.

Miss Charlotte Henderson who has spent the summer at Hartland has returned home for a few weeks.

Blueberries, which were so plentiful, attract great crowds of people from all sections to the region of Cloverdale.

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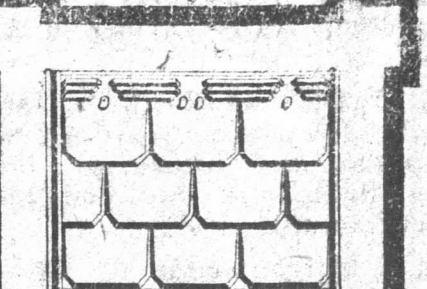
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